Mrs. C. S. Moore was a charming tea hostess of last week.

Mr. and Mrs. George Gunn are returning from Atlantic City this week.

Miss Irene Wood, Dufferin avenue, is visiting Mrs. G. W. de la Poeur Beresford in Toronto

Miss Dorothy Dickson, who has been visiting Miss Anna McArthur, Piccadilly street, returned to Goderich on Wednesday.

a very happy gathering on the evening of March 14, when many of Mr. Mitton's friends assembled there for the celebration of the birthdays of Mr. and Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton. Mrs. Robert Mitton. Mrs. Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton as a cheerful and interesting host, despite his \$9 years. Among those present were Mr. and Mrs. W. J. Mitton of Fingal and Robert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton as a cheerful and interesting host, despite his \$9 years. Among those present were Mr. and Mrs. C. C. Morris, Mrs. Morris and Mrs. Kabert Mitton, the aged father and mother of Mr. Mitton. Mrs. Robert Mitton. Mrs. Rob

sor, where the general is making an inspection visit. Miss K Birmingham of Ottawa, niece of Mrs. Panet, returned early this week after a delightful visit in London.

Mrs. M. Murray of 295 Richmond street announces the engagement of her only daughter, Georgina Irving, to Mr. Roy Edwards, son of Mr. Anthony Edwards of Chatham, the wedding to take place this month.

The Janey Canuck Chapter, I.O.D. E., is arranging for a tea dance to be held at Wong's Cafe on the afternoon of Saturday, March 26. The conveners in charge of this function are Miss Aileen Raymond, Miss Florence Jackson and Miss Florence Widden.

The home of Mr. and Mrs. L. D. Mitton, Craig street, was the scene of Mrs. Frank McCormick.

HOT WATER FURNACE.

pansion of the water as it is heated a

acks one, how to cure herself of snor-

ing, common or garden variety as wells

corner all night. My family threatens

to relegate me to the tall timbers if I

When we are asleep we are relaxed

Of course, I am taking

HOME ECONOMICS

Personal Health Service

Nocturne in A Flat, or Why, Oh, Why Do You Snore?

as grand opera selections? I've tried druff with excellent results. Now will

high pillows, low pillows, will power you please tell me something that will

and won't power, and I guess about make my hair grow? (T. H.)

everything else but standing in the better, Tom, if I only knew.

tank is placed near the roof of the

Hot water radiators have small taps

Growing Hair.

Digestibility of Raw Starch.

Kindly tell me whether raw starch is

I have used your ointment for dan-

Y. W. C. A. BOARD TO ASK \$10,000 TOWARDS THE NEW GYMNASIUM

Will Put in Budget To General Welfare Fund—Fine Camp To Be Held At Port

meeting.

Summer Camp.

Miss Helen d'Avignon, Girls' Work secretary, reported progress in the arrangements for the summer camp at Port Bruce. This report showed that even a better location than last year's had been secured for the pitching of tents, as well as a very fine cottage, and that permission had been received to make use of the splendid bathing beach there, which is noted as the best piece of beach between Port Burwell and Port Stanley. Mrs. Frank Anderson and Miss E. V. Jones have consented to act as camp hostesses, and the camp committee are trying to arrange to get Miss Mona Fitzgerald as camp physical instructress. Miss well known in the city, and the camp committee are trying to arrange to get Miss Mona Fitzgerald as camp physical instructress. Miss must entirely pleasing.

Was it not possible that an accident had happened to Jack Trevor? Those New York taxis, for instance—they flashed down on one from all directions, a veritable trap for the unwary—in crossing the streets, the wonder was that anyone escaped alive!

Vivid recoilections of various encounters with the traffic on Fifth avenue ran through Betty's mind. Permits of the province of the pitching of the short of the pitching of the same of imagination. And, once the fair share of imagination becauted in the train and bowling sent that it is along the way, her imagination becauted in the train and bowling sent that it is along the way, her imagination between the fair share of imagination. And, once the fair share of and the camp committee are trying to arrange to get Miss Mona Fitzgerald as camp physical instructress. Miss Fitzgerald is well known in the city, as she was here in the capacity of Y. W. C. A. instructress about two "I wonder if I should telephone the

Club News

from which air or gas which has accum-ulated in the coils and interferes with the passage of the water may be let out. Radiators have also a regulating handle on the pipe which admits hot water to the colls, which may be turned off if the C. A. auditorium on Friday evening, when Captain Mullineux of the Imperroom is too hot. It is not possible, how-ever, to shut off hot water radiators permanently, as in unused rooms, for the risk of freezing the water left in the his talk with some very fine lantern views. coils is very great, and there is no way of getting it all out, except by emptying

SYMPATHY IN LOSS OF MRS.

In the hot water heating system a steady fire is important and the pipes to the radiators should be large enough to permit the water to travel freely. Sometimes the pipes are so small that the water is cooled before it reaches the radiators. We all live in too dry air in our furnace-heated houses in winter. One of the easiest and most attractive ways of supplying the needed moisture is to keep ferns and plants growing in as many rooms as possible, especially in the living is perhaps the most common in private houses. The furnace fire heats water in a coil of pipes; the cold water constantly entering from below pushes the hot water ahead of it, because it is heavier than hot water. The hot water is thus pushed through pipes in the house into radiators, or coils of pipes; the hot water ahead of it, because it is thus pushed through pipes in the nouse into radiators, or coils of pipes; the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the water. The hot water is thus pushed through pipes in the nouse into radiators, or coils of pipes in the water water in the water and the pipes are so small that the water is thus pushed through pipes are so small that the water to travel freely. Sometimes the pipes are to small that the water to travel freely. Sometimes the pipes are to small that the water is thus pushed through pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the house into radiators, or coils of pipes in the water and pipes in the water and pipes in the council work. Such a light cannot fail to be an inspiration to many."

In the house in the water to tavel the water to take the water to take the didn't readly care for the. Local Council neavier than not water. The not water is thus pushed through pipes in the house into radiators, or coils of pipes in the rooms. To take care of the ex-

UNIVERSITY WOMEN'S CLUB. at Saturday night's meeting University Women's Club Miss Ethel MacRobert will be the

ABIGAIL BECKER CHAPTER. Last night the members of the Abi-gail Becker Chapter, I.O.D.E., enter-tained the men at Byron Sanatorium by giving them a euchre party followed by a delightful supper.

OPERETTA IN AID OF HOSPITAL The Knights of Columbus are planning to present the operetta, "Bob White," on April 7 and 8 in aid of the Children's Hospital fund. Miss Brady of Chicago will take the leading part in this operetta, which is being produced by Rev. Father Brennan and rehearsed under the direction of W. A. Bluethner.

GRENFEL MISSION

their word for my offences, never having heard myself perform. (M. C.)

Snoring is that peculiarly charming note produced by the flapping of the soft palate in the wind. Like the song of a siren it will drive some folks to feed of frenzy.

ANSWER—It was formerly imagined

injurious to eat, or whether raw potato or other regretables in which there is starch does harm, if one has a craving of Mrs. C. H. Ivey, Central avenue, was the dispatching of a night letter to the president of the mission, Mrs.

ANSWER—It was formerly imagined their word for my offences, never having injurious to eat, or whether raw potato f a siren it will drive some tolds to (M. I. w.)

eds of frenzy.

Most snores get in their best work that raw starch granules were covered

deeds of frenzy. Most snores get in their best work while breathing in part through the mouth and in part through the velum palati vibrating tunefally between the two air currents; but experts can snore very effectively with the mouth closed. To give a perfectly gentlemanly reply to the lady's query, the most composite to the digestive fluids to act upon the lady's query discou

There were ten of them—ten wiggly little pupples, and their kind old mother conted them proudly. All of them save one were fat and plump, and this one ontent the counted the proverse fat and plump, and this one were fat and plump, and this one fired the owner of the puppy's eyes opened. The poer of the puppy's eyes opened for all, for he was just sleek enough and the arkest of all, and the sits where his eyes were going to the whole family, so his wise old mother dog was delighted.

The poer old mother dog was delighted.

"What a pretty puppy he is," said the kind old mother dog was delighted.

"What a pretty puppy woul

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was momentarily dulled in the excitement of this new resolve. She was going to New York—to find out the worst!

hospitals?" she asked herself, biting her rosy under lip nervously; "but then, there are so many hospitals in New The newspapers? Ah, that was bet

ter! If anything awful had happened to poor Jack the newspapers would print accounts of it. Betty had hither-The Red Cross Society is calling a to avoided all such harrowing details oublic meeting to be held in the Y. M. leaving their perusal to Kate, the Irish dealing the Irish maid, who absorbed them daily with when Captain Mullineux of the Imperial war graves commission, will be present to give information and comfort to those who lost relatives or the columns of all the morning newspapers herself, with a view to finding

out the worst. Another train of thought, equally perturbing, sprang into being. Suppose Jack had found out that he didn't really

overwhelming her. Heart ache, indeed!



A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

to the news stand and purchased all

ing in to the general welfare fund a proposed trip to the metropolis. After budget asking \$10,000 toward the build-

Bahamas and Panama Canal.

Mrs. Harley Brown, accomapnied by Miss Margaret Brown, igoing to Hamburs sisters, the Misses Holson, who are leaving shortly to spend a year abroad, ig at present staying with Norman Graham, who has been visiting in Winnipes for the past year, ig at present staying with Norman Graham, who has been been by her son, Mr. Will Graham of Ottaw, nice of Mrs. Carriet Graham, who has been day her self-but by Miss Ruby Brown, and in the complete of the form a certain and the complete of the form a certain staying with Norman Graham, Becher street. She is accompanied by Mrs. Carriet Graham, who has been day set in Winds, and the complete of the shool. The complete of the form a certain staying with Norman Graham, Becher street. She is accompanied by her son, Mr. Will Graham of Winnipes.

General and Mrs. Panet are in Winds, or, where the central sent making an of Ottaw, nice color of the Granier and Mrs. Lands and the form of the Granier and the complete of the past year, when the Mothers of the school. The control of the school of t penses of the association, the decision being reached at a meeting of the board held yesterday afternoon at the King street residence, after a recommendation from the budget committee.

Another interesting report considered was that of the constitution committee, the result of which was the appointment of Mrs. C. B. King and Mrs. Alex. Henderson to call a special meeting of the association on March 30 for acceptance of the drafted constitution, which will then have to go before the annual meeting for revision. A nominating committee was also appointed to present names for the board of directors, to be voted on at the annual meeting.

Summer Camp.

Tomorrow-Eavesdropping.

Women's Activities Western Ontario

Address News For This Column The Editor of Woman's Page.

NORTON SCHOOL MOTHERS' CLUB.
The box social held last Friday evening by the Norton School Mothers'
Club was a very successful affair. An Club was a very successful affair. An interesting program was given, in which Miss A. Dunham, Miss Mary McPherson, A. Dengate and Lloyd Moore took part. Another feature of the evening was a debate on "Which Is of More Use to His Country—a Spendthrift or a Miser?"

The auctioneer, Mr. A. Dengate, won great applause by the skilful manner, in which he disposed of the boxes. The proceeds amounted to \$74.05.

Cynthia Grey's Mail-Box

There is a deal of religion in an earnest, hearty laugh that comes ringing from the heart. That man is a bad man who has not within him the power of a hearty laugh.

Pollyanna's Request Dear Miss Grey,-Could you, or any of your readers, supply me with the words of the old song entitled "Ella Rea." think that is the name of it. Th

Then carry me tack to Tennessee, Back where I long to be be; Among the fields of yellow corn. To my darling Ella Rea. Am sending stamped, addressed enve

P. S.—Please accept inite for S. C. F. Ans.—Can any of the readers suppl Pollyanna with this song? Man thanks for hospital mite. Reader No. 4.

Dear Miss Grey,-I read in today's paper where Reader No. 4 has sent i some quilt patches for me. Thanks so and trouble. Fudge's Mother, any kind of cotton or print patches for my log but do not know who sent them, al any place where I might buy the poun package of prints. Find inclosed 25 cents for postage on patches, also 10 cents for S. C. H. fund, If postage is more, please let me know. Thanking you for your trouble, I am still a DREAM GIRL

To the Patient Helper: Though days may be long And friends seem few, My heart fills with song
When my thoughts are of you.
Ans.—I do not know of any address. Many thanks for hospital mite

Sunbeam's Query. Dear Miss Grey.—I have been an interested reader of your Page for some time. I am sending a dime for S. C. H., and wish it success. Now, Miss Grey, I will try not to bother you too long, but would like to ask a few questions.

1. How long should a girl 19 years old wear mourning?

2. Is a girl 18 years old her own hand.

2. Is a girl 18 years old her own boss?
3. Is a marriage of a girl 18 and a boy

3. Is a marriage of a girl 18 and a boy 21 legal?
I will close now, wishing the Mail-Box every success. SUNBEAM.
Ans.—1. It is customary to wear it for a year, but it depends upon the person for whom you are in mourning. I do not believe in deep mourning for young girls. Attention, Star Bright.

Dear Miss Grey,—Am sending "We Are Seven" for Good-Natured Annie, and hope it is, the one she wants. I wish to thank Star Bright for sending in those chapters, and also would like to ask Another Reader if she received my last letter, as I did not hear from her? I am 14, and would like to corre-spond with anybody my own age. I think it is great fun. BLUSHING ROSE. Ans.—Thank you for

Mother of Three.

Dear Miss Grey,—Not having had a reply to my letter. I thought I would write again in case my letter did not reach you. My little ones call up the express office to see if there is anything for them, for, poor little things, they need clothes badly. I have cut up my own that were too bad for myself, so that the parcel came very handy indeed. I wish I could thank the lady personally, for I certainly appreciate it,

The wonderfully refined, pearly white complexion rendered, brings back the appearance of youth. Results are instant. Highly antiseptic. Exerts a soft and soothing action. Over 75 years in use. Send 15 c. for Trial Size PERD. T. HOPKINS & SON Gouraud's Oriental Cream

and, believe me, I shall not forget the timely help of the Mall-Box. With nothing coming in but what I earn you will understand the reason for the children not having any clothes. Even anything I can make over will be very acceptable, as I am useful at sewing. I will write a brighter letter later on, for every cloud has a silver lining. My little girl is sending 10 cents for S. C. H. She was saving it for a hair ribbon, but is going to make hairpins do.

MOTHER OF THREE.

Ans.—Anyone wishing to help Mother of Three may have her address from the Mail-Box.

Curlute Pearson. in at present. Many thanks for offer of crochet patterns, also for hospital

Curly's Request. Dear Miss Grey,-This is the second **XXXX.—''IS IT A TRAP?''

Betty's brain feit suddenly extramently that, though Jack Trevor had a ordinarily clear and wide-awake. The thousand faults, he would always be suffering of the last twenty-four hours for her the one man in the whole wide wordinarily dulled in the excite-world.

Betty's brain feit suddenly extramently that, though Jack Trevor had a closed find mite and stamped envelope for them, and oblige, CURLY.

Ans.—Am malling you a stocking foot pattern. Many thanks for mite.

Enjoys Letters. to New York—to find out the worst!

"Anything—anything is better than this cruel suspense!" she assured herself.

She decided to tell no one of her proposed trip to the metropolis. After all, it was her own affair. There was a thrill of the mysterious about it, too, that somehow appealed to an adventhat somehow appealed to a successful and purchases the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the papers available. Heavily laden, the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the waiting-room to begin the papers available. Heavily laden, the papers a Dear Miss Grey,-I have been a silent

Ans.—Thank you, Yvonne, for sending your mite for our fnud. I am sorry there are no sachets left, but I have put your name on the list for one, in case more are sent in.

Dear Cynthia .- This is my first lette o your cosy corner. Will you pleas send me the sachet bag and stockin foot pattern? Inclosed find a dime fo foot pattern? Inclosed find a dime for S. C. H. and addressed envelope. If any seeds are left, will you send a few? May I call again? I will sign myself MUTT.

Ans.—Am mailing you a stocking foot pattern and seeds, but there are no sachets left. Many thanks for hospital mitte. Mutt.

Nathalie.—I neglected to answer your uestion re our hospital fund. The last ontribution sent in, February 16, rought our total up to \$322.10.

A Busy Farmer's Wife. Dear Miss Grey,-I have been a s enjoy it very much. I always miss f there are not many letters in it. have some crochet patterns here anyone wished for them to copy.

-the secret of good baking

DON'T THROW YOUR OLD CARPETS AWAY

The Famous VELVETEX Rugs Reversible-Will wear a lifetime-Prices reasonable

SEND FOR VELVETEX LEAFLET. CANADA RUG COMPANY. CARLING STREET. LONDON, ONT.

Will never cause you or your guests embarrassment by obstinately refusing to leave the shaker. Sifto Saltof snowy purity-remains dry and free-running in any climate, in any weather.

Try "Sifto" Salt. Put up in sanitary, damp-proof and dust-proof cartons. At all good grocers. One of the famous Century Salt family. The Dominion Salt Co., Limited, Sarnia





Easter Millinery

Greatly Reduced Special Sale Today,

Friday and Saturday O SOME the selection of a New Hat is an arduous task. But

at the Royal with such a variety of charming New Spring Creations, it is a decided pleasure. From the extremest ornate to the simplest interpretation of the trend of spring style, they are all daring yet pleasing creations. We invite you to make your selection to-

day, Friday and Saturday. Our special Prices in this Easter Sale will

Trimmed Hats

Beautiful Trimmed and Tailored Hats, new spring models, large variety to choose from; regular up to \$6.00. Special for

\$3.95

Ladies' Trimmed Hats

Large variety to choose from; every hat a charming creation. These hats will positively please the most particular dresser. Any model would sell in other shops at 50% more. Regular up to \$10.00. Our special price for Easter,

\$6.95

Children's Hats

Hundreds of dainty hats to choose from Made of Milan straw with streamers and some flower-trimmed. Specially priced for \$1.95 TO \$6.50

The newest models now shown for Easter

Trimmed and Tailored

wear; small, medium and large shapes; newest novelty trimmings; regular up to \$8.00. Special for Easter,

\$5.75

Handsome Trimmed Hats

This lot includes some of the most stunning and smartest hats; every hat a beauty and sure to please; regular values up to \$12.00. Special for Easter selling,

Misses' Hats

Charming models for young misses. You will be more than delighted with the variety shown and the values offered. Specially priced for Easter sale.

Exquisite Display New Spring Dresses

In our Ladies' Dress Department we are showing an excellent variety of Ladies' Spring Dresses, in taffeta, charmeuse, satin, silk and serge. All the new style creations are represented, and specially priced for our

\$24.50 To \$55.00

Royal Millinery & Fur Co.

246 Dundas Street .

just as we grow sleepy under 'he soothing, relaxing influence of a nice warm fire and a comfortable chair and a pouchful of good food. And this re-laxation particularly affects the erec-tile spongy bodies (turbinate bodies) of the nose chambers; they become en-gorged with blood and swell enough impede free passage of air through eat less; they are generally overweight, which proves beyond peradventure that they habitually eat too much THE LITTLE LAME DOG.

Part I.

There were ten of them—ten wiggly ittle pupples, and their kind old mother little pupples. They should endeavor to fight that They should endeavor to light that lazy streak, which certainly injures health, by indulging in daily active general exercise of one kind or another. for the sake of better circulatory tone,

Beauty Unsurpassed





A Popular Style.

Pattern 3488 is here depicted. It is ground with any it is great function in the size will require 2% yards of 44-inch material.

Embroidered serge, georgette, tricolette, satin, crepe, crepe de chine, linen, volle and batiste are attractive for this model.