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20 cents sc. Limited



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TS WILL TICKLE HES YOU GO OUT E GIVE YOU THE PRICE. SO COME

DRSRLINO" HATS.

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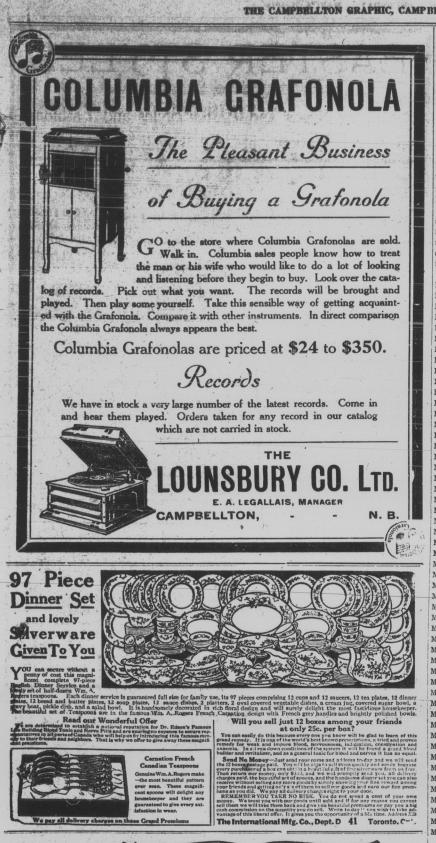


he goody that is eneficial to teeth ind stomach is best or all ages.

strengthens the tums. Keeps teeth clean and breath et, allays thirst. aids appetite and digestion.

Keep YOUR boy at the front supplied.

The Flavour Lasts





## REPORT OF SOLDIERS COMFORT ASSOCIATION

Large Shipment of Socks and Other Articles Sent Forward.

The Soldiers Comfort Association cked their eighteenth shipment for the trenches at the home of the present Mrs. H. R. Smith, on Friday March 15th. The boxes contained 1159 prs. socks and 7 prs. mitts, besides these 41 pr. socks went in individual parcels, making tre total shipment of socks 1206 pairs. The Association wishes to thank the fellow

ing knitters:—
Oak Bay Mills Miss F. Anderson Miss K. Archibald Miss R. Archibald Miss J. Adams Mrs. A. A. Atlam Mrs. Baker Miss Briard Miss B. Forster Miss S. Forster Miss M. Fair Mrs. A. Flowers Miss K. Geraghty Miss N. Geraghty Miss C. Geraghty

Mis L. Geraghty Miss Mary Johnson Miss Clara Johnson Mrs. Mary Harper Miss E. Harper Mrs. W. J. Harper Mrs. Thos. Harper Mrs. Ben. Harper Miss K. Harper Miss G. Hunter Mrs. E. Hunter Mrs. Kennedy Mrs. Jas. M. Mann Mrs. A. Mann Mrs. Marion McKinnon

Mrs. Annie McKinnon Mrs. P. Quinn Mrs. R. Tennier Mrs. L. Tennier Mrs. A. Sowerby Miss J. Whalen Mrs. F. Young Miss A. Geraght Miss Reta Young Miss Gertrude Young Mrs. H. F. Fair

Mrs. McKillop Mrs. Mary Firth Mrs. Robt. Dickie Mrs. Catherine Fair Mrs. J. D. K. McNaughton 1 Miss M. Chamberlain Miss Emma Rattie Escuminae Flats.

Mrs. B. Court Mrs. S. Pike, Jr., Miss Jessie Campbell Miss Bessie Campbell Miss Serena Littie

Miss Janet Kerr Miss Lillian Day Miss Gladys Day Miss Eleanor Carmichael Miss Eva McKenzie Miss Janie Gaudin Miss Elsie Gaudin Miss Laura McNeil Mrs. Isabella Brown Mrs. Andrew Little Mrs. Wm. Kerr Mrs. John Eliott Mrs. Angus Campbell Mrs. Wm. Gaudin Mrs. D. N. Glover Mrs. Jas. Bryant Mrs. J. E. Pitre Mrs. E. Pitre

Miss C. Pitre Mrs. Peter Wafer Miss Mabel Wafer Miss Myrtle Baillie Miss Mona Hocquard Mrs. David Wafer Miss Katherine Wafer Miss Grey Wafer Mrs. Fred Gray Mrs. S. Dickie Mrs. John D. Keays Mrs. George Court Miss Violette Court Mrs. Chas. Court Mrs. Clarence Edwards
Mrs. Caroll Oaks Mrs. Wm. Dumville Mrs. Annie Edwards Mrs. Albert Gray

Mrs. Hazen Duniville Nouvelle. Mrs. Geo. McDonald Miss Pearl McDonald Upper Chardo. Mrs. Wyers and family 30 prs. sock Mrs. Simon Babin Upper Charlo S. C. A. 51

## A NERVOUS BREAKDOWN

Mise Kelly Tells How Lydia
E. Pinkham's Vegetable
Compound Restored Her Health.

down and got so weak! could hardly stand, and had head aches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Plink ham's Vegetable Compound and she told me about it. From the first day I took it began to feel better and now I am well and able to do most any kind of work. I have been recom-

New Mills. Mrs. Jas. Hamilton Mrs. Margaret Hamilton Miss Sarah McNair Mrs. Robt. Pettigrew Mrs. Arthur McNair Mrs. Wm. Cook Miss Lizzie Maxwell Mrs. Neil Hamilton New Mills S. C. A. Athol Athol Circle Mrs. Sherman LeFtrgy Mrs. Henry Martin

Mrs. Yoxall Mrs. Christiansen Mrs. Hacquoil Mrs. Walter Connor Mrs. Thos. McLean Mrs. Emmeline Porter Mrs. Jerome Comeau Mrs. Sonier Mrs. Frank Russell Mrs. Jas. Young Mrs. Marcil Cyr pr. mitts Mrs. Thos. Carron 3 prs. socks Mrs. Sandy McGrath Mrs. James Arseneault Mrs. Jos. Boudreau Mrs. Alex. LeFurgey, Tide Head. Miss Florence Martin

Miss Empress Glover Miss S. Hacquoil Mrs. L. Doull (donated) 2 Mrs. Paschal Poirier 1 pr. mitts Miss Derilda LeBland Mrs. Larry Blacquiere 1 Donation from Mr. Dickison, 59 cents. Mvs. Jane Gerrard Maple Green. The Misses Dawson 31 prs. socks Mrs. Geo. Myles

Glencoe. St. Alexis. Miss Maggie Irvine Charle. Miss Sarah Doherty

Tile Head. 3 prs. socks Mrs. David McRae Mrs. John Fraser Flatlands. Miss Annabella McDonald 4 prs socks Mrs. Walter Appieton St. John.

Miss Mills CAMPBELLTON. Miss Annie McRae Mrs. Colin Nevin Mrs. Peter Gerrard Mrs. John Kane Miss Mazie Andrew Miss Jackson Miss Humphrey Miss M. Christie

It Saves Doctors

Mrs. Chas. Killam

This is the Rev. A. D. McLeod's opinion of Zam-Buk. This clergyman, who lives at Harcourt, N.B., writing to the proprietors, remarks upon the unusual popularity which Zam-Buk enjoys in the homes of the people of his parish. He says:

"I know of nothing that can compare with it. Having charge of an extensive mission, over which I travel constantly, I meet with many sick and afflicted people, and I have been amazed at the good which Zam-Buk is doing daily. I have learned, as an absolute fact, that for bad ulcers, old wounds, eczoma and skin diseases of all kinds the healing powers of Zam-Buk are simply marvellous. For the painful aliment, piles, also, it is excellent. Many a doctor's bill is saved by the use of Zam-Buk."

For cuts, burns and scaded Zam-Buk "For cuts, burns and scaded Zam-Buk and Nothing and

FILL OUT AND FILE
INCOME TAX FORMS.

War Tax Forms Must Be March 31st. It was inevitable that an incor

war tax law should have been placed on the statute books. The growing demands made upon Canada, as one of in the life and tleath battle with the of distributing the burden as equitably as possible, made the imposition of a tax, based on ability to pay, merely à matter of time.

All the great nations engaged in the

conflict have found it necessary to make the income tax one of their principal sources of revenue. Among the mine striking evidence of the will to win in these times of sacrifice, is the spirit with which the people of rests the major portion of the war's financial burden—are going about the work of supplying the sinews of war. States are as cheerfully doing their part and it is a foregone conclusion that the people of Canada, already inured to sacrifice, will make of the \_\_\_ income tax an oppurtunity to serve the holiest cause which has ever en-2 prs. socks gaged the attention of mankind. Like the fathers of the American

Revolution, the free peoples of the earth have dedicated their lives, their fortunes and their sacred honor," LEMONS WINTEN AND to the cause which they espouse.
The call upon the fortunes of the people of Canada is to take the form Make to of a graduated tax on all incomes of your \$1,500 and over, enjoyed by all unmarried persons or widows and widowers without dependent children, and to of \$3,000 and over, enjoyed by all by

other persons, as well as by all corporations and joint stock company. The Department of Finance is now calling for the filing of the necessary the 31st of March. While penalties for failure to carry out the requireconfidently expected that the people of Canada jealous of their rights to a play a major role in the conflict, will trespond to this latest call in a spirit m

of quiet patriotism. Miss Rosie Gallant Mrs. Harry Wilson Mrs. Evan Price Mrs. Grace McAllister Miss Duffy Mrs. Geo. Duncan Mrs. E. Sullivan Mrs. Scott Moffat Mrs. A'cx. Henderson Mrs. Alex. Ferguson 5 prs. socks Mrs. Alex. McBeath Miss Emmeline Hoar 4 prs. socks Mrs. Duncan Connell Mrs. Duncan Connell 4 prs.socks Mrs. Wm. Flann 2 prs. socks Mrs. Ault

Mrs. H. Anslow Mrs. Trueman 7 prs. socks Mrs. Jos. Stephens Mrs. A. F. Chamberlain 36 11 prs. socks Mrs. H. F. McLatchy Miss Laura Carte Mrs. Carte Mrs. John McLean Mrs. Hugh Miller Mrs. Francis Gallagher

Mrs. Babcok

Mrs. John Kerr Mrs. A. F. Chamberlain 15 prs. socks omitted some time ago. The Association wishes also to acknowledge with thanks the following cash donations:-

Athol quarter day Collection \$25.00 Oak Bay Mills Point a la Garde North Escuminac and Aboyne 25.13 Escuminac Flats and Fauvel 53.30 4.00 Boys Curling match 1.25

Cameron Adams 8.00 Donation from Quebec. Practical appreciation counts most at this time. So think the friends of the Soldiers Comfort Association on the Quebec Side.

Last week Miss Margaret Fair handed in to the Campbellton S. C. A. the neat sum of \$195. This amount had been raised by the different branch societies in the following places: Oak bay Mills, Point a la Garde; North Escuminac, Aboyne, Escuminac Flats and Fauvel: S. C. A. wish to thank these districts for their generous contribution.

Go to a woman, thou man, considerher ways as a bargain hunter and save your money.



At 50 years of age THE KIDNEYS NEED HELP

THE PULMONARY TONIC



Quickly Relieves Headaches Neuralgia

Hay Fever Catarrh Anyone troubled with

ore, tired or aching feet should use Mentholatum according to the directions Always keep a jar handy.

Mentholatum Is sold and recommended

by the leading druggists oughout the Maritime Provinces. 2 sizes-25c and 50c

Send 3c in stamps for generous size sample.

The Mentholatum Co. Bridgeburg, Ont.