

WOMEN and THE HOME

HALF CENTURY DISCOVERS W.C.A. STILL FLOURISHING

Will Ask City For \$75,000 in Grants For London Institutions.

ELECTS MRS. HUNT

The Women's Christian association completed a half century of splendid endeavor in the city of London yesterday, with the holding of the 50th annual meeting in the Victoria home for incurables, South London. Mrs. C. B. Hunt, president of the association for the past two years, was again returned to that office, receiving an acclamation. For the past 50 years the organization has been fortunate in just such excellent presidents as Mrs. Hunt, whose services to the society were warmly lauded at the meeting.

This year the Women's Christian association is going to the city of London for a \$25,000 grant for the Victoria home for incurables and a \$50,000 grant for the aged people's home in North London, both of which are run under its management.

It was pointed out at the meeting that although the organization has enjoyed 50 years of work in the city, it has but once before appealed to the city for financial help. That was five years ago, when the association received a grant of \$50,000 from the city to assist in the enlargement of the Victoria home for incurables. The institutions are financed entirely through government grants and voluntary gifts and bequests.

\$83,671.80 Handled.

According to the treasurer's report, presented by Miss Christine McIntosh, the total amount of money which passed through the treasury last year was \$83,671.80.

The expenditure in connection with the home for aged people last year amounted to \$21,930.23, the cost per patient per day being \$1.20, a decrease of \$1.20 in 1974 to \$1.00. This was due to the fact that improvements made at the home this year were less costly than the improvements necessary last year.

The Victoria home expenditure amounted to \$49,510.50, the cost per patient per day being \$1.20, a decrease of 12 cents a day over last year. In both homes there is great need for extension. The new wing, which is just being completed in connection with the Victoria home for incurables, will be opened in about two weeks.

Is Already Filled.

The actual opening of the wing, accommodating 30 more patients, will see it filled, however. Almost two wards will be emptied from Victoria hospital, patients being kept there for some time on account of lack of accommodation at the Victoria home. Many applicants have been received from different parts throughout the district. The home for aged people is also overcrowded and an addition is badly needed there.

The aim of the association now is to build a second wing on the Victoria home and to build an extension to the aged people's home, should the bylaws go through which are to be put to the people of London next December.

Miss Little, superintendent of the aged people's home, and Miss Laura Griffin, superintendent of the Victoria home for incurables, gave excellent reports of the work which is being carried on in both institutions. Miss Griffin made the suggestion that annual reports of the work be printed and distributed in the district. This suggestion was carried by the meeting. Other excellent reports of the work were given by the different conveners.

Elect Officers.

The election of officers featured the meeting. Mrs. C. B. Hunt being again returned as president, Miss Jennie Moore, Mrs. John Currie and Mrs. William Lamb as vice-presidents, and Miss Christine McIntosh as secretary-treasurer.

The board of directors includes Mrs. C. B. Hunt, Mrs. D. S. Perrin, Mrs. John Currie, Mrs. William Lamb, Mrs. E. F. Brighton, Mrs. P. L. Brighton, Mrs. Jeffrey Hale, Mrs. Joseph Marshall, Mrs. Max Lermer, Mrs. Cummings, Mrs. J. K. McDermid, Mrs. John Hyatt, Mrs. Bickell, Mrs. R. W. Travers, Mrs. W. E. Kelly, Mrs. Henry Meek, Mrs. C. J. Burns, Mrs. S. J. Moore, Miss C. Cannell, Miss Emery, Mrs. J. E. Bowen, Mrs. Mayer and Mrs. W. B. Bateson.

At the close of the meeting tea was served by Miss Griffin and her staff.

BLTYH

Special to The Advertiser. Blyth, Oct. 23.—The rate of taxation in Blyth for 1975 is 47 mills on the dollar. In addition there is the frontage tax for the new pavement on Queen and Dinsley street east.

Anniversary services were held in St. Andrew's United church Sunday morning and evening and were well attended. The special preached for the occasion was the Rev. W. D. McDonald of Edmontonville.

Miss Martha Moore of Toronto has returned home after visiting Blyth relatives.

Mrs. Rogerson returned from Toronto after spending ten days with relatives.

The memorial hall committee have made arrangements for the election returns on Thursday.



OF ORIENTAL SILK.

A smart fur-trimmed coat with an elaborate pattern in Oriental colored silk is shown above. The design introduces a flower and foliage picture against a background of black satin.

MRS. CRIPPS RECEIVES GIFT FROM POLLYANNAS

Interesting Event Takes Form of Halloween Social at Mrs. Holmes.

An interesting event of last night was the presentation of a token of appreciation from the Pollyanna club to Mrs. C. B. Cripps, one of the first presiding officers of the club.

The gift was a beautiful little gold barpin, on the face of which was simply engraved the name "Pollyanna." On the back of the pin was a brief yet appropriate inscription. It was the gift of the club members. The event took the form of a Halloween party at the home of Mrs. B. Holmes, Eva street. The rooms were gay with Halloween decorations, and a very jolly evening was spent in games and music. There were about twenty guests. Mrs. Holmes and Miss Phyllis Holmes looked after the refreshments, while the entertainment was arranged by Mrs. Short and Miss Blanche Stott.

WALLACEBURG Y. P. HOLD BIG HALLOWEEN PROGRAM

Special to The Advertiser. Wallaceburg, Oct. 23.—The young people's society of Knox Presbyterian church held a social evening in the Sunday school room on Monday evening, when a Halloween program was staged. The schoolroom was decorated with seasonal emblems. The entertainment was attended by about 200 people half of whom were in costume.

Following are the prizewinners for the best and most original costumes: A. Chapman, "Pocahontas," and Mrs. Albert McKibben as a fat man and Mrs. Harvey Deshane as a ghost. The largest number of correct guesses being given by Dave Boyles.

The program consisted of a piano duet by Misses Mary Purser and Edna Sutherland; bagpipe selections by A. Chapman; a reading by Mrs. Lorne Haggerty; a vocal solo, The Prisoner's Song, by W. C. Oliver. At the close of the program the company adjourned to the hall, where refreshments were served. The evening was in charge of group number 200, captained by Morgan Dalgaty, and Mrs. C. Baughmann was the convener of the social committee. The receipts amounted to \$43, making the evening a record in the history of the young people's society.

Rideau Hall Coffee is sealed in by the vacuum process. The delicious, fresh-roasted flavor is thus retained right up to the time you pour it into the cup.

Rideau Hall COFFEE.

HYDE AULD WILL VISIT MUSIC CLUB

Distinguished New York Baritone To Sing in London on Monday.

A very interesting concert is promised by the Women's music club for Monday evening next, when the visiting artists will be Hyde Auld of New York, distinguished young Canadian baritone, and Miss Flora Matheson, talented Toronto violinist. Miss Lela Ward of Guelph will act as accompanist. Mr. Auld made his debut in New York last season where he had a most flattering reception from critics and lay audiences.

Like Edward Johnson of the Metropolitan Opera Company, Mr. Hyde Auld has his home in Guelph. It was during the painful and weary process of recuperation from wounds received during the late war that Mr. Auld began to study music as an antidote to shattered nerves.

It quickly became a serious interest with him, and he determined to make it his life work. Mr. Auld made his debut in New York last April, and is returning there again shortly.

CLUB NEWS

NORTH STREET W. M. S.

The W. M. S. of the North street Presbyterian church held a very successful thanksgiving meeting at the home of the president, Mrs. J. E. Scott. There was a splendid attendance and some new members were secured.

Mrs. W. E. Scott gave a synopsis of the work under the continuing church. Mrs. Wm. Davis read the description of the new boys' and girls' residence at New Liskenard, and Mrs. J. Burtwistle gave extracts from the work in India under Dr. Wilkie. Sentences were given by Mrs. W. E. Scott and Mrs. Thomas. The service was read by Mrs. M. Taylor, and the ladies' quartet contributed to the program.

WEDNESDAY FOUR O'CLOCK'S

The third in the series of Wednesday 4 o'clocks was given by the students of the Institute of Musical Art, yesterday afternoon. Jordan, the musical director, presiding. The following pupils participated in the program: Marion McMahen, Edith Miller, Margaret Brown, Gwendolyn Doupe, Jack McDonald, Elsie Ford, Jean Goodlock, Lenore Carter, Harold Chandler, Dorothy Heard, Barbara Buckle, Edith Bow, Gladys Chapman, Ruth Beamish, Mary Beard, Jean Merritt, Annie Holoff, Jean Reid, Marjorie Little, Edith Hall, James Laidlaw, Geraldine Hooper, Billy Waters, Francis Kunz, Franklin Kunz, Aileen Guymer, Lillian Dickens, Mary Ford and Lenore Carter. The teachers represented were Misses Marjorie McAllister, Irene Burns, Rae Kaplan, Hazel Taylor, Alberta Tordy, Dorothy Heard, Margaret Brown, Gladys Roedding, Jennie Steele and Gladys Sharpe.

L. A. TO B. OF R. T.

The regular meeting of Victoria lodge, No. 120, L. A. to B. of R. T., was held in the Alma block last evening. Several applications for membership were accepted. Interesting social plans were discussed, after which a mystery prize, donated by the president, Mrs. S. Buckle, was won by Mrs. J. Hill. At the close an enjoyable half-hour was spent in a social way, when dainty refreshments were served by Mrs. Crosby, Mrs. Cripps and Mrs. Hill.

The ladies are loaning the hall on the next meeting night, Nov. 11, to the B. of R. T., No. 240, for a euchre and social evening. The proceeds will be a benefit for the ladies' auxiliary.

An afternoon euchre is being arranged for Nov. 25. At this time the plans will be in charge of Mrs. Kelly, Mrs. Crosby and Mrs. Innes.

CHILD WELFARE ASSOCIATION

A very outstanding speaker comes to the city this week in the person of Dr. J. T. Phair, of Toronto, director of child hygiene for the provincial department of health, and formerly director of medical inspection of public schools in Toronto, who will address a meeting of the Child Welfare Association at the Chamber of Commerce rooms at 3:30 o'clock tomorrow afternoon. It is hoped that many persons interested in the welfare of children will be present. The association is interested in the health of the nation will attend this session.

LONDON DRAMA LEAGUE

An exquisite poetic-drama, The Postoffice, is being presented in December by the London Drama League. The play is from the pen of Sir Rahindranath Tagore, and The Postoffice is probably one of the most beautiful of the writings of the great Indian dramatist. It has been translated from the Hindustani, and was first produced by the Arts and Letters club of Toronto. Miss Lorna Rumball and Mr. Basil Morgan will direct the production.

FACULTY CLUB

The opening meeting of the Faculty club, held yesterday afternoon at the arts' building of the University of Western Ontario, was a delightful informal affair, bringing the members together again after the vacation months. The members were in charge of the first prizes and Mrs. French and Mr. Breakpear the second prizes. At the conclusion of the games light refreshments were served.

FOREST CITY HIVE

Forest City Hive, ladies of the Macabees, held a most enjoyable euchre at the home of Mrs. Barton, Dundas street last evening. Some fifty-seven guests were in attendance. The first prizes fell to Mrs. D. A. McEwen and Mr. Mantz, while Miss E. Stinson and W. Durick were awarded the consolations. The light refreshments served at the conclusion of the games, were looked



FOR SPORTS WEAR.

Here is a neat jumper sweater of curly wool that may be quickly made by the wearer, provided she is dexterous in the handling of the knitting needles. It is smart and warm for sports wear.

after by Mrs. R. Wilson, assisted by Mrs. E. Inley, Miss Pryce, Mrs. Barton and Mrs. Summers.

WORTLEY ROAD CLUB

A very successful money shower was held last night at the home of Mrs. J. E. Scott, in aid of the Wortley Road Mothers' club. The rooms were most attractively with Halloween decorations, and the many costumes of the guests. The hostesses were Mrs. G. Brown, Mrs. G. Coates, Mrs. T. Purdon and Mrs. T. Lucas. Music and interesting contests formed the entertainment of the evening, and very dainty refreshments were served to some 25 guests.

Mrs. A. E. Roberts, 138 Tecumseh avenue, is loaning her home on Tuesday next, November 3, for a children's wear show.

ST. JOHN'S UNIT

Mrs. William Foley, of 143 Wellington street, loaned her home to the St. John's Mothers' Unit last evening for a euchre. Some 16 tables were in play, and Miss Derr was the winner of the high score prize, while William McKenough carried off the consolation award. Dainty refreshments were served at the conclusion of the games.

TRAFALGAR MOTHERS' CLUB

A Halloween tea and sale of home-cooking is being arranged by the Trafalgar Mothers' club for Saturday afternoon, October 31, at the kindergarten of the school. It is planned to have real food, especially for the children, than to buy these fancy packages which, without milk, are hardly foods at all. Certainly you would.

FEED YOUR CHILDREN UPON GHOST CEREALS

If you will, but a farmer would laugh at you if you told him to feed them to his live stock, for he would know that live stock will soon die if fed upon them exclusively. Yet your children have not half the resistance of horses and cows. Then why feed them foods that will kill horses and cows?

Ghost cereals is the name science applies to certain substantial cereal foods whose chief claim for your attention is flavor and ease of eating. Now would you not like to buy real foods, especially for your children, than to buy these fancy packages which, without milk, are hardly foods at all? Certainly you would.

Well, Dr. Jackson's Roman Meal is precisely such a real food. Science has proved it is the darker, rougher parts of the grains that nourish and build sound and vital health. Roman Meal has the dark parts of three whole grains with bran, used in proportions to make a balanced human food. Beef contains 522 parts of the pound; Roman Meal contains over 1,600 food units to the pound. Prevents indigestion, positively relieves constipation. A truly wonderful food. You ought to try Roman Meal. At grocers.—Adv.

DENFIELD

Special to The Advertiser. Denfield, Oct. 23.—A large number from Denfield attended the anniversary services held on Sunday in the United church at Clamdebove, when the Rev. J. W. Brown of Lunenburg occupied the pulpit.

On account of the illness of the Rev. W. W. Wylie of Alisa Craig, pastor of the United church, there was no service held in the Baptist church on Sunday.

Relation of the Liver and Kidneys

Such that each suffers when the other is deranged—Both regulated by Dr. Chase's Kidney-Liver Pills.

When the liver becomes sluggish or torpid in action, the kidneys have to help out with the work of filtration. When the liver fails the kidneys have all the work to do.

Hence the beginning of trouble is usually biliousness, indigestion and constipation and after a time the kidneys begin to be affected and there comes backache, urinary derangements and kidney disease.

The remarkable success of Dr. Chase's Kidney-Liver Pills is due to their unique combined action on the liver, kidneys and bladder. They get at the cause of trouble and remove it no matter how complicated it may be. Promptly and thoroughly they cleanse the bowels or intestines, arouse the liver action and thereby relieve the overworked kidneys.

Don't stay head-achy, dizzy, bilious, constipated, sick! One of two pleasant, candy-like "Cascarets" taken any time will mildly stimulate your liver and clear up your skin rashes. Then you will both look and feel clean, sweet and refreshed. Your head will be clear, stomach sweet, tongue pink and your skin roses.

Because "Cascarets" never grip or sicken, it has become the largest selling laxative in the world. Directions for men, women, children on each box—any drug store.—Adv.

THREE CHURCHES MERGE W. M. S.

Mrs. H. A. Lavell, Former Methodist, Heads United Church Board.

Canadian Press Despatch. Toronto, Oct. 23.—Mrs. H. A. Lavell of Kingston, for some years president of the Women's Missionary Society of the Methodist church, was the unanimous choice today of the interim general board of the United church W. M. S., as president of the three merged organizations. Miss Effie A. Jamieson of the Congregational section was chosen as general secretary, and Mrs. E. E. Jones of the Presbyterian section as treasurer. The four vice-presidents are: First, Mrs. John McGilivray, Toronto; second, Mrs. C. R. Crowe, Guelph; third, Mrs. E. E. O'Brien, Toronto, N.S.; fourth, Mrs. W. T. Brown, Toronto.

The joint union committee of fifteen, which Mrs. Lavell is chairwoman, will be retained as the executive committee of the United church W. M. S.

WORTLEY CADETS ARE GIVEN FLAG

Interesting Ceremony Takes Place at School—Mrs. Carnie Makes Presentation.

An interesting ceremony took place at the Wortley road public school this morning, when the Trafalgar chapter, I. O. O. E., presented the cadet corps of the school with a beautiful silken Union Jack.

The pupils assembled in the upper hall shortly after the opening of morning school. A space was reserved at the front for the cadets, who marched into position and lined up before the speakers. Two verses of God's Word were sung, followed by a verse of The Maple Leaf and O Canada. Several hundred heads were reverently bowed while Lord's Prayer was repeated in unison.

The principal of the school, E. Wyatt, then introduced Mrs. T. Carnie, who, in an appropriate speech, handed over the flag to Captain Maier of the cadet corps. Before receiving the flag, Captain Maier addressed his company, and the Union Jack was saluted. He took the flag from Mrs. Carnie immediately afterwards, and in a very nice speech expressed the thanks of the corps for the gift.

The principal G. A. Wheable was also present and delivered a very fine address to the boys on "Our Duty to the Flag." It was not only inspiring but instructive. Three lusty cheers were then given for the Trafalgar chapter, I. O. O. E.

THIS AUTUMN HAS LOVELY FABRICS

Fur and Lace Are Popular For Trimming—Velvet Hats Taken For Granted.

By ALICE LAMONT. Special to The Advertiser. Copyright.

New York, Oct. 23.—The beauty of the fabrics chosen has done as much as the designs originated to make this autumn a bright spot in the fashion year. Gleaming metallic brocades, supple velvets and shimmering satins are being used even for daytime frocks.

The flaring lines of these frocks frequently are terminated by a trim of velvet or fur. The use of draperies, fur now is treated by designers exactly as if it were a fabric. Some of the new fur coats seen in the window displays of the city are made of velvet or fur.

Fur now is treated by designers exactly as if it were a fabric. Some of the new fur coats seen in the window displays of the city are made of velvet or fur. The effect of embroidered flowers or other geometrical designs. Fur gowns are being placed at the bottom of some of the new cloth coats and are even used to give additional swing and grace to the skirt.

Velvet hats are almost to be taken for granted at present. The things which distinguish them from another, however, are the trimmings of lace, leather or fur. The leather usually is used in the form of a gold applique and equally the smart color contrasts with the velvet. The velvet which blends with the soft texture of the velvet.

In Paris the manufacturers are not so crude as to allude to the garments as "furs." They are called "furs" or "insulate" that any customer no matter how stout requires a stiffly-boned corset. There they take the latest "dancing" sashes. These are of very soft materials, decorated with commodious ribbons.

Feel Splendid! Nicest Laxative, "Cascarets" 10c

Don't stay head-achy, dizzy, bilious, constipated, sick! One of two pleasant, candy-like "Cascarets" taken any time will mildly stimulate your liver and clear up your skin rashes. Then you will both look and feel clean, sweet and refreshed. Your head will be clear, stomach sweet, tongue pink and your skin roses.

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WITCHES, GHOSTS AND CATS WILL ENTER CITY SHELTERS



MRS. H. A. LAVELL of Kingston, a former Methodist, who has been elected president of the newly formed general board of the W. M. S. of the United Church of Canada.

Matrons Announce Gay Festivities Will Be in Order On All Hallow Eve.

FUN APLENTY

A group of merry children, cheeks aflame and wide-eyed, chattered merrily on a street corner following school the other day. It was a sort of secretive meeting, at which everyone was most excited over the topic under discussion—Halloween. Now several were going to masquerade parties, and the others were simply going to roam the streets in disguise. Yet all were keenly on tiptoe with the thought of Saturday night.

So it set me a-thinking of the little people in the various shelters in the city, and so I got me busy and inquired of the matrons if the witches, ghosts, goblins and black cats would be admitted within the portals of their various institutions in the city.

Bath Night Interference. Indeed they will be. None of the home youngsters in the city will be lacking of fun on the festive night of Hallow Eve. In every shelter, something is being done to entertain the children. The only sad fate of some is the fact that Halloween and bath night come on the same date, so it has been found more convenient in some cases to have a frolic on Friday night.

Starting with the Protestant Cyprian home, I discovered from "Mum" that a real good time, which is an annual event, was being arranged. Not only will they dress up, but, following a merry chase about the spacious grounds, they will have a treat of maple cream and duck for apples amid the guest of decorations of pumpkins, black witches and black cats.

Will Have Visitors. There will be some 55 children to enjoy the fun, and also about 100 people, not counting interested people in the neighborhood who might plan to pay a visit that evening.

Next I made an investigation of the Roman Catholic home in South London. The same plans were reported, and it is expected that many persons in that part of the city will drop in on the tiny folk and enjoy with them All Hallow's Eve.

It was learned from the Ronald Gray Home that a double feast of pleasure was in view. Tonight the residents are to be entertained by a church society, while tomorrow night they are invited to St. Andrew's United church to be entertained by one of the groups there.

WALLACEBURG

Special to The Advertiser. Wallaceburg, Oct. 23.—The regular meeting of the Catholic women's society was held in the parish hall on Monday evening and was largely attended. At the conclusion of the unfinished business, Mrs. James Golegoff and Mrs. William Schreier were appointed as delegates to attend the diocesan convention to be held in Sarnia on Nov. 4 and 5.

A very successful cure social was held on Friday evening in the parish hall under the auspices of the fancy work booth of the forthcoming Altar society bazaar, which opens on Nov. 12, 13 and 14. The following were the prizewinners: Mrs. D. M. Lord, Mrs. G. Arnold, G. Hess, G. Hing, Mrs. J. Brunt. The convener of the booth is Mrs. D'Arcy McGuire.

Miss Mabel O'Connor, R.N., of town, and her sister, Miss Margaret O'Connor of Oungarey, attended the funeral of their aunt, Mrs. Anna Turner at River Rouge.

Uncle Wiggily AND A PRICKLY CHAIR.

By HOWARD R. JARIS.

"Cock a doodle doo!" crowed Charlie the little rooster boy. "Cackle ackle ickle!" cried his sister Arabella Chick. "Oh, isn't this just wonderful!" said Charlie to his many friends. "I went on joyfully."

Charlie and Arabella were floating down the brook in a clothes basket for a boat. It was Uncle Wiggily who was making candy for Flipper, his twin sister Flapper and Bully and Bawly No Tail, the frog boys.

"This is the end of our voyage, Charlie!" cackled Arabella as she steered the clothes basket boat up the shore of the little island where the lily pad rafts of Bully and Bawly were moored.

"Goodness!" exclaimed Uncle Wiggily again. "I thought Flipper, when you called out so suddenly," went on the rabbit gentleman, "that you saw some of the bad chaps. And you afraid that some of the bad chaps of the candy, when there is hardly enough as it is," he said.

Mr. Longears had made some candy from pound cake and it happened to find in his tail, silk hat after he started off on the adventure trip with Flipper and Flapper.

Arrested by the sight of only two chickens, and none of the bad chaps," asked Arabella as she shook a little water off her tail feathers. "No and Charlie had gone sailing in the clothes basket, and of course it leaked a little."

"Really it would be a better boat for the Wiggily-wiggles than for us," crowed Charlie. "But a little water leaking in did not harm."

"Well, I am very glad it was you, and none of the bad chaps," said Uncle Wiggily. "And now if you will all take seats," he went on, as if there was a surprise party on the island. "I will pass out the candy."

He poured the melted sugar, which was flavored with birch and sassafras bark, out on clean leaves to cool, and now the little slabs of candy were ready to eat. "Oh, this is very good!" croaked Bully, who had been racing his brother Bawly on the lily pad raft before Uncle Wiggily and the little twin bunnies got on board.

"The best I ever ate!" crowed Charlie, and Arabella said the same. But even candy cannot last forever, and soon it was all eaten. Then, noticing that Flipper and Flapper looked sleepy, Uncle Wiggily asked Charlie and Arabella to take the two little rabbit twins home in their clothes basket boat.

"Where are you going, Uncle Wiggily?" asked Charlie. "I am going to hop off by myself to look for another adventure," replied

ASK THIS HALIFAX NURSE

She Is Willing to Answer Letters From Women Asking About Lydia E. Pinkham's Vegetable Compound

Halifax, Nova Scotia.—"I am a maternity nurse and have recommended Lydia E. Pinkham's Vegetable Compound to many women who were childless, also to women who need a good tonic. I am English and my husband is American, and he told me of Lydia E. Pinkham while in England. I would appreciate a copy or two of your little books on women's ailments. I have one which I keep to lend. I will willingly answer letters from any woman asking about the Vegetable Compound."—Mrs. S. M. COLEMAN, 24 Uniacke Street, Halifax, Nova Scotia.

Could Not Sleep Nights

Dublin, Ont.—"I was weak and irregular, with pains and headaches, and could not sleep nights. I learned about Lydia E. Pinkham's Vegetable Compound by reading the letters in the newspapers and tried it because I wanted to get better. I have got good results from it and I feel a lot stronger and am not troubled with such bad headaches as I used to be and am more regular. I am gaining in weight all the time and I tell my friends what kind of medicine I am taking. You may use my letter with such others."—Mrs. JAMES RACHO, Box 12, Dublin, Ontario.

Is Your Child Thin and Weak?

Cod Liver Extract in Sugar-Coated Tablets Puts on Flesh and Builds Them Up.

In just a few days—quicker than you ever dreamed of—this wonderful health building, flesh creating tablets called McCoy's Cod Liver Extract Tablets will start to help any thin, weak child. After weakness and where rickets are suspected they are especially valuable.

Most people know that from the livers of the lowly codfish vitamins of the first class are extracted—the kind that help all feeble undernourished, weak and children. Try these wonderful tablets for a few days and if your frail, puny child does not greatly benefit—get your money back.