

WOMAN WOULD NOT GIVE UP

Though Sick and Suffering; At Last Found Help in Lydia E. Pinkham's Vegetable Compound.

Richmond, Pa. — "When I started taking Lydia E. Pinkham's Vegetable Compound I was in a dreadfully rundown state of health, had internal troubles, and was so extremely nervous and prostrated that if I had given in to my feelings I would have been in bed. As it was I had hardly strength at times to be on my feet and what I did do was by a great effort. I could not sleep at night and of course felt very bad in the morning, and had a steady headache.



"After taking the second bottle I noticed that the headache was not so bad, I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound." — Mrs. FRANK CLARK, 3146 N. Tulip St., Richmond, Pa.

Women Have Been Telling Women for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ailments from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It will pay you to do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.

ADVERTISING RATES. Single column 50c One Year 50c 3 Months 15c Half column 30c 12 12 12 One fourth column 15c 7 7 7 Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter very two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon. Local Advertising—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Agate measure 14 lines to the inch. Business Cards—One inch and under, per year \$5.00. Advertisers without specific directions will be inserted till found and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, APRIL 3, 1914.

NOTE AND COMMENT.

The financial stringency has had altogether good effect of making municipalities and individuals think more about the borrowing of money than they have been accustomed to do in the past few years.

An exchange says:—It is well to know that a great many farmers are accumulating wealth and the prospects for the future are bright. Our advice to the farmers is not to part with their land, as in the near future every acre of ordinary farming land in Western Ontario counties will sell for more than \$100 an acre. American farmers are selling their farms in Illinois and Indiana at \$200 per acre and coming into Ontario and purchasing land at prices that dazzle the former owners. These American farmers are bringing their ditching machines and spending money on the improvement of their Canadian farms that makes the former owners wonder. These American farmers see a way by which all this expenditure will return to their pockets.

The department store catalogues arrived in Renfrew this week. One would judge, looking at them as they entered the post office, that there were forty bags of them, for Renfrew and the rural routes radiating therefrom. They are no doubt enticing in appearance, but they are a lever nevertheless for the downfall

of Canada's enduring prosperity. In the building up of great cities, and the elimination of the towns and villages, begins the decay of nations. And yet so many fail to see it. In grasping for what seems cheapness they are really grasping for the shadow; for something that will in the long run re-act on their own prosperity; for the rule of the few over the host of slaves.—Renfrew Mercury.

A measure providing for cheap agricultural credits, which will enable the farmers of Canada to obtain the money at a reasonable rate of interest, will be introduced in the Commons. This bill will pave the way and give Parliamentary sanction and assistance to the establishment of rural banks throughout the Dominion along the same lines and with similar objects as those which now exist independent of Parliament and without its protection in the Province of Quebec. The details of the measure are practically complete, and it is understood that they incorporate all that is best and at which has been most successful in the operation of agricultural credit banks in this and other countries.

The annual report of the Postmaster-General shows that 633,475,000 letters were carried through the mails in 1912-13, as shown by the sale of stamps. The net revenue of the fiscal year ending March, 1913, showed an increase of \$1,678,221.04 over the year previous, as compared with an increase of \$1,188,404 for 1911, \$556,973.79 for 1910, and \$478,001.65 for 1909. Ontario heads the Provinces in the postoffice statistics, with 262,333,000 letters for 1913, 36,495,000 postcards, 5,728,000 registered letters, 12,715,000 free letters, 6,215,000 newspapers, 59,180,000 circulars, 5,473,000 packets of merchandise, and 92,029

closed parcels for aboard. A surplus of \$1,310,219.92 is shown as compared with \$1,192,779.68 in 1911, and \$395,798.11 in 1909. The total amount of money orders was \$91,306,779.45 as compared with \$91,410,505.07 in 1912, and \$28,914,296.82 in 1909. A proportion of one in 3,776 letters posted in the year went to the dead letter office. A net revenue, after proper deduction of \$12,060,476.43, was earned by the post office, against which are set expenditures of \$10,882,804.57. Rural mail boxes cost \$135,000 and yield a revenue of \$66,430. Postage stamps and post cards brought in \$13,464,334.51. Carrying the mail by land, rail and boat, mail bags, locks and rural boxes cost \$5,115,105.52.

SHILOH quickly stops coughs, cures colds, and heals the throat and lungs. 25 cents.

of Canada's enduring prosperity. In the building up of great cities, and the elimination of the towns and villages, begins the decay of nations. And yet so many fail to see it. In grasping for what seems cheapness they are really grasping for the shadow; for something that will in the long run re-act on their own prosperity; for the rule of the few over the host of slaves.—Renfrew Mercury.

A measure providing for cheap agricultural credits, which will enable the farmers of Canada to obtain the money at a reasonable rate of interest, will be introduced in the Commons. This bill will pave the way and give Parliamentary sanction and assistance to the establishment of rural banks throughout the Dominion along the same lines and with similar objects as those which now exist independent of Parliament and without its protection in the Province of Quebec. The details of the measure are practically complete, and it is understood that they incorporate all that is best and at which has been most successful in the operation of agricultural credit banks in this and other countries.

The annual report of the Postmaster-General shows that 633,475,000 letters were carried through the mails in 1912-13, as shown by the sale of stamps. The net revenue of the fiscal year ending March, 1913, showed an increase of \$1,678,221.04 over the year previous, as compared with an increase of \$1,188,404 for 1911, \$556,973.79 for 1910, and \$478,001.65 for 1909. Ontario heads the Provinces in the postoffice statistics, with 262,333,000 letters for 1913, 36,495,000 postcards, 5,728,000 registered letters, 12,715,000 free letters, 6,215,000 newspapers, 59,180,000 circulars, 5,473,000 packets of merchandise, and 92,029

closed parcels for aboard. A surplus of \$1,310,219.92 is shown as compared with \$1,192,779.68 in 1911, and \$395,798.11 in 1909. The total amount of money orders was \$91,306,779.45 as compared with \$91,410,505.07 in 1912, and \$28,914,296.82 in 1909. A proportion of one in 3,776 letters posted in the year went to the dead letter office. A net revenue, after proper deduction of \$12,060,476.43, was earned by the post office, against which are set expenditures of \$10,882,804.57. Rural mail boxes cost \$135,000 and yield a revenue of \$66,430. Postage stamps and post cards brought in \$13,464,334.51. Carrying the mail by land, rail and boat, mail bags, locks and rural boxes cost \$5,115,105.52.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

Experiments are being made to ascertain the effects of radium bearing earth on plant life. Any kind of rays, X or present, that will raise larger crops, will be welcomed by the agricultural interests.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

of Canada's enduring prosperity. In the building up of great cities, and the elimination of the towns and villages, begins the decay of nations. And yet so many fail to see it. In grasping for what seems cheapness they are really grasping for the shadow; for something that will in the long run re-act on their own prosperity; for the rule of the few over the host of slaves.—Renfrew Mercury.

A measure providing for cheap agricultural credits, which will enable the farmers of Canada to obtain the money at a reasonable rate of interest, will be introduced in the Commons. This bill will pave the way and give Parliamentary sanction and assistance to the establishment of rural banks throughout the Dominion along the same lines and with similar objects as those which now exist independent of Parliament and without its protection in the Province of Quebec. The details of the measure are practically complete, and it is understood that they incorporate all that is best and at which has been most successful in the operation of agricultural credit banks in this and other countries.

The annual report of the Postmaster-General shows that 633,475,000 letters were carried through the mails in 1912-13, as shown by the sale of stamps. The net revenue of the fiscal year ending March, 1913, showed an increase of \$1,678,221.04 over the year previous, as compared with an increase of \$1,188,404 for 1911, \$556,973.79 for 1910, and \$478,001.65 for 1909. Ontario heads the Provinces in the postoffice statistics, with 262,333,000 letters for 1913, 36,495,000 postcards, 5,728,000 registered letters, 12,715,000 free letters, 6,215,000 newspapers, 59,180,000 circulars, 5,473,000 packets of merchandise, and 92,029

closed parcels for aboard. A surplus of \$1,310,219.92 is shown as compared with \$1,192,779.68 in 1911, and \$395,798.11 in 1909. The total amount of money orders was \$91,306,779.45 as compared with \$91,410,505.07 in 1912, and \$28,914,296.82 in 1909. A proportion of one in 3,776 letters posted in the year went to the dead letter office. A net revenue, after proper deduction of \$12,060,476.43, was earned by the post office, against which are set expenditures of \$10,882,804.57. Rural mail boxes cost \$135,000 and yield a revenue of \$66,430. Postage stamps and post cards brought in \$13,464,334.51. Carrying the mail by land, rail and boat, mail bags, locks and rural boxes cost \$5,115,105.52.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

Experiments are being made to ascertain the effects of radium bearing earth on plant life. Any kind of rays, X or present, that will raise larger crops, will be welcomed by the agricultural interests.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

Rich Indian teas blended with flavory Ceylons.

Red Rose Tea "is good tea"

Protecting the Health of Canadian Live Stock

The Report of the Health of Animals Branch of the Dominion Department of Agriculture for the year ending March 31st, 1913 is out. This is the first report issued by Dr. E. Torrance, as Veterinary Director General. This Branch of the Federal service has assumed large proportions covering as it does, the control of movements of animals within the Dominion with regard to contagious diseases and the inspection of meats and canned foods. The inspectors from the United States and Newfoundland amounted to 43,154 horses, 2,571 mules, 14,795 cattle, 224,115 sheep, 102 swine, 249 goats, 17 asses, 29 buffalo, 11 camels, 2 yak, 1 zebra, 1 deer and 6 reindeer. The imports from Europe and elsewhere for the same period were 2,245 horses, 106 cattle, 85 sheep, 3 mules, 29 swine and 6 goats. Referring to diseases within Canada, the reports show that satisfactory progress was made in reducing outbreaks of such diseases as glanders in horses, mange in cattle, sheep scab, anthrax, rabies, etc. The report

states that information has been accumulated which will be of use in forming plans for the control of tuberculosis, a task which should soon be undertaken.

Thirty-two establishments are shown to be under federal meat inspection. In these there were inspected and passed 2,506,520 carcasses. The number of condemnations as well as much additional interesting information are also given.

This report is published for free distribution by the Publications Branch of the Department of Agriculture at Ottawa.

Dr. Morse's Indian Root Pills

are made according to a formula in use nearly a century ago among the Indians, and learned from them by Dr. Morse. Though repeated attempts have been made, by physicians and chemists, it has been found impossible to improve the formula or the pills. Dr. Morse's Indian Root Pills are a household remedy throughout the world for Constipation and all Kidney and Liver troubles. They act promptly and effectively, and Cleanse the System

For Beautifying Your Hair

The Ladies in this Town are Simply Going Wild over Harmony Hair Beautifier. And no wonder, because to make the hair lustrous, soft and silky we believe there's nothing else—and we sell about all the various hair preparations made—that anywhere near comes up to Harmony Hair Beautifier.

Ask any one of the many women in this town who use it—she'll tell you she "loves" it. Just look at her hair, and you'll come to us and get some yourself.

HARMONY HAIR BEAUTIFIER

Is just what its name implies.—Just to make the hair glossy, lustrous, more beautiful.—Just to make it easier to dress, and more natural to fall easily and gracefully into the wavy lines and folds of the coiffure. It leaves a delightful fresh and cool effect, and a lingering, delicate perfume. Will not change or darken the color. Contains no oil; therefore doesn't leave the hair sticky or stringy. Simply sprinkle a little on your hair each time before brushing it. But first, make sure that your hair and scalp are clean, by using

Harmony Shampoo

—A liquid shampoo to keep the hair clean, soft, smooth and beautiful. It gives an instantaneous, rich, foaming lather, penetrating to every part of the hair and scalp. It is washed off just as quickly, the entire operation taking only a few moments. It leaves no lumps or stickiness.—Just a refreshing sense of cool, sweet cleanliness.—Just a dainty, pleasant and clean fragrance. —Both in odd-shaped ornamental bottles, with sprinkler tops. Harmony Hair Beautifier, \$1.00. Harmony Shampoo, 50c. Both are guaranteed to please you, or your money back.

These Stage Beauties Endorse Them

- ETHEL BARRYMORE Star in "Tante," Empire Theater, New York.
- ELSIE FERGUSON Star in "A Strange Woman," Lyceum, New York.
- LOUISE DRESSER Star in "Flesh and Perimeter," G. M. Colman Theater, New York.
- LAURETTE TAYLOR Star in "Fog of My Heart," Cort Theater, New York.
- NATALIE ALT Star in "Adele," Longacre Theater, New York.
- ROSE COGHLAN Star in "The Peasants," now touring the United States.

Sold only at the more than 7000 Retail Stores. Ours is the Retail Store in this Town



J. W. McLAREN

WATFORD - - - ONTARIO



THE HO

GROCERIES

Our grocery department always well stocked with best we can buy in staple fancy eatables. Lowest prices. If you are not already a customer, try us.

TINSMITHING PLUMBI

No job too large and no job too small to be taken of. Furnaces, hot water piping and eavetroughing reasonable prices

THE HO



FIO

fresh a T

SE

span w

