

To Nursing Mothers!

A leading Ottawa Doctoravrites : "During Lactation, when the strength of the mother is deficient, or the secretion of milk scanty,

WYETH'S MALT EXTRACT gives most gratifying results." It also improves the quality of the milk.

It is largely prescribed To Assist Digestion,
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To Act as a Food for Consumptives, In Nervous Exhaustion, and as a Valuable Tonic.

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THE WORLD'S INDUSTRIAL and
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STEEL <u>Hotel and family ranges.</u> CARVING AND STEAM TABLES,

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Abovo Style Family Hange is sold only by our Traveling Salesmen from our own wagons at one uniform price throughout Canada and the United States.

Made of MALLEABLE IRON and WROUGHT STEEL and will LAST A LIFETIME
If properly used.

SALES TO JANUARY 1st, 1894, 277,188.

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Parify the Blood, correct all Disorders of the LIVER, STOMACH, KIDNEYS AND BOWELS.
They invigorate and restore to health Debilitated Constitutions, and are invaluable in each complaints incidental to Formales of all ages. For children and the aged they are priceless.

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Minard's Liniment for Rheumatism.

Pompey's pillar has no historical connection with Pompey in any way.

A GOOD APPETITE

Always accompanies good health, and an absence of appetite is an indication of something wrong. The universal testimony given by those who have used Hood's Sarsaparilla, as to its merits in restoring the appetite, and as a purifier of the blood consti-'vites the strongest recommendation that can be urged for any medicine.

Hood's Fills cure all liver ille, bilious. ness, jaundice, indigestion, sick headache. 25c.

Christian Endeavor.

THE DUTY AND REWARDS OF CHURCH GOING.

REV. W. S. MCTAVISH, B.D., ST. GEORGE.

Oct. 7-Reb. x. 25. (Meeting led by the pastor.)

This column is not intended for pastors. We have neither the ability nor the inclination to write for them. But for the sake of some endeavorers who belong to churches whose pulpits are vacant, and for the sake of others who may meet at an hour when the pastor cannot be with them, we give a few notes as usual. In the discussion we shall follow the lines suggested by the title.

1. The duty. That it is a duty is made clear from the fact that God enjoins it. "Ye shall keep My Sabbath and hallow My sanctury; I am the Lord" (Lev. xix. 30.) Those who absent themselves from the house of God cannot hallow it. We are reminded that we are not to forsake the assembling of ourselves together (Heb. x. 25). God has intimated that He takes a special interest in the church, and in its worship. "The Lord loveth the gates of Zion more than all the dwellings of Jacob" (Psalm lxxxvii. 2). What does that expression mean? Let Spurgeon supply the answer. "At this hour the mystical teaching of these words is plain. C. I delights in the prayers and praises of Thristian families and individuals, but He has a special eye to the assemblies of the faithful, and He has a special delight in their devotions in their church capacity. . . . This should lead each separate believer to

identify himself with the church of God; where the Lor 1 reveals His love the most, there should each believer most delight to be found. Our own dwellings are very dear to us, but we must not prefer them to the assemblies of the saints.'

If there were no other reason for attending church, the one given above would be sufficient, for when God enjoins anything we are not at liberty to disobey. But even if God had not enjoined us to attend church, the duty would still be incumbent upon us, for Christ set us the example. Whatever Christ did by way of example we should imitate. What, then, was His custom in this regard?
While He was still a child He went up with His parents to the feast at Jerusalem (Luke ii. 42, 43). After He entered upon His public ministry, He attended the feasts regularly (John iv. 45; v. 1; vii. 10; x. 22; xii. 2). Jesus attended not only these great testivals, but He also attended regularly the more simple services in the synagogue (Luke iv.

Again it is our duty to attend the services of the house of God because the Creator has endowed us with a spiritual nature which requires food, and if it is our duty to partake of food for the nourishment of our body, it is equally our duty to partake of food for the nourishment of the soul. Now, all the past history of the church proves that God has honored the preaching of the Word as He has honored no other instrumentality in convicting and converting sinners, as well as in building up His people in knowledge, right-eousness and holiness. While we should make a diligent use of all the other means which He has provided for our spiritual nourishment and growth, we should not neg-

lect this one, which He has so signally honored.

II. The rewards. "A day in Thy courts is better than a thousand" (Psalm lexxiv. 10). It is better because we have brought to our remembrance truths which we understood before; better because we generally receive some new views of truth and duty; better because we encourage those who minister to us in holy things; better because our sympathies are broadened by joining in the prayers which are there offered up; better because we enjoy the communion of saints; better because God there specially manifests His presence, better because we find that Jesus meets with us there according to His promise (Matt. xviii. 20); better because we generally hear something to comfort, to encourage and to stimulate us in our work.

Let us look at an illustration by way of contrast. "Thomas was not with them when Jesus came." How much be missed by be mg absent from that blessed Sabbath evening service! Because he was not there, he was left for a whole week in sorrow, doubt and gloom. Jesus said to the other disciples, when Thomas was absent, "Peace be unto you." But there was no peace for Thomas. His absence prepared him for dispelieving the testimony of the disciples, and for disbe-lieving even Christ Himself when he saw Him. Had he been present, would he not have felt that the evening spent there was better than a thousand spent elsewhere?

CURES DYSPEPSIA.

Dyspepsia arises from wrong action of the Stomach and is the cause of much misery and many diseases such as Constination, Billiousness, Bad Blood, Headache, Burdock Blood Bitters is a prompt and effectual cure because it tones the stomach, alds digestion and renovates the entire system. Cases which seemed past hope have been completely cured by B.B.B.

LIFE WAS A BURDEN.

"Life seemed a burden, the simplest feed disagreed with me, and I was in misery from Dyspepsia, but two bottles of B.B.B. entirely of freed me from it," says Miss L. A. Kuhn, Hamilton, Ont.

One of the oldest trees in England 18 the "Tortworth" chestnut, in Gloucestershire. It is supposed to have attained its maturity in the reign of Egbert, and in 1766 it measured 52 feet in height and 50 feet in circumference.

WOMAN-HOOD

has its own special medicine in Dr. Pierce's Favorite Prescription. And every woman who is "run-down" or overworked, every woman who suffers from any "female com-plaint" or weakness needs just that remedy. With it, every disturbance, irregularity, and arrangement can be permanently cured.

It's an invigorating, restorative tonic, a soothing and strengthening nervine, and the only medicine for women so safe and sure that it can be guaranteed. In periodi cal pains, displacements, weak back, bearing down sensations, and every kindred ailment, if it fails to benefit or cure, you have your money back. Is anything that isn't sold in this way likely to be "Just as good."

Dr. Pierce's Pellets cure constipation, liver-ills, indigestion, dyspepsia, piles and headaches.

Some interesting articles have been published by the Vossiche Zeitung on the small calibre guns and the researches of various professors as to the effect of wounds made by these guns at various distances-effects that are horrible. The conclusion is that in any fature battles there will be incomparably more dead and severely wounded than ever before in the world's history.

MR. I. P. FRINK, 561 Pearl St., New York.

DEAR SIR,—Four concerns figured on lighting our church. Your estimate was the highest. We investigated all of them. The committee was of the opinion that it was better to pay a little more and know what we would get, than to pay a little less and to take chances. The figures are now all in, and are just right. Everybody is pleased with them. We don't know but we might have done just as well with some of the other parties for a little less money, but we believe in reputation, and that the man who has been in business the longest, and has done the greatest business, gives you more for your money, and that the man who under figures makes it up at the expense of the customer.

Sincerely yours, Wm. J. Cooper, Secretary, By order of the Board of Trustees, First Presbyterian Church, July 11, 1894. Asbury Park, N.J.

The ease with which F. Marion Crawford turns out a new and readable novel every few months is one of the amazing phenomena of the contemporary fiction crop. It is explained on the ground that Mr. Crawford is a man of robust build and vigorous health, that he is possessed of sufficient wealth to keep him safe from financial worry, that he has travelled widegreat social opportunities, and, finally, that he loves his work.

I was cured of terrible lumbago by MIN-ARD'S LINIMENT.

REV. WM. BROWN.

I was cured of a bad case of earache by MINARD'S LINIMENT.

MRS. S. KAULBACK.

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