- 6. I believe that the chief aim of college athletics should be the physical and moral improvement of the entire group, and especially of the less robust, rather than the production of a few highly trained semi-professionals.
- 7. I believe that the habits of exercise and recreation cultivated in college should be explicitly taught with a view to continuation in after life. To this end, a measure of intelligent familiarity should be especially encouraged with such sports and games as can be pursued through middle age and beyond. If a fair degree of skill be not obtained in youth, it is far more difficult to secure it later, and its absence frequently serves to discourage learning.
- 8. I believe there is such a thing as excessive exercise and muscular development, not only in the familiar form of overstrained heart, but also in a general hypertrophy of muscular tissue which, for men subsequently compelled to live a highly sedentary life, may be an asset of wholly doubtful value. Robustness, resistance, viability, rather than great muscular power, should be the general aim.
- 9. I believe amateurism is an absolute essential to wholesome college games and that it means high-minded love of gentlemanly sport for its own sake.
- 10. I believe professionalism consists of a spirit, a point of view; that it is decidedly frequent among nominal amateurs; and that it is by no means to be defined solely in terms of money value set on athletic services, although this is perhaps its commonest sign. Men who play for motives other than the love of the game, men to whom victory, however won, is the controlling end, are men already on the road to professionalism, men who have in some measure sacrificed their amateurism.
- 11. I believe that a good deal of the professional training of athletic teams, particularly in football, has been grossly objectionable in overworking boys whose primary obligation is to the academic aims of the college. The result has often been that the boy has done neither job well—has been too exhausted to study and too much disturbed at his class deficiencies to put his whole spirit into the games.
- 12. I believe that any system which by its very nature encourages proselyting among boy athletes in secondary schools is pernicious. I believe it is practically impossible to prevent such practices as long as the old ideals endure. As long as colleges need the fees of students, perhaps proselyting of some sort is inevitable. Certainly the line between legitimate advertising and illegitimate proselyting is hard to follow in the moral twilight of college financial depression.
 - 13. As part of a system, however excellent certain individual