

a happy hour to us, the happiest we have ever known, and in such an hour to be covered with shame, how sad ! And that we may not be ashamed then, we are to abide in Him now.— Abide—the word has a sound of rest in it. To abide is to remain, to settle down. We have found a quiet resting place for our souls, rest from care and worry. We are in Him, He covers us, He is our defence, He is over us, around us. God sees us in Him, His righteousness is ours, and we are conscious of His presence. We need not fear to go out into the world to our daily occupations, if He fills our hearts, occupies our minds. But then how is it that we can be drawn away from Him, when the consequences are so disastrous to us now and when He comes ? To not abide in Him now means, oh how much dire disaster does it not mean to our own peace, as well as to lead us into failure to glorify Him. Beloved, abide in Him in these days of difficulty, abide in Him in midst of all the worldliness, the lukewarmness, the saying, " I am rich and increased with goods, and have need of nothing," into which His grace alone can keep us from falling, and into which in a day like this there is so much danger of falling. And the remedy for it, for ALL ills and evils is to abide in Him.

How blessed it will be to not be ashamed before Him at His coming. He does not want us to be ashamed then ; there is no need for us to be ashamed in that day. We may abide in Him day by day and hour by hour, we may lay aside each weight, we may be purifying ourselves here now

as He is pure, we may know that He is making us more and more like Himself. Satan might whisper, "It is presumption for one like you to think of being like such an One as Christ," but that is His own word to us. We should long to be all that He would have us ; it should be our great desire not to hinder His work in us, we should above all things fear to grieve and disappoint Him. Let it be ever before us that He would have us abide in Him, that when He shall appear we may have confidence and not be ashamed before Him at His coming.

J. W. NEWTON.

### FOR YOUR SAKE.

Daily life gives us many examples of what one man may do for the sake of another. History records some instances of noble men having given their lives for the sake of their friends. I speak not of the risks men will incur in the line of their calling to save life, such as those of firemen, who bravely risk their own lives for others. In such cases it is specially their duty and in fulfilling it they are doing work for which remuneration is certain.

But see yon wreck, the waves are dashing wildly over the ruin ; soon she will sink into the deep. Harken to the cry of the souls yet on board. Who will man the boat ?— Lo, there are eight cool, steady men who deliberately encounter all the dangers of the wild ocean, and face almost certain death, for the sake of the lives of the shipwrecked mariners.

Often do we read of awful coal pit explosions, in which lives are lost by hundreds. The terrible convulsion