

CAN'T YOU THINK OF A BETTER WAY

... to crack the walnuts Ralph

Why kick dogs, join the karate club

By MARG BOLTON

No longer is karate confined to Oriental mysticism. In fact, the U of A has its own karate club.

Karate, that branch of the martial arts which deals mainly with blows and kicks, began in India. It spread to China in the sixth century and later to Japan but it did not really reach the western world until after the Second World War.

There are two main branches: the Japanese, with its straight motions, and the Chinese, with movements that are more circular. Traditionally, the Chinese system (kempo) has been subdivided into the northern, which concentrates mainly on foot movements, and southern, which is mainly hand techniques. However, these two were combined into one style by a master named Moo, and this is the style now taught at the university.

Dr. Olaf Simon, the sponsor of the U of A club, is a master of many styles. He first began to practise karate in Germany at the age of five, learning from his grandfather who had been attached to the German embassy in China. In 1943 he studied Japanese style karate at a military academy but found that he preferred the circular motions of the Chinese.

After the war he earned his PhD in Literature in East Ger-

many. However, he became involved in student uprisings and was imprisoned for anti-communist activity. Because of beatings and other ill-treatment he almost lost the use of one eye, but managed to escape to West Germany. After eight years, he came to Canada, and now lives in Calgary.

Dr. Simon started an amateur karate club in Calgary a few years ago when he was earning his living washing cars. In 1963 he became professional and now has 17 clubs in Canada and the States. At present he is studying law at U of C.

"Anyone who is interested in staying mentally alert and physically fit can study karate," he said.

"Criminals do not usually have the patience to stay with karate.

And before I teach anyone the really dangerous parts, I must have permission to investigate his record."

The university karate club, which meets three times a week, has about 80 members including four girls. Beginners start slowly learning a few basic kicks and punches and simple defences.

Beginners' ranks are white (the lowest), yellow, orange, green, blue, and brown. Usually it takes about six months to reach yellow-belt status. When the student can say that he really knows something about karate, he gets his black belt.

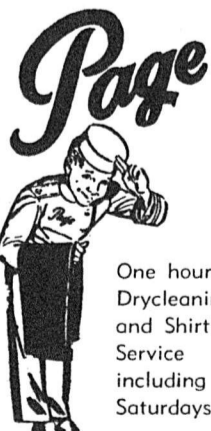
Bob Kelly, eng. 3, the instructor for the university club, is a green belt. He started karate when the club first began, two years ago.

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Wrestling squad starts up Friday at Saskatchewan meet

What athletic club won five championships last year alone? If you answered the U of A Golden Bear Wrestling Team move to the head of the class.

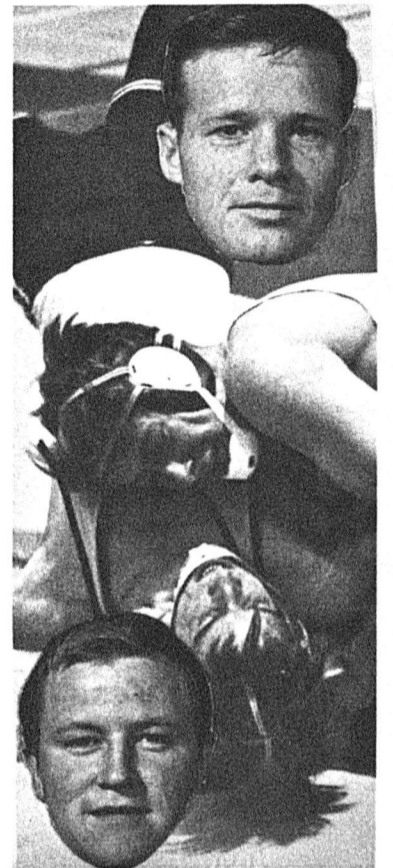
The wrestling Bears won the British Columbia Open, the Northern Alberta Open, the Alberta Open, the University of Alberta Invitational Open and the WCIAA Championships, under the expert direction of Dr. Bert Taylor.

Some of the men, or horses as Dr. Taylor calls them, who helped win the laurels last year were Bill Jensen, John Marchand, Dave Duniec, Ron Lappage, Chris Gould, Russ Rosylo, Doug James, Bill Rutledge and Dave Campbell. All these men have returned this year.

There are several freshmen out this year and all are showing well in practice. Among the notables are Jerry Robertson, Larry Andriaschuk and Bruce Stroud. Bruce Gainer, Larry Bird, and Henry Rosychuk were out for part of the year last season but are back this season.

There are a few positions open on the Varsity team, especially around the 123 lb. and 130 lb. classes. Anyone who is interested in wrestling should come out to the practices every night at 5 o'clock in the wrestling room. Everyone has a chance to wrestle for the varsity team, the junior varsity team or to just plain wrestle in numerous league meets and open tournaments Dr. Taylor has arranged for this year.

The WCIAA schedule begins this weekend for the Bears when they travel to Saskatoon. Their opponents will be the U of S Huskies, the University of Regina, and the Minnesota School of Mines. There is a possibility that the University of Manitoba will have a team and if this is the case



WRESTLERS PREPARE

... for meet

the Bears will also do battle with them.

There are a few problems in camp at the moment. Dave Duniec and John Marchand, two champions from last year, will not be making the trip due to knee injuries. Ron Lappage is also nursing a sore knee but will see action.



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These positions are only open to students planning to accept a teaching position September, 1969, for the first time.

Letter of Application should be forwarded immediately to: Student Placement Office or Student Placement Office, Department of Manpower, University of Calgary, Department of Manpower, University of Alberta, Edmonton, Alberta

Closing date for applications December 2, 1968

PERSONAL INTERVIEWS WILL BE ARRANGED