DAILY PAGE FOR EVERYBODY

MY SOLDIER HUSBAND ADELE GARRISON'S CONTINUATION OF REVELATIONS OF A WIFE What Lillian Begged Madge To Do As "Dicky's Only Chance." "What there were as 6." "What there were as 6." "What there are considered to the second of the second o



F. Mc. Q.-Kindly advise what to do

for an ulcer.

A.—It is dangerous to neglect these. You do not have to go to a samatorium for treatment. Any hospital can give the proper treatment. As to operation, each individual differs. However, a few weeks' hospital care and proper diet usually heals the ulcer without an operation.

A—It is dangerous to neglect these. hygienic and sanitation subjects that are of general interest. He cannot are of general interest. He cannot each individual cases. Where the subject is not of general interest, etters will be answered personally, if a stamped and addressed envelope in inclosed. Address ALL INQUIRIES to be a support of this case of general interest. He cannot are of general interest. The cannot are of gen

Cost of Living Dearer Bread Dearer Meat Dearer Rent Dearer Soap Dearer Clothes Bread-up! Meat-up! Clothing -up! Rent-up! But, you can get a bigger bar of soap for the money to-day than you could a

year or so ago-if you will just insist on the Comfort "Bigger Bar" -the same old high Comfort quality which has given it the largest sale in Canada and made it the favorite for 25 years.

Use Comfort and get a brighter, cleaner, easier wash. Ask for the Bigger Bar to-day.

Pugsley, Dingman & Co., Limited



Gives sure results-and makes most delicious biscuit, cake and pastry-because it is pure and wholesome. CONTAINS NO ALUM



How Many Crowns for Your Honor Flag?

Of course every city, town and district will earn its Honor Flag.

But how about the crowns?

For every twenty-five per cent. in excess of its quota, each city, town and district will be entitled to add a crown to its flag.

Can you do fifty per cent. better than your quota—that means two crowns for your Honor Flag.

But double your quota and it means four crowns.

Hang a flag in your hall, that for years to come will show that your city, town or district did better than well-

That it was a real factor in the huge success of CANADA'S VICTORY LOAN 1918.

> Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance of the Dominion of Canada



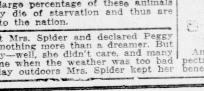
Where Asylums Are Maintained For Male Animals Only.

Where Asylums Are Maintained For Male Animals Only.

Exactly contrary to the Hindus' eager prayer for a male child runs his prayer for increase from his herds and flocks. For to the Hindu farmer the male offspring of his buffalo, sheep and goats isn't an asset, but a liability. The reason is curiously linked with his religion and sadly mixed with his poverty. To the Hindu animal life is sacred. According to his doctrine it's a great sin to kill any animal, even the smallest and most annoying of insects. The Hindu considers it an act of great merit to prolong the life of an animal, though it may be dying of a dangerous disease.

An American living in India some-

An American living in India some-imes has a hard time to get even a sheep, because the Hindus won't sell lost to the nation.



By Generieve Kemble



"Perhaps you are right, Mary, I think I will follow your advice"

66TN what way?"

"By trying Dr. Chase's Nerve Food. I have been reading here about the symptoms of exhausted nerves, and the description just suits my case."

"I am sure it will help you just as it did 'me when I had nervous prostration, for you know yourself that nothing else seemed to do me any good."

"That is about right." "Well, I have been telling you that the

Nerve Food is what you need.' "I know you have, but I did not think there was anything wrong with my nerves, for I was always pretty well. On thing sure, I cannot sleep nights, and get up so tired every morning that I not feel like

taking hold of work like I used to. "I have felt that I am losing grip on business and sometimes get discouraged. Of course, I have been working hard since we are so short-handed, and I suppose this is beginning to tell."

"Well, I have been worried about your health, but you would not take my advice and so I could do no more. I am awfully glad you are going to try Dr. Chase's Nerve Food, for I am sure it will build up your health."

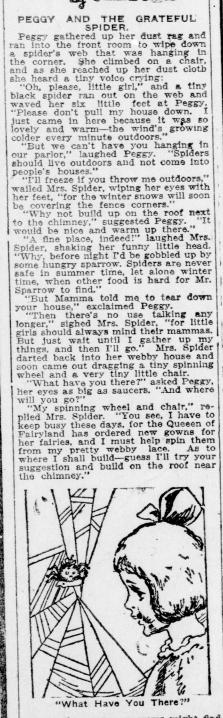
"I have been reading here a letter from Mr. Myles of Lindsay, and I am not going

to delay treatment until I get like he was. When the Nerve Food cured him it will surely help me."

This is the letter:

Mr. Alex. Myles, 5 Regent street, Lindsay, Ont., "For the last five years I had been troubled "For the last five years I had been troubled with my nerves. At times I could not put on my coat alone, and often when trying to read the paper my hands would shake s that the paper would rattl; and I could scarcely read it. When drinking a cup of tea it was difficult to get it to my lips. 'd did not sleep well, and sometimes would only be asleep short time when would wake up and then lie awake the rest of hight. I have to take gramms in my less so hadly that I be asleep short time when would wake up and then lie awake the rest of hight en, also, I used to take cramps in my legs so badly that I would have to get up at n. ht and walk the floor. Sometimes during the ay the cramps would bother e, too. My muscles seemed to tie up in knots. I had tried differen medicines without success. Last fall I secure a box of Dr. Chase's Nerve Food, and as this one box helped me, I got some more and continued taking them till my nerviceness was cured. I feel much better generally, can eat well, and sleep right through the night. I have not had any cramps for two months, and I give all the credit to Dr. Chase's Nerve Food. Some years ago, too, I was troubled with piles, and upon the advice of a friend, used Dr. Chase's Ointment, which cured me. I have great faith in all of Dr. Chase's medicines."

Because Dr. Chase's Nerve Food supplies to the body the vital substances from which new, rich blood and nerve force is created it cannot fail to be of benefit to the system. 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. The portrait and signature of A. W. Chase, M.D., is on every box of



"But the winter sparrows might find you and gobile you up!" exclaimed Peggy. "What would the Fairy Queen do then for her fairy robes?"
"Some of my more fortunate sisters would take my place," replied Mrs. Spider. "However, I'll look on the bright side and not cross the bridge before I come to it." Mrs. Spider gathered up her tiny spinning wheel and chair and started on her way, when Peggy called her back.
"I know!" she cried. "Mamma would not object if you built your house back of the wood box in the kitchen. I'm quite sure it'll be nice and warm there