

my return to Thee, I owe Thee life and all that I am. But in that Thou hast regenerated, sanctified, and redeemed me, and left those excellent pledges for my salvation, I know not what to render unto Thee. For if the lives of all men and angels were in my power, and that I could offer them unto Thee for a sacrifice of praise and thanks: yet were it nothing, being compared to the least of all thy spiritual blessings bestowed on me.

Who therefore, will give a fountain of tears to mine eyes, that I may lament my great ingratitude for all these Thy manifold blessings heaped upon me? Help me Thou, O Lord, and give me grace, that I may heartily confess, and grievously bewail my heinous offences and transgressions against Thee, that Thou mayest be reconciled to me, and in Thy abundant mercies show Thy pity upon me. I am Thy creature, O Lord, made after Thine own image