Pleasant. We skirt along the blue bay, dotted with white sails, for there is a regatta in progress, until we reach the well-named Point Pleasant. This promontory is covered with a magnificent pine forest, through which wind miles of splendid roads, made by companies of the Royal Engineers when stationed here.

On one side the park is bounded by a deep inlet of the sea, running a long way inland, and which is called the North-west Arm. At a certain point there is a sunlit vista looking up this narrow bay, which is very beautiful. There are pleasant country-houses out here, in one of which Mr. Francklyn resides. It is a perfect afternoon, with warm sunshine, and a pleasant breeze whispering and sighing in the fir-trees.

Sunday, August 2nd.—In the morning I went to church at St. Paul's. This is a very old wooden building with a spire. There are the same timbers as were used for its construction in 1794, when the Hon. E. Cornwallis landed in Chebuctoo Bay with 2000 settlers. He planned this site for the church, and built it on the design sent out by the Imperial Government, which was on the model of St. Peter's, Vere Street. In 1787, when the first Bishop was appointed, he took it for his cathedral. It has taken part in all the great functions connected with the history of Halifax; and the walls are covered with mural tablets to