

FOUR BIG C'S OF SOLDIERING

COURAGE, COMMON SENSE, CUNNING, CHEERFULNESS.

Sir Robert Baden-Powell, Hero of Mafeking, Says They Are as Important as Drill.

Courage, common sense, cunning and cheerfulness! The cultivation of these four attributes is, in the opinion of Sir Robert Baden-Powell, quite as important as drill in the making of a modern soldier. The question naturally arises can courage be cultivated? In the opinion of Sir Robert it can, and without it a soldier is practically useless in the field.

He tells a story to illustrate his point of General Nogi, the great Japanese leader, who displayed in his life and in his death the highest personal courage. General Nogi once said that, though timid by nature, he had developed this quality by stern self-discipline. When he found a fly which caused him apprehension or fear, he forced himself to face it, and to repeat it again and again until it no longer had any terrors for him. "It is that taking oneself firmly in hand," says Sir Robert in his book "Quick Training for War," "that enables a man to stick it out against the impulse of his knees to give in or to run away in a crisis."

Courage is born of confidence, and no matter how timid a soldier may be at first, if he knows that he can handle a rifle and sword well, manage a horse, has some good officers, and is healthy enough to march with the best, he can very soon cultivate it.

Impossible to Make Rules. In regard to the second of the C's—common sense—Sir Robert points out that, although the science of strategy and tactics looks formidable in the text-books, they really only lay down definite principles and examples which serve to guide the leaders when applying their common sense to the situation in hand. "No two situations," he says, "are ever precisely the same, and it is therefore impossible to lay down exact rules that should guide in every case."

They have an effective way of teaching common sense among the South African police. As a rule, the police patrol on about the districts in pairs. When, however, a man is not sufficiently intelligent or self-reliant, he is sent alone on long journeys in order to cultivate and develop his common sense and self-reliance. "Develop," says Sir Robert, in a pregnant sentence, "the intelligence of the individual, and the whole unit will be efficient."

One of the secrets of Napoleon's success was his abnormal cunning, which enabled him to formulate plans of his own for counteracting those of the enemy which were reported to him by his intelligence officers. For quick training in cunning, the best school is that of scouting. "The first step," says Sir Robert, "in making a good scout is to teach him observation and deduction, noticing every detail about the enemy and deducing a meaning from the points observed. Then by a little imagination, the enemy's movements or intentions are read and counteracting steps can be taken with every advantage."

Boer Cunning. The Boers, during the South African War, won many a fight through their cunning. Like the Germans in the present war, who have scored in the vital manner of concealing their artillery, they were clever in hiding their field guns, when they were able to shell our troops for a considerable time before the latter could locate the position of the Boers' artillery sufficiently well to reply to it effectively.

"The Hero of Mafeking" lays great stress on the value of cheerfulness. "The spirit," he says, "which possesses the men is a tremendous factor for success in war, and the presence of a few infallibly cheerful men in the ranks, and more especially among the leaders, is of a value that cannot be overestimated in an arduous campaign or when things are going against you."

I have known of more than one officer who was accepted for service, not so much on account of his military ability, as for his undampable spirits, which invariably developed a brighter feeling among those around him.

His Initial. She critically examined the gold sleeve links which were set before her and then requested the clerk to show her another line. She decided on a pair, murmuring to herself: "Yes, I'm sure he'll like these." "Do you care for any initials, Miss?" queried the clerk. "Oh, yes, I forgot," said she. "I think I'll use his first initial this time. You may engrave the letter 'U' on them."

"U," repeated the clerk, as he wrote the instructions down. "May I inquire the name, miss, if it is Urian or Ulysses? Names commencing with 'U' are so very rare." "Eugene," replied the young woman, proudly.

NERVOUS CHILDREN

The Trouble is Often Really St. Vitus Dance—Do Not Neglect It

Many a child has been called awkward, has been punished in school for not keeping still or for dropping things, when the trouble was really St. Vitus dance. This disease may appear at any age, but is most common between the ages of six and fourteen years. It is caused by thin blood which fails to carry sufficient nourishment to the nerves, and the child becomes restless and twitching of the muscles and jerking of the limbs and body follow. In severe cases the child is unable to hold anything or feed itself. St. Vitus dance is cured by building up the blood. The most successful treatment is to remove the child from all mental excitement, stop school work and give Dr. Williams' Pink Pills. These Pills renew the blood supply, strengthen the nerves, and restore the child to perfect health. Here is proof of their power to cure. Mrs. Geo. A. MacDonald, Harrington, N. S., says: "My son was attacked by St. Vitus dance; at the outset his muscles would twitch and his step was weak and jerky. We called in a doctor who treated him, but notwithstanding he continued to grow worse and at last grew so bad that he could not hold a cup in his hand, while his head constantly twitched, and his speech became rather indistinct. At this juncture I saw in a paper the cure of a boy from similar trouble through the use of Dr. Williams' Pink Pills. We at once sent for a supply, and in a few weeks after he began their use there was considerable improvement, and it was not long after this before he was completely cured, and has never had a symptom of the trouble since. I am convinced that there is no medicine like Dr. Williams' Pink Pills for the cure of St. Vitus dance."

If your dealer does not keep Dr. Williams' Pink Pills you can get them by mail at 30 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

THE BACON HOG. One of the Foundations of Ontario's Agricultural Prosperity.

With the desire of placing an up-to-date handbook on swine-raising within the reach of every farmer in the province, the Ontario Department of Agriculture requested Prof. E. Day, of the Agricultural College, Guelph, one of Canada's leading authorities on live stock, to prepare such a work, which has been issued in the form of Bulletin No. 225, entitled "Swine," containing 80 pages, profusely illustrated.

It is a most practical and complete statement, covering every point helpful in the selection, housing, feeding, and general handling of the bacon hog. The bulletin opens with the place of the pig on the farm, Prof. Day very plainly showing the why as well as the how. The various types of swine are then described, with photographs of prize-winners at some of the leading live-stock shows.

The author goes fully into methods of feeding, prescribes the best rations, gives the causes of soft bacon, and shows how to avoid that and other drawbacks to a perfect carcass. His hints on pasturing, especially where he compares rape with clover and alfalfa, are particularly suggestive. He also gives valuable directions as to the feeding of roots, potatoes, pumpkins, apples and hush-bog. The bulletin opens with the place of the pig on the farm, Prof. Day very plainly showing the why as well as the how. The various types of swine are then described, with photographs of prize-winners at some of the leading live-stock shows.

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Prof. Day places great emphasis on the selection of both sire and dam, and his counsel in this regard is much needed. Every feature pertaining to mating is thoroughly helpful. The management of the sow during and after gestation is thoroughly handled, and will likely save many a litter to the swine-raiser who will read this bulletin. The advice on raising young pigs is intensely practical. Hints on dealing with rupture and other troubles are also given, together with excellent counsel regarding exercise.

The chapter dealing with the curing of pork is worth much to those who put up their own meat. An excellent method of try-out lard is also described.

Prof. Day bestows much attention upon the question of buildings, and gives plans of both stationary and portable pens that he can heartily recommend. He also pays considerable heed to sanitation, giving the latest suggestions regarding disinfection, ventilation, etc.

A valuable chapter is that devoted to the common diseases of swine. Many of these are described, and their treatment is covered in so full and practical a manner as to make every hog-raiser practically his own veterinarian.

Any farmer desiring a copy of this latest bulletin on "Swine," will receive one free by writing to the Department of Agriculture, Toronto.

FROM MERRY OLD ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

Occurrences in the Land That Reigns Supreme in the Commercial World.

The price of bread in Birmingham has now advanced one cent per four-pound loaf. Messrs. Vickers are now working night and day on armaments and ammunition for the war. Damage estimated at \$100,000 was caused by a fire at the works of Miller, Son & Co., printers, Wakenham.

A German gull has just been shot by Mr. A. Vaux, of Sheffield. A ring on its leg read "Rossiter, East Prussia."

A large number of struggling hen-house keepers in Bolton have decided to give up business rather than pay the increased hen tax.

At Langleybury (Herts) parish church Mr. J. Walker has just completed his 50 years' service as foreman of the bell ringers.

It is notified that a temporary commission as lieutenant-commander Royal Navy Volunteer Reserve has been issued to the Duke of Westminster.

The Lancashire and Yorkshire, and London and North-Western Railway Companies propose carrying out important electrification schemes in their systems in Manchester.

The War Office have in preparation a new concentration camp for German prisoners at Stratford, where accommodation will be found for between 800 and 1,000 men.

The Mayor and Corporation of Banbury, with the assistance of leading inhabitants, have furnished four houses for the reception of Belgian refugees.

Twenty thousand territorials of the Home Counties division are now arriving for training at Windsor, Staines and Egham, where arrangements have been made for their billeting.

Rejected by the doctors for physical reasons, Percy Hobson, son of Councillor Hobson of West Bridgford, has undergone an operation at a cost of \$150 so as to fit himself for action.

One child was burnt to death and two others severely injured in a fire which occurred in Bally Street, Bethnal Green, caused, it is supposed, by the children's clothing catching fire.

The Home Secretary has declined to confirm the recommendation of the Southampton Licensing Justice that local public houses should refuse to serve women after five o'clock in the afternoon.

The first contingent of Indian wounded soldiers to be treated at Brighton have arrived there and are quartered in the Royal Pavilion Buildings which have been converted into a hospital.

Having just missed the first Canadian contingent, Mr. J. Peters, a bank clerk of Prince Rupert, travelled over 7,000 miles to England at his own expense to enlist in the Canadian regiment.

Notices have now been placed by publicans in various districts of S. E. Lancashire, that "owing to the alteration in the map of Europe" the price of beer will be increased by one cent per half-pint.

Although 60 years of age, Mr. Albert Gambrell, of Chatham, is still serving the colors as school instructor at Portsmouth. Six of his sons are fighting at the front, and a seventh is in the Austrian navy.

At the request of the War Office the Metropolitan Asylum Board have arranged to provide what accommodation may be necessary for cases of dysentery, enteric, scarlet fever and diphtheria, occurring amongst the soldiers.

Indian Recruits. Recruiting for the Indian army is continuing in an extraordinary manner, the fighting ranks having had their martial instincts considerably whetted by accounts of feats achieved by the Indian troops at the front. In consequence of the number of applications received at headquarters for permission to proceed to the front the commander-in-chief of the Indian army has been obliged to forbid officers to forward such requests.



Wm. Watson, The English Poet.

JOINTS GUILT EATING

Nervine Drives Soreness Away

NO MORE STIFFNESS, PAIN OR MISERY IN YOUR BACK OR SIDE OR LIMBS!

Wonderful "Nervine" is the Remedy. A marvelous pain reliever. Not an ordinary liniment—just about five times more powerful, more penetrating, more pain-subduing, than any thick, oily or ammonia liniment. Nervine fairly eats up the pain and stiffness in chronic rheumatic joints, drives quick relief to those throbbing pains, and never burns or even stains the skin.

"Rheumatism kept my joints swollen and sore for ten years. My right knee joint was often too painful to allow me to walk. In this crippled tortuous condition I found Nervine a blessing. Its warm, soothing action brought relief I had given up hoping for. I rubbed on quantities of Nervine and improved steadily. I also took Ferrozone at mealtime in order to purify and enrich my blood. I am today well and can recommend my treatment most conscientiously."

(Signed) C. PARKS, Prince Albert.

Not an ache or pain in the muscles or joints that Nervine won't cure. It's wonderful for lumbago and sciatica; for neuritis, stiff neck, carache and toothache. Nervine is simply a wonder. Best family liniment known and largely used for the past forty years. Sold by dealers everywhere. Large family size bottle 50c. Small trial size 25c. Refuse a substitute, take only "Nervine."

SOLDIERS FROM TROPICS.

Not Used to Cold Weather, and Many Are Frozen.

Troops from the tropics are suffering intensely from the cold, in their positions in the Belgian trenches. This is especially true of the Senegalese. In many cases their toes or feet have been frozen so badly that amputations have been necessary.

Mrs. Harry Floyd chief commissioner of the French wounded emergency fund, who has just returned to London from a visit to the French hospitals at Lisieux, Bayeux, Deauville and other points, tells of the suffering of the soldiers from the tropics. She says also that many of the hospitals are badly in need of anesthetics, tetanus serum, surgical instruments and surgeons.

"In one hospital I saw Senegalese operated upon without the use of an anesthetic," said Mrs. Floyd. "Their toes had been frozen and immediate amputation was necessary."

"All the toes of one Senegalese were removed without even a groan from him. Suddenly he leaped from the operating table and began searching for something. The doctors and nurse could not discover what he wanted. He found a pipe, filled it and lay down, smoking to deaden the pain. Then he began to pray in a low voice."

"The courage and heroism of these men is simply beyond belief. They never complain, but their sufferings in the cold climate are pitiful."

"Blankets, heavy woollen clothing and socks are badly needed at the hospitals and convalescents' homes in northern France."

"Typhoid fever now seems to have been checked, but gangrene presents a frightful menace because of the lack of serum. There is also a great need of electrical equipment to treat cases of rheumatism caused by exposure, as well as paralyzed arms and legs caused by neglected wounds."

STICK TO IT

Until Tea or Coffee Hits You Hard.

It is about as well to advise people to stick to tea and coffee until they get hit hard enough so that they will never forget their experience.

A woman writes, and her letter is condensed to give the facts in a short space:

"I was a coffee slave, and stuck to it like a toper to his 'cups,' notwithstanding I frequently had severe attacks of sick headache; then I used more coffee to relieve the headache, and this was well enough until the coffee effect wore off. The effects on the system of tea and coffee drinking are very similar, because they each contain the drug, caffeine."

"Finally attacks of rheumatism began to appear, and ultimately the whole nervous system began to break down and I was fast becoming a wreck."

"After a time I was induced to quit coffee and take up Postum. This was half a year ago. The result has been most satisfactory."

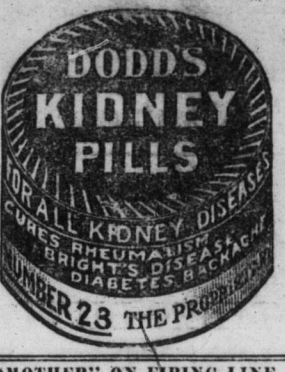
"The rheumatism is gone entirely, nerves practically well and steady, digestion almost perfect, never have any more sick headaches, and am gaining steadily in weight and strength."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in page.

Postum comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages. Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum. —sold by Grocers.



"MOTHER" ON FILING LINE.

She's a Big British Howitzer Who Pounds "Black Maria."

A British officer sends from the front a grimly humorous description of the recent additions to the artillery arm of the expeditionary force.

"Our artillery," he writes, "is being gradually reinforced and we are able now to reply to the German heavy howitzers with shell that is even weightier than their much vaunted 'Black Marias.' The howitzers I refer to is 'Mother.' She has been christened by the Tommies, and the name is not inappropriate. She is of matronly dimensions, but comely withal, and has done excellent work while she has been with us, and more than one of her family of field batteries scattered round the front owes its existence to the attention 'Mother' has devoted to the German eight-inch heavy howitzer. 'Mother's' shell weighs 300 pounds. She ranges most accurately, and, indeed, she has had four direct hits on German guns in the past fortnight. A direct hit is only recorded by the airman when the shell actually strikes the enemy's gun. 'Mother' is usually accompanied by 'Archibald,' which is one of the new anti-aeroplane guns. 'Archibald' is mounted on a motor lorry, and yesterday brought down a Taube aeroplane, much to our delight. He fires a thirteen pound shrapnel shell and is daily becoming more expert in his attention to hostile aircraft. Our five-inch battery is still doing its good work, and is constantly keeping hostile batteries quiet."

"After a hostile battery had been shelled a short time ago our airman reported next day that only four of the six German guns had been moved to a new position, so that it appeared that the other two which had been left behind were of no further use."

A DIVORCE GRANTED

After many years of patient suffering she can be divorced from corns by applying Putnam's Corn Extractor, which acts in 24 hours without pain—because a substance called "Putnam" is the cause of corns that is safe and painless, 25c. per bottle at all dealers.

A JOKE ON BISMARK.

How His Wife Got Rid of An English Nobleman.

The great Iron Chancellor of Germany, Prince Otto von Bismarck, who first welded the nation into an empire, was a most devoted and docile husband, and very docile to his wife's advice. And her ready wit, although it saved him many a weary hour, once got him into a ludicrous position.

Lord Russell, an English nobleman, was one day calling on the prince, when he remarked that Bismarck was doubtless annoyed by countless visitors who took up his time unnecessarily.

"That is true," responded the chancellor with a laugh, "but my wife has a trick for getting rid of all bores in a graceful way. If she sees I have a visitor who is likely to prove dull, she comes in and makes some pretext for getting me away."

Hardly had Bismarck ceased speaking when his wife bustled into the library.

"Otto," she said, in a commanding voice, "you must go at once and take your medicine; you ought to have had it ten minutes ago."

It is needless to say that in spite of the hearty laugh that followed, the English visitor did not long delay his adieus.

Minard's Liniment Cures Cold, Etc.

Discredited. Bix—I see there's a report from Holland that concrete bases for German cannon have been found there.

Dix—Don't believe a word you hear from Holland. The geography says it is a low, lying country.

Minard's Liniment Cures Cold, Etc. Gentlemen: Theodore C. Cals, a customer of mine, was completely cured of rheumatism after five years of suffering, by the judicious use of MINARD'S LINIMENT.

The above facts can be verified by applying to the Parish Priest or any of his neighbors. A. COTE, Merchant, St. Isidore, Que., 12 May, '18.

Beauty is only skin deep, and some of us are more thin-skinned than others.

Minard's Liniment Cures Diphtheria.

A Question of Roads.

A retort that shows something of the attitude of Russian and Austrian officers before hostilities actually broke out, is reported by the Petrograd correspondent of the London Times. In the course of his last interview with the Russian military authorities before the war, Prince Hohenlohe, the Austrian military attaché, expressed surprise that the Russians should be requisitioning so many automobiles, the extensive use of which since then may help to explain the rapid alternations of fortune of engagements that have so often proved confusing. "Your roads are too bad," the Austrian remarked. "Of what use are automobiles?" "Ah," replied the Russian, "but you must remember that your roads are very good!"

Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion, and a host of ailments. Salt and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively, without weakening, sickening or griping. Use Dr. Morse's Indian Root Pills.

A Bit of Cat History.

A great many years ago the people of Egypt, who had many idols, worshipped the cat, among others. They thought she was like the moon, because she was more active at night, and because her eyes changed like the moon, which is sometimes full and at other times only a light crescent, or, as we say, half-moon. So they made an idol with a cat's head and named it Pasht. The same name they gave to the moon, for the word means the face of the moon. The word has been changed to "Pasha" and "Pash," the name the most of us give to the cat. Puss and pussy cat are pet names for kitty anywhere now. But few think of the name as given to her thousands of years ago, and of the people who then bowed down and prayed to her.

A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills."

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectively chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

Professional Conversation.

Highwayman—Law! Why, I know more law than most of your lawyers!

His Side-partner—So? Well, most lawyers have got you skinned as a highwayman.

INFORMATION FOR INVENTORS

Messrs. Pigeon Pigeon & Davis, patent solicitors, Montreal, report that for the week ending December 8th, 1914, 146 Canadian patents were issued, 91 of which were granted to Americans, 27 to Canadians, 17 to residents of Foreign Countries and 11 to residents of Great Britain and Colonies.

Of the Canadians, 9 were residents of Ontario, 7 of British Columbia, 6 of Quebec, 3 of Manitoba, 1 of Alberta, and 1 of Saskatchewan.

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Life is short, and our brother men are like ourselves, very imperfect. It is best to judge all charitably, to resent nothing too bitterly, to forgive much, and to smile over many things.

CLARK'S
POTTED MEATS—
Full flavored and perfectly cooked make delicious sandwiches.
The child's delight. The picnic's choice. Everybody's favorite.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

AGENTS WANTED.

AGENTS TO TAKE ORDERS FOR THE "P" System Band (colored), made to measure clothes, no risk, good profit, easy sales; everything guaranteed. Exclusive territory. Spring outfit ready January. Write today. T. Symon Co., Nordheimer Building, Toronto, Ont.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

PATENTS

OF INVENTIONS
PIGEON, PIGEON & DAVIS
714 St. James St., Montreal
Write for information

BOILERS

New and Second-hand, for heating and power purposes. Water STAINLESS TANKS AND SMOKE POLSON IRON WORKS TORONTO Engineers and Shipbuilders.

Machinery For Sale

Engine, shafting, belting, pulleys, etc. from large factory for sale. Wheelock engine, 18 by 32, complete with cylinder frame, fly wheel, bearings, etc., all in good condition. Shafting from one inch to three inches, pulleys, thirty inches to fifty inches, belting six inches to twelve inches. Will sell entire or in part.

NO REASONABLE OFFER REFUSED.
S. Frank Wilson & Sons,
73 Adelaide Street West, Toronto.

Particular. Harry—Gertrude's parents are very particular for her moral education.

Harry—In what way? Harry—In every way. In school last week they wanted the teacher to excuse her from improper fractions.

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Marine Eye Remedy. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. Marine Eye Remedy, 25c. For Book of the Eye Remedy, Druggists or Marine Eye Remedy Co., Chicago

And—Sit Hard. The Allies will do it if they can.

What? Wh? sit on the Ottoman.