

## DRESS WARM AND KEEP FEET DRY

Tells Rheumatism Sufferers to  
Take Salts and Get Rid  
of Uric Acid.

Rheumatism is no respecter of age, sex, color or rank. If not the most dangerous of human afflictions it is one of the most painful. Those subject to rheumatism should eat less meat, dress as warmly as possible, avoid any undue exposure and, above all, drink lots of pure water.

Rheumatism is caused by uric acid which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness, soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.

## LIBERAL SAYS CANADA SHOULD NOT SEND MEN OVER-SEAS TO DO BATTLE

(Continued from page 1)  
of medical services for the war office. The House could not very well discuss those reports intelligently until it had them before them. Mr. MacDonald had spoken as if the medical services in both Canadian and British hospitals were of a very inferior character. Such an idea should not be disseminated. The prime minister had, during his last trip to England, visited some 43 British and Canadian hospitals and had found them well conducted, and in charge of men keenly alive to their responsibilities and anxious to ensure the comfort of the patients.

The Bruce report was purely critical in tone and had nothing good to

say of the Canadian hospitals abroad. Sir Robert Borden, turning to the question of the rejection of Canadian soldiers after arriving overseas as medically unfit said he did not personally hold the opinion that because a man was minus a finger or was flat footed he should be considered useless for military purposes. He stated that in 1915, 2,701, and in 1916, 3,551 Canadian soldiers had been reported as medically unfit, this number, however, including many who had been fit when they left. Many of those thus reported on had been retained for light duty or had joined construction battalions.

Sir Robert took up the question of the segregation of Canadian wounded. He did not think there should be a policy either for or against it, but that the matter should be determined by military exigencies. He had never found any complaint on the part of Canadians in British or any other hospitals, or any expressed desire on their part to be kept in Canadian institutions only. As regards the complaint made that British contractors were maintaining the open canteen at Willey Camp, Sir Robert said he would have the matter investigated and that the wishes of the Canadian officer should have been respected.

Mr. E. M. MacDonald asked why the Bruce and Bapiste reports were not laid before parliament, since the former had been presented to the minister of militia last fall and published. He stated he did not propose to be lectured as to the desirability or not of discussing matters affecting the interests of the boys at the front, and as for the Bapiste report, there was no talking about what a lot of K. C. M. G.'s said about Dr. Bruce. The question was, how long was parliament to wait for the Bruce report?

Sir Sam Hughes.

Sir Sam Hughes said that, profiting by experience at Valcartier, where one contractor had been found to have made \$23,000 profit in three weeks, he had instituted the regimental dry canteen system in Canada and desired to follow suit in England. But in 1914 when he had gone to the Old Country he had been told that this matter was in General Alderson's hands alone. General Alderson had told the Canadian soldiers he was going to make free men of them with the wet canteen.

The Rum Ration.  
Hon. Charles Macell interjected to inquire as to the issuing of rum to the troops in the trenches as a daily ration. Many people in Montreal were

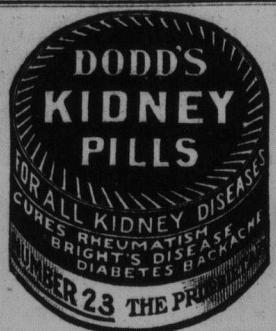
objecting to their sons running such risks.

Sir Robert Borden said he had never heard that rum was given to the men before going into action. It was merely a medicine.

Sir Sam Hughes confirmed this with the statement that rum was allowed in the front line trenches as a stimulant for troops who often had to stand waist deep in cold water. Sir Sam said he took second rank to no man as a temperance advocate but did not want to hear any nonsense talked against this practice. The ex-minister then went on to discuss the matter of Canadian hospital accommodation in England.

Girls Held Hands.  
"My objection to the scattering of Canadian wounded in this," he stated, "I cannot see why we leave our men in V.A.D. hospitals presided over by women—charming women I will grant you, the dearest little girls in the world when it comes to smoothing brows and holding hands—but with a total hospital training of some five or six weeks in some St. Johns Ambulance Association while on the other hand British soldiers get the services of our own highly trained and highly paid Canadian nurses."

He continued that the trouble with Dr. Bapiste and Sir George Perley was that they favored the V.A.D. hospitals. He was labelled, they were ticketed "Matrimonial Bureau No. 1," or "Matrimonial Bureau No. 2," by those who had the task of sending the wounded there," said General Hughes. "As a result we are today paying separation allowances to scores of girls who picked up with our Canadian boys through all the brow-rubbing and hand-holding I have talked about. I have no objection to that but I want our good Canadian girls to get the preference." (Cheers.)



## WARD MEETINGS

All friends and supporters of the present Provincial Government are requested to meet on Wednesday evening, February 7th, at 8 o'clock, for the  
**ELECTION OF OFFICERS AND DELEGATES**

The various wards will meet as follows:  
**SYDNEY and DUKES—**  
Market Building, entrance South Market Street, near Charlotte.

**KINGS, QUEENS, PRINCE, WELLINGTON—**  
Semi-ready Building, corner King and Germain, entrance from Germain Street.

**VICTORIA—**  
Victoria Rink, City Road.

**DUFFERIN—**  
Beatty & Giggey's Store, 687 Main Street.

**LANSDOWNE, LORNE and STANLEY—**  
Tipperary Hall, Victoria Street.

**GUYS and BROOKS—**  
Prentice Boys' Hall, Guilford Street, West End.

BY ORDER OF THE COMMITTEE.

## CONVENTION

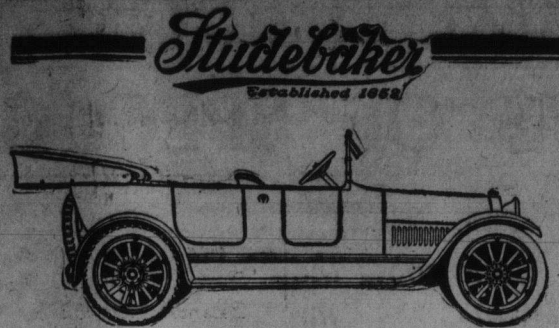
The friends and supporters of the Present  
**LOCAL GOVERNMENT**  
are requested to Assemble in Convention  
at the

## KINGS COUNTY COURT HOUSE HAMPTON

—ON—  
**WEDNESDAY,**  
the Seventh Day of February, A.D. 1917,  
at 10.30 o'clock, a. m., for the purpose  
of selecting candidates to contest the  
County at the coming Election

J. A. MURRAY,  
GEO. B. JONES,  
H. V. DICKSON.

Dated January 31st, 1917.



## ELEGANCE

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## POLITICAL CONVENTION

All friends of the Provincial Government Party in  
Queens County are invited to gather in convention  
at the

## COURT HOUSE —IN— GAGETOWN

—ON—  
**Saturday,**  
the 10th Day of February, inst.

at 1 o'clock, p. m., for the purpose of nominating  
candidates for the Legislative Assembly of New  
Brunswick.

Delegates from the eastern end of the county as  
well as from the western end will be able to go to  
Gagetown and return on that day, via Fredericton,  
at one fare. It is important that all districts be  
represented and committees organized.

A. R. SLIPP, Conyener.

Then shall the King say unto them  
on his right hand.....

"I was an hungered, and ye gave me meat;  
I was thirsty, and ye gave me drink.....  
naked, and ye clothed me....."

Then shall they answer him, saying—  
"Lord, when saw we thee an hungered, and  
fed thee? or thirsty, and gave thee drink?  
....or naked, and clothed thee?"

And the King shall answer.....  
"Inasmuch as ye have done it unto one of  
the least of these my brethren, ye have  
done it unto me."

Overseas, in ravaged Belgium, more than  
3,000,000 of "the least of these" are  
hungry, thirsty, thinly clad—looking to us!  
Have you done what you could for any  
of them?

Whatever you can give, send your subscription  
weekly, monthly or in one lump sum to Local  
or Provincial Committees or  
SEND CHEQUES PAYABLE TO TREASURER

## Belgian Relief Fund

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JAN. 9, 1917

FINANCE DEPARTMENT  
OTTAWA

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## THE MAN WHO KNOWS

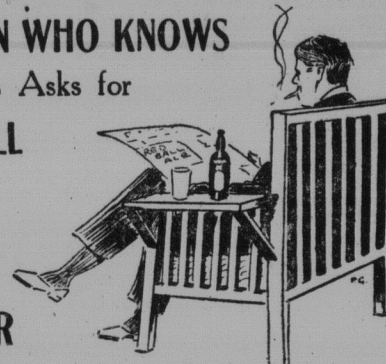
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