### THURSDAY, JAN. 11

An Arts Society Meeting will be held this evening at 6:30 p.m. in the Council Chambers of the SUB. For more info call 494-1313.

### FRIDAY, JAN. 12

The Department of Psychology hosts this weeks seminar entitled "Olfactory Deficits in Psychiatric Disorders," presented by Dr. Lili Kopala of Dalhousie's Department of Psychiatry, in Rm. 4258/63 of the Life Science Centre at 3:30 p.m.

The Chemistry Seminar for this week will be presented by Prof. John Donat, of Old Dominion University's Dept. of Chemistry and Biochemistry and is entitled "Complexation and Speciation of Trace Metals in the Sea: Analytical Aspects and Biological and Geochemical Implications." All seminars in this series are held at 1:30 p.m. in Chem. 226.

### SATURDAY, JAN. 13

Sports, sports, sports! The Men's Volleyball team plays against MUN at Dalplex, 4 p.m. today. Men's Basketball team vs. UNB, 8 p.m. Dalplex. Women's Basketball team plays against UNB, 6 p.m. also at Dalplex, and the Hockey team challenges UCCB at 4 p.m. in the Arena.

### SUNDAY, JAN. 14

**Today** is the first day of curling, 5-7 p.m. at the Mayflower Curling Club. This first practice is free, and no experience is necessary. For further information email Melanie at Velena@is.dal.ca or phone Hugh at 425-2298.

Come Support Our Teams! Men's Volleyball plays against MUN at noon, Women's Basketball plays against UPEI at 1 p.m.,



and Men's Basketball plays against UPEI at 3 p.m. All of the previous games are held at Dalplex. As well, the Hockey team plays against St. F.X. at 7 p.m. in the Arena.

### MONDAY, JAN. 15

Remember... today is the last day to register without a late fee, second term; Last day to withdraw from "R" classes without academic penalty; Last day to switch "R" classes between credit and audit and vice-versa.

### TUESDAY, JAN. 16

Humans Against Homophobia is people of all sexual orientations working towards the elimination of homophobia. The next meeting is at 7 p.m. in Room 310 of the SUB.

### WEDNESDAY, JAN. 17

HART, Homeless Action Research Team, a NSPIRG working group, is meeting today at 6 p.m. in the SUB cafeteria. All are encouraged to attend and get involved. For more info contact Alex at 453-4991.

The Women's Basketball Team will play against Acadia today at 6 p.m. at Dalplex, while the Men's Basketball team plays at 8 p.m., also against Acadia at Dalplex.



Better stock up before the next tuition increases hit.

# find that anxiety makes it difficult for them to give class presentations or participate in group discussions. A \$20 deposit is required. Enrollment is limited, so students are encouraged to register as soon as possible. For further info students may phone 494-2081 or come in person to the Centre on the fourth floor of the SUB.

A Special Author Reading will take place Jan. 12 at noon at the Halifax Main Library on Spring Garden Road when George Boyd reads from works in progress and previously produced plays.

Book Discussion Group Adults can spend an enjoyable hour with fellow reading enthusiasts at the Captain Spry Library on Kidston Road alternate Sundays at 2:30 p.m. beginning Jan. 14. Call Cindy at 421-8766 for details.

Share Your Skills in Reading and become an Adult Literacy Upgrading Volunteer. Workshops held regularly. For more info call the Halifax City Regional Library at 421-7673.

Children's Reading Support Volunteers Needed Do you enjoy the company of children, love reading and are more than 18 years old? Become a volunteer by calling Lana Pinsky at the North Branch Library on Gottingen Street at 421-6987 or Dorothy Minaker at the Captain Spry Library at 421-8766.

The Faculty of Science Award for Excellence in Teaching recognizes faculty members who have a comprehensive knowledge of their subject and posses the ability to communicate to their students in such a way as to lead students to high academic achievement. Nomination forms and further information are available from Office of the Dean of Science, Room 328, A & A Building, 494-3540, and must be submitted no later than Jan 31.

Nederlanders in Halifax? (en omstreken) Wij organiseeren een avontje stappen met Nederlandse jongeren tussen 19-35 jaar. Spreek je Nederlands en wil je gezellig een avontje uit? Bel dan: Walter: (902)-423-5342 / Lisa: (902)-492-9238 of e-mail: w\_vanden@bass.stmarys.ca / lvallee@is.dal.ca.

# announcements

Are You Concerned About Someone's Drinking? ALANON provides information and help for families and friends of alcoholics, whether or not the person's problem is recognised or treated. No dues or fees to pay. ALANON's primary purpose is to help its members recover from the impact of alcoholics on their own lives. For more information call 466-7077.

Volunteers are Wanted by The Lung Association of Nova Scotia to help "Back the Attack on Asthma and Allergies." Canvassers are needed in your area for our March 1996 residential campaign. Call Lisa at 1-800-465-LUNG for more details.

The VG Hospital is currently recruiting volunteers to work in their gift shops. If you can give at least one 4 hour shift per week please call. You will receive complete training, develop communication and retail skills and directly benefit patient care. Time commitments vary. To make an appointment call 428-2420, 8 a.m.-4 p.m. weekdays.

The School of Library and Information Studies, Faculty of Management presents the fourth in a series of workshops entitled "Creating Hypermedia — Traditional Multimedia Anchoring Software," Saturday, January 13 from 9 a.m.-12 p.m. The cost is \$58.85 and early registration is recommended. 494-2453

Anger Management Program Counselling Services at Dalhousie will be offering an Anger Management Program for stu-

dents, beginning Tuesday, January 23, 3:30-5:30 p.m. Four weekly sessions will include self-assessment, methods for moderating intense anger, and appropriate assertiveness. Pre-registration is required. Contact Counselling Services, fourth floor of the SUB, 494-2081.

The Maritime Museum of The Atlantic hosts several interesting exhibits and events this week. A Lofting Demonstration on Jan. 13 from 10 a.m.-1 p.m. and again Jan. 16 from 7-8 p.m. "Signalling at Sea — Signal Flags and Semaphore" will be held on Jan. 14 at 2 p.m., and on Tuesday, jan. 16 at 7:30 p.m. Captain Grandy will recount his adventures on board the first Canadian ship to reach the North Pole. For more information on these and other events, call 424-7490.

Renowned Canadian Filmmaker Kathleen Shannon will give the third Nancy Rowell Jackman Chair in Women's Studies Lecture at Mount Saint vincent University. Her talk "Feminism and Points of View," will take place on Thursday, January 18 at 7:30 p.m., in the Mount's Seton Academic Centre Auditorium D. For more info call 457-6339.

Zen and Now... The Nova Scotia Soto Zen Centre, 356 Prospect Bay Road, is offering Instruction and practice in traditional Zazen (sitting meditation) each Wednesday from 8-10 p.m. and Sundays from 5-9 a.m. Beginners are welcome. The centre is a nonprofit organization which doesn't charge for it's services. Interested?

Then call 852-2415.

African Studies and International Development Studies presents Clement Adibe, who will discuss "The Elusive Question for Democracy and Ethno-Religious Accommodation in Nigeria: 1960-Present" Jan. 11 at 4:30 p.m. in the Multidisciplinary Centre's Seminar Room, 1444 Seymour Street.

The Schizophrenia Society of Nova Scotia (Metro Chapter) will hold its monthly support meeting on Jan. 17 at 8 p.m. at Bloomfield School, Room 217, 2786 Agricola Street. The support meeting is open to anyone interested in learning more about schizophrenia. Family members and those with the condition can share experiences with others and make new friends. For more info call 1-800-465-2601.

The NS Seniors Art Gallery is showing a new exhibit of paintings at the World Trade and Convention Centre, Argyle Street. Official opening Jan. 16, and the exhibit will be on until March 13.

Congratulations to Dr. Peter Butler (Sociology & Social Anthropology) in his appointment to Assistant Dean (External) of the Faculty of Arts and Social Sciences.

PARTY, Promoting Alcohol Responsibility Throughout the Year, will be holding its first meeting of the term on Jan. 17 at 6 p.m. in the SUB (check inquiry desk for room). Topics to be discussed include the all nite broomball tournament, Labatt Road Scholarship and more. Drop

by and share your ideas! For more info call 494-2404 or e-mail PARTY@is.dal.ca.

A Speakeasy Program on how to talk to groups calmly and confidently will begin Jan. 30 at the Counselling Centre. This five session program will be of particular interest to students who

## classified ads

To place an ad, or for more info, call Jan at 494-6532.

### FOR SALE

**One Custom Made Dining Table.** White pressboard with cast iron legs. Bought for \$200, selling now for \$50. If interested, please call Andrea 425-8867.

