## WEEKLY MONITOR

## WEDNESDAY, APRIL 30, 1890.

	11-11-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-						
Miscellaneous.	It is to allow a child to grow up with giant desires and the fixed habit of indulging			-		The Household.	Joker's Corner.
" @ Fools and Slow of Heart."	Children are often injured by hardship	Jerseys, Guernseys and Alderneys.		100		House Plants in April.	She Sweetly Requested.
When, a day or two ago, it was announc-	and occasionally by severity, but nothing so blights and paralyzes every good thing	Jersey, Guernsey, and Alderney are the		KENDALL'S	None Contin Control Deilmon	Whether in the greenhouse or the win-	There were seven men standing on the rear platform of a Gratiot avenue car, an
ed by telegraph that the Supreme court of the State of Maine had finally pronounced	within them, and dooms them to such	names of three islands situated in the Eng- lish Channel near the French coast, and	E	SPAVIN CURE	Nova Scotia Central Railway.	dow-garden, plants that have done their best all winter are now being made	every one of them were smoking, when
upon the long-discussed case of the murder	hopeless failure, as indulgence and flattery.	which with a few smaller ones form the	Le Charles	OPAVIA CONE		ready for their season in the open air.	woman signalled the conductor to stop. H held the door open, but she stood and su
of Cashier Barron of the Dexter Savings	-Youth's Companion.	group known as the Channel islands. The			TIME TABLE No. 1.	While they remain within, the increasing	veyed the crowd for a moment, and las n
Bank, the whole country felt a throb of	Pope Gregory did It.	cattle of these islands are similar in most			COMMENCING MONDAY, DEC. 23rd, 1889.	heat requires that they have greater care	one moved she sweetly requested : "Cor
pleasure and relief. When, twelve years		respects and have been known by the gen-	100		LUNENBURG to MIDDLETON.	in ventilation and in freeing them from in-	ductor, won't you please knock out one sid of the car, so that I can get out without
. ago, this dreadful murder was made pub-	WHY 1900 WILL NOT BE A LEAP YEAR.	eral appellation of Channel Islands cattle, although when first introduced into this	<b>HIYARMOUTHSS CO HI</b>	EALE	Daily,-Passengers and Freight.	sects. Plants that are taken out in summer, if wanted to bloom in pots next winter,	disturbing those gentlemen ?"
lic, wide-spread attention was drawn to the occurrence because of the peculiar hein-	The question is often asked: "Will the year 1900 be a leap year?" It will not.	country they were all called Alderneys.		The Most Successful Remedy ever discovered, as it is certain in its effects and does	Miles STATIONS.   1   3	should be set in the pots; if turned out	Throwing Away Time.
onsness of the crime. A man is struck	When Julius Cæsar revised the calendar	They are all more or less distinguished for	(LIMITED.)	not blister. Read proof below.	0 Lunenburg, depart 7 30 7 15	in the open ground, they cannot be satis-	
down while in the discharge of his duty,	he appointed an extra day every four years,	their dairy product. But while this	The Shortest and Most Direct	KENDALL'S SPAVIN CURE.	7 Mahone 7 52 7 00	factorily potted again. It is much better to	It was on the rear platform of a stree car as a crowd was going home from th
rendered insensible by cruel blows, his		is a common and general characteristic of	Route between Nova Scotia	OFFICE OF CHARLES A. SNYDER,	18 Bridgewater, arrive 8 25 8 00	start with new plants from cuttings. Such	theater.
	Now the ordinary year is 11 minutes and	the cattle of the Channel Islands, those of each of the islands named are kept distinct	and the United States.	CLEVELAND BAY AND TROTTING BRED HORSES	Bridgewater, depart     8 40       25     \$Northfield       29     Riversdale       9 15	plants may often be plunged in the border in the pots, with good results. Pots that are	"Let's see," mused a man who was jan med on the railing to the one on his left
in the bank vault and left there to die. Seldom has a deeper thrill of horror and of		and no crossing is permitted; neither are	The Quickest Time. Only 17 hours between Yarmouth and Boston.	DE B I KENDATE CO	34 New Germany 9 30	set out should stand on a layer of coal-ashes	nave we been introduced :
		Contraction of the second seco		Dear Sirs: I have always purchased your Ken- dall's Spavin Cure by the half dozen bottles, I would like prices in larger quantity. I think it is one of the best liniments on carth. I have used it	41 §Cherryfield	to keep out worms. Such plants should	"Ah! And mine is Porter. Mr. Tay
crime became known. When, some months		mitted to be brought into any of these is-	THE FAST STEEL STEAMER	one of the best limitents on earth. I have used it on my stables for three years.		be kept in partial shade but never under	lor, you are throwing time away trying i get my watch. It is an old one and out
later, the theory of a detective was pro-		lands other than for immediate slaughter for	YARMOUTH	Yours truly, CHAS. A. SNYDER.	64         Alpena         11 00           68         \$Cleveland	the drip of trees. Roots of dahlias and	repair, and won't bring you \$2."
	we kept borrowing from the future, until	beef. The cattle of the island of Jersey and those of Alderney resemble each other	WILL leave Yarmouth for Boston every Wednesday and Saturday Evenings	KENDALL'S SPAVIN CURE.	70         Nictaux         11 18           74         Middleton, arrive         11 30	cannas, and bulbs of tuberoses and gladi- olus, if laid in boxes of soil, exposed to the	
	in 1582 we'd borrowed ten days. Pope Gregory XIII started to correct this. He	more closely perhaps than those of Jersey	after arrival of the train of the Western	BROOKLYN, N. Y., November 8, 1888.		sun during the day, and taken in at night,	-Finucane called on Mike Leary's elde boy, Tim, and found that the fine broth
the funds of the bank, his theory found no	oregoi j min blartod to corrott that the	and Guernsey, but the points of difference	Counties Railway. Returning, will leave Lewis' Wharf, Boston, at 10 a.m., every		MIDDLETON to LUNENBURG. DailyPassengers and Freight.	may be appreciably forwarded, and ready	a boy was pale about the gills, losing fles
acceptation save in one town in the coun-	ber 15, and, to square things, ordered that	between the cattle of all these islands are	Tuesday and Friday, connesting at Yar	used it for Lameness, Stiff Joints and	Miles STATIONS.   2   4	to plant outAmerican Agriculturist.	and the picture of despair. "Howly jaisy, Tim, it's murtherin' i
try. In Dexter alone, where this man had	centurial years should not, as a rule, be	so slight that they might with some pro-	mouth with train for Halifax and Intermediate Stations.	ally recommend it to all horsemen. Yours truly, A. H. Compare, Manager Troy Laundry ables.		Woman's Walk.	ye're lukin'! Fwat in the name av th
for years been known and respected, where	leap years.	priety all be classed as a single breed.	The YARMOUTH carries a regular mail to		0 Middleton, depart 3 00 4 Nictaux		karken's the mather ?" "Finucane !"
his reputation had been unstained even by	But, if leap year is omitted regularly each hundredth year, we pay back nearly	The Guernseys will average more than the Jerseys, and the Jerseys will average larger	and from Boston, and is the fustest Steamer plying between Nova Scotia and the United	ACRUALL 3 SPAVIN CURE.	6 \$Cleveland	It cannot be out of place here to suggest	"Yis."
	a day too much; so Pope Gregory further		States. Fitted with Triple Expansion En- gines, Electric Light, Bilge Keels, etc.	DR. B. J. KENDALL CO.	12         Albany         3 36            22         \$Dalhousie         3         3	the advisability of opening classes, where children, girls especially, might be taught	"Ye know that blathering spalpeen av Widdy Costigan's second husband's stepso
his tragic death. In the bank to which he	ordered that every centurial year which	distinction between the cattle of these sev-	The steamer CITY OF ST. JOHN leaves	Gents: I feel it my duty to say what I have done	29 Springfield 4 27	the science of walking. Mothers should	Jamie ?"
had given the best years of his life, direct-	could be divided by 400 should be a leap	eral islands in the matter of color. Fawn color, squirrel grey, light and dark brown,	Pickford & Black's wharf every Monday even- ing for Yarmouth and intermediate ports, re-	twenty-five horses that had Sparving, ten of Ring Bone, nine afflicted with Big Hend and seven of Big Jaw, Since I have had one of your books and followed the directions, I have never	40     New Germany     5 00       45     Riversdale     5 15	be natural teachers, but many who are	"That I do." "He bet me a dollar to a pint I couldn'
ors were discovered who were not only		all, with or without white markings, are very common. The Guernseys and Alder-	turning leaves Yarmouth every Thursday at		49 §Northfield	rigidly careful in all other particulars seem	schwally an igg widout br'akin' th' she
willing to believe so absurd a theory, but were willing so far to adopt it as to take		neys perhaps have a larger proportion of	7 a m standard time. For all other information apply to F Cross-	Vourstruly, ANDREW THENER	Bridgewater, depart 6 05 6 30	absolutely indifferent on this important	av it." "Naw !"
	years in three centuries, and finally square	the light fawn and yellowish shades than the Jerseys.	kill, Station Agent, Bridgetown, or to W. A. CHASE, L. E. BAKER,	KENDALL'S SPAVIN CURE.	65         \$Blockhouse	point. In fact, after showing them navi- gation by means of their legs, duty is be-	"Yis."
children of the murdered man, of the small		the Jerseys.	Secretary and Treas. Manager	Price \$1 per bottle, or six bottles for \$5. All Drug-		lieved to be at an end, and no matter how	"Did ye do ut ?" "I did."
property of which they were possessed,		The Pig Pen.	Yarmouth, March 20, 1890.	gists have it or can get it for you, or it will be sent to any address on receipt of price by the proprie- tors. Dr. B. J. KENDALL Co., Encoburgh Falls, Vt.	Trains are run on Eastern Standard Time. One hour added gives Halifax time.	wretchedly a child moves the parent rests	"Thin fwhat's ailing ye ?" "It's doon there. If I joomp aboot I'
upon the pretense that the cashier's estate		A little charcoal is a good thing to give	TA ANULO O D	TOLD BY ALL DRUGGISTS.	§Indicates that trains only stop when sig- nalled, or when there are passengers to be set	satisfied with only spasmodic attempts at	have the set and out me at monthly wid the 1 h
was indebted to the bank for the amount secured by the murderers.	years. Sixteen hundred was a leap year,	pigs occasionally, to correct acidity of the stomach. A western writer advises farm-	MANHOOD		down. Trains connect with Windsor and Annapolis	correction. Whether the ungraceful wob- ble, the halting step, and painful stoop so	If I kape quiet the dom thin'll hatch oot
	2,000 will be, but 1900 will not be. Any	ers to winter one more good breeding sow,	How Lost How Destared I		Railway at Middleton for Annapolis, Yar- mouth and Halifax.	commonly seen is attributable to careless-	in me inshides."
children rest under this imputation, which,	centurial year that can be divided by 400	sell the first litter of pigs in the spring and keep the rest for profit. The first, he cal-	How Lost, How Restored !		Steamer "Evangeline" makes daily connec- tion each way between Annapolis nnd Digby,	ness or unnatural dressing, certain it is	Manual Manual On 1 12
to the shame of the people of Dexter be it	will be a leap year.	culates, will pay all expenses.	Just published, a new edition of		connecting with Western Counties Railway at Digby for Yarmouth.	chart bix out of every ten women walk	TEXAS VS. KANSAS.—Several gentleme from different States were discussing th
said, grew no less by the lapse of years. Little of charity, even, had the people of	How to Stop Bleeding.	We have said it several times and we say it again, don't neglect to give pigs all the	Dr. Culverwell's Celebrated Essay on the radical cure of SPERMATORRHEA OF		Steamer "City of Monticello" leaves St. John for Annapolis every Monday, Wednesday	abominably. To be upright and easy in	merits of their particular homes.
that Maine village for the memory of a	Some persons have a tendency to bleed,	salt they want. They relish it and need	incapacity induced by excess or early indis-		and Saturday, a. m., returning same day. Steamer "Yarmouth" leaves Yarmouth for	one's movements is only as nature intended, and unless deformed there is not the slight-	"Kansas is a great State. We rais sixty bushels of corn," said a man from
brother man. Little of kindness of heart		it. Often it would keep the bowels in good condition and prevent worms. All	cretion. The celebrated author, in this admirable	ale?	Stoomer "Dridgewater" makes two trins	last avance for the shared loss it it	Kansas, "and 200 bushels of potatoes t
had they for those who were bowed with	cut scratch or the extraction of a tooth.	domestic animals need salt.	essay, clearly demonstrates from a thirty years' successful practice, that the alarming		from Lunenburg to Halifax each week, re- turning the following day.	ed on the streets every day. Why children	"But have you Kansas people any mar
grief for their loss and covered with shame	will cause profuse bleeding, and sometimes	When a good breeding sow has once reached maturity, it costs but little to	consequences of early error may be radically cured; pointing out a mode of cure at once		Stations.	are permitted to grow up pigeon-toed.	ket for your produce?" asked a man from
by the unjust aspersions of their fellow villagers.	endanger life. When from the latter	keep her, while she may be safely counted on for two litters of pigs a year. Pigs	simple, certain and effectual, by means of which every sufferer, no matter what his con-		GEO. W. BEDFORD, General Manager.	round shouldered, crooked, and awkward is a proposition left open for further dis-	Certainty they have, responded an en
At length light came. Two years ago	up in lint in the form of a cork or plug.	from such a sow are more thrifty and vig-	dition may be, may cure himself cheaply, privately and radically.	THE DACKING WAMED MOMOD		cussion.—New Orleans Times Democrat.	vious Texan; "they raise enough grass hoppers and potato bugs to eat up te
a young villain, impelled by feelings of	dip it in spirits of turpentine and press it	from a second second all a 11 a 16 all a 1 and	every youth and every man in the land.		Windsor & Annapolis Raiw'y		times the corn and potatoes they ca
revenge upon his father, confessed the plot	firmly into the cavity. Change it every 10	also young.	Sent under seal, in a plain envelope, to any address, POST-PAID, on receipt of four cents or	-is the most-		COPIING A LISSUE PATTERN Any one	raise."—Texas Siftings.
and the dreadful deed. Two desperate men		No decent pig can grow and thrive well in a dirty pen. Wallowing in the miry	CANDID OF MEDICINE PRES	Economical Power Known	Time Table.	who has struggled with the task of "taking	-" Mr. Sharpleigh," said that gentle
were arrested,—men, who for years had been a terror in the section of this state in	Let the last plug remain in over night, and	filth is not so congenial to its nature as	The Culverwell Medical Co	-: FOR :		off," as they express it, a tissue pattern, will agree with me that it is just about as	man's wife, "Yes, my dear," "Yo
which they lived. They were tried and	in tenid water until it is loosened using	some think. Take one from a wet, dirty	41 Ann St., New York, N. Y.		Milee. Bapress Express Bapress Daily. Tars. and Freight aasonges and Freight Daily.	tiresome a thing as falls to a woman's lot	
convicted of the murder of this man.	cold water after the first few mouthfuls.	without any change of food, and see how	Post Office Box, 450.	DRIVING LIGHT MACHINERY	Miles. Express Bapress Daily. Thur nos. thur thes. a non- these these for the form	to perform However like everything elee	unkind and disagreeable of you, too.
There are few communities in our coun-	Bleeding from the nose is seldom serious	quickly it will start up and put on more rapid growth. Proper surroundings make	EVOFICIOD	It takes but little room. It never gets out of repair.	GOING EAST.	in life, a little ingenuity will save hours of	thought I wouldn't notice it." "Notic
try which would not have hailed with	except in old persons. It is often good in t	all the difference in the world with man	EXCELSIOR	It can not blow up.	Ex Ex	worry. Let the material upon which you	what?" That you did nothing this more
delight the vindication of the memory of a friend and neighbor. Not so the	children, if not too copious. If symptoms	and beast.	Package	It requires no fuel. It needs no engineering.	Par Par	lay your pattern be either black or brown cambric. Then call into use your powder	Love Her Still.' And I'll say right her
people of Dexter. Hard-hearted, they	up bathe the face and neck with cold	Farmers, Enjoy Your Advantages.		There is no delay; no firing up; no ashes to	0 Annapolis-leave 1 40 6 00	puff, instead of a chalk pencil, and a deal of patience. A few firm data and you have	that I may have faults ; I know it as
still refused to believe in the innocence of	water, or, dash cold water in the face, or,	It is the scarcity or want of an article that	DYES	clean away; no extra insurance te pay; no repairing necessary; no coal bills	6 Round Hill 1 58 6 25	I now min dates and you have	now much you throw out minus de
their friend, but chose rather to believe	better still, take a cloth or towel, dip in	makes it a delicacy or enhances its value.	ARE UNEQUALLED	to pay; and it is always ready for use.	14 Bridgetown         2 18         6 55           19 Paradise         2 33         7 15	transferred to your goods a perfect copy of	chant Traveller.
the worst. The law had purged his mem-	cold water and bandage the forehead, and	We should prize and enjoy more fully the opportunities and privileges that are with-	-: FOR :	Is is invaluable for blowing Church Organs,	22 Lawrencetown         2 43         7 30           28 Middleton         2 58         7 55	the innumerable small holes that go to	-Mr. Barnum once told of an old lad
ory, but the people of this village refused to accept its decision. Like the Israelites		in our reach, and not be repining and com-	SIMPLICITY OF USE, BEAUTY OF COLORS, AND THE LARGE AMOUNT	for running Printing Presses, Sewing Ma- chines, Turning Lathes, Scroll Saws, Grind	32 Wilmot t3 10 8 11	make the major part of a paper pattern and a desperate backache. Must I admit it?	who was so deaf that, when some playfu
of old they clamored, "Give us not this	This action has the effect of contracting	plaining because we cannot have imaginary blessings that would in reality be inferior	OF GOODS EACH DYE WILL COLOR.	Stor 98, Coffee Mills, Sausage Machines, Feed	42 Aylesford 3 37 9 00	This bright and original idea emanated	chaps fired a small cannon near the ol lady's door, she merely said "come in.
man but Barabbas." They even called	the muscles of the neck and diminishing	to those we possess.	The Colors, namely, are supplied :	Cutters, Corn Mills, Elevators, etc. Four-horse power at 40 pounds pressure of	47 Berwick	from man's brain. Seeing his best beloved	"That was a pretty fair story when
upon the legislature for a change of the	the rush of blood to the head. In very ob-	By improving all the chances for enjoy- ment with which we are surrounded, life	Yellow, Orange, Rosine (Pink), Bismarck, Scarlet, Green, Dark Green, Light Blue,	water. It is noiseless, neat, compact, steady	50         Waterville         4         05         9         35           52         Cambridge          t4         13         150         46           54         Coldbrook	engaged in a hand-to-hand fight with the	heard it some time ago," continued th veteran; "but I heard one a day or tw
statute which would allow an appeal of the	stinate cases pinches of very finely pow-	on the farm is more independent and more	Navy Blue Seal Brown Brown Black	IT IS VERY CHEAP.	54 Coldbrook	intricacies of darts and seams, the poor	since that beats it Two contlamon way
murderers to the full bench of the supreme court of the state. The legislation was	sunfied up the nostrils Plugging the nos	satisfactory than any other. Besides all the fresh fruits, vegetables, milk, cream	Garnet, Majenta, Slate Plum, Drab, Purk or Violet, Maroon, Old Gold, Cardinal, Red.	PRICE, \$15 to \$300.		fellow, in a fit of desperation, exclaimed, "Run and get your puff ball." When, in	One of the pedestrians was somewhat har
finally obtained.	trils should not be resorted to unless by a	and butter, you can have healthy eggs,		Send for circular to the Backus Water	64 Port Williams         5 00         11 10         6 00           66 Wolfwille         5 08         11 19         6 10	less time than it takes to tell it. my lady	of hearing. Along came a train, and th
This high tribunal has now spoken and	physician, for if not properly done the	spring chickens, young ducks-verily, food for the gods !can you name any articles	To Ladies and Dyers.	Motor Co., Newark, N. J., stating paper you	69 Grand         Pre         5 18         11 32         6 25           70         Horton Landing         t5 22         t11 37         t6 30	was beaming upon him in just the sweetest	said the deaf one, "that's the first robi
in no uncertain tone. The memory of	blood, instead of being stopped, finds its	of food that an epicure prizes more highly, and at so small cost to you? You have but	THE BEST KNOWN for all such purposes as Coloring Yarn. Mat Rags. Wool.	saw advertisement in.	72 Avonport t5 29 t11 45 t6 40	sort of a way.—Philadelphia Inquirer.	I've heard this spring."'

.

and at so small cost to you ? You have but as Cold

5 44 12 05 6 59

6 00 *t*12 25 6 07 12 35

HOME WOMAN'S REALM.-Home is the THE ADVANTAGE .- "I had more

habitation of woman. In the home all than he had to carry on the suit, yery mean individual who had just said that is characteristically feminine in women Unrivalled in tone, Handsome in appearance, Unrivalled in durability, AND NOT EXCELLED BY ANY PLANCE, NANUPACTURED BY ANY PLANCE, Soll & GENTS, MIDDLETON, N. S.
EXHAUSTED VITALITY. The Science of Youth, and the encode of You have and the second of You have and the second one. The Science of You have and the second one. The Sold and Jours and The Science of You have and the second one. The Sold and Jours and You have and the second one, the Sold and Jours and The Science of You have and the Science of You have and the Science o A march is read as a worked to the author by the National March is delivered to the second march is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by the National March is delivered to the author by

This high

 $\begin{array}{c} \text{cannet barron is purged from the faintest} \\ \text{suspicion of wrong doing, and his murder} \\ \text{ers are delivered over to the extreme pen alty of the law. "Neither would they believe," says the scripture, "though one rose from the dead." Despite all this accumulation of evidence, despite the solemm decision, unanimously rendered by the highest legal tribunal of the state, despite the solemm decision and more put tribute and the state, despite the solemm decision. The state, despite the solemm decision will be eat the state, despite the solemm decision. The state, despite the solemm decision are not state. The state, despite the solemm decision will be state, despite the solemm decision. The state, despite the solemm decision will be state, despite the solemm decision. The state, despite the solemm decision will be state, despite the solemm decision. The state, despite the solemm decision will be state, despite the solemm decision. The state, despite the solemm decision will be state, despite the solemm decision. The state despite the solemm decision will be state. The state despite the solemm decision will be state, despite the solemm decision. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solemm decision will be state. The state despite the solement despite the solemm decision will be despited the solement despite the solement desp$ <text><text><text><text><text><text><text><text><text><text><text><text><text><text><text>

buy enough low pleasure to nourish animal desire and weaken self-control, until appe-tite rules and reigns over him. It is only necessary to increase the week-It is only necessary to increase the week-

<text><text><text><text><text><text>

ways. But the reporter added to his narrative, "No such result is likely to happen, if his confident swagger in court counts for aught." Every one says, "How cruel! How base !" Yes, it was very cruel and very base. There is only one thing more cruel.



Freights handled carefully.

STIPENDIARY MAGISTRATE, DISTRICT NO.2 H. H. BANKS,

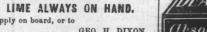
Barrister, Solicitor, Etc.

MIDDLETON, - N. S.

A COOK BOOK By mail to any fady sending us her post office address. Wells, Richardson & Co., Montreal.

EVAN5 PIAND	77 Hantspor 82 Falmouth 84 Windsor. 90 Newport. 93 Ellershou 103 Mount Ut 113 Beaver B 116 Windsor 121 Bedford 126 Rockingh 129 Richmond 130 Halifax		
	Miles.	GOING	
ey are light in touch. Unrivalled in tone,	15	Halifax- Richmond Rockingh Bedford	





Bridgetown, May 27th, 1889. tf

Parker Market Building,

WILL make weekly trips between this port and St. John during the sea-son, calling along the river. USE DEARBORN & COS/ Apply on board, or to GEO. H. DIXON. absolutely Dure SPICES CITARTAR See our quarantee on every package. PRODUCE COMMISSION AGENT, (Best is Cheapest) Halifax, N. S.

-ALL KINDS OF-Christmas Oards,

time in soap suds is good for them when the wicks will not move freely. Always fill every day and in the daytime. Never light a nearly empty lamp, as the space is filled with explosive gas. Neither is it best to blow down a chimney when nearly empty of oil and turned up high. EAT MORE FRUIT.—Meat three times a

EAT MORE FRUIT .- Meat three times a

LAT MORE FRUIT.—Meat three times a day is more than average down town dwelling human nature can endure. Func-tional disturbances of the liver, gall stones, renal calculi, diseases of the kidneys, dys-pepsia, headache, fits of ill temper or of the blues, irritability and general absence of the ivor of life are larged due to are

Farm Produce Sold on Commission. THIS PAPER may be round on file at see. THI

(Best is Cheapest) Askyour Grocer for them NOTICE. Piotures and Framing in variety, Ohristmas Oards,

