



## After your Holidays

When you go home after your holidays, how will you feel? Fine! Energetic and cheerful, in the full swing of health!

And three months later — how will you feel then?

You know quite well that much of the energy and cheerfulness will have gone; the good effect of the fresh air and exercise will already have worn off. Back at work again, in home, office, factory or store, the sedentary life, lack of open air and exercise, worry, anxieties, and stress of modern life soon produce the old feeling of depression. Liver and kidneys become sluggish. Failing to perform their eliminating functions actively enough, they let impurities creep into the blood and clog the system. Instead of enjoying the full vigour of health, you become out of condition, get easily tired, suffer headaches, and a hundred other small ills you never knew during your holidays.

Something should be done to put all this right so that you feel fit and active again. You cannot get all the open air and exercise that you got formerly, because business life makes this impossible, so you need a corrective to take their place. You need Kruschen Salts. Every morning put a pinch of Kruschen Salts into your breakfast cup of coffee or tea — just as much of the powder as will cover a 10 cent piece. Kruschen Salts restore the system to activity. They tone up liver and kidneys, so that these organs perform their work actively again. Impurities are cleansed away. Clear, refreshed blood circulates all over the body, bringing new, tingling life to every fibre of the system. You feel physically more active, mentally more alert. You spring from your bed in the morning refreshed by sleep, brimful of energy and cheery vigour. You are healthy, and you feel it.



Tasteless in Coffee or Tea

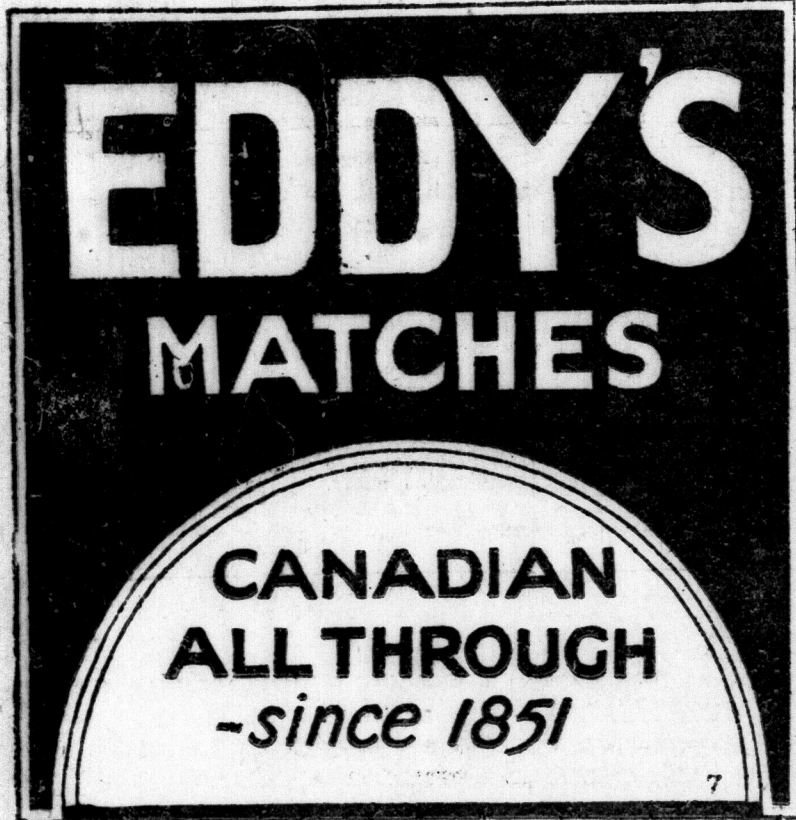
Put as much in your breakfast cup as will lie on a 10 cent piece. It's the little daily dose that does it.

# Kruschen Salts

## Good Health for Half a Cent a Day

A 56c bottle of Kruschen Salts contains daily use in "as much as will lie on a 10 cent piece" — enough for three months — which means bounding health for less than half a cent a day. The dose prescribed for Kruschen. Get a 56c bottle to-day.

SOLE IMPORTING AGENTS: CHARLES GYDE & SON, MONTREAL.



## CONVINCED BY HELP IT GAVE FRIENDS

Testimonials From People He Knew Convinced Sergeant Elvin of the Salvation Army That Drecto Was Well Worth Trying. Results Have Delighted Him.

Mr. J. R. Elvin, of 177 Mulock street, Toronto, who for twenty years has been a sergeant in the Salvation Army, is outspoken in his praise of Drecto, the new herbal remedy. Suffering himself, he read of Drecto's wonderful work — heard it spoken of in the deepest gratitude by people he knew well. What more natural than that he should decide to try it himself?

"Although I have only taken a bottle and a half of Drecto, it has done me a world of good, already," states Mr. Elvin. "Last winter I had an attack of lumbago, which left my system in a very badly run-down condition. Pains shot across my back, over the kidneys. My stomach would not digest my food properly, causing gas to rise after each meal, and I often had bilious attacks. After reading of the help people

I knew were receiving from Drecto, I thought it might also benefit me, and I have not been disappointed in any way. The pains in my back have greatly improved, my stomach is much better, and I have had no gastric or bilious spells since I started taking this medicine.

"My bowels are regular; I get up feeling fine and refreshed in the mornings, and my day's work is done much easier. I have recommended Drecto to many already, and never hesitate to praise it." Drecto's claims can be readily substantiated. Reliable people who have tried it are loud in their praises of this fine herbal remedy. They have found that it actually does — tone and regulate the system, and improve the general health. Drecto is made from herbs, roots, bark and leaves, and contains no mercury, potash or habit-forming drugs.

Drecto is being specially introduced in London by Standard Drug, Limited. Call at their store at 168 Dundas Street and ask for Mr. Henderson, the Drecto Expert, and let him explain the merits of this great remedy. There is no charge, and he will tell you honestly if he believes Drecto will benefit you. Drecto is sold in all Standard Drug Stores in London, St. Thomas, and Woodstock. It is also sold in other cities as follows: Chat-ham, W. W. Turner; Sarnia, Ingersoll's Drug Store; Stratford, Nasmyth & Harwood; Galt, R. W. Melkham; Ingersoll, A. L. Law; Ridgeway, D. H. Stewart; Bothwell, Bothwell Drug Store; Lucan, H. S. Stanley; Goderich, H. C. Dunlop; Strathroy, F. L. Grieve; Tillsonburg, C. V. Thompson, the Rexall Store; and by a good druggist everywhere.

## BARNEY GOOGLE AND SPARK PLUG

## Sparky Gives Barney a Swell Prospect.

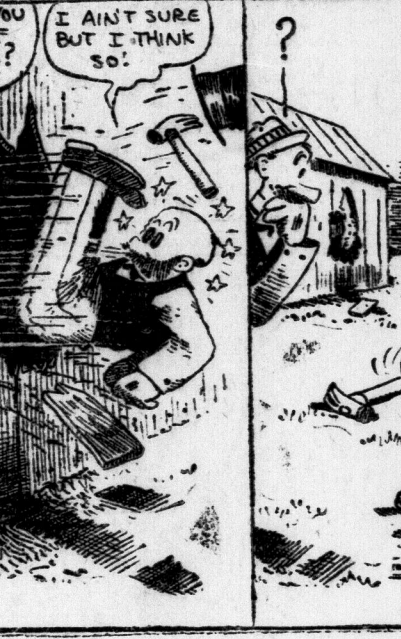
BY BILLY DE BECK



## MUTT AND JEFF.

## Jeff Got Kicked Right Smack In His Hush.

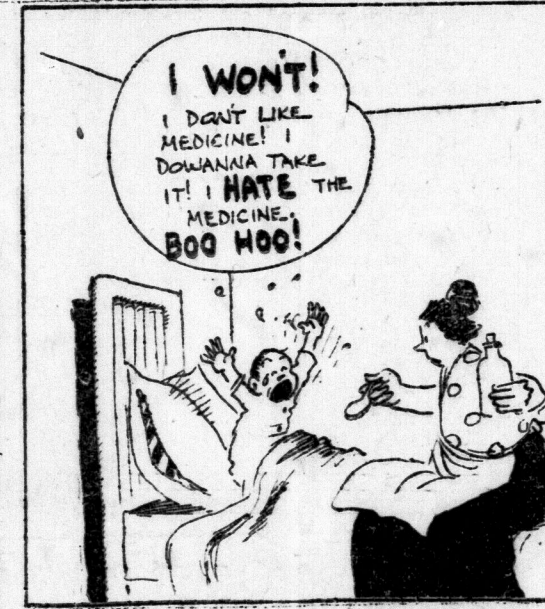
BY BUD FISHER



## REG'LAR FELLERS.

## Papa Will Save His Life.

BY GENE BYRNES



## GAS BUGGIES—Transcontinental Tour

## "How the Picture Looks Depends On Where You Sit."

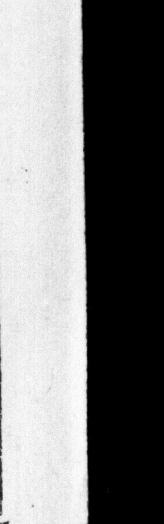
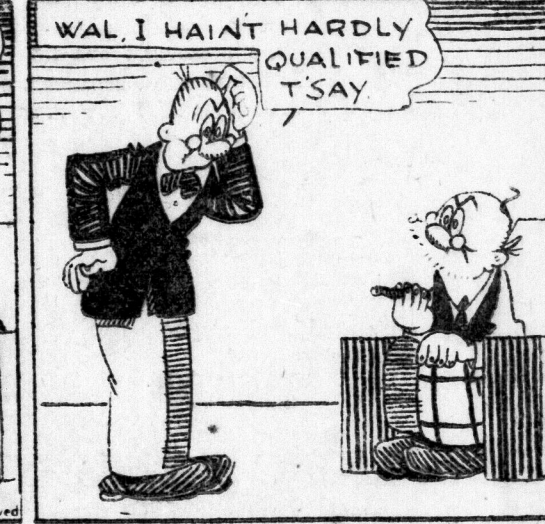
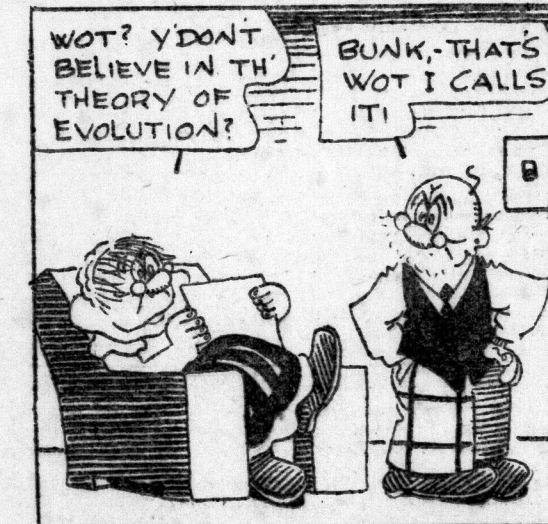
BY BECK



## POLLY AND HER PALS

## Ash Isn't Strong For Mathematics.

BY CLIFF STERRETT



## TOOTS AND CASPER

BY JIMMY MURPHY

