

HOUSE AND HOME

CONDUCTED BY HELENE.



BOYS' RUSSIAN SUIT, Paris Pattern No. 2564.

All Seams Allowed.

Serge, broadcloth, Venetian cloth, chevot, tweed or mohair are all suitable materials for the development of this jaunty little suit...

True Witness Paris Patterns

PATTERN COUPON

Please send the above-mentioned pattern as per directions given below:

Form with fields for Name, Address, and other details.

You know that there are some people who are never willing to shine at all unless they can be regular light-houses and cast abroad a great light that everybody can see...

BEAUTY'S BACKGROUND.

Lady Auckland, who has opened an antique furniture shop in London, has a theory that a woman's beauty depends no more on her skin, hair, bearing or even dress than it does

on her background her surroundings. She must have her house furnished to match her complexion. The paintings of the old masters are the best guide to artistic furnishing...

WHAT DO OUR BOYS READ?

Catholic fathers and mothers, how often do you stop to ask yourselves this question? Do you know what your boy is reading? Have you asked him the name of the book in which he sees...

many of our modern novels. Are you anxious to have your children feed their minds upon these husks that are unfit for swine? Perhaps you have not read these books yourself. So much the better. But this cannot serve as your defence...

Every book which your boy brings into the house should be first submitted to you for inspection, and the slightest doubt as to its moral soundness should be sufficient to cause you to forbid the reading of it at least until you have made inquiries...

Does your boy read the detailed stories of crime that glare out at us from the pages of the average daily and Sunday papers? Do you permit this? Would you be proud to confess it to the world? Can you hope to keep his mind unsoiled, to keep him faithful to the precepts of God and Holy Mother Church...

SECRETS OF A HAPPY LIFE.

On the walls of an old ladies' home hangs the photograph of a womanly face of rare sweetness, strength and serenity. The key to this life is found in the following set of rules, tastefully printed and enclosed in the same frame with the photograph:

You sometimes see a woman whose old age is exquisite, as was the perfect bloom of her youth. She seems condensed sweetness and grace. You wonder how this has come about; you wonder how it is that her life has been a long and happy one. Here are some of the reasons:

She understood the art of enjoyment. She kept her nerves well in hand and inflicted them on no one. She believed in the goodness of her own daughters and in that of her neighbors.

She cultivated a good digestion. She mastered the art of saying pleasant words. She did not expect too much from her friends.

She made whatever work came to her congenial. She retained her illusions, and did not believe that all the world was wicked and unkind. She relieved the miserable and sympathized with the sorrowful.

She retained an even disposition and made the best of everything. She did whatever came to her cheerfully and well. She never forgot that kind words and a smile cost nothing, but are priceless treasures to the discouraged.

She did unto others as she would be done by; and now that old age has come to her, and there is a halo of white hair about her head, she is loved and considered. These are the secrets of a long life and a happy one.

Whatever the weather may be, says he, "Whatever the weather may be, it's the song ye sing and the smile ye wear. That's a makin' the sunshine everywhere." —James Whitcomb Riley.

MICE DON'T LIKE CAMPHOR. Country people long ago discovered that lumps of camphor scattered through their pantries and cellars would drive away the pest of tiny red ants that sometimes and without apparent cause infest places where food is placed. It is now known that mice and rats also have an aversion to camphor, and will not go where it is. A lump of it placed at the mouth of rat and mice holes while waiting for the carpenter is a sufficient deterrent. If one is in the habit of placing tablecloths in hamper to wait for washing day, a lump of camphor in a cheesecloth bag tied to the hamper will keep mice away and always be in its place.

INDIAN GIRL TELEGRAPHERS. Acting upon the recommendation of the telegraph committee, the Indian Government has just authorized the employment of women operators. The candidates must be between eighteen and thirty years of age, and they must be unmarried or widows. They must undergo a training of twelve months in the telegraph training classes, during which time they will receive \$6.65 a month, the same allowance that is drawn by mail learners. Selected candidates on leaving the training classes will be on probation for one year. Upon appointment they will receive salaries varying from \$10 to \$26.65, which are very high considering the scale of living expenses in India. There will be pensions, with no liability to transfer; but resignation will be compulsory in the event of marriage. —Harper's Weekly.

WHAT TO DO WITH SCRAPS OF VELVET.

Don't throw away your scraps of velvet. They can be used as cleaners for all sorts of things. Anyone who has tried to keep a velvet hat or frock clean does not need to be told it is a dust collector. This trying trait may be turned to account. A bit of velvet is a fine polisher for brass. It removes the dust from woodwork, or shoes soiled from walking which do not need reblacking. One housekeeper even uses a big piece of old velvet to rub her stove to a high polish after it has been blacked. For dusting a felt hat there is nothing better than a piece of chiffon velvet. It is also good to keep the bottom of a silk skirt free from dirt.

NEW CANDLE SHADES.

Very pretty candle shades are made in the simplest possible way. The frame is merely two wire circles—an umbrella shaped affair, with no angles whatever. The cover is a circle of cretonne about six inches bigger in diameter than is the frame. Around the edges of this cretonne is sewed a fringe of glass beads which is heavy enough to hold down the cover and to cause it to fall in graceful folds. Another circle is cut from the centre of the cover just the size to fit around the frame. The cover is then fastened at the inside circle to the frame by a binding of gold braid. The mica shade, of course, fits on the stand entirely independent of the candle shade. The great advantage of the shade lies in the fact that, unlike most of its kind, it need not be fitted to the frame, nor are there seams to be finished on the underside. Bead fringe may be bought by the yard, and wire frames are extremely inexpensive.

Should handsome shades than cretonne be desired the cover may be of brocaded silk or a heavy silk of a solid light color. The fringe might then be either gold or silver, while the braid at the top would, of course, match it.

BUTTERFLIES, GARNETS AND SEED PEARLS AMONG FANCIES.

Jewelry made of butterfly wings set under crystal comes in pendants, scarfpins and buttons.

The pendants resemble those enclosing four-leafed clovers. They, like all the butterfly jewelry, are brilliant with color. At first glimpse the scarfpins could pass for opals. One pendant gleams with peacock blues and greens, another with flame colors.

Seed pearls are very much to the front this season. The newest necklaces are a single string of the little pearls supporting amethyst, topaz or turquoise—matrix pendants hung at wide intervals. Variations on this simplest form are shown in models that have a little loop of the pearls from the main strings with the pendant attached to gold links that pass about the strings. Gold or silver ornaments elaborately set with variegated semi-precious stones are quite as much seen as the drops of plain stone.

Rope necklaces in seed pearls revive an old fashion. Some come very long at the throat or at the bust. Rope necklaces come in many degrees of thickness. Some have only three or four strings in the rope, others a dozen or more.

Seed pearl earrings come in elaborate forms with long pendants. The rosette trooches will send many women to their boxes of old out of date jewelry. They are identical with the old-time brooches, which are no longer out of date at all. Another revival is the vogue for garnets. Garnet jewelry comes in all the forms now in demand in other kinds of jewelry.

Enamelled birds with outstretched wings promise to be among the most liked veil and lace pins. Gulls and swallows four inches from wing tip to wing tip are favorite models. They are colored from life. In some the enamel is set with brilliant—New York Sun.

HOW TO CLEAN GOLD ORNAMENTS.

Gold ornaments unadorned with gems should be washed in warm soap-suds. Gold link chains may be cleaned by placing them in a bottle half full of warm soap-suds mixed with a little prepared chalk. Leave for a few hours and shake. Pour the lather off and rinse the chain in clean, cold water and dry it thoroughly.

SKIN DISEASES

These troublesome afflictions are caused wholly by bad blood and an unhealthy state of the system, and can be easily cured by the wonderful blood cleansing properties of

Burdock Blood Bitters

Many remarkable cures have been made by this remedy, and not only have the unsightly skin diseases been removed, and a bright clear complexion been produced, but the entire system has been renovated and invigorated at the same time.

SALT RHEUM CURED.

Mrs. John O'Connor, Burlington, N.S., writes: "For years I suffered with Salt Rheum. I tried a dozen different medicines, but most of them only made it worse. I was advised to try Burdock Blood Bitters. I got a bottle and before I had taken half a dozen doses I could see a change so I continued its use and now I am completely cured. I cannot say too much for your wonderful medicine."

TO TALK WELL.

Don't speak in a low, monotonous voice. Conversation is like a song. It needs pronounced accent and a great variety of intonations to keep up a sustained interest.

Don't tell long stories of personal experiences. One who has the habit of making personal recitals takes the lion's share of the conversation and doesn't give a listener a chance. Don't ask trifling questions. Don't air your prejudices. Neither contribute to the grace of conversational art, the essence of which should be sympathy.

Don't talk of melancholy or grievous matters. Give the talk a happy turn. Don't ride conversations too hard. Leave breathing spaces in the talk. It is not essential that every moment two people are together should be filled with a flow of words.

Don't deaden and hinder the conversation by being too accurate over details. Don't go back and add appendices to a subject after you have once left it. If the subject was not closed to your satisfaction, no matter.

Don't run one story into another. When you have told a good story stop short in order that its effects may tell. A good story should be set off by a blank or dull space in the talk.

Don't make a point agreeing with every speaker. The real zest of conversation lies in just enough difference of opinion to bring out the strong points of two people's character. There is nothing more genial than the warmth of friendly discussion which never rises to anger.

Don't harp too long on one string. Change to another topic before the one in hand is quite thrashed out. To turn the conversation gracefully is like reversing in the waltz, a nice point of skill.

Don't affect a stilted style of conversation. The longest words are by no means the best words. Every day idioms and colloquialisms have a directness and terseness that commend themselves to the really good talker.

APPLES AS MEDICINE.

An English doctor says: "It will beggar a doctor to live where orchards thrive."

An apple eater is rarely either dyspeptic or bilious. The apple is an excellent dietetic remedy and corrective, acting beneficially upon the liver. It will correct a sour stomach almost immediately. It is invaluable in curing hemorrhoid disturbances and prevents the development of stones in the bladder and liver. It is a good preventive of sore throat, and because of the abundant amount of phosphorus that it contains, possessing more of this element than any other fruit or vegetable, it is regarded as a valuable brain and nerve food.

The "apple cure" is now popular in many of the sanitariums of Germany, where alcoholic and narcotic patients are treated. A diet of apples and apple juice is provided for those who are cursed with a craving for opium, drink, tobacco and drugs, and many remarkable cures have been reported.

Punny Sayings.

Hopeful standing in a brown study by the greenhouse door. His hands were clasped before him, and his lips were delectably parted.

"Why, what's the matter, lamb?" mother asked bending over him.

"I'm finking, muvver."

"What about, my little man?"

"Have gooseberries any legs, muvver?"

"Why, of course not, dearie!"

A deeper shade fell thwart dearie's face as he raised his glance to her.

"Then muvver, I've swallowed a caterpillar!" —Harper's Weekly.

Teacher—"Johnny Jeffs, what is a dromedary?" Johnny Jeffs—"Please, teacher, a dromedary is a two-masted camel."

TOO CHEAP.

The class at Kirk had been reading the story of Joseph and his brethren, and it came to the turn of the visiting minister to examine the boys.

The replies to all of his questions had been quick, intelligent and correct, such as:

"What great crime did these sons of Jacob commit?"

"They sold their brother Joseph."

"Quite correct. And for how much?"

"Twenty pieces of silver."

"And what added to the cruelty and wickedness of these bad brothers?"

A pause.

"What made their treachery even more detestable and heinous?"

Then a bright little fellow stretched out an eager hand.

"Well, my man?"

"Please, sir, they sold him over cheap."

We Need Bazins.

Readers of our book review department know that lately we have been devoting some time to a study of the works of Rene Bazin, who stands today at the head of Catholic writers the world over, says the Monitor, the official organ of the archdiocese of San Francisco, adding: Bazin's position in the world of letters—or better, in the world of Catholic activity—is in many respects a remarkable one, especially when we consider American conditions.

France at the present day stands shamed before the universe for her cruel anti-Christian persecutions. Yet France has produced this great writer, who is without doubt the most able modern Catholic wielding the pen. His books are frankly Catholic, aimed boldly, and directly, at conditions working inimically to the Faith. And they are producing a profound effect on the people who are intended for, as well as on the world at large.

One marvels, perusing the pages of "The Nun," of "Redemption," of "The Coming Harvest," how Bazin dares to speak as he does. He makes no bones about asserting his religion. And he strikes boldly, right and left, showing up the worldly-minded cleric as well as the blind and unreasoning anti-Catholic. In such works as "The Harvest," for instance, he reaches the most sublime heights of spiritual passion. Words such as the saints have uttered for the salvation of souls. Yet just as keenly does he see and reveal the failure of those pastors who have failed in their sacred ministry.

What American author would dare to write as Bazin does? What writer have we who possesses the courage, to deal with a great, national theme, frankly and openly as a Catholic? Where is the novelist here who will picture life and love as truthfully and simply as Bazin?

All the world is reading Rene Bazin. He is doing great things. The same great things are here in America to do. They must be accomplished by a vital Catholic literature. Who will do them? Will they ever be done? Not while the present day milk-and-water style of hennegraving in out Catholic literature prevails.

To Regulate the Bowels

Keep the bowels regular. This is the first and most important rule of health.

You can depend on Dr. A. W. Chase's Kidney-Liver Pills to help you carry out this rule.

Their effect, prompt and thorough movement of the bowels and as they do not lose their effect, the dose does not have to be increased.

By their enlivening action on the liver they positively cure biliousness and constipation.

"I have used Dr. Chase's Kidney-Liver Pills for constipation with most satisfactory results. They have also cured a young man here of backache, from which he suffered a great deal." —Mr. Peter McIntosh, postmaster, Pleasant Bay, N.S.

There is no question as to the efficiency of this well-known family medicine. One pill a dose, 25 cents a box. At all dealers, and Edman-son, Bates & Co., Toronto.

Dr. A. W. Chase's Kidney-Liver Pills

The Physician's Story.

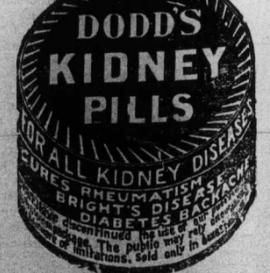
L'Action Sociale, the excellent Catholic daily, of which His Lordship Bishop Roy, of Quebec, is the director, publishes the following. It shows, better than any amount of invective or preaching could, the terrible dangers of the use of alcohol.

It was a winter's night, the wind whistled fresh and strong, the cold was biting. In a tavern several men were gathered drinking alcohol. In comes a young man about twenty-five years of age, who called for a glass of light beer. The others began to mock and laugh at him, to such an extent and so successfully that the unfortunate young man, whose lips, up to that time, had never known the taste of strong liquor, was overcome and he offered a bet that he could drink down a one pip a full glass of gin. He accomplished the feat and turned to leave the place. Hardly had he reached the door, however, when he was seized with cold, became dizzy, and fell like a log. I was called in great haste but on my arrival all that I could do was to establish that he was dead, a victim of congestion of the brain, brought on by alcohol.

"DR. VAN EMELIN."

Edwin and his mother went for a walk Sunday afternoon. Coming to a tree of cherries, the mother bent a low limb so that the little fellow could pick some. Seeing some fine ones higher up, he begged to be allowed to climb the tree. "Oh, no," said his mother, "that would be breaking the Sabbath."

"And we are only cracking the Sabbath now, are we, mamma?" inquired Edwin.—Delineator.



"Healt

PASTEURIZ

Heating milk hot enough to it may contain... Pasteurized milk should be heated to 14 minutes or to 15 minutes or to 20 minutes or to 30 minutes or to 45 minutes or to 1 hour or to 2 hours or to 3 hours or to 4 hours or to 5 hours or to 6 hours or to 7 hours or to 8 hours or to 9 hours or to 10 hours or to 11 hours or to 12 hours or to 13 hours or to 14 hours or to 15 hours or to 16 hours or to 17 hours or to 18 hours or to 19 hours or to 20 hours or to 21 hours or to 22 hours or to 23 hours or to 24 hours or to 25 hours or to 26 hours or to 27 hours or to 28 hours or to 29 hours or to 30 hours or to 31 hours or to 32 hours or to 33 hours or to 34 hours or to 35 hours or to 36 hours or to 37 hours or to 38 hours or to 39 hours or to 40 hours or to 41 hours or to 42 hours or to 43 hours or to 44 hours or to 45 hours or to 46 hours or to 47 hours or to 48 hours or to 49 hours or to 50 hours or to 51 hours or to 52 hours or to 53 hours or to 54 hours or to 55 hours or to 56 hours or to 57 hours or to 58 hours or to 59 hours or to 60 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