

### Love in a Flour Mill,

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CHAPTER XVII. She looked at him sideways, with

a troubled expression in her eyes: and they fell under his grave but ardent

"Hold on!" he broke in: "don't spoil it. I'm glad you don't dislike me. If you don't particularly dislike me, why can't I bring you the books and see you? I know!"-as her lips opened and she looked away from him gravely. "Your father doesn't in the sweet deep voice? afraid—but why should he object? I'm"-he laughed, and Ronald's laugh was a pleasant one to hear--

The "Miss Cara" did not escape her, and a touch of colour, came to

went on. "It's not good for a young

"And be shot!" she said almost in-

said, with a cheerful promptitude. "Though why your father should think it necessary to shoot the friend-

ly visitor, I can't imagine." "He has no friends," she said.

"That's no reason why he shouldn't have one," he retorted, "And-and I want to be your friend very badly Why, we are friends already, aren't

She glanced at him but did not re-

friend," he said, "especially when he values your friendship above—as

"You have other friends," she said uneasily. "Why do you-oh, I think you must go! I did not mean to stay

"Of course I'll go if you insist upon it," he said ruefully. "I did the ry to leave England. By George, so sky. A sense of loneliness, of loss,

"Why did you?" she asked suddenon his dismissal.

one thing, and - But it wouldn't quickly dispelled; for had not this life; and I don't deserve the luck"--"to have met you again" he was going eyes, said that he would come for her to blurt out, but checked himself in decision and abide by it, and that, if across a friend, and am helping him--

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cruise. I told you all that the other

"Yes," she said. "We may leave here any day at a moment's notice" Ronald looked at her blankly. "And where do you think you'd go

Ronald drew a long breath.

you gone!" he said, with dismay.

objection to the unconscious fam- a hand at books, though-and you can that it is shells, geological specimens:

She repeated the gesture. There was silence for awhile. She gazed out or, if that were not possible, the sleeve bouring island. or the edge of her dress. And over "I'll take my chance of that," he them both was stealing the glamour

> panionship in that solitary place. thing served for Ronald so long as he could listen to her voice, glance into will." the eves that were now like violets. ful joy that she seemed to have for- been perfectly straight.

wards the beach. Ronald also rose.

when the moon gets above the hill

He did not give her time to forbid other night, you know; but I cannot him; and she stood with the books him as he ran lightly down the slope. you would if you knew how much I When he had gone, she sank down enjoy being with you! We'll talk again and opened one of the novels; about Evelyn-you said Miss Des- but, before she had read a page, she borough's name was Evelyn?"-he shut the books, and, clasping her warm thrill of pleasure, as she ly, so interested as to forget to insist thought that he would be there again

If her conscience whispered a dis-"he said hesitatingly. "I'm poor, for approval, it was but a faint one and Robert Carew, with the pleasant voice and the clear, masterful, yet kindly time-"to fall on my feet. I've come she decided that he might be her would make himself known to her father? Cara's knowledge of the Thorden Hall and the books Evelyn Desborough had lent her. She had ro mother, no elder sister, no one to

> Ronald, as he rowed to Tricania, thought of her unprotected state; but he had no cause for self-reproach,

ed the door and talked of the treas-

it's too risky. They shall have their the heart is also, eh?" share, of course. And, after all, we nuscle, fibre, and energy with which shan't need them. I've got an idea that Rinaldo confided in only two or three, just as many as, and no more than, he required to disembark and bury the treasure; and I haven't night. Tell me something about your- all of them, excepting, of course, the self. Shall you stay here long? I chaplain. Even Rinaldo would hesiask you, because your father's move- tate before he murdered a priest. Now, there are yourself, Shanks, myself, and, if you've no objection; we'll count your man Smithers in. I'm inclined to trust him"

Ronald nodded. "I'd trust him to dig it up alone,"

Vane nodded. "I might come over here and find loot Rinaldo would bring ashore weighs heavily but packs closely. We "But you will not come again," she four would be equal to getting it said. And was there a note of regret down to a boat. There is a dark and whispered: night eight days hence. Two days "I must come for the books," he re- before, we'll send the yacht with letminded her. "You will not be so un- ters or some other excuse to Naples kind as not to keep them and read with the mate in command; we'll get She sighed, and put out her hands so much that familiarity, though it with a gesture of resignation, as if his had not bred contempt, enabled hir persistence were too strong for her. to speak of it as easily as if he were "That's all right," he said. "I'll talking of coals-"and stow it or come to-morrow evening to hear board the yacht either early in the which you have decided to begin on. morning or in the evening when the Perhaps I've read it—I'm not much of men are in the fo'c's'le. We can say tell me how you like it as far as you there will not be any difficulty in ac

In all his life he had never felt so his plans that he did not see the sud happy, so suffused by absolute con- den lack of enthusiasm in Ronald's tent and quiet joy. And yet there voice and manner; he did not guess was a longing in his heart to draw that Ronald's mind was wandering still nearer to her, to touch her hand, to a still greater treasure in a neigh-

of the intense quiet, the perfumc- had better make for London. I shall laden air, the sense of their com- offer the treasure boldly to the Gov-They spoke again presently; of the it. Why not? It's any man's probeauty of the island and its remote- perty. If they like to charge us ness, of the birds, of the fishing. Any- royalty, or whatever they call it, let em do so; but I don't think they

Ronald approved this open course; He noticed with a thrill of half-fear- with all his faults, he had always

"What will you do with your but she remembered it after awhile, share?" asked Vane, after a pause, and, as if starting from a dream, rose and with a laugh of suppressed exand took up the books, and looked to- ultation, "I've often wondered what I shall do with mine."

"You are well tiled in already," "I'm going," he said very quietly. said Ronald. "I know what I shall 'I will come to-morrow evening, do. I think I've told you that we are Evelyn-that's my sister, God bless

He paused, and Vane smiled.

Carew; you'll marry, eh?" Ronald's



After dinner that night Vane lock- sake, let's drop it for to-night! You after all," he said. "I've said I could othe tools when we sail, as if we were Anderson, Robert trust them, and I still think I could; coming back; which we very likely Anderson, Mrs. Allen, card but I've come to the conclusion that shall do. Where the treasure was, Anthony, Joseph, George's St.

With a lover's impatience Ronald lier than was necessary, and he rest-ed on his oars in the bay until the Benson, Mrs. George Biddescombe, Rd., Allandale Rd. moon had risen above the hill; then he pulled in softly and lay down at

sive. Had she been prevented-perhaps by her father's return-had she repented her half-given promise, and decided not to come? The fever of loubt, of longing, of impatience, was torturing him, when, quite noiseless-

"Do not rise! You may be seen." slid gracefully to the ground beside him her eyes searching the bay and

She turned her eyes to him grave-

"Your father? I'm glad. I should like to see him; I want to."

## In Milady's Boudoir.



LEARN HOW TO REST.

lo not know how to rest. How to re lax when weary is one of the secrets of heauty and a long life. What I mean by rest is not a long period devoted to idleness, but an intelligent use of spare time. Those who wish to preserve their beauty must study their lives and learn how to economize the moments, and in this way they will be able to take at least a dozen short periods of rest each day.

For instance, the eyes quickly show traces of fatigue. If you are sewing, embroidering or writing, pause for a few minutes at your work and close poor-I mean my family. I'm going to your eyes. In fact, whatever you are doing, there will be an opportunity for a brief eye rest, and it is your duty to take it.

An excellent movement that sets the blood coursing through the veins and prevents the sluggishness which arises from inactivity, is to stand erect and take a position as if you were about to box with a friend; stand firmly and strike out boldly with the arms, one after the other without any novement for ten or fifteen minutes. Besides using this method to over ome dullness one should go through a routine of exercises for fifteen minutes in the morning and at night before retiring. This will greatly enhance your bodily strength and in a for Men, Wor short time the chest will begin to expand and the arms become plump and

muscular. One often becomes drowsy, for lack of fresh air. Air not only represents life to the individual, but it has long food. It is just as much food to the system in its own way as meat, bread. fruit and vegetables. Oxygen is the ance of plenty of fresh air must be obvious to all. We do not need it at certain intervals only, but every moment, both day and night.

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# heart as well as the sweet body of her; and he was acting with a desire culations prove correct—Oh, dash ing in the G. P. O. to Nov. 27th, 1915.

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