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applica-RARAAAA kind to go off in: Then Mrs. Bol-ly all that had.

y address in that. she had funsa 9 Hooper street, ou'll make some some cold meat. 5, I'll have Mary

if she will not ll right," he an-

You just write her you're sorry tomfoolery. You " he laughed as peas. " I'll "et. peas. rs. Bolton two vas slowly recov-attack of what d "over-worked her little book table is worth a

he 'Imitation.' ary. "Oh, yes, der than that, noit Mary; I want

it Mary: I want t quotation right the club meeting Dh. Mary." she eturned with the r forget how the wey think of me?" "am." said Mary rou courage to do ist listen to this, aced another pil-lton's head. "Be-be spoken againt be spoken againt invented, what if thou sufferedst-lest no more reck-f a note? Could ck as much as one ?'

nber reading that, olton as she sank ows and smiled beautiful."



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VIS & SON.

the Fair Sex !

PERFECT BUSTS by th

se only Powder that as-presentiet development ithe bust within three contar, and ourse Dre-mentar, and ourse Dre-mentar, and ourse Dre-

per boz, with di-Agent for the

Our Boys and Girls. us instantly crush the beginnings of envy, jealousy and hate in our hearts, never allowing the day to close on a bitter feeling. The hour of evening prayer, when we bow at God's feet, should always be a time for getting right everything that may have gone wrong with us dur-ing the day. Then every injury should be forgotten when we pray, 'Forgive us, as we forgive.' Then every spark of envy or jealousy or anger should be quenched, and the love of Christ should be allowed to flood our hearts. We should never allow the sun to go down on our anger. THE OLD, OLD HOME. When I long for sainted memories, Like angel troops they come, If I fold my arms to pondar On the old, old home, The heart has many passages, Through which the feelings roam, But its middle aisle is sacred To the old, old home.

Where infancy was sheltered, Like rosebuds from the blast; Where boyhood's brief elysium In joyousness was pass'd; To that sweet spot forever, As to some hallowed dome, Life's pligrim bends his vision— 'Tis his old, old home.

A father sat, now proudy. By that hearthstone's rays, And told his children stories Of his early manhood's days; And one soft eye was beaming. From child to child 'twould roam Thus a mother counts her treasures In the old, old home.

The birthday gifts and festivals, The blended vesper hymn (One dear one who was swelling it Is with the Scashimo, "The fond "good-night" at bed time, How quiet sleep would come, And hold us all together, In the old, old home.

Like a wreath of scented flowers, Close intertwined each heart, But time and change in concert Have blown the wreath apart; But sainted memories, Like angels, ever come, If I fold my arms and ponder On the old, old home.

THE DOCTOR'S OPINION. -

A father sat, how proudly,

to go down on our anger.

SHORTNESS IN LIFE.—The weak-ness and folly of childhood, the van-ity and vices of youth, the bustle and care of middle life, and the in-firmities of old age (if we live to be old), what do they leave us? A short life indeed! Yes, man has a soul of vast desires. He is capable of much, and aims at more. Many things he can not attain, and many more are not worth the pains. Oh, it is a pity that he should not know how to choose the good and refuse the evil! How to make the most and best of so short a life. SHORTNESS IN LIFE .--- The weak

CHEATING DOESN'T PAY .--- In

CHEATING DOESN'T PAY.—In a well-known town in the Midland counties resided two friends, who were very fond of practical jokes, and bore the character of being "two 'cute' uns." Their eleverness, however, did not save them from be-ing "landed" with a bad two-shil-ling piece. A consultation took place between them as to how to get rid of the false coin. "Let's go to the theatre," said one; "it's only sixpence to the pit. I'll try it, and follow me; we shall have our night's amusement and be a shilling to the good." "Agreed," said the other. No, I tendered his counterfeit coin at the doors of the temple of the drama, which was taken without examina-tion, is. 6d. being given in change. No. 2, seeing his friend had safely passed the money-box, went up gleefully and put down the first coin he could take from his pocket. It was half a crown. Imagine his consterna-tion on receiving the change—the bad two-shilling piece. VALUE OF EVENING HOURS. — Boys seldom redize the value of the evening hours. If profitably em-ployed, the spare hours at the com-mand of every boy and girl would render them intelligent and equip them for a life of usefulness. If these spare hours are wasted, the oppor-tunity for securing an equipment for life may never return. Increasing years mean increasing duties gnd ex-acting demands upon one's time. The boy who spends an hour of each evening lounging idly on street cor-The boy who spends an abur of each evening lounging idly on street cor-ners wastes, in the course of a year, 365 hours, which, if applied to study, would acquaint him with the rudi-ments of the familiar sciences. tion on receiving the change-the bad two-shilling piece.

RULES FOR DAILY CONDUCT. There are quite a number of our young folks who don't appear to have any fixed rule in life, who seem to run headlong into everything, and afterwards find themselves in a dil-emma surrounded with innumerable difficulties. Now we would suggest a few rules that would surely make them more content with themselves them more content with themselves them more content with themselves, and more at peace with others, and more pleasing in the sight of God. 1. Never speak unkindly of any-body. 2. Never step over one duty to

THE DOCTOR'S OPINION. — "I wish," said the doctor the other day, as he watched a group of school-children troop out of a candystore, where they had been spending their pennies, " that I could form a so-ciety among little folks in which each member would take a pledge to spend all his pocket-money for fruit instead of candy." It seemed a fun-ny way of putting it, didn't it? But the physician was very much in earnest, and at the moment it prob-ably occurred to him that, as chil-dren like clubs, an anti-candy club would be a very good one for them. ably occurred to him that, as chil-dren like clubs, an anti-candy club would be a very good one for them. He wanted to do two things — to stop their eating the unhealthful sweet, and to coax them to eat more fruit. An apple or a banana or an orange can usually, one or the other of them, be bought for the price of a little candy, and the fruit is much better in every way than the sweet. A Never go where you wouldn't have your best friend follow you. 5. Never envy another's good suc-cess. 6. Act the gentleman or lady at all times and on all occasions. 7. Remember that whatever good you may do is from God and return

fruit. An apple or a banana or an orange can usually, one or the other of them, be bought for the price of a little candy, and the fruit is much better in every way than the sweet.
A HAPPY DAY.—"Let not the sum go down upon your wrath." Let
b. Never envy another's good success.
6. Act the gentleman or lady at all times and on all occasions.
7. Remember that whatever good you may do is from God and return thanks to Him.
8. Be proud of your faith, and uphold it by word and example.

HOUSEHOLD NOTES.

THE HAPPIER HOME. — Which home becomes most endeared to the heart of husband and wife—the one ready-made, wherein everything need-did is at hand and every want can be colander and set in the over (or a

toast lightly buttered, or in addition to the butter and a little salt, pour not water or milk on it just before erving.

THE TRUE WITNESS AND CATHOLIC CERONICLE.

Water in which a chicken or mut-ton has been boiled may be used for soup, but it is often thrown into the sink regardless of the grease that is in it, and as a consequence the drain pipe gets stopped up, and before one knows there is a plumber's bill to be paid. This is only one case out of hundreds where one extravagance grows out of another.

grows out of another. There are many persons quite un-able to eat articles fried in lard who would find no inconvenience from those fried if beef fat. It is as whole-some as butter, and far better for the purpose. Butter is only good for frying things that are cooked in a very short time and require no de-gree of heat.

gree of near. Basting with butter is an essential part of the process of roasting poul-try, and the fire ought by no means to be so fierce as that for roasting a joint. All white fowls, be they a joint. All white fowls, be they tame or wild, should be roasted slowly. Black poultry, i.e., ducks and geese, require to be quickly roasted. Fish, poultry and game, if useful and popular on no other occasions, are infinitely so when appetites fail. No other provision afford so many varieties of dishes which are both nutritious and pleasing; no others are equalled relished.

A LITTLE PHILOSOPHY .--- It is A LITTLE PHILOSOPHY.—It is the way we look at things and take them that makes troubles of any kind bearable or absolutely unbear-able. If we have burdens, we must take them up and carry them, what-ever they are, with all our hearts and all our streagth or they will do ever they are, with all our hearts and all our strength, or they will al-ways be under foot and tripping us up, and making us fall and stumble; but, picked up and shouldered, even if we stagger for a while they often turn out to be much easier to carry, and not half so heavy as they had appeared to be while we stood and looked at them. This is a recipe which needs personal trial before one can understand its value.

BAKED BEANS occupy a deserved-ly high place in the list of nutritive foods, but some persons are unable to partake of the dish because it causes indigestion. This may arise from one of two causes; either the beans have not been sufficiently cook-ed or they are old beans. Never buy beans without seeing that they are ed or they are old beans. Never buy beans without seeing that they are fresh and plump looking and evident-ly of this year's crop. Old dried beans are, if eaten, little less than deadly in their effect. Unscrupulous grocers will try to dispose of a left-over supply, and the housekeeper who buys blindly may be imposed upon. Sometimes the old beans are mixed with the new ones, but even this fraud may be discovered if the pur-chaser looks carefully at what he is buying. If mixed there will be a perbuying. If mixed there will be a per-ceptible difference in the appearance of the beans, which can readily be noticed by scanning a handful. If this is seen, avoid the whole lot and go elsewhere.

APPLE TART.—On city tables, at least, the deep fruit tart, similar to those that are served in England, has largely supersoded the old-fashioned American pie. The absence of crust, except on the top of the tart, makos it a wholesome dish, and the gener-ous amount of fruit used is a great improvement, over the meagree supply ous amount of fruit used is a great improvement over the meagre supply usually found in the pie. A variety of apple tart that is sure to be liked is made by filling a deep baking-dish with apples that have been pared and cored, adding a teaspoonful of lemon juice, a cup of sugar, a tiny bit of grated lemon peel and enough water to cover. Stew gently till the apples are tender, then fill the core spaces with peach marmalade, and put spoonfuls of the same sweetmeat between the apples. Lay a thin light crust over the top and bake. Serve crust over the top and bake. Servi warm, not hot, with whipped cream

electrician, has a high opfinion of women as machinists. He says that women acquire more fine sense about machinery in one minute than most men do in a Mtetime. The distinguish-ed mechanician, it is explained, sup-ports the theses in a practical way, in that he employs about 100 women workers, for he prefers them as ma-chinists, for the delicate details of his electrical inventions. As women are shown to have

As women are shown to have brains even capable of great inven-tions, the old reproach of their lack of inventive power ought now to be forgotten.

The inventor's help of Messrs. Ma-rion & Marion, patent actorneys, Montreal and Washington, contains all the information required by in-ventors. Send 10 cents for such use-ful book.

A WOMAN'S FACE PLAINNY INDICATES THE CON-DITION OF HER MEALTH.

ity Dhappears When the Eyes are Duil, the Skin Sollow, and Wrinkles Begin to Appear-How One Woman

Regained Health and Comstiness.

Almost every woman at the head of a home meets daily with innumer-able little worries in her household affairs. They may be too small to no-tice an hour afterwards, but it is nevertheless these constant little wor-ries that make so many women look prematurely old. Their effect may be noticed in sick or nervous headaches, fickle appetite, a feeling of constant weariness, pains in the back and loins, or in a sallow complexion, and the coming of wrinkles, which every woman who desires comeliness dreads. To those thus afflicted Dr. Williams' Pink Pills offer a speedy and certain cure; a restoration of color to the cheeks, brightness to the eye, a healthy appetite, and a sense of freedom from weariness. Among the thousands of Canadian

who have found new health

anted, and the mentions I used due not help me, I despaired of ever re-gaining health. There were very few days that I did not suffer from vio-lent headaches, and the least exer-tion would make my heart palpitate distinct due to the sufficiency distinct

lent headaches, and the least exer-tion would make my heart palpitate violently. My stomach seemed disor-dered, and I almost loathed the food I forced myself to eat, I was very pale, and frequently my limbs would swell so much that I feared that my trouble was developing into dropsy. I had almost constant pains in the back and loins. It was while I was in this sad condition that I read in the "True Witness" of the cure of a woman whose symptoms were much like mine through the use of Dr. Williams' Pink Pills. I told my hus-band and he urged me to try them, and at once got me three boxes. Be-fore I had used them all I felt bet-ter, and I got another supply of the pills. At the end of the month I was strong enough to do my household work, and before another month had passed I had entirely recovered my health. I am sorry that I did not learn of Dr. Williams' Pink Pills sooner, for I know that they would have saved me several years of sick-ness and misery, and I feel that I cannot too ströngly urge other sick women to tise them." The condition indicated in Mrs.

The condition indicated in Mrs. Poirier's case shows that the blood and nerves needed attention, and for this purpose Dr. Williams' Pink Pills are woman's best friend. They are particularly adapted to cure the ail-ments from which so many wonnen

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ESTABLISHED 1864.

Society Directory.

ST. PATRICK'S SOCIETY.—Estab-lished March 6th, 1856, incorporat-ed 1863, revised 1864. Meets in St. Patrick's Hall, 92 St. Alexan-der street, first Monday of the month. Committee meets last Wed-nesday. Officers: Rev. Director, Rev. J. Quinlivan, P.P. President, Wm. E. Dorar: 1st Vice, P. C. Shannon; 2nd Vice, T. J. O'Neill; Treasurer, John O'Leary; Corres-ponding-Secretary, F. J. Curran, B.C.L.; Recording-Secretary, S. Cross, residence 55 Cathcart street.

LADIES' AUXILIARY to the An-cient Order of Hibernians, Division No. 1.-- Meets in St. Patrick's Hall, 92 St. Alexander Street, on the first Sunday, at 4 p.m., and third Thursday, at 8 p.m.; of each month. President Sarah Allen; Vice-President, Statia Mack; Financial Secretary, Mary McMahan; treasur-er, Mary O'Brien; Recording Secre-tary, Lizzie Howlatt, 383 Welling-ton street.-Application forms can be had from members, or at the hall before meetings.

A.O.H.—DIVISION NO. 2.—Mester in lower vestry of St. Gabriel New Church corner Centre and Laprairie streets, on the 2nd and 4th Fridag of each month, at 8 p.m. Presidents, Michael Lynch; Recording Secre-Secretary, Thomas Donohue, 813 Hibernian street.—to whom all communications should be address-ed; Peter Doyle, Financial Secre-tary; E. J. Coller, Treasurer. Dele-gates to St. Patrick's League :— J. J. Cavanagh, D. S. McCarthy and J. Cavanagh. J. J. Cavanagh, D. S. McCarthy and J. Cavanagh.

A. O. H., DIVISION NO. 3.—Meets on the first and third Wednesday of each month, at No. 1863 Notre Dame street, near McGill. Officers : Ald. D. Gallery, president; T. Mo-Carthy, vice-president; E. J. Devlin, resording-sepretary, 1685 Ontarie street; John Hughes, financial-se-cretary; L. Brophy, treasurer ; M. Fennel, chairman of Standing Com-mittee; marshal, M. Stafford.

A.O.H.—DIVISION NO. 9.—Frest-dent, Wm. J. Clarke, 208 St. An-toine street; Rec.-Secretary, Jno. F. Hogan, 86 St. George street, (tor F. Hogan, 86 St. George street, (du whom all communications should be addressed); Fin_Secretary, M_ J. Doyle, 12 Mount St. Mary Ave. Treasurer, A. J. Hanley, 796 Pal-ace street; Chairman of Standing Committee, R. Diamond; Sentinel, M. Clarke; Marshal, J. Tivnan. Di-vision meets on the second and vision meets on the second and fourth Wednesday of every month, in the York Chambers, 2444a St, Catherine street, at 8 p.m.

T. ANN'S YOUNG MEN'S SOCIETT ST. ANN'S YOUNG MEN'S SOCIETT organized 1885.—Meets in its hall, 157 Ottawa street, on the first Nunday of each mouth, at 2.30 p. m.Spiritual Adviser, Rev. E. Strubbe C.SS.R.; President, D. J. O'Neill; Secretary, J. Murray; Delegator to St. Patrick's League: J. Whitty, D. J. O'Neill and M. Casey.

ST. PATRICK'S T. A. & B. SOCHETT Meets on the second Sunday of every month in St. Patrick's Hall, 92 St. Alexander street, immediata-ity after Vespers. Committee of Man-agement meets in same hall the first Tuesday of every month, at 8 p.m., Rev. S. C. Hallissey, Rev. Presi-dent: James J. Costivan. 1st Vice-President; W. P. Doyle, Scretary, 220 St. Martin street.

C.M.B.A. OF CANADA, BRANCH 26, —(Organized, 13th November, 1883.)—Branch 26 meets at Sta-Patrick's Hall, 92 St. Alexander Street, on every Mondayr of each month. The Fegular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Applicants for membership or any one desirous of information regarding the Branch may communicate with the follow. Ing officers:—Jas. J. Costigna. President; P. J. McDonagh, Record-ing "Secretary: Robt. Warren, Fin-.M.B.A. OF CANADA, BRANCH 26.

Among the thousands of Canadian and new strength through the use of Dr. Williams' Pink Pills is Mrs. Francis Poirier, of Valleyfield, Que. Mrs. Poirier was a sufferer for up-

sulted, and the medicines I used did

