

### Facts in Nature

FOR centuries it has been known that Nature's most valuable health giving agents for the cure of disease are found in our American forests. Over forty years ago Dr. R. V. Pierce, chief consulting physician to the Invalids' Hotel and Surgical Institute at Buffalo, N.Y., used the powdered extracts as well as the liquid extracts of native medicinal plants, such as Bloodroot and Queen's root, Golden Seal and Stone root, Cherry bark and Mandrake, for the cure of blood diseases. This prescription as put up in liquid form was called

**DR. PIERCE'S Golden Medical Discovery**

and has enjoyed a large sale for all these years in every drug store in the land. You can now obtain the powdered extract in sugar-coated tablet form of your medicine dealer, or send 50c in one-cent postage stamps for trial box to Dr. Pierce's Invalids' Hotel, Buffalo, N.Y., and tablets will be mailed, postage prepaid.

The "Golden Medical Discovery" makes rich, red blood, invigorates the stomach, liver and bowels and through them the whole system. Skin affections, blotches, boils, pimples and eruptions—result of bad blood—are eradicated by this alterative extract—as thousands have testified.

Send 50 one-cent stamps to pay cost of mailing only on a free copy of Dr. Pierce's Common Sense Medical Adviser, 1008 pages, clothbound ADDRESS DR. R. V. PIERCE, BUFFALO, N. Y.

## CANADIAN PACIFIC EXCURSIONS

### To Manitoba, Saskatchewan, Alberta

#### HOMESEEKERS

Low Round Trip Rates each Tuesday, March to October inclusive

**Winnipeg and Return \$35.00**  
**Edmonton and Return 43.00**

Other points in proportion  
Return Limit two months.

#### TOURIST SLEEPING CARS

on all excursions. Comfortable berths; fully equipped with bedding, can be secured at moderate rates through local agents.

#### Home Seekers' Trains Leave Toronto 10.20 p.m. during March, April, September and October, and at 2 p.m. and 10.20 p.m. during May, June, July and August.

Through Trains Toronto to Winnipeg and West

Full particulars from any C.P.R. Agent or write M. G. Murphy, District Passenger Agent, Toronto

## Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat			
FIVE ROSE do do do			
ROYAL HOUSEHOLD do do do			
HORTON do do do			
HARVEST QUEEN, 2nd Pat. from Man. wheat			
GOLD DUST do do do			
RED ROSE, High Grade Blended Flour			
NEW ERA, Special Pastry Flour			

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

### C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

### INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

### CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## MONEY SAVED

By Bringing Your Contract to

### Watford's Planing Mills

Roofings- 1 CAR 3X HASTINGS SHINGLES  
1 CAR 4X " "  
1 CAR 5X " "

On the Way Leave your Order at once.

### PEDLAR METAL GOODS

Make Sure You Get Pedlar. The Pedlar Firm have been making Metal Goods for Over Half a Century. They make the Best Shingles that science and civilization can produce. A LARGE STOCK ON HAND.

Corrugated Iron Metal Ceilings Metal Walls

COAL: DOMESTIC LUMP, FOR SUGAR MAKING, \$5.50 PER TON.  
NUT, PEA, STOVE AND EGG COAL.

Established 1870

### GEO. CHAMBERS.


### LIVE STOCK NOTES.

One advantage in feeding steers on the farm is the maintenance of the soil fertility. Farmers and feeders would do well to pay more attention to the root crops in their attempt at getting the ideal feeding ration both for beef and dairy cattle. Young stock does not need a warm barn any more than it does plenty of exercise, fresh air and a chance to get in the sun. Corn is the best feed known for farm stock, but corn alone is one of the poorest. If balanced with a protein feed nothing will produce better results. Too often the dairy, poultry and hog work are side lines on the farm. Make them the main line and they will lead you to profit. The value of corn silage to the beef producer is not limited to its use in winter feeding alone.

### BALANCED RATION FOR BEEF.

Combination of Cotton Seed and Silage Gives Excellent Returns. The South Carolina experiment station has recently published a bulletin dealing with the subject of feeding beef cattle in South Carolina. This bulletin, No. 109, by Archibald Smith, gives the result of a test to ascertain the value of different kinds of forage fed with cottonseed meal.

The bulletin is another proof of the great economic use of corn silage, which, when properly balanced, always shows a most profitable gain. In this particular test silage, corn stover and cottonseed hulls were compared. The corn silage gave by far the best returns, not only in economic production of beef profit in feeding, but also in the quality of the beef and the shape in which it reached market. The silage fed group of steers produced beef from 15 to 20 per cent cheaper than the other groups. They lost less in shipping to market, which is a test that has been disputed in the past, as some feeders have claimed that silage fed beef lost severely in the shipping process. In this test they lost the least. The silage fed group produced gains that would warrant an earning on the silage of \$6.86 per ton. This earning was made on a very poor market, as the steers sold for only \$5.50 per hundred. Had they sold on a better market this price could easily have been increased 20 to 30 per cent. With corn silage costing but \$2 per ton—which is a fair price for its production—good corn land can be made to earn from \$60 to \$70 per acre. If the landowners of the southern states would heed the teachings of this bulletin their profits would be increased millions of dollars. The worn farms of the southeastern section of this coun-



Many breeders of dairy cattle regularly work their herd bulls. The results in all cases are excellent. Not only does regular work render the animals more docile, but it keeps them in fine physical condition for their special purpose in the herd. They retain their vigor longer and are surer getters of healthy calves. The illustration shows the method of exercising herd bulls at Wadhalla farms, Middleburg, N. Y. The bulls are of Brown Swiss breed and are ten and twelve years old respectively. They are gentle and easily handled and highly potent.

try can better be brought back to profitable and rich lands through the feeding and growing of cattle and the economic use of the silo and the cotton byproduct in the form of seed and

### NA-DRU-CO LAXATIVES

Women's commonest ailment—the root of so much of their ill-health—promptly yields to the gentle but certain action of Na-Dru-Co Laxatives. 25c. a box at your druggist's.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 161

### ASTHMA CATARRH

WHOOPING COUGHS SPASMODIC CROUP BRONCHITIS COUGHS COLDS

## Vapo-Resolene

ESTABLISHED 1870

A simple, safe and effective treatment for bronchial troubles, without dosing the stomach with drugs. Used with success for thirty years. The air carrying the antiseptic vapor, inspired with every breath, makes breathing easy, soothes the sore throat, and stops the cough, ensuring restful nights. Resolene is invaluable to mothers with young children and a BOON to sufferers from Asthma. Send us postal for descriptive booklet.

ALL DRUGGISTS. Try CRESOLENE TABLETS for the irritated throat. They are simple, effective and antiseptic. Of your druggist or from us, 50c. in stamps.

Vapo-Cresolene Co. 62 Carleton St., N.Y. Learning Miles Building Montreal, Can.

### Constipation

is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglect it is slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken or gripe. Preserve your health by taking

### Dr. Morse's Indian Root Pills

Little Helps. Before using table oilcloth paste at each corner on the wrong side a square of cotton. This prevents the corners from wearing out as soon as they otherwise would. The finger marks on a door can be removed by a clean flannel cloth dipped in kerosene oil. Afterward wipe with a cloth wrung out of hot water in order to take the smell away. A yellow frosting is made by beating yolks of eggs lightly and thickening them with fine sugar as you would the whites. It will take a little longer to harden than if the whites were used. Dingy towels may frequently be restored to normal whiteness by putting in a kettle of cold water, adding white soap shavings and lemon juice and letting come slowly to a boil. Rinse in tepid water, then blue water, and hang in the sun.

### CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Chas. H. Hitchcock*

The Fastidious. "Catch any fish on your trip?" "No, and I can't understand why. Had a \$200 outfit. Had the right kind of hooks and the latest thing in flies." "Maybe you weren't wearing the right kind of hat."—Washington Herald.

She Did. "Jack proposed to me while turning the music for me at the piano." "Ah, I see! You played right into his hands."—London Answers.

Hurt not others with that which pains yourself.

### SHILOH

quickly stops coughs, cures colds, and heals the throat and lungs. 10c. 25c. 50c.

Lots of people use most of their lives trying to sprinkle salt on the tail of opportunity. Those succeed best who so plan their work that there will be the least possible waste of time and energy. When one comes up to the mark he has set for himself, it is a safe conclusion that the standard was too low. When a man arrives at the age of discretion, it usually means that he is too young to die and too old to have a good time. INTERNALLY AND EXTERNALLY IT IS GOOD.—The crowning property of Dr. Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has curative qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it on hand.

The Petrolia Lawn Bowling Club has been re-organized with Dr. Johnston as resident and R. S. Jackson secretary.

### Asthma Catarrh

WHOOPING COUGHS SPASMODIC CROUP BRONCHITIS COUGHS COLDS

## Vapo-Resolene

ESTABLISHED 1870

A simple, safe and effective treatment for bronchial troubles, without dosing the stomach with drugs. Used with success for thirty years. The air carrying the antiseptic vapor, inspired with every breath, makes breathing easy, soothes the sore throat, and stops the cough, ensuring restful nights. Resolene is invaluable to mothers with young children and a BOON to sufferers from Asthma. Send us postal for descriptive booklet.

ALL DRUGGISTS. Try CRESOLENE TABLETS for the irritated throat. They are simple, effective and antiseptic. Of your druggist or from us, 50c. in stamps.

Vapo-Cresolene Co. 62 Carleton St., N.Y. Learning Miles Building Montreal, Can.

### MEDICAL.

JAMES NEWELL, PH. B., M.D.  
L. R. C. P., M. B. M. A. England  
Watford, Ont.

OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street

R. G. KELLY, M. D.  
Watford, Ont.

OFFICE—MAIN STREET, formerly occupied Dr. McLeay. Residence Front St. East.

THOS. A. BRANDON, M. D.,  
WATFORD, ONT.

FORMERLY OF SARNA GENERAL HOSPITAL and Western Hospital of Toronto.  
OFFICE—Main Street, in office formerly occupied by Dr. Gibson.

### DENTAL.

GEORGE HICKS.  
D.D.S., TRINITY UNIVERSITY, I.D.S., ROYAL College of Dental Surgeons. Post graduate in Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth.  
OFFICE—Over Thompson's Confectionery, MAIN ST., Watford.  
At Queen's Hotel, Arkona, 1st and 3rd Thursdays of each month.

C. N. HOWDEN,  
D.D.S., I.D.S.  
GRADUATE of the Royal College of Dental Surgeons, of Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET, WATFORD.

### Veterinary Surgeon.

J. MCGILLICUDDY  
Veterinary Surgeon,  
HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles. Office—One door south of the Guide-Advocate office Residence—Main Street, one door north of Dr. Brandon's office.

### GRAND TRUNK RAILWAY SYSTEM

#### TIME TABLE.

Trains leave Watford Station as follows

GOING WEST	
Accommodation, 27	8:44 a.m.
Accommodation, 29	2:45 a.m.
Chicago Express, 5	9:27 p.m.
GOING EAST	
Ontario Limited, 46	7:48 a.m.
Accommodation, 28	12:03 p.m.
New York Express, 2	3:00 p.m.
Accommodation, 30	5:16 p.m.

C. VAIL, Agent, Watford

### STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES  
Watford Village every morning except Sunday, reaching Watford at 11:50 a.m. Returning leaves Watford at 8:45 p.m. Passengers and freight conveyed on reasonable terms. C. BARNES, Prop.

WATFORD AND ARKONA STAGE LEAVES  
Arkona at 7:45 a.m., Wisbech at 8:45 a.m. Returning leaves Watford at 8:45 p.m. Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

### OUR CLUBBING LIST.

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star with premium	\$1 85
Weekly Mail-Empire with premium	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 85
Weekly London Advertiser	1 85
Weekly Globe	1 85
Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Daily News	2 50
Daily Star	2 50
Daily World	4 00
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Daily London Advertiser	3 00