



Study Economy

Everybody considers it a luxury to use **Johnston's Fluid Beef**, and so it is, but when it can be bought in 16 oz. bottle for \$1.00 it is also economical.

**Johnston's
Fluid Beef**

16 oz. Bottle,
\$1.00

Are You Hard to Please,

Very particular about what you eat? Afraid of the ordinary Oat Meal, because of the starch there is in it?

Pan Dried Rolled Oats cover every objection you're a mind to name or think of—where the digestion is concerned. It is simply all digestible.

And it's nourishing—perfectly so—because the indigestible part is left out.

.....

Of Grocers everywhere. A free cooking sample, if your grocer doesn't happen to have it.

THE TILLSON CO'Y, LTD.,
Tilsonburg, Ont.

THE CANADIAN OFFICE & SCHOOL FURNITURE CO. LTD.
PRESTON, ONT.

FINE BANK, OFFICE, COURT HOUSE & DRUG STORE FITTINGS

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J.L. JONES TORONTO