

secloth it be-  
r cleaning un-  
necessary to  
its occupancy  
ooth out the  
risk sweeping  
d then replace  
ould be thor-  
Use a whisk  
lstered furni-  
s, for the kit-  
g the kitchen  
oom is much

r Way."  
expectedly to  
n was taking

little daugh-  
t fingers run  
p of the can,  
her way. We  
ut of the can  
went to see

mt. She care-  
from the fish,  
n small pieces  
cient quantity  
en egg, rolled  
them in hot  
if she had had  
al she might  
ts of the can,  
cup of bread  
made it into  
r over boiling  
old.

ood stand-by  
keeper out of  
a family has  
from the can,  
the man who  
nning salmon  
Why not take  
it as a salad,  
or creamed on  
way, just as

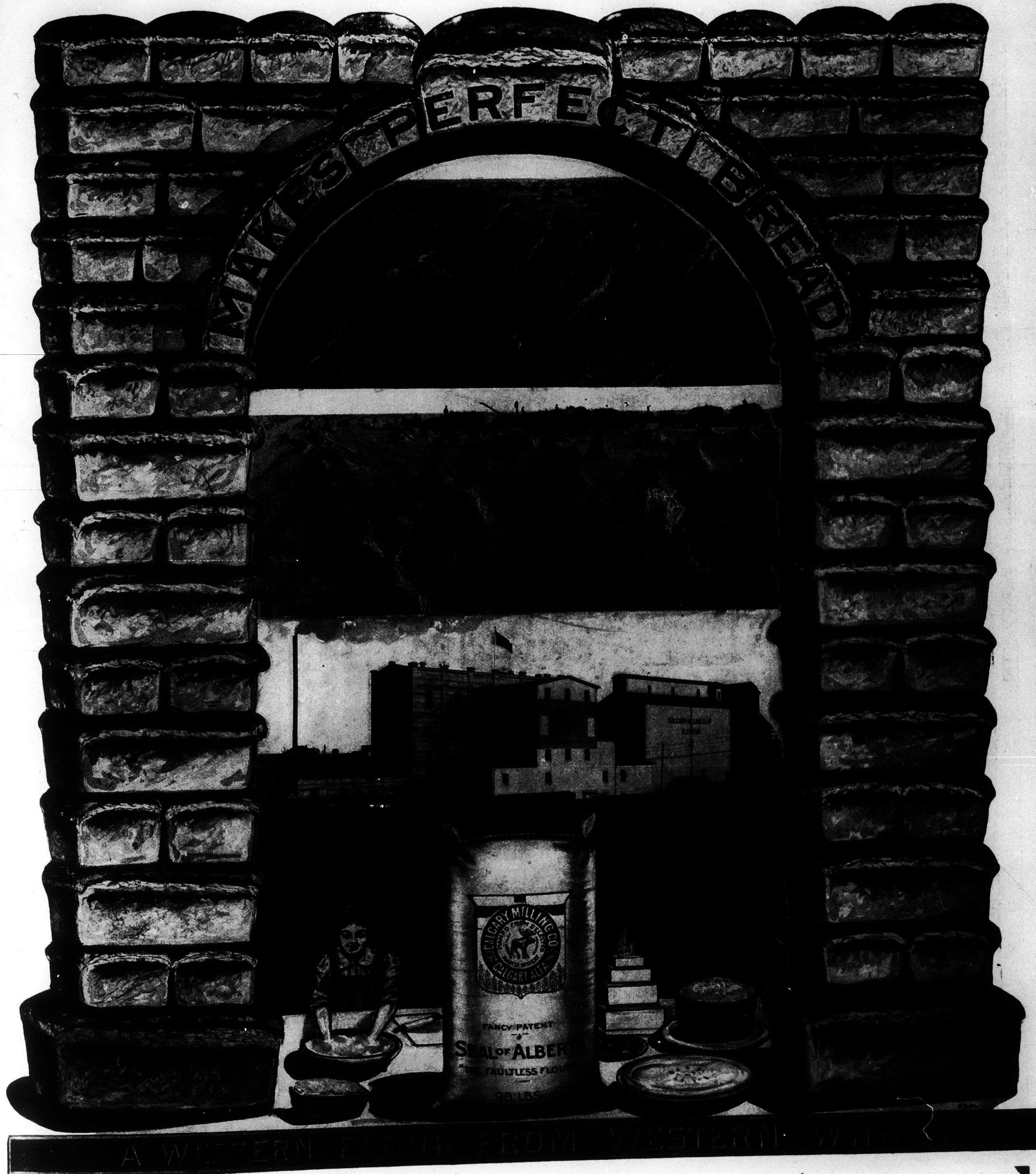
scuit."  
of flour, three  
wder, one-half  
alf teaspoon ot  
ith one cup of  
d enough milk  
Roll out to  
spread lightly  
sprinkle with  
ed ham. Cut  
tter, and bake  
ven. Serve at  
ead of spread-  
ed butter and  
he biscuit and  
d cream before

eat.  
arm up a joint  
in an ordinary  
r, allowing ten  
if underdone,  
ding to thick-  
meat will be  
his way.

maise.  
ther with cold  
ned. If made  
r three pounds  
r this is cook-  
and left until  
stard-and-ress,  
three tomatoes,  
will be required.  
r glass dish  
over it. Then,  
y be decorated  
lobster-coral  
uces carefully,  
with a silver  
stard-and-ress,  
and the salmon.  
mix with the  
s in crescents,  
arrange altern-

is nothing so  
es' Worm Ex-  
e given to the  
out fear o' in-

In response to the very large number of applications that have been received for this illustration in picture form, the Calgary Milling Co. are preparing it so as to look well in any room. It will be greatly appreciated if all desiring one would drop a post card to their office as soon as convenient so as to facilitate matters for everyone concerned.



Owing to the fact that the Booklets, "The Mainstay of Multitudes" were not off the press when expected, the time for closing the Children's Contest has been extended from April 31st to June 20th. Anyone not having received one of these Booklets, kindly write for one and it will be forwarded at once."