

THE NEW FIRE STATION.

The North End Firemen Will Have One of the Handsomest and Most Convenient Structures in All Canada.



The accompanying illustration will give a very good idea of fire station No. 5, now under construction on the site of the old building Main street, North End. The new structure will be a neat building of granite, freestone and brick. The front, as will be seen, is supported on five granite piers with moulded caps and bases all below caps to be hammered. The arches will be made up of alternate stones of red and gray granite, with a hammered hood mould. The window trimmings will be of red tint sandstone, the balance of front will be of face brick. The front will finish with a handsome cornice and neat cast iron cresting.

The building will have a frontage of 45 ft., on Main street, and the main building will extend back 63 ft., 6 in., with L in rear of this. The ground floor will accommodate No. 5 company's engine and hose cart on western side of building, with the North End Salvage Corps on eastern side. These departments will be entirely separate being divided by a brick partition which runs the full length of the building. The ground floor of building will have steel panelled ceilings, and walls will be panelled with steel similar to ceilings which will give a very rich effect. The stable in rear will have accommodation for four horses and will be fitted with all modern improvements.

The second floor on east, or Salvage Corps side, will have a large assembly room 25 ft. x 28 ft., a chamber for the driver of Salvage Corps wagon, a kitchen, bath-room and closet. The second floor on west or engine side will have a call room 21 ft. x 18 ft. for the use of the firemen, three chambers for engineer, and drivers of engine and hose cart, bath room and closet. The hose tower as seen on front elevation will rise to the height of 60 feet above street level and will be covered entirely with copper. The building will be heated throughout with hot water and piped for gas as well as being wired for electric lights should the same ever be required. The architect of the build-

ing is R. C. John Dunn, Walkers building, Canterbury St., masons, Messrs. Sproul and Corbet, carpenter, Andrew Myles, plumber, Thomas Campbell.

The new fire station is only one of the handsome and substantial buildings that Architect R. C. John Dunn has designed. There are many pretty residential, public



Architect, R. C. JOHN DUNN.

and other buildings about the city and province for which he made the plans, and his work has always given entire satisfaction. He keeps a busy staff of clerks at work all the time carrying out the details of the prettily ornamental and symmetrically strong designs of his architectural talents, which is the best evidence of the appreciation in which his work is held. Personally Mr. Dunn is a hail-fellow well met with all, and the duties of his profession do not debar him from joining in the social enjoyment of the day. His numerous friends will wish that he may long continue to create all around him the creatures of his artistic taste.

MILLIONS OF VOUCHERS.

Systematic Files in the Sub-Treasury in New York.

In the vaultlike attic of the United States Sub-Treasury Building in New York there are more than 20,000,000 cancelled pension checks and other vouchers so systematically filed that the Assistant Treasurer can within ten minutes put his hand on any particular one of these vouchers run back about thirty years, and the bits of paper are now accumulating at the rate of 2,000,000 a year. A large proportion of the Government disbursements are made in New York, and it has been the custom of every United States Assistant Treasurer to carefully file away the vouchers.

Experience has proven the wisdom of his precaution, for scarcely a week passes that a demand is not made on the New York Sub-Treasury for the payment of some old claim—usually a bounty or a pension—extending back from ten to twenty years. Some time ago a resident of one of the far Western States sent in what appeared to be a valid claim for war bounty, due more than thirty years

ago. By direction of Deputy Assistant United States Treasurer Muhlman search was made among the files in the Sub-Treasury attic, and within a few minutes evidence was found that the claim had been paid many years before. In most cases where claims are made for back payments the cancelled checks or other vouchers are found packed away in the file boxes.

In some instances old war claims appear which have not been paid, and after proper investigation they are liquidated. Such cases usually come from the rural districts, and frequently follow the death of a veteran of the war, whose long neglected or forgotten papers are overhauled by surviving relatives. "But in the matter of the great bulk of the old claims presented here," said Deputy Assistant Treasurer Muhlman "the Government is saved trouble and expense because of the preservation of the millions of vouchers."—New York Times.

Ask your grocer for



For Table and Dairy, Purest and Best

ABOUT BREATHING.

A Person can Train Themselves to Breathe in the Proper way.

A bad-tempered baby, and sometimes even older children, when in a passion will deliberately hold the breath so long as to excite alarm lest they should never breathe again. Death from deliberate holding of the breath, however, cannot occur, the demand of the system for air is so imperative that a time comes when the strongest will can no longer hold out against it, and a deep breath must be taken.

Respiration is the most indispensable of all the processes by which life is maintained. A person can eat irregularly, or even go without eating for a long time, with comparatively little damage to the system, but breathe he must. Yet few people know how to breathe as they should.

Most persons, especially those of sedentary life, are habitually shallow breathers and never fill their lungs as they ought to be filled. The consequence is that the blood does not get all the oxygen it needs in order to burn up the waste matters in the body. The lungs themselves suffer, for they are not expanded fully, especially in their upper portions, and so the air-cells are liable to fall together and the lungs easily become diseased.

A person cannot always be conscious of his breathing, but he can train himself to the habit of breathing deeply and properly.

It is when walking especially, that efforts should be made to breathe. The shoulders should be thrown back, the head held erect, and slow deep inspirations should be taken by expanding the chest to its full capacity, holding the breath for a moment and then expelling it—not simply letting it out—as far as can be done.

The sense of well-being that this practice gives is ample reward for the slight labor involved, but this is not all. The breathing capacity of the chest will be enlarged after a time, and so the supply will be permanently increased, the expansion of the lungs will be more complete, and they will thus be strengthened to resist the attacks of disease.

Above all let it be remembered that the nose and not the mouth is the breathing apparatus. There are many elaborate and valuable forms of breathing exercises which cannot be described in a short article. We have given only the simplest form—the C major scale, as it were, of breath practice.

A Fault Admitted.

All kinds of things happen in newspaper offices. Here is one, chronicled by the Atlanta Constitution.

A Georgia farmer has a son who writes verse, but is too modest to submit it for publication. One day, when the farmer was going to town, he took a bundle of poems along with him and handed them to an editor.

"They're pretty fair," said the editor. "His rhyme is all right, but there's something wrong with his feet."

"Well," said the farmer, "I won't deny it; he has got corns!"

Adopting Indian Tactics.

A French colonel is teaching his officers and men to crawl on their stomachs, and has invented a leather glove to help the process. The regiment can now travel 100 yards in this manner without fatigue.

Shorthand in 3 Months.

Any ordinary person of fair education can complete the shorthand and typewriting course in 3 months. Some do that in 2 months. Some need 4 months. I guarantee success. Learn at home, lessons free.

Snell's Business College, Truro, N. S.

CONDENSED ADVERTISEMENTS.

Announcements under this heading not exceeding five lines (about 35 words) cost 25 cents each insertion. Five cents extra for every additional line.

WANTED Old established wholesale House each town to handle our water-proof Cold Water Paint. Five million pounds sold in United States last year. VICTOR KOFOD, 40 Francis Xavier, Montreal.

WANTED Young men and women to help in the Armenian cause. Good pay. Will send copy of my little book, "Your Place in Life," free, to any who write. Rev. T. S. Linscott, Brantford, Ont.

WANTED RELIABLE MERCHANTS in each town to handle our water-proof Cold Water Paint. Five million pounds sold in United States last year. VICTOR KOFOD, 40 Francis Xavier, Montreal.

RESIDENCE at Robesay for sale or to rent for the summer months. That pleasantly situated house known as the Titus property abounds and a half miles from Robesay Station and within two minutes walk of the Kennebec falls. Rent reasonable. Apply to H. G. Fenely, Barrister-at-Law, Fugatey Building.

THE BEST MUST WIN.

THREE TEACHERS of the Isaac Pitman shorthand have been officially appointed as instructors of that subject in the three new High Schools of New York City. This system is almost daily being introduced into some of the best and largest schools in the country.—Fennan's Art Journal, Oct.

Not bad, considering it is an English system, and has to win against the opposition of all the American systems.

This is the system we teach. Booklet showing the system mailed free. Send for it today.



Students can enter at any time. No better time than just now.

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The Rochester Radiator,

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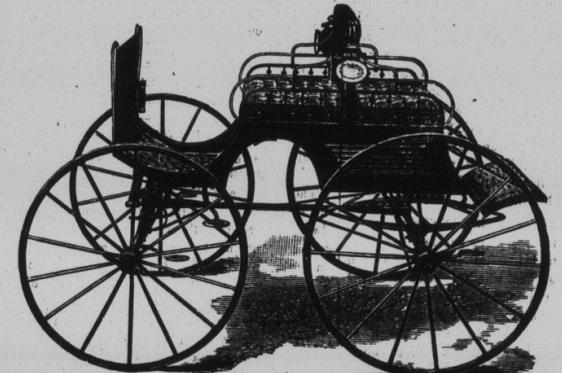
It can be applied as shown, or attached to the pipe in the upper hall. It does not leak Gas, Clog, or Injure the Draft. Three sizes in stock.

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