

# THE BRITISH COLUMBIA MONTHLY

(Continuing WESTMINSTER REVIEW, Vancouver)

Subscription Terms ..... \$1.50 per year in advance; \$2.50 for two years in advance

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Promoting Social Betterment, Educational Progress and Religious Life. Independent in Politics.

Published at 1317 Haro Street, Vancouver, B. C.

VOL. XIII

VANCOUVER, B. C., AUGUST, 1918

No. 5

## The Coast Cure for Care

A HOLIDAY UNDER A BENEVOLENT AUTOCRACY

ALASKA AND NORTHERN BRITISH COLUMBIA

*By D. A. Chalmers*

"I believe that the real disease of Germany is that it has never learned to play. The bow is stretched all the time and the nation is afflicted with a dreadful seriousness that suggests the madhouse by its lack of humour and gaiety."

—Alpha of the Plough.

WHEN men and women are really interested in their work, it is difficult for them to forget it altogether under any circumstances. Yet it is equally true that the more earnestly people give themselves to the daily round and common task, the more needful is it that they should now and then arrange to have at least a few days in which the one thing strenuously avoided is their work and its associations.

The first difficulty that usually besets the aspirant after a rest or change under entirely new conditions is the selecting of a location or trip suited to the time and money available. Location itself often becomes a source of worry, which is supplemented by uncertainties regarding the accommodation, etc., en route or at the destination.

Readers and friends of this magazine who wish to avoid such experiences and who are set on having at least eight days of absolute comfort and freedom from anxiety, are strongly recommended to commit themselves to the care of the benevolent autocracy represented by Captain Locke of the good ship "Princess Sophia," sailing from Vancouver to Skagway, Alaska.

From the evening you enter the ship till the morning of leaving it, it will be your own fault if you are worried about anything earthly. Catering to the care and comfort of passengers has become a fine art, and the officers in charge seem to vie with each other—but without fuss or ostentation—to ensure passengers having a good time. They seem to understand that many, if not all, of the travellers are there, not merely to enjoy the trip, but because they are in much need of physical and mental rest and recreation. That the Captain is professionally proficient goes without saying,

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