

BEER SAVE BRITISH RACE FROM EXTINCTION

According to This Writer, Dr. J. W. Robertson Appears to Think it Did.

BEER CONTAINS MUCH THAT IS WHOLESOME

And Its Health-Preserving Qualities Far Outweigh All Other Considerations.

(Continued from page one.) After the first spasm of this pride had subsided, some interesting creature discovered that England was continuing to use vast quantities of grain for making beer, and a cry of agony went up from beer drinkers of Canada.

There was logic in that cry, and it had a very disturbing effect on Anglo-Canadian relations—more disturbing than the public "wots of."

But the British people were not to be stampeded into hasty action. Instead of forthwith banning the brewing of beer they appointed a Government commission to look into the question and the Government minister was able to place before Mr. Robertson, who has arrived in England as one of the emissaries of the Canadian Government, some startling discoveries.

They were able to demonstrate that the British people were not only not wasting grain by manufacturing it into beer but were actually conserving it. A series of experiments showed that there was an appreciable amount of food in beer. Another series showed that if the grain that was made into beer had been fed to animals for meat, there would be actually less food produced for man in the meat than provided than there was in making the grain into beer.

Therefore they went on making grain into beer—the war kind of beer—comforted in the knowledge that they were thus making the most economical use of it in the feeding of the nation.

But the inquiry did not stop there. It went into the question of beer drinking generally.

Cure for Scourvy. And here I must digress a little. You know, of course, that sailors who live on salt pork and canned food develop various diseases of which scurvy is the most deadly. And you know, of course, that in course of time sailors evolved a rube-of-thumb remedy for scurvy. It was to scrape a raw potato and swallow the scrapings. In these raw potato shavings (not cooked, that is important) there was some medicinal agency that brought about immediate cure.

What was this miraculous agency? Nobody knew, but the fact remained. Some years ago a sailor came into an English port suffering from scurvy. And the first thing he did on arrival was not to eat raw potatoes but to drink beer. And the scurvy disappeared just as though he had eaten raw potatoes.

The scientists got to hear of the case. They made experiments. To their amazement they found that beer cured scurvy every time.

What was this medicinal agency that existed alike in beer and raw potatoes? Here we enter upon the domain of one of the most marvelous, most beneficent discoveries in the history of the human race.

The agency that performed this miracle healing was that vague and shadowy substance known as vitamins.

It is only within the last year or so that medical knowledge has been aware of the existence of this most wonderful of life principles, vitamins. Let me here quote from The London Times of recent date. The Times, in an editorial in January this year, said: "Less than a dozen years ago it was believed that there was no reason to trouble if a varied diet containing fresh fruits and vegetables, milk and butter is available. But whereas the diet consists chiefly of highly prepared and preserved foods there is grave danger, especially in the case of the young."

The Virtue of Beer. Now you know as much about vitamins as I know. But the point is this: It was discovered that the wonderful cures of scurvy effected by beer were the direct result of the presence in beer of vitamins.

DATE SHIPPING INTELLIGENCE

Vessels in Port and Where They Are Located.

Dunbridge-Custom House wharf. Canadian Trooper—Long wharf, N. Drummond—Long wharf, N. Canadian Adventure—Sugar No. 1 wharf.

Arrived From Halifax. The S. S. Pinta arrived in port at 8.30 o'clock yesterday morning from Halifax and anchored in the stream.

Sailed From New York. The S. S. Caracaras from New York was expected to arrive here last night to load a full cargo of grain for Antwerp.

Sailed From Boston. The S. S. St. Anthony sailed from Boston yesterday for this port via Lunenburg, N. B. Upon her arrival here she will load for a part cargo for Roumania.

Moved to West Side. The S. S. Caracaras Head moved from the Pettibill wharf yesterday to No. 4 berth, Sand Point, where she will load a general cargo for Belfast and Dublin.

Sailed Sunday. The S. S. New Mexico sailed Sunday for South African ports via Lunenburg and Halifax.

Arrived at Philadelphia. The S. S. Benguela arrived at Philadelphia on March 26th. She will load a part cargo there and at New York, after which she will proceed to this port.

Expected This Week. The C. P. O. S. Liners comprised of Franco and the German are expected to arrive here the latter part of this week from Liverpool and Antwerp.

Sailed Last Night. The Canadian Government Merchant steamer T. J. Drummond sailed last evening for Kingston and Havana with general cargo.

Will Go to Long Wharf. The C. G. M. M. Linger Canadian Star which has been anchored in the harbor for several days will copy the berth at Long Wharf which was vacated by the T. J. Drummond.

Sailed For This Port. The General Liner called on the 26th for this port from Glasgow, Scotland. Robert Redford Company are the agents.

Deal Charted. Spindrift, Halifax, West, G. B., East, Isla, P. T., Anna Hokkiter, West Bay, G. B., P. T., D. G. Deuring, West Harbor, G. B., P. T., S. J. Westgate, G. B., P. T., Susan Cameron, West Bay, G. B., P. T.

Arrived Yesterday. The R. M. S. P. Liners Chaudiers arrived here yesterday morning from the British West Indies with a general cargo, passengers and mails.

proportions, and associated with many other substances. Experiments were made by different workers to prepare artificial dietaries containing only the necessary ingredients in the purest form in which they could be obtained.

Some ten years ago it began to be apparent that a "pure" diet was not sufficient. Rats and mice fed on it assumed a miserable appearance.

During all these frightful periods in British history the mass of the British people had only the bare necessities of life. They lived, especially during the winter months, largely on cooked potatoes, with occasional salt herrings, salt cod and salt pork, and so on—a diet inimical to health.

But after beer-drinking was more or less general among those fortunate enough to be above the actual starvation line, tea drinking is comparatively modern in England.

Beer was the national drink of those who could afford it. Scientists with whom Dr. Robertson consulted. And "Yes," says Dr. Robertson himself. Indeed, the doctor goes further, and says he agrees with the scientists who declare that it is probable that the British race was saved from extinction because at a period when they lived so largely upon food lacking in the vital life substances of vitamins, especially during certain seasons of the year, without knowing the dangers of this restricted diet, a substantial proportion of the people obtained the vitamins which they would otherwise have lacked from the beer which they drank so consistently.

Of course, there is no need of beer now to save them. But it seems that there was need. Therefore if beer drinking is to perish off the earth, future generations who think their beer-drinking ancestors with pity and regret may, perhaps, in the light of scientific investigation, have the knowledge that, for all its harmful effect in many ways, beer had its sacred mission. It preserved the British race from extinction, and, having accomplished its mission, in due course passed away.

History tells of the deaths of hundreds of thousands of people in the British Isles by starvation during centuries of privation, and it tells also of mysterious plagues which swept over England, the worst of which was the "Black Death," which came again and again, and which in the year 1665

CUNARD ANCHOR

ANCHOR-DONALDSON REGULAR SERVICES TO GLASGOW.

From—Postland... Casanara... Apr. 24. Summer sailings. Montreal... Casanara... May 29. Montreal... Casanara... June 12. Montreal... Casanara... July 17. To GLASGOW Via MOVILLE.

New York... Carmania... Apr. 24. New York... Carmania... May 22. New York... Carmania... June 26. New York... Carmania... July 30. To PLYMOUTH, CHERBOURG AND LIVERPOOL.

New York... Carmania... Apr. 24. New York... Carmania... May 22. New York... Carmania... June 26. To PLYMOUTH, CHERBOURG AND SOUTHAMPTON.

New York... Carmania... Apr. 24. New York... Carmania... May 22. New York... Carmania... June 26. To PLYMOUTH AND HAMBURG.

New York... Carmania... Apr. 24. New York... Carmania... May 22. New York... Carmania... June 26. To PATRAS, DUBROVNIK AND TRIESTE.

New York... Carmania... Apr. 24. New York... Carmania... May 22. New York... Carmania... June 26. To LISBON, BRISBANE AND SYDNEY.

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ATTENTION JOBS FOR SOLDIERS

A great many returned men are still in need of employment. Below are listed a few with their qualifications. It is our duty to create a vacancy for these men. Call Main 602. The St. John Standard has given this space free until April 1st.

25—Construction Foreman, now unable to carry on through war disability. Would like any light work that he could do. He is 53 years old and married.

26—Monotype operator would prefer other clerical work as he has been passed and the fumes in a printing office would injure his health. He is 27 years old and married.

27—Experienced Office Manager, also an experienced stenographer, would accept position out of town. He is 38 and married.

28—Experienced Commercial Traveller (Dry Goods) would accept position anywhere in Canada.

29—Experienced Iron Moulder would be willing to leave St. John to work.

30—Experienced Chauffeur, has references from H. R. H. Prince Albert and members of his staff whose car he drove for several months overseas.

31—Experienced Fireman, 3 1/2 years Railway Engineer, would leave St. John, N. B., for suitable position.

32—Experienced Accountant would accept any clerical work. He is 37 and married.

33—Young man who wishes position as Hardware Clerk, to learn business. Would accept position anywhere.

34—Experienced Shoe Salesman (Traveler) desires position at his former work. He is 27 and married. Would accept position anywhere in Canada.

35—Experienced Office Manager has also had experience in travelling. Would accept suitable position anywhere. He is 40 years old and married.

36—Experienced in Gold, Silver, etc. Plating, also has had experience in selling Electrical Supplies. Would accept position travelling for the above lines. He is 40 and married.

37—Experienced Chef. He is 33 and married. Would accept position anywhere in the above line.

38—Experienced Landscaper Gardener would like work in his own line. He is 36 and married.

39—Experienced Saw Filer. Would go anywhere. He is 32 and married.

40—Experienced Horse Shoeing Smith would leave city to accept suitable position. He is 32 and married.

41—Experienced Cooper. Desires work in his own trade. Would accept suitable position anywhere. He is 28 and married.

42—Three years' experience as Ship's Rigger. Would accept position anywhere in the above line. He is 23 and single.

43—Experienced Stationary Engineer (N. B. License). Would go anywhere. He is 35 and married.

44—Young man experienced as Grocery Salesman. Would like position in St. John. He is 23 and married.

45—Experienced Shipping Clerk. Would like position in St. John. He is 29 and married.

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Canadian Government Merchant Marine, Ltd.

Sailings from St. John, N.B. FOR LIVERPOOL, G. B. Canadian Voyager... Apr. 24. FOR LONDON, G. B. Canadian Navigator... Apr. 24.

FOR HAVANA, CUBA, J. A. McKee... Apr. 10. FOR KINGSTON, JAMAICA Canadian Warrior... Apr. 23.

Sailings from Halifax, N. S. FOR LIVERPOOL, G. B. Canadian Miller... Apr. 12. FOR HAVANA, CUBA, Canadian Trader... Apr. 24.

FOR BARBADOS, TRINIDAD AND DEMERARA. Canadian Gunner... Apr. 10. Enquire of J. P. DOHERTY, Port Agent, St. John, N. B.

A. HECTOR, Port Agent, Halifax, N. S.

FURNESS LINE

From Manchester to West bound only. Mar. 5... Mar. 27. Mar. 17... Mar. 29. Mar. 31... Mar. 10.

From London to West bound only. Apr. 10... Apr. 27. From London to St. John. Mar. 14... Apr. 3.

From London to West bound only. Mar. 14... Apr. 3. From London to St. John. Mar. 14... Apr. 3.

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CHANGE OF TIME FOR SUMMER SERVICE

Announcement was made by the C. P. R. yesterday that the general change of time for the summer service will go into effect on May 2 and become operative on May 3. On that day a partial suburban service will be inaugurated, trains leaving at 6.10 a.m. except Saturdays and Sundays, and returning from Welsford in the morning, arriving in the city at 7.45 morning, leaving at 7.45 a.m. on Saturdays will be cancelled. One will leave at 10.15. On May 24 the full suburban service will start and will be practical for the remainder of the season.

MALE HELP WANTED

FIREMEN, BRAKEMEN, \$150, \$200 monthly, experience unnecessary. Write, Railway Association, Care Standard.

STUDENTS, teachers and others men or women, write for our \$600 offer for six days' educational and patriotic work. Exceptional opportunity for returned men. State age and experience. Interview by appointment. District Representative, Address: Mr. Conrad, Desk O, 182 Spadina, Toronto, Supt. Educational Dept. of the C. P. R.

SCHOOL FOR NURSES—A splendid opportunity for young women, with at least one year of High School work, or its equivalent, in the Nurses' Training School of City Hospital, Worcester, Mass. Apply for application blank and information to the Superintendent.

Saskatchewan Teachers Agency, Regina, obtains highest salaries for teachers.

INDIANTOWN AND LANCASTER FERRY. TENDERS. NOTICE IS HEREBY GIVEN that tenders will be received at the office of the undersigned, 109 Prince William Street, in the City of Saint John, on or before the 2nd day of April, 1920, for the running of a Ferry Boat (Steam, Gasoline or Row Boat) between Indiantown and Lancaster, according to the rules and regulations and such requirements as may from time to time be made or prescribed by the Commissioners. The tenderer must name in his tender the names of at least two persons who will become his sureties in case of acceptance of his tender, and in case of acceptance he will be required to execute a contract. The name, description and accommodations of the proposed boat to be stated in the tender. The Commissioners will not be bound to accept any tender.

Dated at St. John, N. B., this Twenty-sixth day of March, 1920. JOHN T. O'BRIEN, Sec.-Treas.

Eastern Steamship Lines, Inc.

Until the International Line Service is resumed between Boston and St. John, miscellaneous freight shipments will be handled by S.S. Northland to Yarmouth, thence by S.S. Keith Cann to St. John, giving merchants a weekly service. Rates and information on application.

A. C. CURRIE, Agent, St. John, N. B.

GRAND MANAN S.S. CO.

Steamer leaves Grand Manan Mondays, 7.30 a.m., for St. John via Campbell and Eastport, returning leaves St. John Wednesdays 7.30 a.m., for Grand Manan, via the same ports. Thursdays leaves Grand Manan 7.30 a.m. for St. John, via Intermediate ports, returning Fridays. Saturdays leaves Grand Manan 7.30 a.m. for St. Andrews, via Intermediate ports, returning 1 o'clock same day. Grand Manan S. S. Co., P. O. Box 387 St. John, N. B.

Nice Dry Board Ends

For Fuel Wilson Box Co.