

**"Best Thing in the World For Delicate Girls"**

Mrs. John Bennett, Boggy Creek, Minn., writes: "My little girl had organic nervous trouble, could not sleep, had severe headaches and fainting spells. This went on for three years, and three doctors helped her very little. After reading of what Dr. Chase's Nerve Food had done for others, I got some for her. She is now so well that she is like a different child. She is fourteen years old and looks the picture of health."



"We have used Dr. Chase's Nerve Food for different members of the family, when recovering from 'flu' and scarlet fever, and it has always helped them."

**Dr. Chase's Nerve Food**

60 cts. a box of 60 pills, Edmanson, Bates & Co., Ltd., Toronto



Children Cry for

**Fletcher's CASTORIA**

MOTHER! Fletcher's Castoria is a harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve Infants in Arms and Children all ages of

- Constipation
- Wind Colic
- Flatulency
- To Sweeten Stomach
- Diarrhea
- Regulate Bowels

Aids in the assimilation of Food, promoting Cheerfulness, Rest, and

Natural Sleep without Opiates

To avoid imitations, always look for the signature of *Wm. D. Fletcher*. Proven directions on each package. Physicians everywhere recommend it.

**Assuring Your Business**

A policy of advertising is a policy of life assurance, and the protection thus secured is well worth its annual cost.

Old customers die or move away—they must be replaced.

Old customers are subject to the influence of temptation—they may be induced to divide their custom—to do some of their shopping at a competitor's.

New comers to this community will shop with you—become regular customers—if they are invited to do so.

Your competitor's advertising is an influence which must be offset if you are to maintain your trade.

Not to advertise regularly to the readers of the UNION ADVOCATE is to leave your business unprotected.

**A WORD TO THE PUBLIC**

It is no sign of weakness to follow the lead of advertising. You owe it to yourself to get the most for your money, the best goods and the best service. And if you find that your inclination is to shop where you are invited to shop rather than to continue to be a customer of the shop which never solicits your good-will you need have no compunctions of conscience.

**Shop Where You are invited to Shop**

**Subscribe for the Advocate**

**Timber Licences Not Transferred To The Frasers**

R. B. Hanson K. C., solicitor for the Fraser Companies, Ltd., has returned from Montreal where he was engaged in connection with the purchase of control of the firm of Stetson, Cutler and Co., by the Fraser Companies, Ltd. Mr. Hanson states that there will be no transfer of Crown land licenses from Stetson, Cutler and Company to the Fraser interests and there will be no payment into the Provincial treasury such as the big transfer would entail if made. Unauthorized rumors made the sum, to be paid \$20,000 or more.

The organization of Stetson Cutler and Company will remain as it is with new personnel. Mr. Hanson stated further that no announcement had been made concerning the sum of money involved and the guesses which have been published have been very wide of the mark.

He said also that what occurred was the purchase by the Fraser interests of the issued capital stock of Stetson, Cutler and Company, which had no par value.

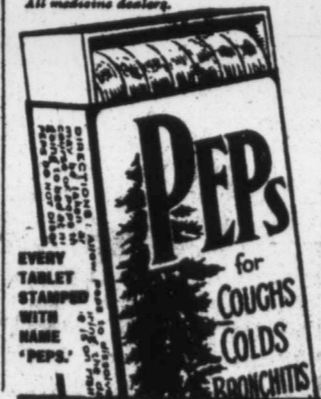
**Importance of Keeping a Diary**

A hundred times, perhaps, the pen has been taken up with reluctance to tell the story of an unexciting day. There has seemed to be nothing worth saying, no happening worth the spoiling of paper with ink. Yet for habit's sake and in a determination not to be beaten, an entry has been made, and often, at the year's end, these entries, which once seemed so dull, are found to have more truth and more entertainment in them than many a record of a relatively eventful day. For when "there is nothing worth saying" a diarist is apt to fill in the gap with a little of himself, to give play to his imagination, to escape from that formality which settles over even the simplest of domestic histories, and to permit himself, as he thinks, to be trivial. Then indeed, he is writing, as the per-

**THE SAME GENUINE THROAT & CHEST MEDICINE**

**Now 25c Box**

At this season everybody needs the Peps breathable tablets to ward off cold and chill dangers. As Peps dissolve in the mouth, their rich medicinal fumes carry soothing and healing benefits direct into chest and lungs. Inflammation or soreness in throat or bronchials is quickly allayed, coughs and colds are nipped in the bud, and the entire breathing system is strengthened and fortified. Carry Peps with you wherever you go!



**WRIGLEYS**  
"after every meal"

Parents—encourage the children to care for their teeth! Give them Wrigley's. It removes food particles from the teeth. Strengthens the gums. Combats acid mouth. Refreshing and beneficial!



fect diarist must nearly always write, for no other eye but his own. He would be ashamed to publish; he would blush to imagine posterity looking at that singularly trivial page. Yet that is the page which amuses him when months later he re-reads it, and that certainly is the page in which if it survives, his great-grand children will have their chief delight. "An empty day," he thinks as he writes. "What on earth can I say of it?" And nine times out of ten it is on such occasions that the trivial goddess who presides over the fortunes of diarist tricks him into drawing without knowing it a portrait of himself.

**SENTENCES OF HOME BANK DIRECTORS**

Richard P. Gough, vice-president of the Home Bank of Canada, who was found guilty on six counts of charges laid under the Bank Act, in connection with the failure of the institution, in August, 1923, was sentenced by Judge Emerson Coatsworth, to one year, determinate, and one year less one day, indeterminate, in the Ontario Reformatory.

J. F. M. Stewart, director, who was found guilty of one count of negligently concurring in a false statement, was sentenced to one month in the Provincial Reformatory with four months indeterminate sentence.

F. J. B. Russell, the last of the directors of the Home Bank of Canada, to face trial before Judge Emerson Coatsworth, on charges laid under the Bank Act, was found guilty by His Honor of concurring in the last annual statement issued by the directors, in 1922. Judge Coatsworth stated that sentence in his case would be suspended.

In the trials of all the other directors, His Honor has handed down lengthy written judgments, but he announced that he had decided not to follow this course in the case of Russell.

S. Casey Wood, K. C., Toronto, was found guilty of negligently concurring in false statements, one for the month of February, 1923, and the other for the year 1923. He was sentenced to six months determinate and six months indeterminate in the Reformatory.

**First Impressions Are Important**

In a world where appearances are valued as indexes to character, *Your Stationery* should represent you worthily—always and everywhere.

That atmosphere of character and refinement, which should distinguish all self-respecting correspondence is assured when you place your stationery order with us. If you allow us to furnish your

**Letter Heads, Bill Heads, Shipping Tags, Office Forms, Envelopes, Statements, Etc.**

they will reflect the dignity and self-respect of the discriminating, and be an excellent advertisement for your business, for a business man may be judged by the quality and style of his printed matter.

**The Advocate Job Printing Department**

is without doubt the best equipped on the North Shore, and consequently in a position to turn out all kinds of Job Printing *Neatly, Promptly and Satisfactorily*, at very reasonable prices.

We are constantly adding new type and material to our already up-to-date equipment, and we have recently put in several of the newest type faces manufactured.

**Let Us Prove**

to YOU the truth of the above statement by giving us a trial order for any of the above mentioned office requisites, or an order for

**Posters or Dodgers, any size Flyers, Circulars, Programs Menus, Display Cards, Business or Visiting Cards, Price Lists, Booklets**

*in fact, ANYTHING YOU WANT PRINTED Neat, Artistic Two-Color Work a Specialty. Call on us when you need anything in our line. We assure satisfaction. Mail orders receive our careful and prompt attention. Write us for prices.*

*Yours for Good Service*

**The Advocate Job Department**

Phone 23

P. O. Box 359

**Everything in Printing**