A Woman Advises Women

Tyneside P. O., Ont.

"I received your sample of GIN PILLS and after using them I felt so much better that I got a box at my druggist's and now I am taking the third box.

"The pain across my back and kidneys has almost entirely gone and I am better than I have been for years. I was a great sufferer from rheumatism but it has all left me. I strongly advise all women who suffer from pain in the back and weak kidneys to try GIN PILLS."

MRS. T. HARRIS.

Gin Pills sell for 50 cts. a box or 6 boxes for $2.50 at all good dealers. Sample free if you write to National Drug & Chemical Co. of Canada, Limited, Toronto; or to U. S. address, Na-Dru-Co., Inc., 296 Main St., Buffalo, N.Y.

TRY 118

GinPills
FOR THE KIDNEYS

WHOOPING COUGH
SPASMODIC CROUP ASTHMA COUGHS
BRONCHITIS CATARRH COLDS 24

Vapo-Cresolene
Est. 1879

A simple, safe and effective treatment avoiding drugs. Vaporized Cresolene stops the paroxysms of Whooping Cough and relieves Spasmodic Croup at once. It is a boon to sufferers from Asthma. The air carrying the antiseptic vapor, inhaled with every breath, makes breathing easy; soothes the sore throat and stops the cough, assuring restful nights. It is invaluable to mothers with young children.

Send us postal for descriptive booklet
SOLD BY DRUGGISTS
VAPO-CRESOLENE CO.
Leeming Miles Bldg., Montr'l

Jump from Bed in Morning and Drink Hot Water

Tells why everyone should drink hot water each morning before breakfast.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days headachy, dull and unstrung; some days really incapacitated by illness.

If we all would practice inside-bathing, what a gratifying change would take place. Instead of thousands of half-sick, anaemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside-bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone, ing effect upon the system.

Its cleansing, sweetening and freshen-

WHY SUFFER SKIN TORTURES

When a post-card will bring free samples

CUTICURA SOAP and Ointment

which give quick relief and point to speedy healment. Then whynotmake these sweet, pure, super-creamy emollients your every-day toilet preparations and prevent little skin troubles becoming serious.

For free sample each address post-card: "Cuticura, Dept. N, Boston, U. S. A." Sold throughout the world.

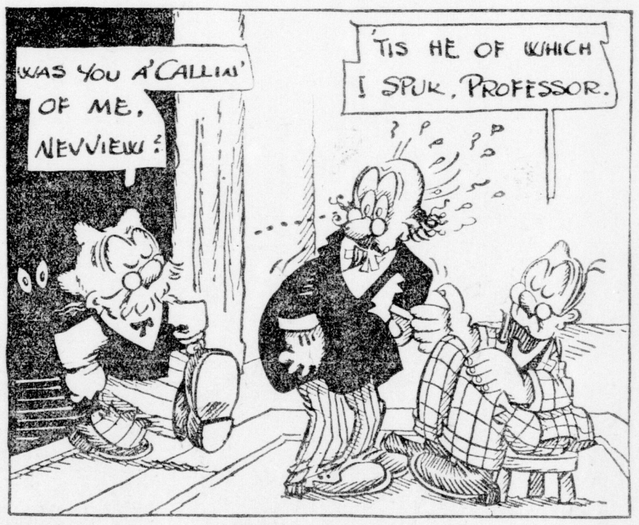
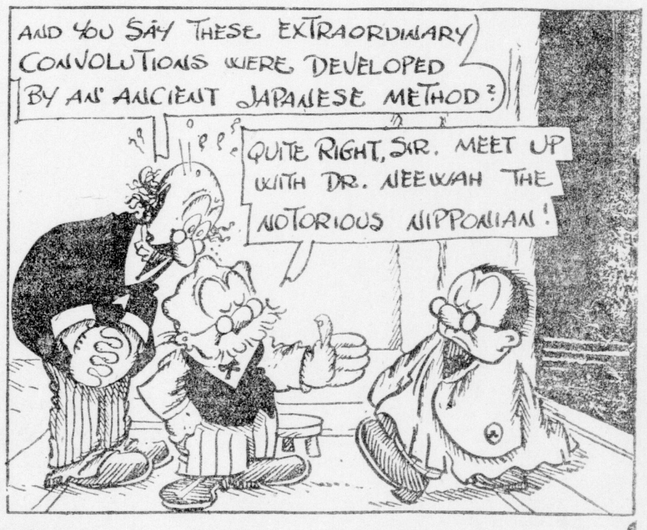
GALL-KLENZ

ABSOLUTELY REMOVES GALLSTONES WITHOUT OPERATION; Cleanses the Liver, Gall Bladder, Stops Stomach Misery, Pains in sides or back, Jaundice, Gas, Bowel Trouble, Colic, Indigestion, Heartburn, Nervousness, Dyspepsia and signs of Appendicitis, caused by gallstones. No matter what you have tried without results, if you actually want relief, write for GUARANTEE, and PROOF of how it is done for LESS THAN THREE CENTS a treatment.

F. A. H. Chemical Co., Box 144A, Windsor, Ontario.

F. 16, 23, M. 2.

POLLY and HER PALS

Polly--Dr. Neewah Comes to Pa's Rescue.

Copyright, 1918, by Newspaper Feature Service, Inc. Great Britain rights reserved.