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e at Drug Stores OYD WOOD, - Canada CHATS WITH YOUNG MEN

KIND WORDS OF WARNING AND INSPIRATION FOR YOUNG MEN INSPIRATION FOR YOUNG MEN
One of the saddest experiences common in city charity work is the constant meeting of men who are the victims of their own improvidence. Such men may be grouped in two great classes: First, those out of work; second, those who are working, but making no progress. As I have talked with many men of both classes, it seems to me that their difficulties may be classed under three heads: First, when making money they do not systematically save; second, they do not use their leisure time for self-improvement, which will enable them to change employment or to advance, and third, they do not cultivate friends, nor do they maintain close touch with those who are in a position to encourage and help them in time of extremity.

to encourage and help them in time of extremity.

No young man truly lives who does not sooner or later, turough his own efforts, provide for his maintenance and development, as well as for the maintenance of those who are justly dependent upon him. A life of idleness or of dependence upon wealth accumulated by others is a mockery. While it is true that every young man should lated by others is a mockery. White it is true that every young man should earn his living as he goes, it is equally true that he, during the period of his manly vigor and greatest opportunity, should lay aside systematically, either in bank account or safe investments, a sufficient amount to care for him in times of emergency and in the days of his decline.

Secretary of the secret no use making an effort to be or to do anything.—W. M. W., in the Pittsburg Catholic.

THE TRAGEDIES OF FEAR

PANICS Fear is one of the most deadly in-struments for marring human lives. It has a paralyzing, blighting influence upon the whole being. It impoverishes the blood and destroys health by im-

RHEUMATISM, NEURALGIA and any painful affliction promptly relieved by

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a sate, pleasant, antiseptic imment. Penetrates to seat of trouble, healing and soothing. Also removes cotting and soothing also removes cotting and soothing. Also removes cotting and soothing also removes cotting and soothing. Also removes cotting and soothing also removes cotting and soothing. Also removes cotting and soothing also removes cotting and soothing. Also removes cotting and soothing also removes cotting a

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pairing the digestion, cutting off nutri-tion, and lowering the physical and mental vitality. It crushes out hope, kills courage and so enfeebles the mind's

action that it cannot create.

Fear kills initiative. All work done when one is suffering from a sense of fear or foreboding, has little efficiency. Fear strangles originality, daring, bold-ness; it kills individuality, and weaken all the mental processes. Great things are never done under a sense of fear of some impending danger. It depresses normal mental action, and renders one-incompile of acting wheely in an emer-

in bank account or safe investments, a sufficient amount to care for him in times of emergency and in the days of his decline.

Young manhood seems blighted today by the pernicious habit of living in advance of one's income, anticipating in a dangerous way, the uncertain future. The expending of money on useless frivolities, the loading oneself down with desirable but oftentimes unnecessary things, purchased on the instalment plan, the careless loaning of money and reckless investing, together.

It is well known that people often die

OUR BOYS AND GIRLS

THE POPE AND THE CHILDREN Ever since the elevation of Pius X. the halls of the Vatican have echoed frequently with the voices and laughter of children. Pius X. loves to have them about him, he delights especially to receive them on the occasion of their first Communion, and one of the most touching and beautiful of sights is to see him a Sauday morning in his white robes ing and beautiful of sights is to see him a Sunday morning in his white robes and with his white hair, surrounded by hundreds of little ones dressed in white veils on their heads, fresh from the altar rails, and listening to the fervorino he is delivering, and every word and phrase of which is within the comprehension of the smallest of them. Many thousands of the growing boys and girls of Rome are wearing the little silver medal he gave them on that happy morning, and are wearing the little silver medal he gave them on that happy morning, and will carry through life with them the memory of their first audience with His Holiness. But there was a special interest and a touch of deep pathos in the children's audience of a recent Thursday. There were about four hundred of them, girls and boys, in the Sala Ducale and before he apneared among them. and before he appeared among them, not all the efforts of the few grown-ups

not all the efforts of the few grown-ups among them could keep them still.

They were apparently the happiest and most mercurial children in the world, and you would never have imagined that every one of them and their pre-sence there in the Palace of the Popes represented one of the greatest tragedies in all history. This time last year they belonged to over a hundred homes in Calstalment plan, the careless loaning of money and reckless investing, together with the waste of gambling—these things, so common in our day, are steadily eating up the financial reserve of our young men, and keep them constantly facing the menace of poverty, dependence and disgrace. The young man who is always at his wits' end as to how to get money enough to meet his abnormal obligations is subject to severe temptations to unfairness, dishonesty and theft. The man who lives within his income, who does not mortage the future, who constantly lays aside something, even at a sacrifice in present comfort, is, after all, the man freest from temptations, the most settled in his life and the most content in his work.

The second form of improvidence—these deads during a stampede in a crowded theater when there is an alarm of free, it is and all history. This time last year they belonged to over a hundred bones in Callabria, and it is well known that people often die under the influence of fear, as witnessed by the frightful havoe it has played during epidemics of great pestilences of the rightful havoe it has played during epidemics of great pestilences of the sacrification of greatest tragenes free and all history. This time last year they belonged to over a hundred homes in Callabria, and sicily, with fathers and mothers to water over them—a fortnight later they were developed all the symptoms of cholera or some other day were found wandering fortorn amid scenes of death and bleeding, from the ruins of their houses in which fathers and mothers, brothers and sisters, had perished on that fatal morning of December 28. There were four hundred of them in the Vatican on Thursday, and there are ten times that number housed mechanical change in the brain and necessarily the proper with such terrific force that whole masses become temporarily instanctions of the most of the orphan, but the four hundred are not the proper with the

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erson. Who is Nellie?"
"Nellie's our dog," asswered the spokesman, "and you've got her locked up here and her five puppies are home "Well, you may say what you please,"

has ever been recorded.—Chicago New World.

DOG AND BOYS MADE HAPPY
Eleven boys, the oldest thirteen and the youngest six, walked Indian file into the East 104th street police station and ranged themselves in front of the desk.

"Please, Mister," said the spokesman of the delegation, we've come after Nellie.

"Nellie?" reported Lieutenant Masterson. Who is Nellie?"



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