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on a plate, moisten it with pure alcohol and ignite. Cover with a tin funnel. Wet the stained portion of the goods and hold over the fumes until every part of the stain has been penetrated, then rinse in clear water to which a little ammonia has been added, after which launder as usual.

#### Corn Cure.

Apply strong acetic acid every night and morning for a week, putting it on with a brush. This is said to be efficacious for either hard or soft corns.

### To Drive Away Ants.

Buy five cents worth of tartar emetic. divide it into 3 saucers, mix with sugar and place where the ants are Keep the mixture away troublesome. from children.

## Baking Pie Shells.

Try baking pastry for pie shells on the outside of the tins. Press it down well, and the shells will be even and of good shape.

### Lotion for Hives.

A lotion that will give relief to hives is made as follows: Mix together ½ oz. powdered borax, 1 oz. glycerine, 1 quart camphor water. Apply several

## Lotion for Prickly Heat.

Mix together 1 oz. glycerine, ½ oz. rosemary water, 20 drops carbolic acid. Apply as necessary.

## To Remove Freckles.

Apply lemon juice mixed with a little water very frequently, and wash off in water softened by boiling bran in it. Strain and use cold.

## Poison Ivy Cure.

A one-per-cent. solution of potassium permanganate applied hot two or three times is said to be a quick remedy for ivy poisoning.

## Correspondence. Welcome News.

Readers of the Ingle Nook will be pleased to hear that our efforts have been successful in finding the uncle of the Belgian lad of whom Mrs. Anna Bryant wrote us some time ago. She writes as follows:

At last I can write and tell you that my letter to Weyburn found the uncle of the young Belgian soldier, and I thank you for assisting me.

Yours respectfully, (Mrs.) Anna Bryant.

## Infantile Paralysis.

## What is it?

The following instructions regarding Infantile Paralysis are issued by the Provincial Board of Health:

Infantile Paralysis, also called Anterior Poliomyelitis, is a communicable disease chiefly of children between the age two and fourteen years. Older children and adults may also be affected by the disease.

The cause is unknown. It is known, however, that the agent causing the disease is present in the secretions of the nose and mouth, and in the intestinal tract from being swallowed.

The disease is epidemic in some United States cities, and in at least one town in Ontario.

It is believed that infantile Paralysis is spread from one child to another by means of the secretions of the nose and mouth by direct transfer. It is possible also that it is spread by flies which have been in contact with intestinal discharges. It may become widespread in country as well as in crowded city districts, and persons who have oeen in contact with cases of the disease may harbour the contagion and give it to others without contracting the disease themselves; that is, they are "carriers."

## What to do About it?

1. Every case must be quarantined for a period of six weeks.

2. All children who have been in contact with a case must be quarantined and kept under observation for a period of two weeks.

3. Adult members of the family who are wage earners may be allowed to go about their work, subject to the regulations of the Provincial Board, and on the discretion of the medical Officer of Health.

4. Where there is an outbreak, gatherings of children, such as picnics, picture shows, and playgrounds, should be prohibited.

5. The source of origin of each case should be carefully enquired into in order that proper quarantine may be maintained.

6. In houses where cases appear all doors and windows should be screened, the premises kept clean, and no accumulation of garbage or waste permitted.

7. All cases should be at once notified to the Medical Officer of Health, and by him to the Chief Officer of the Provincial Board.

8. Mild cases, showing slight headache, rise of temperature and vomiting persisting for a few days, with slight muscular weakness and absence of paralysis, should be quarantined. These are probably one of the chief sources of contagion.

9. As Infantile Paralysis is a most serious disease, and in the present epidemic giving a high death-rate, the public is urged to second the efforts of the authorities in every way in order to prevent a severe outbreak in the province.

10. All materials, such as cloths, etc., carrying secretions and discharges from patients should be burned, boiled, or disinfected.

If the disease shows any tendency to spread, special quarantine measures may be necessary.

JOHN McCullough, Chief Officer of Health.

## Current Events.

Prof. Elie Metchnikoff, the famous bacteriologist, died in Paris. It was he who advocated the drinking of sour milk to ward off the effects of old age, claiming that old age is due to a germ upon which the lactic acid of the milk has effect.

Another contingent from Russia has disembarked at Brest, France.

At time of going to press there is a comparative lull on the Western warfront. During the week, however, there has been sharp fighting, especially along the British lines along the Albert-Bapaume road and the Leipzig salient. On the whole, however, everything is satisfactory, the British troops having pierced the German third-line defence at several points. . . On the Eastern front Gen. Brusiloff's army has made another advance on the Styr. The Germans are said to be massing enormous forces before Kovel, which will not be given up without a desperate struggle.

# The Dollar Chain

A fund maintained by readers of "The Farmer's Advocate and Home Magazine" for (1) Red Cross Supplies. (2) Soldiers' Comforts. (3) Belgian Relief. (4) Serbian Relief.

Contributions from July 14th to July 21st.

July 21st: I. H. G., Stratford, Ont., \$1.00; "Reader," \$3.00; N. McC., R. 2, St. Mary's, Ont., \$1.00; Mrs. C. H. B., \$5.00.

Amount previously acknowledged.....\$2,629.70

Total to July 21st. .....\$2,639.70 I. H. G., Stratford, Ont., also contributed a very nicely knitted pair of

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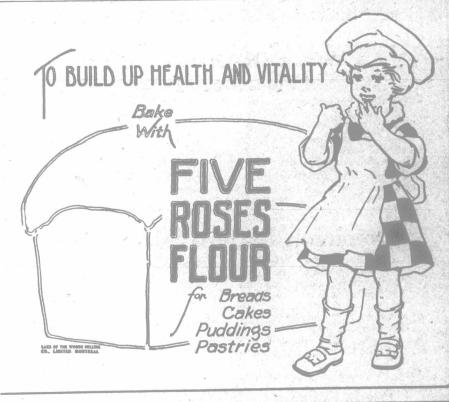
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