

Shining for Cystic Fibrosis fight

BY LILLI JU

This year's Dalhousie Shinerama campaign, held on Thursday, September 5, has exceeded many expectations and broken many records. Shinerama raises money towards the fight against Cystic Fibrosis.

Cystic Fibrosis takes the lives of more children than any other inherited disease in Canada by attacking their digestive and respiratory systems. To date there is no cure. However, research continues to progress at a rapid pace. In August, 1989, the gene responsible for CF was discovered and only a year later (1990), the gene was 'corrected' under laboratory conditions. The implications of such research is astounding and more than ever, funds are needed to finally find a cure/control for CF.

Since July Shinerama organizers Craig McDougall and Trish Beckwith have been rushing to pull together a campaign that literally takes months of preparations. But with the help of a dedicated com-

mittee, they managed to pull off the best ever Shinerama campaign ever at Dalhousie.

To date \$22,000 has been raised. Over \$19,000 of this total is just from shining shoes. Can you imagine all the change counted that night? (There was over \$8,000 in just loonies!) The other funds were collected at shopping mall displays over the summer and one pub date where over \$1,500 was collected in voluntary cover charges. Also, this year's Shinerama campaign had a higher number of participants than any other year.

The top shiners on Shinerama day were Dave Doyle (who raised about \$390 and won a trip to Montreal), Abhi Samant, and Sara Tillett, who raised \$350 and \$280 respectively. Members of the Blitz Crew and clowns positioned on the Dartmouth side of MacDonald Bridge raised over \$600 in just over an hour.

Shinerama is a Canada-wide campaign on behalf of the Canadian Cystic Fibrosis Foundation run-

entirely by university students. It is the largest university-run charity campaign in Canada. Over 60 campuses are involved each year. Last year, Dalhousie raised over \$15,000, the most in Nova Scotia. (University of Western Ontario raised over \$88,000 last year, the most in Canada.) Dalhousie has been involved with Shinerama for over twenty years.

This year, Dalhousie challenged the University of New Brunswick in Saint John and Fredericton (as two separate campuses) to see which campus could raise the most money per Shiner. In past years, U.N.B. has raised the most money in the maritime region.

The two losing schools will fly the flag of the winning school. The winning school will receive a plaque.

However, Dalhousie's Shinerama 1991 campaign is not over yet. This coming weekend four car washes are going to be held at various locations in the metro area. As well, seven more pub dates are scheduled. (See ad in Gazette for dates and locations of remaining pub dates.) Thanks to this year's frosh squad (and in particular, the off-campus squad), this year's Shinerama was the best at Dal. Their enthusiasm and commitment was paramount to Shinerama's success. As one person put it, "Peddler's didn't make much business on Shinerama day this year." As well, the committee should be congratulated for dealing with the nitty-gritty of many months of work in just over one short month. Congratulations go out to every single Dalhousie student that took part in this year's campaign. Some day you will be able to say that you helped find the cure for CF.

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Basin is a stunning old growth reserve just past Mount St. Vincent. A mass of trails awaits you here either to incorporate into a long run or just to go out for a short one.

A significant redeeming feature about metro running is the courteous traffic. In fact for kicks its always fun to just pretend, or even think, you want to cross a street and then stop and observe the startled drivers screeching to a halt...psyche. At night however, there is potential of encountering demented degenerates looking for kicks. Definitely consider running with a friend after dark.

Actually, running with a friend after dark can be a great social affair. There are a lot of cool runners. And according to Peter Pottier, our well-balanced DSU President, "runners have the awesomest buttocks- they're the firmest."

Keep in mind too that a rhythmic, incessant activity like jogging pumps up your metabolic rate keeping you energized and burning off those calories.

To get off to a good start pounding the pavement, bring yourself, your roommates some bucks and some heart to Dal's Terry Fox Run this Sunday. Registration time is noon in front of the Rebecca Cohn.

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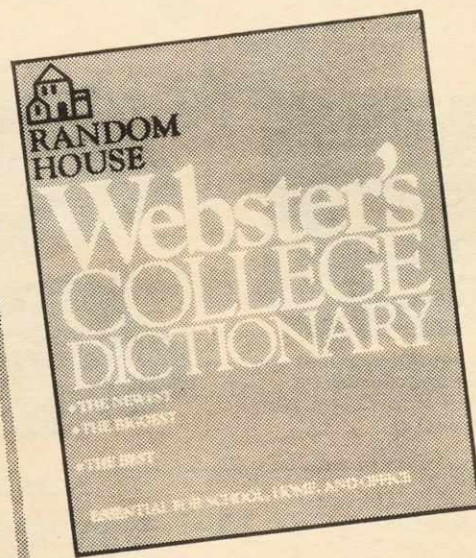
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