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hung in the open air, is infinitely preferable to a lower one. They must hang till they are thoroughly set; twenty-four hours in the open air, at the temperature named, is ample. A satisfactory cure cannot be effected if hung in a low temperature for a short time, as the outside will be frozen, while at the centre the animal heat will not have escaped. The carcass may now be cut up to suit the fancy of the owner, the fewer pieces the better.

The joints may now be placed on a clean collar floor, or on planks on floor, or on boxes, as preferred. Some salt should be sprinkled on the floor or planks on which the bacon or hams are to lie; the fleshy part should have a little saltpetre sprinkled over it, say 4 to 6 ozs. per hog of 200 lbs, followed by a moderate application of Liverpool salt.

The salting process (no more saltpetre) may be repeated in about ten days. The sides and hams may be neatly piled on each other, as the pressure helps to effect a cure, and exclude air. It should remain in salt from one month to six weeks, according to the size of the hog and thickness of the meat, after which the salt should be thoroughly brushed off, and the sides and hams hung up in the kitchen near enough to the stove to get a dry skin on quickly but not to melt the fat. This dry skin having been obtained, they should be moved farther from the stove, till they are thoroughly dry. This last is very important. Without it, they will turn slimy, and not keep in condition a month, but if dry as a chip can be kept twelve months. Of course, they will have to be protected from flies and kept in a cool but dry place. These instructions strictly followed will make bacon and hams to suit the taste of an epicure.

We look with regret upon the practice so common among farmers and work people of living almost entirely on fried bacon and potatoes. On the table of a very large proportion, one will not find any vegetables but potatoes, though green vegetables of every kind can be grown in Canada most abundantly, and are in the highest degree conducive to health. It is not surprising that farmers and their families are dyspeptic, and that doctors find among them so many good customers. The evil is intensified by the excessive saltiness before referred to, accompanied by the rancidity of the fat

DARWIN'S THEORY.—Darwin's theory of the "survival of the fittest" is simply that the weakly die, while the robust and hardy thrive and live. How true this is of seed growth, and how necessary to sow only that which is suited by nature to live and develop.

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OUR COSY CORNER.

The time has happily ceased to be, with the majority of ladies, at least, when they must needs feel compelled to wear a prescribed garment or article of the toilette, that leaves them exposed to inconvenience or the weather. Now that thick walking boots, comfortable rain coats, and many other items that once were shunned by even ladies of good strong sense, for fear of their appearance suffering from their adoption, are worn as commonly in winter time as a man wears his overcoat, minor accessories of a woman's out-door costume are being made with corresponding comfortable conditions. The new-t gloves shown for ladies' use in cold weather, are as comfortable as they are forbidding at first sight. But they will gain favor with all who can afford to purchase them, when it is known that they are the "toniest" thing in the market in the way of gloves. They are made of black Astrakhan with leather palms and fingers. They are made to fit as well as a kid glove, and are comfortable to the hand, though of course they increase its apparent size somewhat. They will be quite an economical glove, though the first cost is high. One pair will last through a winter, even with constant use. The same thing is to be had in tan shades of fur, but is not so neat looking. Another new glove shown is the Rhadi deerskin. They come in dust and tan shades, and have six or eight buttons. They are neat and comfortable for a walking glove. Kid for visiting and dress day wear is now given the preference over suede, as it is warmer, but the former holds its own for evening wear for almost all costumes, except, perhaps, white and gray ones. With these the gloves usually match in color.

It may not be out of place, when cosmetics are so much used by professional and amateur artists at theatrical and other entertainments, to point out that this practice is not devoid of danger. Light cosmetics, such as properly prepared vegetable powders, starch, etc, may be used without any delictious consequences; but the heavier powders, which are often preferred because they do not come off so readily as the lighter ones, and because they are also cheap, always contain mineral ingredients. Bismuth is occasionally used, but carbonate of lead in large quantities, mixed with chalk is most common. Cases of lead colic and lead paralysis have been now and again traced to the wearing of such cosmetics, especially if applied night after night, and many cases of the milder forms of lead poisoning, which at first seemed difficult to explain, have been shown to be due to the habitual use of these preparations.—*Lancet*.

ADVICE TO MOTHERS.—Are you disturbed at night and broken of your rest by a sick child suffering and crying with pain of Cutting Teeth? If so, send at once and get a bottle of "Mrs. Winslow's Soothing Syrup" for Children Teething. Its value is incalculable. It will relieve the poor little sufferer immediately. Depend upon it, mothers; there is no mistake about it. It cures Dysentery and Diarrhoea, regulates the Stomach and Bowels, cures Wind Colic, softens the Gums, reduces Inflammation, and gives tone and energy to the whole system. "Mrs. Winslow's Soothing Syrup" for children teething is pleasant to the taste, and is the prescription of one of the oldest and best female physicians and nurses in the United States, and is for sale by all druggists throughout the world. Price, 25 cents a bottle.

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