

## Men's Silk and Lisle Half Hose.

A few dozen pairs remaining of a big job lot; all manufacturers' samples; plain and fancy. Values up to \$2.00 pair. Sale Prices, 75c., 90c. and \$1.20 pair.

## Men's Soft Felt Hats.

20 dozen Men's Soft Felt Hats in all the leading shades and latest styles. Regular Prices \$1.50 to \$6.50. Special Prices for Friday and Saturday.

## Men's White Straw Hats.

Prepare for the warm weather by securing a comfortable Straw Hat. Value for \$1.40 each. Friday and Saturday, 85c. each.

## Gents' Furnishing Department

Special Offers for  
Friday and Saturday.

### MEN'S INVICTUS FOOTWEAR.

We have just opened a big shipment of Invictus Boots and Shoes, Box Calf and Vici, Black and Tan; full range of sizes. "THE BEST GOOD SHOE." Special Prices for Friday and Saturday. Sole Agents for Newfoundland.

# Marshall Bros

## Men's Summer CAPS!

50 dozen Men's Assorted Tweed Caps, latest styles and best quality. Regular Prices \$1.40 to \$3.50 each. Special Prices for Friday and Saturday.

## Men's Silk Neck Ties.

40 dozen Men's Assorted Silk Neck Ties. Wonderful variety to select from. Regular Prices from 40c. to \$2.20 each. Special Prices for Friday and Saturday.

## Men's Fancy Shirts.

A big assortment of Men's Fancy Shirts, stripes and plain colors, soft and stiff bosoms. Regular Price \$1.40 to \$3.60 each. Special Prices for Friday and Saturday.

## Side Talks by Ruth Cameron

WHETHER ONE WANTS TO OR NOT



"Wasn't your breakfast good?" I asked.  
"All right enough," she said. "But I never can eat when I get excited, and you know we are moving at the office and everything is in a mess, and I'm all keyed up."

She fancied That Picture of Herself.  
"I should think that would be the time you would need your food the most."  
"Oh, I get along all right," she laughed. "I do it on my nerve. I guess. By-by, I must skip."

A Few Years Later.  
But it is a very dangerous appeal. For people who do things on their nerve in their youth are very likely to be the people who can't do things because of their nerves a few years later.

It may be the sign of the high strung temperament to stop wanting to eat and sleep when one is under nervous tension, but it is the sign of a far finer temperament to go on eating or sleeping whether one wants to or not.

"But how can I, when I don't want it?" says the man or woman who has always pushed away his breakfast at such times.

How can you do any hard thing? By will power!

"But the food won't do me any good. I don't want it," someone protests. Not so much good perhaps, but much more than if you ate nothing. Eat it slowly. Don't let yourself think any thing about it. Talk or read. Take your time—but eat. And every time you get down a decent meal this way, the next will go down easier.

Will Won't Put You to Sleep But Sleeping is harder. But even here,

force of will, though it will not put you to sleep, will keep out of your mind the plans and swift flying thoughts that drive sleep far away. Physical strength is the basis of all one's value to oneself and society. Did you chance to read the article on Roosevelt which tells how his father had a gymnasium fitted up for the sickly child and said to him, "Theodore, you have the brains, but brains are of comparatively little use without the body. You have got to make your body, and it lies with you to make it. It's dull, hard work, but you can do it."

Suppose he had said, "How can I?" Suppose he had tried to live on his nerves? He would unquestionably have been dead or an invalid before the age at which he became President.

No finer instance of the force and courage we love so in Roosevelt was ever so shown by him than in thus "making his body."

The opportunity to emulate it is daily ours.

### Household Notes.

Gelatin pudding is more nourishing made with milk instead of water; be sure the milk is not too hot or it will curdle.

To make the pattern of an embroidered garment stand out boldly, iron on wrong side upon several thicknesses of flannel.

Cold beans, peas, fish or asparagus may each be served on lettuce with a simple dressing.

Dip the tops of the fruit jars in paraffin wax. It will make them absolutely airtight.

Add sliced potatoes, milk and seasoning to left-over corn and tomatoes to make a good chowder.

Yellow stains may be removed from porcelain by pulverized chalk moistened with ammonia.

Clean windows on a cloudy day, as the sun dries the water too quickly and windows become streaked.

When transplanting seedlings they should be carefully lifted with as much soil as possible adhering to the roots.

Dry the scrubbing brush with bristles down, preventing water from soaking into back and causing bristles to come out.

**THE NEW FARMER REMEDY.**  
**THERAPION NO. 1**  
**THERAPION NO. 2**  
**THERAPION NO. 3**  
No. 1 for Rheumatism, No. 2 for Head & Brain Diseases, No. 3 for Chronic Weaknesses.  
SOLD BY DRUGGISTS EVERYWHERE. PRICE IN BOTTLES, 25c. IN LARGER QUANTITIES, 10c. PER BOTTLE. STAMP LITERS "NO. 1" ON BOTTLES.

## FRY'S Chocolates.

Now ready for delivery:  
15 cases

J. S. FRY & SONS'

Famous Chocolates,

comprising:

Fancy Bon Bon Bags.

4 lb. boxes. Loose Foil Wrap-

ped.

1/2 and 1 lb. Ass'd. Boxes.

Five Boys' Bars.

Choc. Cakes, etc., etc.

## Soper & Moore

Wholesale Grocers.

Please note our new address: QUEEN STREET, cor. of George.

Phone 480. P. O. B. 425.

### THE ROAD HOG.



I wonder what the road hog thinks, as he goes on his way, detested by all mortal ginks, and cursed by night and day. He surely hates the human race, as down the road he swings, and in his heart there is no place for kindly, friendly things. We have our little pewter carts, and we would sing and smile, if road hogs didn't break our hearts each quarter of a mile. The road hog jolts along, alas, and when we honk our horn, beseeching room enough to pass, he grins with maudlin scorn. Around the risky curves he flies, and thinks he's in the swim; the rules that govern decent guys have little weight with him. Some day the fool will break his neck, but ere that day arrives, a dozen autos he may wreck, or spoil a dozen lives. And as I watch him drive his barge, and weave and spurt and turn, I wonder why he is at large, when there are jails to burn. I wonder why a man is fined ten dollars or ten days, for shooting road hogs and their kind, along the public ways.

After opening a bottle of olives pour a little olive oil on the top and keep well corked.

Rice fritters are a nourishing dainty; made same as any fritter, using cooked rice.



THE CALL.

I must get out to the woods again, to the whispering trees and the birds awing. Away from the haunts of pale-faced men, to the spaces wide where strength is king; I must get out where the skies are blue and the air is clean and the rest is sweet. Out where there's never a task to do or a goal to reach or a foe to meet.

I must get out on the trails once more that wind through shadowy haunts and cool. Away from the presence of wall and door, and see myself in a crystal pool;

I must get out with the silent things, where neither laughter nor hate is heard.

Where malice never the humblest strings and no one is hurt by a spoken word.

Oh, I've heard the call of the tall white pine, and heard the call of the running brook; I'm tired of the tasks which each day are mine. I'm weary of reading a printed book;

I want to get out of the din and strife, the clang and clamor of turning wheels. And walk for a day where life is life, and the joys are true and the pictures real.

Brick's Tasteless makes you eat. Try a bottle and prove it for yourself.—apr25,tt

60 Years  
Old  
Today

Feels as young  
as ever

PEOPLE

who are

able to talk

like this can-

not possibly have impure blood

—they just feel fit—no head-

aches, speeplia or bilious

disorder.

These diseases can be cured by

Dr. Wilson's

Herbine Bitters

A true blood purifier

containing the active

principles of Dandelion,

Mandrake, Burdock and

other medicinal herbs.

Sold at your store. 4c.

bottle. Family size, five

times as large \$1.00.

THE BRATLEY DRUG CO., Limited,

ST. JOHN, N.F.

Dr. Wilson's Dandelion Bitters, in candy

form cures worms, Biliousness, Heartburn,

For sale by all Druggists and first-class Grocers.

## "Prevention Better Than Cure."

Editor Evening Telegram.

Dear Sir.—It has for some time been strongly borne in upon me (as I hope it has been on many others), that it would abundantly, in health, prosperity and happiness, repay us Newfoundlanders to take as our motto and act up to it, without undue delay:

"Free doctors, free medicine, free hospitals for every man, woman, and child in the country." The money cost would be returned a hundred fold. The day is coming, and the longer it is delayed the worse for "all hands," when no one even the poorest, will be forced (as the poor and those outside our big towns especially are), to sicken and die for lack of medical care. If we in this country are a century and a half behind the people of the continent near us in the motto of a good school for every boy and girl, how far are we behind them in preventing the well from getting sick, the ailing from serious sickness, the sick from suffering and death, the household from burdensome expenses. But this is a long preface to a request to you to be so good as to publish at as early a date as convenient, the enclosed clipping from a United States newspaper.

Yours truly,

INDIGNATION.

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## AT HEADQUARTERS!

New York Jowls,  
Special Plate Beef,  
Fat Back Pork,  
Ham Butt Pork.

Lowest Prices.

GEO. NEAL, Ltd.

## SLATTERY'S Wholesale Dry Goods

are now offering to the trade the following  
English and American Dry Goods.

English Curtain Net.  
English Art Muslin.  
White Nainsook.  
Children's White Dresses.  
Misses' Colored Dresses.  
Gent's White Handkerchiefs.  
White Curtains.  
Valance Net.  
White Seersucker.  
Children's Gingham Dresses.  
Ladies' Handkerchiefs.  
Gent's Colored Handkerchiefs.

Also a very large assortment of SMALLWARES.

SLATTERY'S DRY GOODS STORE,

Duckworth and George Streets.

posed either to utilize hospitals already in existence or to establish new buildings wherever investigation shows they are needed. Complete liberty of choice is preserved to the patient in all cases, but along with it will go advantages of organization not heretofore possible in the British health service. "As the complexity of treatment becomes great-

er," says the official report, "it grows increasingly difficult for the individual practitioner to administer the full range of treatment, requiring, as it does, access to such resources as those of bacteriology, biochemistry, radiology and electro-therapeutics, while the number of patients who can afford to pay for it diminishes."

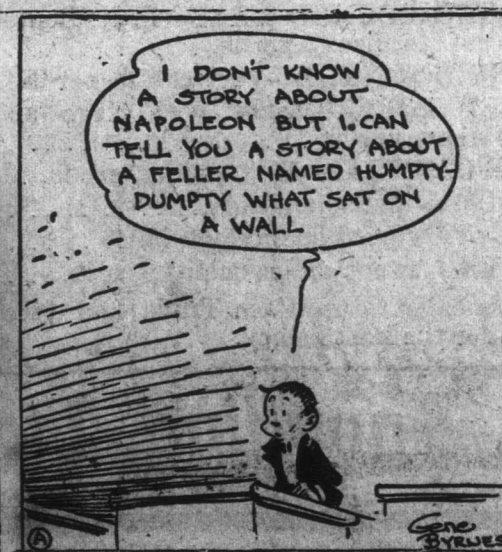
In this sense the projected health centres will serve as "rallying points for all the medical services, curative and preventive, of the districts in which they are established—great centres of professional life and learning." This undertaking of the consultative council of medical and allied services, associated with the ministry of health, is soon to be embodied in a bill, the progress of which through Parliament will be watched with interest by medical men and health experts everywhere.

IN CAMP is great life with a Giant Emerson Talking Machine. Plays any size records. Regular \$15 to \$18 value. Sale Price only \$12. J. M. RYAN SUPPLY CO., 227 Theatre Hill.—jns,tt

MINARD'S LINIMENT CURES DIPHTHERIA.

NEURALGIA.

### "Reg'lar Pellers"



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By Gene Byrnes