cach were quickly traversed.: -Here they met merry partics with their boat-laden guides, taking the lake trip in the reverse direction. The fifth carry was a mere sind hole, steep at oither end, and over this the guides dragged their boats, while their younger passengers tried a race up and down from like to lake.
"Here's the UpperSt. Regis. It's pretty rough, so cover up ivell, girls," said Mr. Rainsford. White-cips were tossing over the wind-ruffled Jake, but waterproofs were, unstrapped and tucked over the girls' unstrapped and tuked over the girs
skirts. What if they did ship tiny seas ? skirts. Wart the party kew that their frail, crinky, All the party knewr that their fail, crinky,
pointed boats were safe in experienced pointed boats were safe in experienced
hands. All were in high spirits except hands. Al were in hingh spirits except Margory. Someone asked her if she felt
ill. On her replying that she did not: ill. On her replying that she did not:
"No wonder she's sober," aunt Martha
in "No wonder she's sober," aunt Martha
exclaimed in no low tone, to her husbind, "seen it all before, and yet keeps her brother home."
Margery overheard, and her own comment on her aunt's selfishness recurred to her.
Oer: beautiful camps that dotted island and shore, past gayly filled boats with fluttering flags, passed some sail boats, too, that were making good time in the brisk winc. In through a nar
lake was reached.
"See that banutiful camp close to the shore. What lovely rustic work, and how gay those colored flies are over the tents! And see those people on that lovely porch !" cried Janie.
'Sit in the middle, please, miss, to trim the boat," said the guide, as as the
tiny bark tilted dangerously over at Janie's tiny bark tilted dangerously over at Janie's enthusiastic little jump.
"Isn't it just like Venice ?" cried Sue who had never been there.
"Not at all," replied Nat, who had.
The boats were gliding in calmer water now, a long, winding strenm, called by the guicles a slew, in which grass grew
thick and high, and water lilies showed white upon their dark-hued foliage. In
wher White upon their dark-hued foliage. In
among the grass drifted several boats, their occupants picking lilies, or reading under the shade of big parasols. Now the big red and brown hotel was in sighit, on the low shoro of the little lake, soveral cottages and tents near it, and numbers of gayly-dressed people witching severad
games of tennis thiat werobeing played. games of temis thint were being played. bing hard at a big smudge on his sleeve. They were soon at the hotel, and the hungry party cnjoyed the good dinner set before then with appetites sharpened by their brisk tramps. It was decided to return home by the way they had come, the other route being less interesting, as they all agreed.
"And what does Margery say ?" u
Ned asked his unusually silent niece.
"I don't care," she murmured: a mos extraordinary state of mind for Margery. Six o'clock saw the travellers safely
back. Margery went straight to Dick.
"Dick, dear, I was a sellish thing no to stay home and let you go to-day. I had a horrid time, and it served me right. Don't you think you could go another Day? And, Dick-this was uncle Ned's treat-won't you let. your trip be mine ?"
n't go, for I vired father I'die. But I can't go, for I wired father I'd leave to-
morrow. Bert has his vacation next week morrow. Bert has his vacation next week I'd take his place."
"O, Dick!" Margery's eyes filled with tears.
She wrote a full account of her day in the littlo journal she kept, and, finished with these words: "One thing I've learned to-day that I won't forget, and that is that, besides being wrong, selfishuess does'nt pay."-Chatrchman.

## HOME TEMPERANCE.

What is temperance?
Right living.
Upon what is the principle of right living based?
The body is the temple of God.
How is the "temple of God" defiled? By improper habits, or food or drink; by improper desires that rule the body.
That is a broad definition of temperance.
Not broader than that given by the Bible and science.

Has the word changed its meaning in hese later years?
Yes; temperance used to mean not inWhat -that is not drunken
What is the specific menning as applied the reform of to-day?
The not using alcohol in any of its forms as food or drink.
What, then, is the cause of intempernee?
Moro
More frequently ignorance of the danger that must necessurily follow drinking inoxicating liquor.
How do you explain that?
A child seeing wine upon the father's table, not being taught anything about.it, would attach no more harm to its use than drinking a glass of water.
What is the remedy for intemperance?
Knowledge. Thero must first be an arrest of thought, then intelligent study of
the effects of alcohol and the consequent the effects of alcohol and the consequent danger in its ase.
To insure the best result, where nust
his knowledge be obtained?
In the home.
How early should a mother understand the law of temperance as written upon the body?
Sho should understand it before she assumes the duties and privileges of motherhood.
If the mother uses wine or alcohol tonics way the appetite be transmitted'?
Yes ; the appetite physically, and the weak will mentally, if she knows she ought not.
Would you advise all mothers to study the effects of alcohol, or will a moral resolution not to use it herself be sufficient?
Knowledge is power, and she should have the proof of what she believes.
How can the necessary knowledge be nost easily obtained ?
By a study of physiology and hygiene as The Household.

## "AM I MY BROTHER'S KEPPER?"

by mizs. m. A. e. calef.
Never were those words from "Holy Writ" so impressed upon my mind as when listening to our "silver-tongued orator," Wendell Phillips, a short time before his death. A band of reformed men had gathered one evening in the old Bethel church in Boston, to listen to words of encouragement from severul gentlemen. Tho audience was composed mostly of he lower class of working men and women, lives and become temparate.
After speaking as none other could speak to such an rudience, lie paused, and in lowered, impressive tones, asked to be
pardoned for an incident in his own life, pardoned for an incident in his own life,
he wished to relate as a note of warning he wished to relate as a note of warning
to those of his hearers who might be tempted, as he had been, to neglect to speak to al brother-man he might possibly speak
save. Said Mr. Phillips: "When I was a young man, which would have been in the carly part of this century, I was with a friend with whom I had had a business talk sitting under a piazza in Charlestown. As we were in conversition, I thought I noticed a smell of liquor, and felt sure that it came from the breath of the young man at my side. My first impulse was to peak to him, for although all, or nearly all, at that time drank more or less, I hatd decided fully that it was an evil, and that
young people ospecinlly should not drink young people especially should not drink
intoxicating liquors. My second thought was that it would do no good to speak to him, and so I left him. Seventeen years after that;" sanid Mr. Phillips,
called to give a temperance lecture in a small town about thirty miles out from Boston, for I had then become deeply interested in the work of trying to roform men, and if possible save the youth. After delivering my lecture to a large and attentive audience, and as the people were leaving the church, I noticed a man pressing his way up to the place where I was stand ing talking with others who had waited to
spenk with me. As he came nearei, the speak with me. As he came nearer, the
poor man in his worn, soiled garments, took me by the hand nnd, in tones of reproof I can norer forget, said to mo, "Wendell, Wendell, why didn't you sny to me seventeen years ago what you have said here to-night; and you could have saved mo. Now it is too late for you or
any one else to save me from a drunkard's
gravo! Oh, Wendell, I am too far gone!",
"Those terrible words," suid Mr. Phillips "Those terrible words," suid Mr. Phillip anothed ine to decido, then and there, that
anothe to speak to one whose another chance to speak to one whose
breath gave signs of strong drink should never be neglected, for the poor man be fro me was none other than the young nan who years before sat beside me on the piazza. My vow then made has never
been broken. And now, dear reformed been broken. And now, denr reformed brothers," sitid he to those before him, "take warning from bitter experience, and never pass any one who needs a wor of kindly warning or gentle reproof of save them!"-Union Signal.

## A LIFE SERMON.

A missionary in Indin was so feeble mentally that he could not learn the language. After some years, he asked to be
recalled, frankly saying that he had not sufficient intellect for the work. A dozen missionaries, however, petitioned his board not to grant his request, saying that his goodness give him a wider influence among the heathen than any other missionary at the station. A cunvert, when asked, "What is it to be a Christian?" replied, "It is to be like Mr . naming the good missionary. Ho was kept in India. He never preached a ser-
mon ; but when. he died hundreds of mon; but when. he died hundreds of
heathen, as well as many Christians, heathen, as well as many Chistians,
mourned him and testified to his holy lifo and character.-Northeru Christian Advocatc.
rapid calculation of small sums. It will be ent fur four new subscriptions to the Northern Messencer and $\$ 1: 20$, on one new subscription to the Weelily Witness at \$1. game of trades.
This is a game in which mason, machinist, plumber, blacksmith, printor, tailor, arpenter and painter taker hand. It.will be sent for three new subscriptions to the Northerin Messenger and 90 cents.
zvanhoe.
This is a new game in which the celebrated chameters "Rebecca," "King Richard," "Cedric the Sixon," "Prince John," "Locksley," "Friar Tuok," "Sir Brim de Bois Gilbert," "Isatac of York," and the rest of them take part. This game will be sent for two new subscriptions to the Northery Mcssenger; and 60 cents.

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tions given forplaying. This very desirable game wilh be sent for tweive new subscri-
bers to the Northern Messenger and $\$ 3.60$, or for two new subscriptions to the Weekly Witness and $\$ 2$. These ganes will besent to any address in Canida or the United States. Two renewals will count as one new subscription. Address

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corner grocery.
This is a game in which goods are bought and sold and gives good practice in the

## Fin For wirte nexirs.

GaMIS Par Younk and dio.
HOW OUR WORKERS MAY SECURE THEM.

Makes Jack o dull boy:

A fow weeks ago we gave our numerous workers a long list of books which we propose offering this season as premiums, and in. Later on, it occurred to us that winter ovenings, to be perfect, must havo fun as well as instruction.
When the books are all read through, or even only hillf read, times will come when they must be liid aside. This may be done reluctantly, but it has to be done,
$\qquad$

TREE PEOPLIS'S RMITNTMG MACEME


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covern the operations of digestion and nutrition, and by

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