## On the Up Grade.

You know what the Engineer does "on the up grade" when the train pulls hard—his is not the only case where it pays to use "sand." Is business dull? Does your courage falter? Take a fresh grip if you want to turn the corner, and use your "sand." Have courage. Send along to us for some helpful, business-bringing cards and leaflets, and make up your mind that you can do what others are doing-building up business with these two trade tonics.

Greig's Crown Brand Extracts

Having unequalled strength, and hence, very economical for a woman to use. Rich and pure and "true to nature" in the 40 different fruit, flower, and spice flavors that they represent.

Tastefully put up in Glass Stoppered Bottles, but not at the expense of their high quality-rest assured of that.

THE GREIG MANF'G CO. ROBERT GREIG & CO., AGTS., MONTREAL.

It does'nt take much courage to lay in a stock of John Mackay & Co's Essence of Coffee and Chicory-right now. Those "Cereal Coffees" lack the prime requisite of a real coffee flavor-this extract has the genuine coffee flavor in all its glory. The chicory is absolutely pure—the combination is matchless as a ready seller.

John Mackay's Coffee and Chicory

ROBERT GREIG & CO., AGTS., MONTREAL.

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