

Help for Headache



Troubled with headache? For quick, grateful relief, use

Vaseline Mentholated
PETROLEUM JELLY

Apply to the forehead and temples, rubbing gently with the fingers. It is wonderfully soothing and refreshing.

There are "Vaseline" preparations for many accident cases. They should be in every home, and every vessel.

Start a Medicine Chest

with a liberal supply of "Vaseline" Mentholated and Borated Jelly and the other "Vaseline" preparations shown here on the lid of the chest.

Sold at all drug and general stores.

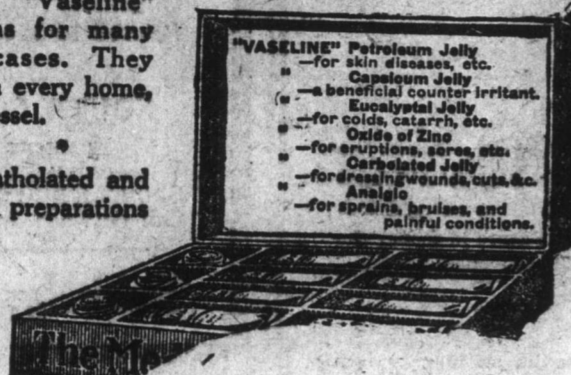
Cheesebrough Manufacturing Company,
NEW YORK CITY

W. G. M. Sheehy, Distributor,
137 McGill St., Montreal, Canada.

An Antiseptic Ointment When an antiseptic ointment is needed for inflamed eyelide, chafing, and similar affections, the most convenient and effective preparation is

Vaseline Borated
PETROLEUM JELLY

When applied to the nasal passages, it is an excellent treatment for catarrh.



face and makes it even less attractive than her sister's selfishness has made hers.

Many people who know them both prefer the one who is openly and ruthlessly selfish.

And the other one cannot understand it.

Not Because They Are Unselfish. People like her never can understand why they are not loved. They know they are not getting what they want out of life, and they think that failure is because they are unselfish when, as a matter of fact, it may be simply because they are not forceful.

Smilingly Unselfish. And even for a close friend I am not sure that the average person does not prefer the person who is smilingly selfish to the person who is unsmilingly unselfish.

Of course there is nothing to prevent one from being smilingly unselfish. Nothing except weakness of human nature that wants to either grab what it wants or sulk when it can't get it. But one can at least have it as an ideal.

Household Notes.

Baked bluefish is good with celery stuffing.

Scalloped oysters are nice baked in scallop shells.

Slices of hard-boiled eggs are nice served in lentil soup.

The flavor of coffee is improved if you use it freshly ground.

Save old silk shirts for making bags for white hats.

Beat soft fudge icing thoroughly until it is thick and cold.

Cream cheese is nice served with cherry pie.

Saratoga chips are easily prepared if one has a vegetable shaver.

Fruit icing is good on split gingerbread or apple sauce cake.

Bread will be more tender and will keep longer if milk is used in it.

Chopped cabbage and canned sweet peppers mixed with mayonnaise makes an excellent salad.

It is decidedly better to have the water used in making pie crust ice cold.

Steamed figs served with dry cereal and cream make an excellent breakfast dish.

A delicious breakfast dish for Sunday morning is chicken livers sautéed with apples.

Vegetables should be flavored with salt only after they are virtually cooked.

Faked Antiques Crowd London Shops.

LONDON—The methods by which thousands of persons are cheated annually through the sale by dealers of antique furniture, draperies and porcelain which are "faked," were shown recently when an antique dealer was brought to court charged with fraud. During the trial it was declared that dealers sell thousands of pounds worth of antiques every year. American tourists visiting England, and that probably less than five per cent. of the purchases are real. The methods of the antique dealers in faking their wares are carried out so skillfully that the experts differed widely in their opinion of many of the pieces brought into court. The favorite system of the crooked dealer is to obtain a genuine antique of a certain period; for instance a chair. This he will take apart, and reconstruct a number of chairs of the same design, each one containing a section of the original chair. It was shown during the hearing that an antique bedstead had been taken to pieces, and that the twelve duplicates fashioned in accordance with this system had sold for \$5,000 each. In faking China the work is far more difficult. Here the dealers must make copies conforming minutely to the original and bearing the makers' signature. This requires a skill that few persons possess nowadays, and which easily baffles the experts. It is estimated that sixty per cent. of the antiques now being shown in London are not what they are represented to be.

For a good time, come to St. Joseph's Card Party and Dance on Wednesday night, Jan. 10th. Tickets 75c., including tea. Jan. 21

Ross Buys Volcano Full of Animals.

An untouched Eden in the mouth of a burned-out volcano in the heart of Africa, providing a refuge for thousands of animals, many of them extinct in every other part of the world, has been purchased outright by Sir Charles Ross of Belmagon, the inventor of the scientific, says a London letter to the Montreal Star. It is the giant crater of Ngoro Ngoro, the largest volcano that ever existed on this planet—10 miles across and a paradise for wild things. The Germans knew of it before the war, but kept its very existence a secret.

Nobody knows what discoveries a thorough exploration of the crater may bring. Prehistoric animals, believed to have perished from the earth thousands of years ago, may inhabit its caves. Scientists hope to find other skeletons, some of which only the skeletons have been found in other parts of the world.

Sir Charles Ross went to Tanganyika in January, 1921, on a shooting expedition, accompanied by the explorer-photographer, T. A. Barnes, and Mrs. Frederick Dalziel of New York. They had good sport and they discovered the crater. Sir Charles Ross was "walked up" by five lions within the basin, and the wonders he saw there made him resolve that no more shooting parties should be allowed.

There will be no need for "no shooting" signs. The crater is 100 miles from a railway in the midst of wild country. Lions and tigers are the watchdogs of the forests that surround it. The number of animals in the crater is estimated at 75,000.

The crater is, in fact, a city of animals, who have lived there for centuries safe from attack. Its steep sides made it a citadel of the forest, and while in all other parts of the world the work of extermination went on, no hunter dared to penetrate this fastness. Thus it is highly probable that animals which have perished elsewhere have survived at Ngoro Ngoro.

Other volcanoes are grouped about the central crater of Ngoro Ngoro. More than one of them is larger than Mt. Etna. The whole region, ages ago, was the scene of a terrific volcanic upheaval.

Begin the New Year by forgetting your troubles and trip the light fantastic at St. Joseph's Dance on Wednesday night, Jan. 10th. Jan. 21

Great Super-Special Attraction---At the NICKEL TO-DAY.



Clinton and McNamara,
Musical Comedy Duo in Vaudeville Tit-Bits.
Comedy Skit--Singing--Talking
--Dancing.
Act at 4 o'clock and 9 o'clock.



STAR MOVIE--TO-DAY

To-night is the Night for
"Foolish Wives"
THE BIG STUPENDOUS PRODUCTION WITH ERIC VON STROHEIM, A MAN YOU WILL HATE, AS YOU SEE HIM GO THROUGH HIS VILLAINOUS ROLE.
TWO SHOWS AT NIGHT—FIRST AT 7.10.
Admission 20 Cents.

COMING BY S.S. ROSALIND—MISS RHODA NICHOLS, PRIMA DONNA.
THE POPULAR STAR MOVIE FOR THE BIG ATTRACTIONS.

SIDE TALKS.

By Ruth Cameron.

THE TWO SISTERS.

Once upon a time there were two sisters. One of course had three bears, three pigs, and three chickens, and she always went for it hard. Her face looked it. It was stamped all over with selfishness and ruthlessness. The other sister should, of course, have been unselfish to make the picture you are expecting. But she wasn't. She was selfish in another way. Selfish but not ruthless. She wanted things, she wanted people to do things for her, she wanted pleasures, but she wasn't so ruthless about getting them. She wouldn't fight for what she wanted. She would watch other people get it and then she would feel bitter. She would tell herself that she was unselfish and that the rest of the world, especially her sister, was very selfish, and she would begin to work in her. Out of this selfishity and self-assertion a bitterness has finally grown a kind of malignancy that marks her

How does Your Office Look?

Just a little "off color" after the wear and tear of a strenuous business year? That won't do! Your Office Must look spick and span and—prosperous. Efficiency in business demands perfect equipment, we supply it. For large or small offices we carry Desks, Phone Tables and Chairs, Typewriter Desks and Chairs, everything necessary to make business run along on well-oiled wheels. Let us give you an estimate for your office equipment. Our stock is one of the finest in the city.

U. S. Picture & Portrait Co.
St. John's.

Eight of Britain's Bulwarks Scrapped.

In explanation of the statement regarding the scrapping of warships made in the British House of Commons by a representative of the British Admiralty, the British Embassy has made public a list of eight obsolete ships "already sold and removed by shipbreaking firms for breaking up."

It was also declared that eight other vessels were in the first stages of scrapping as defined in the Washington naval treaty. The Embassy statement declared that "none of these vessels were obsolete in the sense of the Washington treaty," and R. Leslie Cozigie, secretary of the Embassy, said that "had it not been for the Washington conference, none of these ships would have been scrapped."

Eczema Covered Arms of This Healthy Child



Baby Marshall.
DR. CHASE'S OINTMENT
At all Dealers.
GERALD S. DOYLE, DISTRIBUTOR.

Entirely classified by each power as wholly obsolete for naval purposes." Six ships are enumerated by the Embassy statement as "rendered incapable of further warlike service," which is the language used in Part 2 of the treaty to define "the first stage of scrapping." They are the battleships Orion, Monarch, Conqueror and Agincourt, and the battle cruisers New Zealand and Princess Royal. The statement adds, "It is also reported in Admiralty circles that contracts will be let almost immediately for two new battleships pursuant to the terms of the Washington Treaty to replace four that are obsolete."

Women of Paris Fear "Piqueur" Epidemic.

Complaints continue to flow into Parisian police headquarters from people who have been pricked with a needle while walking Paris streets or while in crowded stores and subways. Ten cases of pricking have been reported in one day to the police, and in some cases the mystery as to how it is done has been intensified by statements of sufferers that at the time they were pricked there was no one nearer than five or ten paces. One woman standing near her door suddenly felt a sharp pain in her neck, and raising her hand found half a needle stuck deep below the skin. There was no one near her at the time, and the only possible explanation of the case which the police can find is that the needle was blown with a small blowpipe from a considerable distance.

England Wins Fight Against Flies.

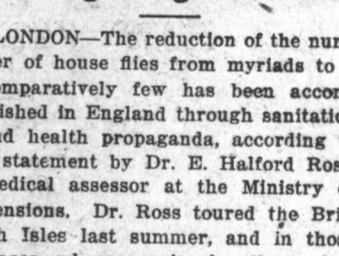
LONDON—The reduction of the number of house flies from myriads to a comparatively few has been accomplished in England through sanitation and health propaganda, according to a statement by Dr. E. Halford Ross, medical assessor at the Ministry of Pensions. Dr. Ross toured the British Isles last summer, and in these places, where previously there had been thousands of flies, they were conspicuous by their absence, he declares. Some out of the way villages and farm houses still sheltered the grubs and insects, but those locations were not numerous. There has been a very great decrease in infantile mortality, as compared to 1911, and the improvement is credited by Dr. Ross to the relative absence of flies.

Among the cases which occurred the victims were mostly travellers in the subway and on buses, while a few occurred in shops. In almost all cases part of a needle was discovered in the flesh.

Renown to be Renovated.

H.M.S. Renown, "the largest yacht in the world," the battle cruiser which carried the Prince of Wales around the world is going into dock for a long period to renovate its armour in accordance with the lesson learned at

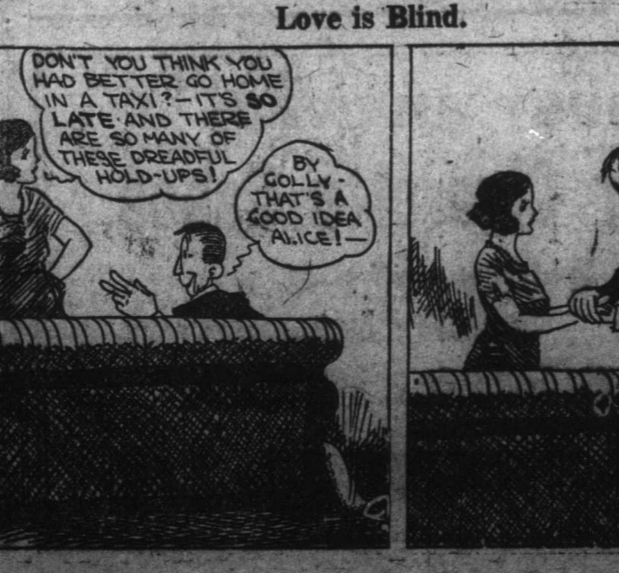
Your Home



Can be made more easily comfortable and pleasurable by the installation of this simple, economical device. Save you ^{one-third} of your fuel bill. Keeps out cold and draft, dust and noise, and stops rattles. Ceco Metal Weatherstrips placed on your windows and doors relieves you of the bother with storm sash. They are cheaper than storm sash; far more effective, and last as long as the building. For both new and old houses alike. Let us tell you more about -



Ceco
METAL WEATHERSTRIPS
The 100% Efficient Weatherstrip
EUGENE H. THOMAS,
P. O. Box, 1251; Phone, 757.



LYS UNCLE
Love is Blind.
By BEN BATSFORD