



Add water to milk—
You weaken the milk.
Add soft wheat to flour—
You weaken your flour.
Cheapens it too.
Soft wheat costs less—worth less.
Soft wheat flour has less gluten less nutriment.
Your bread is less nutritious, sustaining, economical.
Soft flour has less strength, less quality gluten.
Giving less good things for your money and things less good.
Use Manitoba flour—Manitoba hard wheat flour.
Having everything the soft stuff lacks.
Five Roses is all Manitoba.
Without a grain of cheaper wheat.
Strengthen your food values.
Use FIVE ROSES.

Five Roses Flour

Not Bleached Not Blended

LAKE OF THE WOODS MILLING COMPANY, LIMITED, MONTREAL

Paradise

Feb. 8th.
Rev. A. M. McNinch went to Ottawa last week.
Mr. Silas Hatt, of Liverpool, has been a guest at the parsonage.
Three candidates were initiated at Reading Division on Friday evening.
Mr. G. Harding has enlisted in the 25th battalion. He went to Halifax on Tuesday.
Mr. Emerson Starratt is visiting at the home of his parents, Mr. and Mrs. George Starratt.
Sergeant William Winterout came from St. John last week and spent a few days at his home.
Lieutenant Harold Longley returned to Halifax on Tuesday after spending a few days at his home.
While in Paradise last week Mr. P. F. Lawson, of Berwick, was entertained at the home of Mr. and Mrs. F. W. Bishop.
A number of young friends of Miss Eliza Marshall drove from Tupperville on Tuesday evening, Feb. 2, and were pleasantly entertained at the home of her mother, Mrs. L. C. Marshall.
The quarterly meeting of the Paradise Athletic and Dramatic Club was held in Longley's hall on Monday evening, Feb. 1st. The officers for the past quarter were re-elected. At the conclusion of the business, a musical and literary programme was rendered by members of the club.
The Literary Club met at the home of Mr. and Mrs. G. L. Pearson on the evening of the 8th inst. The subject for the evening was "The British Empire." Notwithstanding the bad condition of the roads there was a large attendance and the evening pleasantly and profitably spent. There were several invited guests present who contributed to the evening's entertainment in various ways among whom may be mentioned Dr. J. B. Hall, President of our sister club at Lawrencetown and Mr. Wm. Wynand, another member of said club. The programme for the occasion was as follows—
Piano Duett—Mrs. G. L. Pearson and Miss Helen Pearson.
Reading—Mr. K. M. Brooks.
Vocal Solo—Mr. Robert Bishop.
Paper—"After the War, What?"
Mr. Reginald Longley.
Discussion thereon by Messrs. Hall and Wynand and members of our club.
Vocal Solo—"Sons of the Sea."
Mr. H. A. Longley.
Reading—"Hide of Jennie McNeil"
Mrs. G. L. Pearson.
Piano Solo—Miss Louise Longley.
Chorus—"Patriotic Hymn," written by Hon. W. S. Pieling.

Clarence

Feb. 8th.
Clarence Division initiated two members recently.
The ladies are very busy with their "Red Cross Work."
Miss Lucy Hilsley visited her friend, Miss Wheelock at Lower Clarence, over Sunday.
Drover Thompson from Halifax, shipped a car of cattle from this locality this week.
J. W. Elliott and sister Priscilla, spent Sunday with their brother, Dr. M. R. Elliott, Wolfville.
We were sorry to see W. McNay's house on the Fitch Road go up in smoke on Sunday morning.
We are glad to see Mr. E. J. Elliott out again after being confined to the house for some weeks.
The Clarence Literary Club held a very interesting session in the Clarence Hall on Monday evening.

Granville Centre

Feb. 8th.
Miss Mabel Troop left last week for a few weeks' visit in New York and Providence, R. I.
Mr. and Mrs. Ernest Gesner, of St. John, spent a few days recently with the former's parents, Mr. and Mrs. Isaac Gesner.
Mr. LeRoy Gilliat has returned from spending a few days with his sister who is teaching in Somerset, Kings County.
Mrs. S. Willett spent a few days last week at the home of her parents, Mr. and Mrs. Gilbert Shaffner, Lower Granville.
The Red Cross Circle of All Saints' Church held a ten cent tea at the home of Mr. Robert Tanch and realized the sum of \$7.50.
Mr. W. E. Scott, of Acadia College will occupy the pulpit of the Baptist Church, Sunday Feb. 14th. In the morning at 11 o'clock. In the evening at 7.
The February meeting of the W. M. A. S. will be held at the home of Mrs. Harry Goodwin, Thursday afternoon, Feb. 11th. Should Thursday be stormy, meeting will be held Friday.
The Red Cross Society of Granville Centre held a "bean supper" in the hall on Thursday evening, Feb. 4th. Notwithstanding the very cold night and bad roads the sum of \$16.95 was realized.
Belle Isle lady receives a note from grateful Belgian. Last October when the ladies of Belleisle and vicinity, packed a number of boxes of clothing for the Belgians, one of the number, Mrs. Frank Bent, wrote a letter, which she placed in the pocket of a coat which she sent. Last week she received the following reply—
Office of Charles Jenkinson,
Representative for Holland,
98 Haringvliet, Rotterdam
Mrs. Frank Bent,
Belle Isle, Annapolis County.
Dear Madam—Please permit me to acknowledge the receipt of your enclosed note, with the clothing which you so kindly contributed for the Belgian Refugees.
This clothing has been given to very worthy Belgians who have sought refuge in Holland and I need not say that it is very gratefully received by them.
Very sincerely yours,
CHARLES JENKINSON

Belleisle

Feb. 8th.
Mrs. A. Clifford Bent has been visiting her old home at Tupperville. A carload of fine fruit left the warehouse here for the foreign market last week.
Mrs. John K. Winchester and Mrs. L. Russell Longmire, of Karsdale, were half week visitors of Mrs. M. O. Wade.
Mr. Stephen Wade and Mr. Alfred Gesner drove to Lawrencetown and spent Sunday with Mr. and Mrs. Rupert D. Gesner.
John B. Gesner who has been visiting friends at Port Maitland, Yarmouth County, the last few weeks, returned home last week.
Mr. and Mrs. John E. Bent, who have for the last few weeks been visiting their relatives and friends in Boston and vicinity have returned home.
We are sorry to have to report at this time the loss to Capt. A. J. Bustin of a very valuable horse. On going to his stable in the morning he found the animal dead. He was a fine beast, good on the road and good on the farm. Being the only horse he had at the time the loss is quite heavy to him.

Granville Ferry

Feb. 8th.
Dr. F. Smith was visiting in New Glasgow last week.
How the wood was yanked out while the snow lasted!
Mrs. E. Berry is confined to the house with a severe cold.
Miss Gladys Woodbury returned to Halifax on Tuesday, accompanied by Miss Helen Piekup.
The ferry steamer made very irregular trips last week owing to the amount of ice in the river.
We understand from good authority that the village will soon boast of a more or less up-to-date shoe store.
We regret to report that our popular postmaster, Mr. W. A. Piggett, is on the sick list. Hope to see him around again soon.
The Rev. Mr. Cunningham, of St. George's Church, Halifax, preached on behalf of "Missions" at St. Luke's on Sunday evening.
All the "Bachelors and Old Maids" of Granville (minus one or two) bled themselves to a clam supper, Monday night, at the "Island," on Thursday night.
We are sorry to report that Mr. W. B. Crosscup, the popular manager of the E. Neville Company's store, here leaves their employ, Monday the 8th. Sorry to see you go "Scrooge," and wish you luck wherever you are.
The ladies of the Church of England here, staged another entertainment on Monday evening last. In spite of very unfavorable weather, quite a good sum was realized. Reports on the programme are very contradictory, so we will "keep still," seeing we were not there.

DURLING'S LAKE

Feb. 8th.
Mrs. John Hannaam is visiting her daughter, Mrs. Percy Morse, Nictaux.
Mrs. John Messenger and son, spent Friday as the guests of Mr. and Mrs. George Kelly.
Our enterprising merchant, Mr. Joseph Edwards, recently made a business trip to Cherryfield.
Mr. James Cook, spent Sunday with Mr. and Mrs. Joseph Fredericks, "Hillside Homestead."
Mr. George Medcraft spent Sunday with Mrs. Medcraft and their daughter, Mrs. George Durling, at "Lake View."
Mr. Robie Faulkingham of the 25th Regiment, Halifax, who is visiting his parents, spent Sunday at the home of Mr. Warren Fredericks.
We are pleased to state that Mr. Warren Fredericks was able to be removed to his home last week, and at the time of writing is slightly improved.

Torbroke

Feb. 8th.
The changeable weather greatly hinders lumbering operations.
Sorry to report the condition of John Rice very low at time of writing.
Quite a number of friends gave Miss Marion McAlcney a surprise party on Friday evening in honor of her birthday.
Mr. Charles Stoddart, of Springfield, was here one day last week buying cattle and was accompanied home by Mr. Elwood Spinney.
Our young folks had a very pleasant sleighing party to our former resident, W. O. Baker's, Middleton, on Thursday evening. Mercury was at 19 degrees below zero but hearts were warm.
As soon as Mr. Alex. Bain, Port Hawkesbury, received his Penian Raid Bounty of \$100, he immediately paid it over to the Canadian Patriotic Fund—a most generous act indeed.

St. Croix Cove

Feb. 8th.
Mr. Stewart Marshall, Outram, was a recent guest of—Mr. Frank Poole.
Mrs. David Foster, Hampton, has been visiting her daughter, Mrs. J. S. Brinton.
Preaching service Sunday Feb. 14, 11 a. m. Conference Saturday p. m. previous.
Mr. Foye Templeman, Hampton, and Mr. Guy Hall, Lynn, were calling on friends here yesterday.
Miss Laura Kelly and Miss Eva Marshall spent Saturday and Sunday at Miss Kelly's home, Bridgetown.
Feb. 9th.
Mrs. Sarah Grant is spending a few weeks with Mrs. Sophie Grant, Port Lorne.
Mrs. Jane Andrews has returned to her home in North Range after spending a few months with friends in this village.
We are glad to see Miss Lillian Banks out again after being confined to the house for three weeks with a severe cold and an attack of neuralgia.
Miss Leota Pierce has returned home after spending a few weeks with her many friends in this place.
We are glad to report that Mrs. John O'Neal is slowly recovering after an attack of heart trouble.

Outram

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Mrs. Sarah Grant is spending a few weeks with Mrs. Sophie Grant, Port Lorne.
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Hillsburn

Feb. 8th.
Captain Roy Longmire and crew of the Loran B. Snow are at home.
Mr. Charles Millbury, of Delap's Cove, spent Monday with Mr. and Mrs. Wallace Longmire.
Mr. and Mrs. Charles Longmire, called on Mr. Wm. Wilson, of Litchfield on Thursday last.
Messrs. A. and B. Longmire improved the fine sledding last week by having their ice house filled.
Mr. and Mrs. Primrose Halliday and daughter Vera, of Litchfield, are visiting the former's parents, Mr. and Mrs. Wm. Halliday.

Clementsvale

Feb. 8th.
Miss Edith Potter arrived home from Lynn on Saturday.
W. L. Ramsey made a business trip to Port Williams last week.
Miss Vivian Willett spent the weekend at Clementsport with her aunt, Mrs. Tupper.
Richard Starratt, of Lynn, is a guest at the home of Mr. and Mrs. Beniah Potter.
Mrs. Simpson, of Victory, recently spent a few days with her daughter, Mrs. Ralph Potter.

The Nova Scotia "Lumber King" says:
"I consider MIRAARD'S LINIMENT the best LINIMENT in use."
I got my foot badly jammed lately. I bathed it with MIRAARD'S LINIMENT and it was as well as ever next day.
Yours very truly,
T. G. McMULLEN.

German Reign of Terror

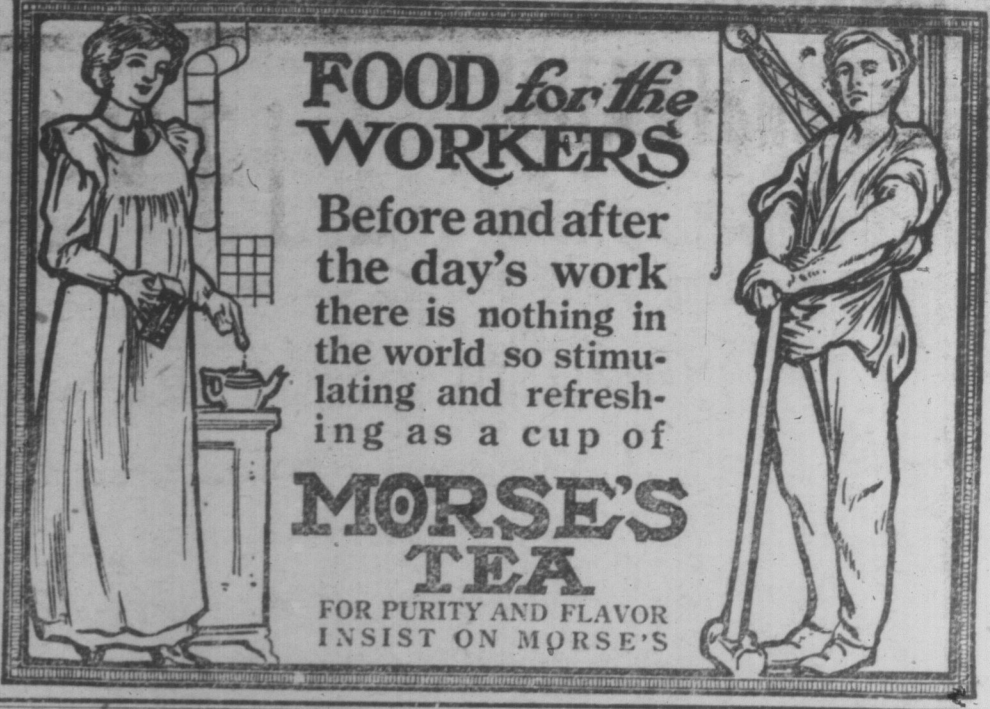
(Continued from page 1.)
breast and right arm cut off, the eleven-year-old girl one foot cut off, the five-year-old boy his throat cut. Mme. X. and a little child had apparently been violated. At Triancourt, where the Duke of Wurtemberg passed, the village was burnt, and the inhabitants were massacred as they fled from the burning houses." I quote from the report:—"Irritated, no doubt, by the remarks made by an officer to a soldier, against whom Mlle. Proce, a young girl of 19 years of age, had complained on account of his insulting proposals, they burned the village and organized a massacre of the inhabitants. First setting fire to the house of a peaceful proprietor, Jules Grant, and shooting him as he left his home to escape the flames, they then scattered in the houses and streets, firing on all round them. A youth of 17 years, George Lecourier, who endeavored to escape was killed. Alfred Lallemand met with the same fate. He was chased into the kitchen of a neighbor, Lautelier, where he was killed. Lautelier was shot in three places. Fearing, not without reason, for their lives, Mlle. Proce, her mother, grandmother (71 years old), and an aunt (81 years old) endeavored to climb from their garden into the next by means of a ladder. Only the young girl succeeded in escaping; to the other side, and avoided death by hiding in a cabbage field. The three others were shot down."
On the following night the Germans played the piano amidst the corpses. When the Cure protested, the Duke of Wurtemberg replied, "What do you expect? Like you, we have had soldiers."

PROFANITY IN A CHURCH

While the 121st and 122nd Wurtemberg Regiments were burning and pillaging at Clermont, in the Argonne, some of them invaded the church and danced to the sound of the organ and then set the edifice on fire. The burning of Clermont was begun by a soldier who, after having made a cup of coffee on a methylated spirit stove, wantonly poured the spirit and gave the signal for the general conflagration, which was spread by all means of incendiary known to German civilization. General von Durach and Prince Wittgenstein were in command of the troops responsible for this.
At Nomeny the Germans arrived in a state of terrible ferocity. For a whole day they gave themselves up to pillage, incendiarism, and massacre, and then set fire to the whole place, of which only a few houses now remain.
The 2nd and 4th Bavarian Infantry-Regiments should be remembered when the day of reckoning comes.

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the
Signature of *Chas. H. Vetter*



Letter from E. B. Elderkin on Belgian Relief

A. S. Barnstead, Secretary of the Belgium Relief Committee has received from E. B. Elderkin, representing the Government of Nova Scotia in Holland, the following account of conditions there that will be read with interest by the people of Nova Scotia who have contributed so much by the timeliness of their aid to alleviate some of the distress the heroic Belgians are enduring:—
Westersraat 8a, Rotterdam,
Holland, January 15, 1915.

The Belgian Relief work now being done by Nova Scotians in company with other Christian peoples gives the observer a higher conception of the human character. The whole-souled manner in which the Hollanders are succoring the refugees in this country arouses one's admiration.

I have visited a civilian camp of refugees which is under military control at Houde. This was in wonderful contrast to the conditions existing in the various camps on the occasion of my first visit, when one takes into consideration the fact that the Dutch Government have over 450,000 soldiers mobilized and in training. Their commercial life is practically destroyed and there consequent distress because of unemployment. All this has to be provided for by Government and private donations, and it makes one amazed at what they are doing for the Belgians.

At this camp there are 1,500 Belgians housed in what were formerly conservatories. These are now supplied with steam heat, electric light, baths, a shower bath, social halls, dining rooms and sleeping apartments divided for men, women and families. They are very comfortable and everything is spotlessly clean. I have no doubt in my mind that for quite a large percentage of those in the camp, the conditions are as good if not better than they had in their own country.

On Friday last I visited a camp near Utrecht, where 17,000 Belgian soldiers are interned. The expression on the faces of these people is widely different from that of those in other Refugee camps. As one could readily see they feel the restraint and lack of possibility of doing that which is so much their heart's desire viz., defending their country and homes. Their enforced idleness is having an effect on their natures and temperaments.
The American Commission is doing

a wonderful work. They have it so systematised, that every need is recorded and what is being done or has already been done to relieve the same.

One thing that pleased me very much was the work of the Rockefeller Foundation Committee of New York, under the direction of Mr. Jenkinsou. It has already seemed to me that the enforced idleness would tell seriously on the future lives of the Refugees, but the above named committee are endeavoring to overcome this. As far as is possible they have provided a sewing machine for every woman who will agree to work it for eight hours a day. They furnish material for the making of various kinds of garments for men and women. They have cutters of various kinds and a superintendent for each and every department. The garments when made are the property of the committee, and they distribute them where they are most needed.

The remuneration paid to the operators is one guilder per week. They are allowed to draw 50 per cent of this, and the balance is placed to their credit, so that when the time comes for them to return to their own country they will have a little money in their pockets. In addition to this there is a distribution of five guilden, which is distributed monthly to the most efficient worker in each department. Also when a woman has made six suits of underwear, she is privileged to keep one suit for herself or any member of her family. They have the intention also to start a tailor's shop, so as to give employment to some of the men. What is being done at this camp is being attempted at the others, so as eventually have them all in working trim. The committee are not buying the machines, but are renting them from dealers in Holland paying five guilden a month. This seems to me to be charity taking highest form, as it not only helps the people to be self-respecting and lifts them a little above charity, but it also gives them something to occupy their minds as well as their hands. As occasion may offer I will visit other encampments and give you my impressions in future letters.

I had the opportunity of examining a great deal of the clothing brought over by the S. S. Doris, and it is very creditable indeed. In fact much of it is of superior quality, with a very small percentage of inferior quality. In going through these warehouses examining these goods, I was filled with pride and admiration for the people of my native Province, and could those who have contributed come in contact with these people as I have done, they would be more than thankful of the opportunity presented to them by Mr. Murray to help in ever so small a way this most worthy object.

Yours very truly,
E. B. ELDERKIN.

WINTER GOODS

Ladies', Misses' and Children's Furs, Sweaters
Sweater Coats, Underwear, Hosiery and Corsets

Men's and Boys' Underwear, Sweaters, Caps, Shirts, Neckwear,
Suspenders, Mufflers

—BIG VARIETY OF—

Ladies', Gent's and Children's Handkerchiefs

Ladies' Handkerchiefs in Fancy Boxes and Envelopes, Gent's Initial Handkerchiefs in Silk and Excelda, Neckwear, Suspenders, Armlets and Garters in Gift boxes

Splendid Values in Eiderdown Quilts, Blankets, etc

JOHN LOCKETT & SON