

our hardy British tars that it is a pity to ship them at all to cold climates, and, as before remarked, one of our sailors is reckoned to be equal to three Lascars in manning a ship. Being Mahometans their Sunday is on our Friday, though I have never seen them notice it much on board ship, except on special days such as Ramadan, one of their times of fasting, when they eat nothing from sunrise to sunset. However, on our own Sabbath it was my custom to have all hands piped to muster in clean clothes at nine in the morning, when the ship's muster roll was called over, every man answering to his name, they were then dismissed, when, no work being done, the rest of the day was allowed them to pass as quietly as the circumstances permitted. Such are the rules in general on board a ship manned by a crew of Lascars of India.