A PAGE OF GENERAL INTEREST TO WOMEN READERS

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

"Little Ford Girl."

Dear Miss Grey,—Would you be so kind as to answer a few questions?

1. What day did April 5, 1902, fall on?
2. What day did December 8, 1899, fall on?
3. What day did December 22, 1898, fall on?
4. The last and only question: What do you think of my writing?

A LITTLE FORD GIRL.

Ans.—Very glad to, little "chug-chug girl." April 5, 1902, came on a Saturday; December 8, 1899, on a Friday, and December 22, 1898 on a Thursday. It is very good writing indeed, and your entire letter is neat and attractive.

Thanks for "Kirkmuir."

Dear Miss Grey, — Please convey through your valuable column my sincere thanks to "Kirkmuir" for "Annie and Willie's Prayer." If "Kirkmuir" would like a good short recitation, I will send one called "Cutting Baby's Curl's," or another, "A Tragedy of the Line." Best wishes for a happy and prosperous new year. Yours truly,

WARSPITE.

Ans.—Same to yourself, "Warspite. Might say that other copies were also received for you from others, but "Kirkmuir" was a little in advance.

Ate It in France.

Dear Miss Grey,—Just a line to let you know I have received word from the "Orphan Soldier" whose address you sent me early in November. I was indeed surprised that he received the parcel so early. He got it on the 11th of December, just as they were leaving for the firing line, so he did not open the box until they reached the trenches. He says he carried it strung on his rifle, tied with a scarf, for several miles, and that the contents of parcel had a "terrible rough time" with comrades and himself. (I suppose he means they all wanted a share.) I am so glad they enjoyed the contents. I shall send him another box later, if he is spared to receive it.

Miss Grey, if you should have the address of a Canadian orphan soldier in France, I would be glad to send him a parcel too, as it does not take much more time to fix up two boxes than one, and as I have not very much time to do much knitting, I like to try and do my "bit" by sending anything in the line of eatables and sweets.

BOWERS' FRIEND.

Ans.—It is so nice for our "adopters" to be hearing from those they are sending parcels to, and I hope other Pageites receiving letters will let me have them to quote from in our column. A name will be sent you very shortly.

Lonely and Homeless.

Dear Miss Grey,—I am inclosing the address of a lonely, homeless, soldier for "The Girl of the Limberlost." So far as I know I am the only one who remembers him regularly. He is in England now, but expects to go to France shortly as a sniper. He is one of the shy, retiring sort who don't get much notice. Anyone who adopted him would find him deeply appreciative, and he is certainly deserving. I find the Mail-Box most interesting. Please don't try to reform it or make the letters conform to any set style.

I have been reading women's pages in different newspapers for years, but find the Mail-Box the best yet. May the coming new year bring peace and joy to us all. Yours sincerely,

MRS. C.

Ans.—Such an appreciation, dear lady! The editor will need a new hat if many compliments like yours are received. Editing the page, day after day, one gets accustomed to look for faults, and one is never sure just how the contents appeal to readers in general.

Shall forward the "lonely and homeless" man's address as requested.

A Mother's Worry.

Dear Miss Grey,—May I come to your page for a little help? Some time ago I read of remedies for head vermin. At the time I did not pay much attention, as I never thought I'd need such, but, believe me, I had a rude awakening. Since the holidays I have had a little more time to devote to my children's care, and, lo, the horror of it! Now will some kind mother help me by sending me her cure, one that will not impair the hair, for which I will be ever thankful.

Now for a little more help from "Trixie." Please tell me how her mother crocheted the gum flags together.

Dear Miss Grey, this is the first time I have visited your page, which is a great pleasure and help to me. Am inclosing a small sum for the Prisoners' Fund. Wishing you, dear Miss Grey, and all a happy and prosperous new year.

ELIZA.

P.S.—Very poor writing, you will say.

Ans.—The mothers who have endured the same unpleasant experience are asked to send what help possible for "Eliza." Here are some remedies received from readers in answer to another appeal on a previous occasion. I republish the clipping as it appeared then:

All sorts of remedies for "Anxious" and "Mother," whose children unfortunately caught vermin from other youngsters at school, have been received from readers. "Duncan Polite," who says he has worked in a construction camp where "they keep all kinds of them," advises the use of kerosene, leave for about twenty minutes, and then wash with soap and water. "A. J. W." and "Twenty" recommend blue ointment, which may be purchased at any drug store, applied to the head for two nights, followed then by coal oil, and the next day wash the head thoroughly. "Willing Clerk" also recommends coal oil. The same hint comes from "C. S." "Old Reader" advises white precipitate. "Courtright" says that Keating's powder, an English preparation, is excellent.

I hope "Trixie" will send you the information re crocheted joining flags. Thank you for the contribution.

P.S.—No, I never do!

Who Can Say It?

Dear Miss Grey,—Can any of your readers from England tell me how to correctly pronounce Godalming, a town in Surrey, England. Is it Go-dalming or God-alming, or Go-dal-ming, accent on second syllable. Would be so much obliged for proper pronunciation from one who knows.

MOTHER OF 135TH BOY.

Ans.—The accent is placed on the first syllable, not acute—God'al-ming.

Try, Try Again.

Dear Miss Grey,—Miss Grey, am I asking too much of a favor to inclose me the poem entitled "The Face on the Barroom Floor." I heard it once at a party and I've tried hard to get it, but failed, so "Snowdrop" was telling me you're a great help to her.

I guess the poor fellows in the trenches will feel pretty blue having such hard times on Christmas and New Year's Days, but never mind, we hope they'll all be home by next. I have three brothers in France, and one killed, and had an uncle home about a couple months ago, and I have lots of relations there, too, so I think we're patriotic all right. Well, I'll close now, wishing you a happy New Year. I'll sign myself,

A SCOTCH LASSIE.

Ans.—I, too, should say your family might safely be called patriotic, and it is very sad to think of your brother losing his life. You do not inclose address for a copy of the poem, but I shall try and publish it some day soon. There seems to be really something in the old saying of "try, try again," does there not!

Is It Proper?

Dear Miss Grey,—In regards to conscription for Canada, I don't believe that because a nation is the stronger proves that they are in the right. We must not forget to "Love our enemies" and peace on earth, good-will toward men.

1. Is it proper for a lady to remain seated when being introduced to anyone?
2. Should a teaspoon be left in the saucer after being used?
3. How should cob corn be eaten?
4. Should cake always be eaten with a fork, or if too rich for the fingers?

Should jewelry be worn to business.

X. Y. Z.

Ans.—I took the liberty of censoring part of your letter because I thought it best for that same reason of "love" and "good-will." We don't want to start a "civil" (or uncivil) war in our Mail-Box, do we!

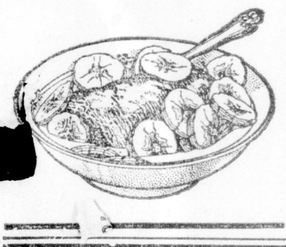
1. Yes, unless the "anyone" chances to be much older than yourself or is a noted person. Then it seems to me only a mark of respect to rise in receiving an introduction.
2. Raise the cob to the mouth with one hand only—and munch! Even the etiquette books agree that it's the only way. But by no means grasp the cob in both hands, if you want to be considered "nice."
4. In the case of rich cake, that breaks with the fork, the fingers may be used to break the piece into bites and convey them daintily to the mouth.
5. Not to a great extent—or at least it ought not to be. A wrist watch and ring or two, are all right, but many employers eye with disfavor a girl who literally "loads" herself with showy "rings and things."

Enter the Professor.

Dear Miss Grey,—I have often contemplated writing to your page, but it seems as though it was impossible. However, I have made up my mind to write now. I live, as you can see by the above address, in the capital of loyal old Bruce County. Everyone in London has without doubt heard of the 160th Bruce Battalion. Everyone, of course, agrees that it is the very best battalion ever raised in Canada, and at that I am not at all slighting other battalions. Everyone has a pride in their own, so let this statement pass unchallenged. I have three or four relatives in khaki, one of whom is in the 160th. If I was old enough, I would go, too. While the 160th was quartered in Walkerton we boys (I am only a boy of thirteen summers) had a fine time. It was great fun seeing our brave boys marching about, headed by the splendid band. We would follow them about, and as the music rose in triumphant peals we thought within us that Germany cannot long stand against this. And our simple supposition tends to be correct, for is not Germany now crying for peace? I am not for peace at present, but I hope that it will come soon; everyone does, in fact. But we know the kind of peace and the terms we want, and if we're not satisfied, why we'll just keep plugging away. In reference to my pen-name, do not think for a moment that I lay claim to a fame anywhere approaching the suggestion of the term. It was conferred on me by one whom, I think, was guided by malice in placing it upon me. I bore it as a taunt for some time, but now I think highly of it, as the one who gave it me has since become my friend, and a friend who is very dear to me. Hoping to see this soon in your columns, I am, yours truly, THE PROFESSOR.

Ans.—I like you, "Professor," and think you're a brick (is that slang?) to make friends with the boy who disliked you. Isn't it wonderful how much good we can find in people when we once remove our prejudices, and really try to like them? Some of our readers, I am afraid, will be wanting to dispute your statement as to the "best" battalion, and how undignified it would be of a "professor" to have to eat "humble-pie."

A Hot, Nourishing Meal—one that will put vim and energy into the worn-out body and fortify it against exposure—Shredded Wheat Biscuit (heated in the oven to restore crispness) with hot milk supplies all the strength needed for a half-day's work. Also delicious with bananas or other fruits. Made in Canada.



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Although somewhat increased in price owing to the continued high cost of potash, glue and other raw material, are of the usual high standard of quality which has made them famous for two-thirds of a century.

Always Ask For

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Rubbers for Slushy Days

At Prices That Save You Money

FIRST QUALITY RUBBERS ARE SOLD AT KNECHTEL'S FOR LESS MONEY THAN AT OTHER STORES.

We have the goods to back up our statement. Complete lines Men's, Women's, Boys', Misses' and Children's Rubbers, Rubber Boots, Lumbermen's Rubbers, Overshoes, Stocking Overs, etc. Here are the prices

Men's Rubbers, medium and heavy weight	98c
Men's Fine Quality Rubbers, to fit any style shoe	$1.08
Men's Tan Military Rubber Boots, improved laced vent in l	$5.48
Tan Rubbers, finest quality, for civilian or soldier	$1.39
Men's Good Quality Rubber Boots	$3.98
Lumbermen's Rubbers, 2 buckles, stub proof, red soles and heels	$2.69
Women's Fine Quality Rubbers, to fit any style shoes	79c
Women's Medium Weight Rubbers, for low heels, cuban and military heels	73c
Misses' Rubbers, sizes 11 to 2	59c
Girls' and Infants' Rubbers, sizes 3 to 10½	49c
Boys' Rubbers, good heavy soles, sizes 1 to 5	79c
Youths' Rubbers, sizes 11 to 13	69c
Little Gents' Rubbers, sizes 8 to 10½	59c

Extra Special

49c Rubbers

Big Lot Men's, Women's and Children's High Grade Rubbes, on sale Saturday morning 10:30 sharp while they last. Be here early as these will sell quickly. Per pair 49c

Unusual Footwear Bargains, in all departments for Thursday, Friday and Saturday.

KNECHTEL & CO.

The Store That Saves You Money.

238 DUNDAS STREET. LONDON. STRATFORD. OPPOSITE MAJESTIC THEATRE. WOODSTOCK.

AdvertiserPatterns

A Popular and Comfortable Negligee. 1882—Ladies' Kimono.

Figured or plain crepe. Japanese toweling, silk, lawn, batiste, linen and challie are admirably adapted for this model. The back and fronts are joined to a yoke. The neck edge is finished with a shawl collar. The flowing sleeve has a facing to correspond. The pattern for this smart style is cut in six sizes, 34, 38, 42, 44, 46 and 48 inches, bust measure. It requires 5⅝ yards of 44-inch material for a 38-inch size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child's or misses' pattern) .....

Measurement: Bust ..... Waist .....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from republication.

DAILY BIBLE QUESTION CLUB

By Rev. T. S. Linscott, D.D.

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The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"Jesus, the Life and Light of Men." John, 1., 1-18.

Golden Text—"In Him was life; and the life was the light of men." John, 1., 4.

11. Verse 5—What brought "darkness" to this world and what effect does it have upon the shining of the true light?

12. Verses 6-9—What was the prime mission of John the Baptist?

13. How can it be shown that Jesus is the true light, that lighteth every man born in this world?

RED CROSS AND C.W.C.A.

Here we are into the new year, with all its hidden roads ahead of us. There is one thing we women can be certain is on that road, however, and that is plenty of work. There are miles and miles of woolen yarn to be knit into socks, and acres and acres of grey flannel and white flannelette and white cotton to be sewn into garments for our soldiers. May we not wish each other at the opening of 1917 not a happy New Year—we Canadian women are not much concerned these days about our own happiness—but a year of willing work and whole-hearted service to our country and the cause of liberty? There are great things ahead of us in 1917. God grant that we may be great enough and unselfish enough for the tremendous tasks the new year is bringing.

Following is part of a letter from a Canadian prisoner, now in Switzerland. As the writer is able to speak freely, his information regarding the parcels sent to prisoners of war is very important:

"As regards the parcels, I should say that over 90 per cent reach their destination, so on that score I don't think you need worry. The main point is to realize that the prisoners of war are absolutely dependent upon the parcels they receive for their food. You cannot possibly imagine the amount of suffering and anxiety any delay in the arrival of our parcels entails."

He goes on to enumerate the articles of food that it is best to send. As we are not allowed to send private parcels any more the remainder of the letter is omitted. But there is enough to make every heart sore. Poor lads, just think of their desperate need when a few days' delay in the arrival of a parcel may mean starvation.

Miss Gunn is in receipt of another letter from Pte. Harry Humphreys of the 2nd Canadian Battalion, now a prisoner in Germany. He says in part:

"Dear Miss Gunn,—It gives me great pleasure to at last write you, thanking you all for the most excellent parcels. The socks are especially appreciated and I hope you will thank Miss Bryce for the gift, in fact, you must tender our sincere thanks to all who have so kindly assisted us.

"You asked me a very nice question as to whether I needed anything. We are working on the moors here, and although the work is all right, it is a terrible place for rain. If you could secure me a pair of working trousers and boots, size 8½, they would indeed be a help. Of course this is only a suggestion, and as you have already helped me a great deal I must not requisition too much. May God bless you all, and bring us to a happy reunion very soon."

Such a simple, brave letter, but how it pictures him, all unconsciously toiling on the wind-swept, rain-soaked moors, ragged and hungry, and yet merely "suggesting" to us comfortable home-people that he has not clothes to cover him! We shall hang our heads in shame at the name of Canada for all future time if we allow such boys to go unclothed and unfed. We cannot send articles of clothing nor parcels of food ourselves, but we certainly can send the money that will insure the poor fellows getting all they need from England. The hearts of the Prisoners' Club will be greatly lightened of their heavy burdens if the secretary, Miss Dorothy Gunn, 136 Kent street, London, receives generous donations in the coming year.

MARIAN KEITH,
Press-Sec.

VERSE
NEW AND OLD

THE SEVEN AGES OF THE CHRISTMAS TURKEY.

[Sam S. Stinson.]

All the world's a platter,
And all the men and women merely eaters.
They have with them always their appetites,
And one turk in his time plays many parts,
His acts being seven ages. At first the roast,
Reposing grandly on the groaning board.
Flanked by rich dressing and cranberry sauce,
A dainty dish to set before the king;
Then the warmed-over bird, served up next day,
Lest we forget the Yuletide's merry meal;
Then the cold cuts, at luncheon and at tea,
Still succulent, if you do like cold cuts;
Next comes the stew, yclept a fricassee,
With dumplings made to fatten up the dish,
And which, forsooth, do cause us many groans
And pangs of indigestion; then croquettes
Garnished with parsley, cunningly, and mixed
With what suspiciously doth taste like veal.
And so they play their part. The sixth age shifts
Into the lean and languid turkey hash,
Reposing on a slab of soggy toast,
A bitter aftermath of glories past,
For toothless age. Last scene of all
That ends this strange, eventful history,
A skeleton, a rack of clean-picked bones,
That finds its dismal way into the soup
Of second childishness and mere oblivion,
Sans breast, sans legs, sans wings, sans everything.

FAIRLY CAUGHT.

Really, Mr. and Mrs. Wibbles were very happy together, except when an argument arose. Then Mrs. Wibbles contradicted her husband firmly and as a matter of principle.

One evening they were discussing the question of superiority of man over woman, and the lady was getting heated.

"At any rate," said her husband presently, "there is one good, sweet and perfect thing which a man can have, but which is barred to woman."

"Never!" cried Mrs. Wibbles passionately. "I deny it!" Then she asked curiously, "What do you mean?"

"A wife!" was the calm retort.

FOR THE PLANT WINDOW.

A florist says that copperas greatly increases the quantity and color of fuchsia and geranium blossoms. Dissolve a tablespoonful in a pail of water and soak the soil thoroughly. It also kills the white worm that causes so much trouble. Take care not to get it on the foliage.

To promote the growth of ferns, dilute a small quantity of sweet milk with a little water and apply to the roots not oftener than twice a week. This acts as a fertilizer, and will insure a luxurious growth to the most stubborn house fern.

To revive and help potted plants that are drooping place a teaspoon of ammonia in three quarts of water and water the plants thoroughly with this mixture.

Warm soap suds will keep bugs off house plants and make them grow very fast.

The ends of candles are useful in kindling the fire. Cut them into small pieces and distribute them among the kindling. The fire will burn up much more quickly.

LONG WAY.

He was a college professor, greatly beloved because of his kind heart, but with the common scholastic failing of being absent-minded. He visited his married niece and listened to her praise of her first-born. When she paused for breath the professor felt that he must say something.

"Can the little fellow walk?" he asked, with every appearance of interest.

"Walk?" cried the mother indignantly. "Why he's been walking now for five months."

"Dear me!" exclaimed the professor, again relapsing into abstraction. "What a long way he must have gone!"

Molly—Gertie says her suitor put his arm around her three times last night.

Cordelia—He must have a terrible long arm.

GET RID OF HUMORS AND AVOID DISEASE

Humors in the blood cause internal derangements that affect the whole system, as well as pimples, boils and other eruptions. They affect all the organs and functions, membranes and tissues, and are directly responsible for the readiness with which some people contract disease.

For forty years Hood's Sarsaparilla has been more successful than any other medicine in expelling humors and removing their inward and outward effects. It is distinguished for its thoroughness in purifying the blood, which it enriches and invigorates. No other medicine acts like it, for no other medicine is like it.

Get Hood's Sarsaparilla today. Insist on having Hood's.

VOICE OF THE PEOPLE

Women Wanted as Gardeners.

To the Editor of The Advertiser:

Will you kindly allow us space in the columns of your valuable paper to speak of increased production?

The Government is anxious that this week be known as "National Service Week," are are hoping, by means of the cards that they have distributed, to obtain a census of the man-power of the Dominion.

When the man-power of the country has been ascertained, some estimate can be formed of the number of men that Canada should be able to give for military purposes, and of how much we shall be able to produce to feed and support them, and to feed and support the men and women behind the men "behind the guns."

The Women's Gardening Association (a committee of the Women's Emergency Corps) has been formed, with the one and only object of increasing production.

This is not a philanthropic idea. It is an absolute necessity. It is one of the greatest of national services, and one in which every woman can take part.

Women all hope and pray for a lasting peace; hope and pray for it so heartily that they are willing to work for it, even for some years to come.

We want to help to end this war. It is not enough to send guns and men to the front. Guns are useless without food. So thousands of our men and women are sacrificing much to become munition workers, and are giving long hours of hard work to feed the guns. Guns without ammunition are no more useless than men without food.

Do You Want Your Men to Go Hungry?

If this war is to be fought to a successful finish, we must "speed up" our production of all necessaries.

The Women's Gardening Association is here to help in this national service.

Col. A. M. Smith has kindly given us the use of the garden at Belvidere, where we hope to establish the first of our community gardens.

The president of the Agricultural College, Professor Creelman, has expressed his interest and approval, and will supply us with expert advice on the work to be done.

Now we want workers!

How many women and girls are there in London who are willing to give two mornings a week; two hours a day; whatever time they can spare (in addition to the work that most of them are already doing) to help to keep the high cost of living within reasonable limits, and to feed the fighting men?

If the women—even in small ways—can produce enough to feed the people "on the spot," the big growers can ship overseas in large quantities to relieve the pressure there, and to keep our fighting men fit.

Exercise in the open air is the best way to keep ourselves fit for whatever our chosen work may be.

Take this kind of exercise this coming summer.

Golf has risen to the dignity of a national game. But gardening is a national service. There are many of our splendid sportswomen who could swing a spade as well as they swing a club.

We hope to establish four community gardens this year, and a community shop to manage the quick sale of their produce.

But they will be no use to us, unless we have workers for them. We want offers of more land to be used in this way in the north, west and east of the city.

We want offers from workers to work them.

All such communications my be addressed to the secretary, Miss M. K. Brown, 661 Talbot street, city.

Next Monday, January 8, there will be a meeting of the Gardening Association at Cronyn Hall at 3:30 sharp. Canon Tucker has kindly consented to give an address on "Back-Yard Gardens," and the imperative need of utilizing all the space that we have.

Members and prospective members will be most welcome. Immediately after the address there will be a special business meeting.

The slogan of the Women's Gardening Association is: "Keep the Home Fields Earning."

Signed, on behalf of the association,

LOUIE M. CARLING,
President.

ANNA SHAW-WOOD,
HELEN FARNCOMB,
KATHLEEN BOWKER,
Vice-Presidents

To clean wicker, scrub it with soapsuds applied with a stiff brush. The thing to remember is to rinse and dry quickly. When it is entirely dry, take equal parts of turpentine, sweet oil and alcohol and add to it one-fifth as much thin varnish. Brush this lightly over the surface.

OPEN MEETING OF MIDDLEMISS W. I.

Members Are Warking Faithfully for Patriotic Endeavor.

The Middlemiss branch of the Women's Institute met at the home of Mrs. D. McDougald, "Rosehill Farm." Eleven members were present. Coming in the holiday season the meeting was an open meeting, and a general discussion was held on war work, and ways and means of raising money for the Red Cross. It was decided to hold a bazaar in February. Ten dollars was to be sent to the Red Cross, and eighteen pounds more yarn to be ordered. Our knitters are doing good work. A dainty lunch was served by the hostess. Proceeds, $1.75.

Fashion's Realm

The features that one notices most strongly in the styles for the winter are, first, the one-piece dresses, which hang straight from the shoulder but are held in submission by a belt of the same material or by one of suede or leather, says McCall's Magazine.

Sometimes the straight line of the one-piece dress is interrupted before it reaches the bottom of the skirt. Just below the hips, lower sections are pleated or gathered to the side sections of the waist and form a heading of their own, as is the case in the Princes dress illustrated on the opposite page.

Then there are the blouses which are worn outside of the skirt. These are sometimes of chiffon, often of silk and batiste, and more often of heavier materials to form the blouse to a costume. This style has made the middy particularly popular and brought it up to a degree of smartness that the sport-loving blouse of a year or so ago never dreamed of. Many of these blouses are without fulness across the front and are slipped on over the head.

The skirts one sees, whether gathered, pleated or made with yokes, hang with less flare than they have for a couple of years. In other words, the new silhouette demands straight-hanging skirts, and the demand is provided for.

Almost all dresses have collars and vests of some contrasting material, usually of white. White flannel collars, pinked or picoted around the edges, are the favorites of the moment, while satin, taffeta, Georgette crepe and batiste are stand-bys not to be disregarded.

Capes and scarfs are not to be forgotten this year. They are of velvet, satin and fur, in full, short and medium length. Plush, too, is used to make these attractive wraps, which are vastly becoming to the majority.

The change that has come about in the silhouette for winter is not revolutionary. On the contrary, it is so subtle that perhaps only the most discerning will recognize that there has been a change at all. Skirts are every bit as full as they were before and some are longer, but the exaggerated flare that marked the skirts of last winter is gone, and along with it have disappeared hoops and crinolines. In their places we have straight-hanging skirts and soft draperies, which appear in afternoon and evening dresses.

For daytime wear, the jumper dress that hangs from the shoulder has gained an enormous following. The low-waisted effect is seen in some of these models, which are frequently worn with loose girdles.

WOMEN WORKERS.

[Pall Mall Gazette.]

Oh! women workers, you are inimitable. You may be weak, but in your weakness lies your strength. You may release one man, but you will captivate another. You are capricious, capable, contradictory; but always, always able to do the unexpected, and to do it well. As the man in the song says:

We all wear a smile and a little nosegay
Now the ladies have come to the office.
We never say "damn," or "get out of the way!"
Or "Give me that paper, you've had it all day!"
We bow and we smirk, we are dressy and gay,
For the ladies have come to the office.

A GRATEFUL SOLDIER.

Dear Madam, just a line to say
I had from you the other day
A pair of woolen hose,
A most appreciated gift;
They give my wearied feet a lift
And feelings of repose.
I thank you for the dental cream,
Also the soap. To me they seem
A pair of gifts well matched—
Both tucked away inside the hose;
The little card that I inclose
Was what I found attached.
I wish you years of perfect health
And heaps of pretty frocks!
I thank you for the kindly thought
Which to a footsore soldier brought
That welcome pair of socks.

POVERTY-STRICKEN.

Seeing a tramp hurrying away from a large house, a fellow professional asked him what luck he had had.

"It ain't no use askin' there," was the reply. "I just had a peep through the winder. It's a poverty-stricken house. There was actually two ladies playin' on one pianner."

Economy can be practiced in the purchasing of meat, if you instruct your butcher to cut the chops and steaks and cutlets very thin. A chop is a chop.

ASTHMA

ASTHMA AND HAY FEVER PROMPT RELIEF IS OBTAINED BY SIMPLY INHALING THE FUMES FROM THE POWDER EITHER THROUGH A CLAY PIPE OR OTHER VESSEL NOT ACRID OR UNPLEASANT ASK YOUR DEALER FOR Dr. J. D. Kellogg's ASTHMA REMEDY TWO SIZES 25c & $1.00

LUX Washing Compound

WON'T SHRINK WOOLENS

If eyes are inflamed, one drop of **COMPASS OIL** once a day will quickly cure them. Smarts first, then soothes.

PILES

Are you a sufferer? Know that terrible aching, dragging-down pain, that robs you of pleasure, even of rest, and makes life miserable? Don't you believe in the law of average? If a remedy has cured hundreds of people, don't you think it likely it *might* at least cure you?

Just give Zam-Buk a fair trial!

Mr. J. McEwen, of Dundas, suffered from piles for fifteen years. He says: "I tried pretty nearly everything, but got no permanent relief until I tried Zam-Buk. This balm relieved the pain; continued use completely and permanently cured me."

The rich herbal essences of which Zam-Buk is composed, quickly remove congestion, relieve the dull, gnawing, burning pain, and cure.

All druggists and stores, or post-paid from Zam-Buk Co., Toronto, for price, 50c. box, 3 boxes $1.25.

ZAM-BUK

BEAUTIFUL HAIR, THICK, WAVY, FREE FROM DANDRUFF

Draw a moist cloth through hair and double its beauty at once.

Save your hair! Dandruff disappears and hair stops coming out.

Immediate?—Yes! Certain?—that's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after an application of Danderine. Also try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair, but what will please you most will be after a few week's use, when you see new hair—fine and downy at first—yest—but really new hair growing all over the scalp.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

You can surely have pretty, charming, lustrous hair, and lots of it, if you will just get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter and try it as directed.

Mother-Made, Quick Acting Cough Syrup

Should Be Kept Handy In Every Home—Easily Prepared and Costs Little.

Mothers, you'll never know what you are missing until you make up this inexpensive, quick-acting cough syrup and try it. Children love its pleasant taste and nothing else will loosen a cough or chest cold and heal the inflamed or swollen throat membranes with such ease and promptness. It's equally as good for grown-ups as for children.

This splendid cough syrup is made by pouring 2½ ounces of Pinex (50 cents worth) into a 16-oz. bottle and filling the bottle with plain granulated sugar syrup. This gives you 16 ounces—a family supply—of much better cough remedy than you could buy ready-made for $2.50—a clear saving of $2.

The moment it touches the inflamed, cold-congested membranes that line the throat and air passages, the healing begins, the phlegm loosens, soreness leaves, cough spasms lessen and soon disappear altogether, thus ending a cough quicker than you ever thought possible. Hoarseness and ordinary coughs are conquered by it in 24 hours or less. Excellent for bronchitis, whooping cough, spasmodic croup, bronchial asthma or winter coughs.

Pinex is a highly concentrated compound of genuine Norway pine extract, combined with guaiacol and is famous the world over for its quick-healing effect on the membranes.

Beware of substitutes. Ask your druggist for "2¼ ounces of Pinex" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Company, Toronto, Ont.

CEETEE UNDERCLOTHING

Guaranteed Not To Shrink.

RAW FURS

HIGHEST PRICES PAID FOR COON AND SKUNK.

ROSS' LIMITED, 21tf tw

"LINSEED COMPOUND" is a reliable old English Home remedy for— COUGHS, COLDS, Asthma, Bronchitis & all Lung & Throat Troubles.

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For excellence and delicacy this is the cheapest vegetable now offered.

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