



## ANANOQUE

was famous as a health resort long before the white man settled there. Before the march of civilization reached the lake and river regions, the Indians of the upper Ontario lake territory, suffering with malarial diseases, were wont to tour in their canoes down the shores of the lake until they reached the St. Lawrence, passing the spot where Kingston now stands, finally halting at the point where the swift running and rock-riven Cadanoryhqua river joined its waters with the St. Lawrence.

The Indian name "Cadanoryhqua" was pronounced as if spelled "Gananoque," and translated means "Place of Health," or "Rocks seen under running water," the location relieving the red men of their malarial difficulties. The place was located by them as the "Place where the running water danced over the rocks."

The town has a population of about 5,000 and is noted for the number and variety of its manufactures. To the tourist, its chief interest lies in the fact that it is almost in the midst of the Thousand Islands and is easily accessible by rail and steamer from all points.

