

THE EFFECT OF CIGARETTE SMOKING ON RESPIRATORY MU- COUS MEMBRANE.—Dr. Clarence C Rice, of New York, in a paper, stated that almost without exception cigarette smokers indulged in the habit to excess. The constant contact of the smoke with the mucous membrane of the respiratory tract resulted in the development, in those predisposed to disease of this portion of the body, of inflammatory conditions much earlier in life than would otherwise be the case. Statistics showed that the manufacture of cigarettes was carried on on such an enormous scale that there was an allowance of about fifty cigarettes for every person in this country. Dr. Mulhall, himself an old cigarette smoker, maintained that the ill effects were chiefly due to inhaling the smoke deep into the bronchial tubes. Dr. Rice said that, while most writers stated that it produced only a mo-

derate degree of congestion of the mucous membrane, his own experience indicated that it caused advanced atrophic nasal catarrh, with dryness and congestion of the pharynx. He believed that every person who had long used cigarettes suffered from a chronic cough.

KEEP IT.—When requested to procure an abortion, read the woman this: "A mother anxiously entreated her physician to save the life of her little baby. After listening to the mother's narrative of signs and length of sickness, the doctor coldly and sternly said, 'Let it die, save your money and trouble, for it is a little thing; you have plenty of children, all you can raise properly and educate. Let it die, and get rid of your cares; here, give this to it, that will kill it; give it, and say nothing, and no one will know the cause of death.' The mother was horrified to hear such



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