

Fat, healthy, swelling loaves that make your oven seem too small—the usual thing with Five Roses.



Five Roses Flour Not Bleached Not Blended

Table Silver Grace, beauty and quality are all combined in silver articles marked 1847 ROGERS BROS.

WOMAN SICK FOR YEARS Wants Other Women to Know How She Was Finally Restored to Health.

Hammond, Ont. — "I am passing through the Change of Life and for two years had hot flashes very bad, head aches, soreness in the back of head, was constipated, and had weak, nervous feelings. The doctor who attended me for a number of years did not help me, but I have been entirely relieved of the above symptoms by Lydia E. Pinkham's Vegetable Compound, Blood Purifier and Liver Pills, and give you permission to publish my testimonial."

NEW BRUNSWICK, Canada. — "I can highly recommend Lydia E. Pinkham's Vegetable Compound to any suffering woman. I have taken it for female weakness and painful menstruation and it cured me."

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and is the most successful remedy for female ailments we know of, and thousands of voluntary testimonials on file in the Pinkham laboratory at Lynn, Mass., seem to prove this fact.

THE ORIGINAL AND ONLY GENUINE Beware of Imitations Sold on the Merits of Minard's Liniment



Every Woman should have a supply of Minard's Liniment. It is the most effective remedy for all ailments of the female sex.

COMPLACENCY OF NATIONS IS ATTACKED BY A CLOSE OBSERVER

Homer Lea's "The Day of the Saxon" Draws Picture of Future Complications that Writer Foresees May Arise—Student of Events.

The lack of faith in existing considerations governing national policies and the contempt for nations with popular government which Homer Lea shows in "The Day of the Saxon" (Harpers Brothers) cannot offset the fact that in this new book, as in "The Valor of Ignorance," he writes with a certain degree of power and insight as to international military affairs.

It is not as important as some "patriotic" would seem to make it to be shown that he is not entitled to the military title bestowed upon him by publishers of his earlier volumes. It is true that he has no status in the United States army. But it is not denied that he has more than ordinary knowledge of the larger aspects of war and international politics past and present; his relations with the Chinese have been close, especially with Dr. Sun Yat Sen; and what he has to say about Asiatic affairs is based on something more than arm chair doctrinarism.

That is by far the sounder way of meeting his attack on the complacency which he believes to be a peril both to England and her colonies and to the United States. Anything is better than stagnation, dry rot and falling victim to the impulses of praise or indulging in false pride and fancied security.

Mr. Lea is no inappreciable prophet of despair, summoning up out of his inner self conjectures as to the future of the world. He knows the worldstage on which the nations and races play out their parts. He has read history and traveled, and where he has seen the realizations they cover large areas of militant action.

He knows the worldstage on which the nations and races play out their parts. He has read history and traveled, and where he has seen the realizations they cover large areas of militant action. Thus, listen to his dicta. "When the resources of one nation stand in inverse ratio to its military power, and the military capacity of its competitor is proportionate to the needs of its race, the world will engage when the military decadence of one and the economic necessities of the other reach a known point. When the exploitation of the natural resources of a nation militarily strong, war will ensue when the economic needs of the militant power exceed their own natural resources."

ITALIANS FAIL TO STOP NEWS FROM ENVER BEY IN TRIPOLI

Famous Turkish Leader Gives His Mother Valuable Despatch and Though Cruisers Twice Stop Ship the Search Fails and Constantinople Receives It

London, July 5.—There is perhaps no one of the Turkish leaders whom the Italians would sooner capture than Enver Bey. It will be remembered that the Christian Science Monitor was the first paper to announce the fact that this Turkish officer, who has such a reputation as a leader of troops and who has so successfully organized the scattered Arab forces, was at Benghazi. The Italian had ascertained that the Turks supported by the Arabs was undoubtedly due to the successful efforts of Enver Bey and his fellow officers to transform the undisciplined bands of Arabs into a comparatively well drilled fighting force.

The account given by a correspondent of the Daily Chronicle of the return of the mother of Enver Bey to Constantinople illustrates clearly the opinion held by the Italian authorities of Enver Bey as a soldier. It appears that Enver Bey's mother received from her son recently some important information, which necessitated her return to Constantinople.

land forces united, a combination can be effected that neither nation can evolve alone. By a people as much concerned as the British now are with Germany's ultimate military and naval intentions no section of this book will be scanned with greater interest than that which discloses the impending conflict between Saxon and German. Denmark, Holland, with its Asiatic colonies, and Austria in time will complete Teutonic unity in central Europe, which, when effected, will make British influence in continental affairs negligible.

It is in chapter of the illuminating book the reader impressed more with the realistic qualities of the author than in his discussion of the limitations upon naval warfare that have come with the advent of physical science, transportation and the new economic needs of continental nations. By peaceful as well as by military methods past British supremacy, in his opinion, is challenged, if for no other reason than because of the increasing economic dependence of insular kingdoms upon continental productions, and the increasing power of the new international tribunals where ordinances regulating naval warfare are formulated.

Of course this author has nothing like the standing that Admiral Mahan has. On the other hand he is not in the class with Congressman Hobson, formerly of the United States navy, whose views on the "yellow peril" or occasionally gain national publicity. Lea is an earnest writer. If you will have it so, but in a good cause, assuming that you believe Saxons still have right to a place in the sun. He must be answered by something besides charges of charlatanry.

AFGHANISTAN AMIR RECALLS GOVERNOR AND REVOLT FADES

Tribal Rebellion in Khost Forced Despatch of Army But Fighting is Not Now Likely as Cause Has Gone.

Simla, India, July 5.—News has been received here to the effect that the unpopular Afghan governor of Khost has been recalled and that as a result of this, the tribal rebellion in that province is subsiding. If this news is correct Amir may consider himself well out of an extremely unpleasant situation. He moreover, which threatened seriously to undermine Afghan prestige along the northwest frontier of India. Amir's general, Abdul Aziz, is said to have reached Khost and to have summoned the tribal ghoras (councils of headmen) to whom he announced that though the Amir had no desire to use his guns against his fellow Muslims, he would be obliged to do so if the Amirs unwillingness to use his troops in fighting against men of his own religion, has had a good deal to do with the delay in the despatch of an expedition against the unruly tribesmen.

At the same time, if the tribes should still prove recalcitrant, the Amir's position in one of the greatest difficulties. Considerable delay has occurred in the despatch of the expedition which is now reported to have reached the scene of the revolt, and it is understood that the necessity of moving these armed forces has disclosed defects in the organization, especially as regards transport of the Afghan army. Though a force seems actually to have been despatched, the despatch of reinforcements are likely to severely tax the military organization of Afghanistan, and seeing that the tribesmen would be fighting among their own hills, which are rugged enough to cause anxiety to a far more efficient force than the Amir is able to send against them, the prospects of an early and successful termination of the campaign would be by no means bright.

In default of further information, it is impossible to say whether coercion will be necessary. But if the Amir's troops have to overcome the armed resistance of the tribesmen, there is reason to believe that he will have to meet a greater crisis than has ever occurred hitherto during the course of his ten years' reign.

On a watchmaker: Here lies in a horizontal position, Peter Pendulum, watchmaker, whose abilities in that line were as follows: To his profession.

THE CANADA METAL CO., LTD. Fraser Ave., Toronto

The Gillette is the ONLY Adjustable Razor. For a Close Shave. For a Light Shave. No two men have beards and faces just alike—and the same man wants sometimes a light, sometimes a close shave. The adjustable Gillette is the ONLY Razor which meets these varied needs. The lower sketch shows the position of the blade when the handle of the Gillette is screwed up tight, gripping the blade close against the guard. This gives a light shave, and suits a soft beard or a tender skin perfectly. In the upper sketch the screw handle has been loosened about a quarter turn. This, as you can see, allows the blade edge to spring away a little from the guard, and "take hold" more. In this position the wonderfully keen Gillette blade will shave the stiffest beard closer than the barber dare shave it. Probably an adjustment between these two will suit you best. But whatever kind of shave you want, the adjustable Gillette will give it. At your Druggist's, Hardware Dealer's or Jeweler's, buy a Gillette—you'll enjoy it. Standard Sets \$5.00. Pocket Editions \$5.00 to \$6.00. Combination Sets \$6.50. Gillette Safety Razor Co. of Canada, Limited. Office and Factory: THE NEW GILLETTE BLDG., MONTREAL.

"Look, Grandpa, There's the Name." That name says that little boys and girls can eat all they want without injuring their health. It is stamped on every genuine Maple Bud. It says that they are nourishing as well as delicious—that only pure chocolate, pure milk and pure sugar have been used. It says that the peculiar delicious flavor—that rich creamy Maple Bud flavor—is there. The name "Cowan" has stood for years as a standard of purity in Cocoa and Chocolate products. It stands for a big spotless factory where skillful workmen and modern machines are grinding and blending the choicest cocoa beans obtainable. Maple Buds come only from the Cowan factory. They are the purest form in which Milk Chocolate is produced. The name "Cowan" identifies them. "They're Not Maple Buds Unless They're COWAN'S MAPLE BUDS" Name and Design Registered. Pure Milk Chocolate. Look for the Name.

EFFECT OF PANAMA CANAL UPON BRITISH EMPIRE DISCUSSED. London, July 5.—A paper was read recently by Dr. Vaughan Cornish on "The Panama Canal and its Relation to the British Empire," at the Whitehall rooms. The chair was taken by Lord Brassey who opened the meeting with a short address. He was followed by Dr. Cornish who referred to the Hay-Pauncefote treaty with Great Britain. He said that by this treaty the United States undertook that the canal should be opened on terms of entire equality to ships of all nations, whether merchant ships or ships of war during times of peace or during hostilities. The effect of the Panama canal on the British Empire would be to a great extent on the enormous reduction of sea distances. The future would witness the establishment by British and European companies of services from European waters to New York and San Francisco, via the canal, and on to Asia, connecting with other ships of the same line at Hong Kong. The British West Indies would become, at the opening of the canal, of first rate importance, both from a strategic and a commercial point of view, for they would no longer be at the entrance of a cul-de-sac but on a great highway of commerce. When Ma Gets On The Phone. When Ma gets on the telephone, the whole world stands dead still. The world could rock and even She's through, and sometimes that's an hour. And sometimes three or four. The neat boys and collectors all Pound vainly on the door. And when an earthquake comes, when the world could rock and even When Ma gets on the phone. Pa says it ain't no use to take The paper every night, So far as mother is concerned, And he is surely right. For Ma gets all the news by wire. They've got a scheme, I guess, That's patterned on the plan Of the Associated Press.

Various small advertisements and notices on the far left margin, including mentions of 'Foot-Lasers' and 'Foot-Salers'.