

No questions asked

Student HELP is a volunteer organization designed to provide friendly, no-nonsense service to students in need of someone to talk to.

Formed eight years ago in response to the drug problems of the late sixties, HELP has developed into an organization dealing with much broader social concerns.

The drug scene has settled but in its place have come the problems evolving from the large, competitive, impersonal academic surroundings.

Students find themselves unable to meet the expectations of parents, friends, themselves, in and out of the university classroom situation. Exam pressure causes many to become anxious, frustrated, depressed.

Student HELP volunteers can relieve some of these anxieties and frustrations.

But these are only a few of the areas HELP deals with. Sexual assaults, suicide, pregnancies, interpersonal relationships, health problems are other areas of concern the volunteers are involved with.

It should be emphasized Student HELP is a volunteer organization staffed entirely by

students with an interest in helping fellow students. Student HELP offers an informal approach to problem solving. The emphasis is on sharing the problem with someone who, as a fellow student, can emphasize and perhaps offer personal suggestions.

The volunteers are not professional counsellors, but are carefully selected for their experience at the U of A and their openly sympathetic attitude towards troubled peers.

Student HELP loosely follows the philosophy of Carl Rogers, termed "unconditional positive regard." Each person who comes to Student HELP is

accepted without prejudice as an individual in his own right.

Student Help acts as an information dispenser as well as a counselling service. They maintain a liaison with various organizations which deal with students: Student Health Services, the Dean of Students, the Housing Registry, the Students' Union executive, Psych Walk-in, Foreign Student Affairs, and others.

If you're interested in joining Student Help contact Chris Olsen at 439-2849, or drop in to room 248 in SUB between 8 a.m. and 11 p.m. on weekdays or between 5 p.m. and 11 p.m. weekends.



Eight reals and three?

Having difficulty with the metric system? Maybe you shouldn't despair. The following is a description of the measurements used in Brittany just before the last war. Brittany was annexed to the crown of France in 1532, and the metric system was applied there in 1837. It is translated by M. Granger from the book *Jakez Helias Plon Paris 1975*.

"For buying we use the real, one real makes five sous, and four reals one pound, for the French this is one franc or twenty

sous; we never say twenty sous but always four reals.

"Three pounds make one skloed, but the coin of one hundred sous in silver, seldom found in our hands, we call Lagad Eyen. (bullock's eye)

"At the grocery store, two francs fifteen centimes are in Breton eight reals and three or nine reals minus two. This could be stunning, however our mothers, some of whom couldn't

speak a word of French, know very well how to use the scale of real and skloed."

For measurements of length, the Bretons used the finger nail, the finger, the thumb, the palm, two fists, and the foot. For wood, they used a unit of two arms. For volume, it was the cart and for land, one half hectare translated approximately to their measure of one jour-

Loto spoils to research

Mrs. Fran James, Administration Manager for the Chancery Hall Branch (Edmonton) of the Bank of Montreal, presented Mr. Gil Tourigny, Cross Institute Administrator, with a cheque for \$1,000.00.

The money represents the Branch's prize for selling a \$100,000.00 winning Loto ticket to a local Edmontonian for the Loto Canada draw held March 13, 1977.

Mr. Tourigny indicated that the funds would be put into the Cross Institutes Research Trust Fund.

Mr. Frank Hacquoil, V.P. Bank of Montreal Alberta division, stated that it is Bank policy that all such prizes be donated to charity, the choice of which is left up to the winning Branch.

Also present at the ceremonies were Bank of Montreal representatives; Mr. Frank Pugh, North Central Alberta District Manager, Mr. Don Hill, Retail Marketing Manager Alberta, Mr. Ron Gehring, Manager of the Chancery Hall Branch, and Mr. Mike Matonovich, General Sales Manager of Loto Canada, Alberta.



sub theatre cinema

Thurs. Sept 15 and Friday, Sept. 16

The Last Tycoon
A Romance

adult not suitable for children
Robert de Niro, Jack Nicholson, Tony Curtis

Midnight Special Fri., Sept. 16

restricted adult
WARNING: Violence and coarse language

Tues. Sept. 20

Paramount Pictures presents

shanks

Marcel Marceau in "a bizarre shocker..."
adult not suitable for children

Ticket Prices:
regular: Advance \$1.50; at the door \$2.00
double features: Advance \$2.00; at the door \$2.50
midnight: \$1.00

Show Times:
7:00 and 9:30 p.m.



ratt*

offering Full Food Service all day
Beer & Wine after 3

HOURS:
Mon-Thurs 7:30 AM - 11 PM
Beer & Wine 3 - 11 PM
Friday 7:30 AM - 12 AM
Beer & Wine 3 - 12 PM
Saturday 3 PM - 8 PM
Beer & Wine 3 - 12 PM

* 7th floor SUB There's Room at the Top

EDMONTON TRAVEL

Complete Professional Travel Service for Business or Pleasure

Barbara Houston - Manager
Cindy Roche Beverley Ireland - Travel Consultant

9108 - 112 STREET - HUB Mall Phone 433-2498

CONFIDENTIAL

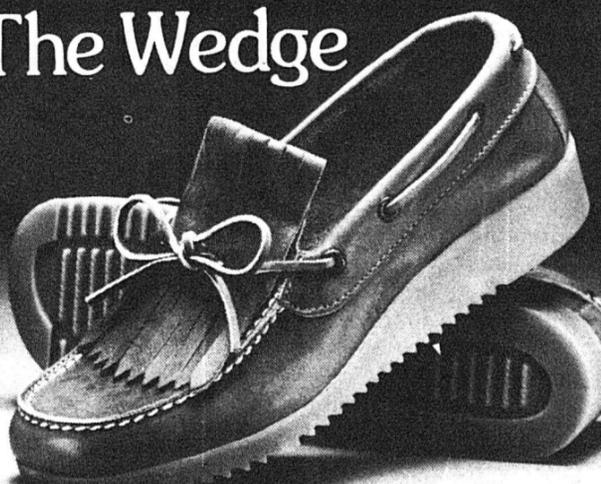
Student Help.

ROOM 250 SUB

432-4266

Weekdays 8 a.m. - 11 p.m.
Weekends 5 p.m. - 11 p.m.

Introducing The Wedge



Roots goes to new heights to bring you our most comfortable sole ever... THE WEDGE. Made of durable, flexible rubber and topped off with this fall's most exciting looks in casual footwear for men and women. The Shawl Root, \$36.00

10219 Jasper Avenue



Roots... handcrafted shoes and accessories for contemporary living.