each were quickly traversed. Here they met merry parties with their boat-laden guides, taking the lake trip in the reverse lirection. The fifth carry was a mere sand hole, steep at either end, and over this the guides dragged their boats, while their younger passengers tried a race up and down from lake to lake.

"Here's the UpperSt. Regis. It's pretty rough, so cover up well, girls," said Mr. Rainsford. White-caps were tossing over the wind-ruffled lake, but waterproofs were unstrapped and tucked over the girls' What if they did ship tiny seas? skirts. All the party knew that their frail, cranky, pointed boats were safe in experienced hands. All were in high spirits except Margery. Someone asked her if she felt ill. On her replying that she did not: "No wonder she's sober," aunt Martha exclaimed in no low tone, to her husband, 'seen it all before, and yet keeps her brother home.

Margery overheard, and her own com-ment on her aunt's selfishness recurred to her.

Over the angry lake they flew, past the beautiful camps that dotted island and shore, past gayly filled boats with fluttering flags, passed some sail boats, too, that were making good time in the brisk wind. In through a narrow strait and Spitfire lake was reached. "See that beautiful camp close to the

shore. What lovely rustic work, and how gay those colored flies are over the tents ! And see those people on that lovely porch !" cried Janie.

"Sit in the middle, please, miss, to trim the boat," said the guide, as the tiny bark tilted dangerously over at Janie's enthusiastic little jump. "Isn't it just like Venice?" cried Sue

who had never been there.

"Not at all," replied Nat, who had. The boats were gliding in calmer water now, a long, winding stream, called by the guides a "slow," in which grass grew thick and high, and water lilies showed white upon their dark-hued foliage. In among the grass drifted several boats. their occupants picking lilies, or reading under the shade of big parasols. Now the big red and brown hotel was in sight, on the low shore of the little lake, several cottages and tents near it, and numbers of gayly-dressed people watching several games of tennis that were being played. "Nearly dinner time," said Nat, rub

bing hard at a big smudge on his sleeve. They were soon at the hotel, and the hungry party enjoyed the good dinner set before them with appetites sharpened by their brisk tramps. It was decided to return home by the way they had come, the other route being less interesting, as they all agreed. "And what does Margery say?" uncle

Ned asked his unusually silent niece.

"I don't care," she murmured : a most extraordinary state of mind for Margery. Six o'clock saw the travellers safely back. Margery went straight to Dick.

"Dick, dear, I was a selfish thing not to stay home and let you go to day. I had a horrid time, and it served me right. Don't you think you could go another day? And, Dick-this was uncle Ned's -won't you let your trip be mine?"

"Don't think about it, Margie. But I can't go, for I wired father I'd leave tomorrow. Bert has his vacation next week -I heard to-day-and I promised father I'd take his place." "O, Dick !" Margery's eyes filled with

tears.

She wrote a full account of her day in the little journal she kept, and finished with these words : "One thing I've learned to-day that I won't forget, and that is that, besides being wrong, selfishness does'nt pay."-Churchman.

HOME TEMPERANCE. What is temperance?

Right living. Upon what is the principle of right living based ? The body is the temple of God. How is the "temple of God" defiled ?

By improper habits, or food or drink by improper desires that rule the body. That is a broad definition of temper

Not broader than that given by the Bible and science.

Has the word changed its meaning in hese later years? Yes; temperance used to mean not in

temperate—that is not drunken. What is the specific meaning as applied

to the reform of to-day? The not using alcohol in any of its forms

as food or drink. What, then, is the cause of intemper-

anco ? More frequently ignorance of the danger that must necessarily follow drinking intoxicating liquor.

How do you explain that ?

A child seeing wine upon the father's table, not being taught anything about it, would attach no more harm to its use than drinking a glass of water.

What is the remedy for intemperance Knowledge. There must first be an arrest of thought, then intelligent study of the effects of alcohol and the consequent danger in its use.

To insure the best result, where must this knowledge be obtained ?

In the home. How early should a mother understand the law of temperance as written upon the body?

She should understand it before she asumes the duties and privileges of motherhood.

If the mother uses wine or alcohol tonics may the appetite be transmitted?

Yes; the appetite physically, and the weak will mentally, if she knows she ought

Would you advise all mothers to study the effects of alcohol, or will a moral reso-lution not to use it herself be sufficient?

Knowledge is power, and she should have the proof of what she believes.

How can the necessary knowledge be nost easily obtained ?

By a study of physiology and hygiene as taught in the public school text-books.--The Household.

"AM I MY BROTHER'S KEEPER?"

BY MRS. M. A. E. CALEF.

Never were those words from "Holy Writ" so impressed upon my mind as when listening to our "silver-tongued orator," Wendell Phillips, a short time before his death. A band of reformed men had gathered one evening in the old Bethel church in Boston, to listen to words of encouragement from several gentlemen. The audience was composed mostly of the lower class of working men and women, -those who were trying to live better lives and become temperate.

After speaking as none other could speak to such an audience, he paused, and in lowered, impressive tones, asked to be pardoned for an incident in his own life, he wished to relate as a note of warning to those of his hearers who might be tempted, as he had been, to neglect to speak to a brother-man he might possibly save. Said Mr. Phillips : "When I was a young man, which would have been in the early part of this century, I was with a friend with whom I had had a business talk sitting under a piazza in Charlestown. As we were in conversation, I thought I noticed a smell of liquor, and felt sure that it came from the breath of the young man at my side. My first impulse was to speak to him, for although all, or nearly all, at that time drank more or less, I had decided fully that it was an evil, and that young people especially should not drink intoxicating liquors. My second thought was that it would do no good to speak to Seventeen years him, and so I left him. after that.' said Mr. Phillips, "I was called to give a temperance lecture in a small town about thirty miles out from Boston, for I had then become deeply interested in the work of trying to reform men, and if possible save the youth. After delivering my lecture to a large and attentive audience, and as the people were leav-ing the church, I noticed a man pressing his way up to the place where I was standing talking with others who had waited to speak with me. As he came nearer, the poor man in his worn, soiled garments, took me by the hand and, in tones of reproof I can nover forget, said to me, "Wendell, Wendell, why didn't you say to me seventeen years ago what you have said here to-night; and you could have saved mo. Now it is too late for you or

gravo ! Oh, Wendell, I am too far gone !" | rapid calculation of small sums. It will be "Those terrible words," said Mr. Phillips | sent for four new subscriptions to the "caused me to decide, then and there, that another chance to speak to one whose breath gave signs of strong drink should never be neglected, for the poor man before me was none other than the young man who years before sat beside me on the piazza. My vow then made has never been broken. And now, dear reformed brothers," said he to those before him, "take warning from bitter experience, and never pass any one who needs a word of kindly warning or gentle reproof or brotherly help. You may have power to save them !"--Union Signal.

A LIFE SERMON.

A missionary in India was so feeble mentally that he could not learn the lan-After some years, he asked to be guage. recalled, frankly saying that he had not sufficient intellect for the work. A dozen missionaries, however, petitioned his board not to grant his request, saying that his goodness gave him a wider influence among the heathen than any other missionary at the station. A convert, when asked, "What is it to be a Christian ?" replied, "It is to be like Mr. naming the good missionary. He was kept in India. He never preached a ser-mon; but when he died hundreds of heathen, as well as many Christians, mourned him and testified to his holy life and character .- Northern Christian Advo-

FUN FOR WINTER EVENINGS. GAMES FOR YOUNG AND OLD. HOW OUR WORKERS MAY SECURE THEM.

"All work and no play, Makes Jack a dull boy."

A few weeks ago we gave our numerous workers a long list of books which we propose offering this season as premiums, and already the orders for them are fast coming in. Later on, it occurred to us that winter evenings, to be perfect, must have fun as well as instruction.

When the books are all read through, or even only half read, times will come when they must be laid aside. This may be done reluctantly, but it has to be done. You can't read all the time and still do your duty by those around you. You don't want to read when your friends come to spend one of the long delightful winter evenings with you. But you must have something equally pleasant, though in a different line. This is where the value of games comes in, and this is why we offer them to our workers this year. One which may be mentioned first is the renowned game of

TIDDLEDY-WINKS.

This is one of the most popular of all the new games. Old and young, all classes and conditions of people, have been fas-cinated with it. We offer a handsome bone set put up in a strong box, which will be found a most valuable addition to your stock of winter amusements. This will be given for three new subscriptions to the Northern Messenger and 90 cents, or one new subscription to the Weekly Witness at \$1.00.

DRAUGHTS.

This is a handsome little folding checker board enclosing a set of men. It is in the form of two books bound in black, crimson, brown and gold. It will be given for four new subscriptions to the Northern Messenger and \$1.20, or one new subscription to the Weekly Witness at \$1.00.

CORNER GROCERY.

This is a game in which goods are bought any one else to save me from a drunkard's and sold and gives good practice in the

sent for four new subscriptions to the Northern Messenger and \$1.20, or one new subscription to the Weekly Witness at \$1. GAME OF TRADES.

This is a game in which mason, machinist, plumber, blacksmith, printer, tailor, carpenter and painter take a hand. It will be sent for three new subscriptions to the Northern Messenger and 90 cents.

IVANHOE.

This is a new game in which the celebrated characters "Rebecca," "King Richard," "Cedric the Saxon," "Prince John," "Locksley," "Friar Tuck," "Sir Brian de Bois Gilbert," "Isaac of York," and the rest of them take part. This game will be sent for two new subscriptions to the Northern Messenger, and 60 cents.

HUNT THE HARE.

This is a new game played with four hares" and two "hounds" on a folding board handsomely ruled in black, red and gold. The whole is enclosed in a strong and ttractive box. It will be given for seven new subscriptions to the Northern Messenger, and \$1.50, or one new subscription to the Weekly Witness at \$1.

NEW AND IMPROVED FISH POND.

Almost every one has played "Fishpond" in some form or other, but no matter in what form it has been used, every one will be sure to want this one. The pond" is a strong handsome box 18 in. x 6 in. Swimming in the pond are 45 fish $2\frac{1}{2}$ in. long all in their natural colors. Four rods are provided and minute directions given for playing. This very desirable game will be sent for twelve new subscri-bers to the Northern Messenger and \$3.60, or for two new subscriptions to the Weekly Witness and \$2. These games will be sent to any address in Canada or the United States. Two renewals will count as one new subscription. Address Јонн Dougall & Son.

Montreal.

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