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THE DEY OF ALGIERS!

All the ingredients used in making this Powder are published on every lab l. The purity of the ingredients and the scientific accuracy with which they are combined, render Cleveland's superior in strength and efficiency to any other baking powder manufactured

Strength and charlency to any other does not dry up, Food raised with this Powder does not dry up, as when made with baking powder containing am-monia, but keeps moist and sweet, and is palatable and wholesome. Hot biscuit and gtiddle cakes made with it can be eaten by dyspeptics with impunity. It does not contain ammonia, alum, lime or other

adulterant. These are facts, vouched for by Government and State Chemists, Boards of Health, and eminent scientists.

Coughs.

Cheft

mane

Wistar's

CATARRH.

New Home Treatment for the Cure

Catarrh, Catarrhal Dealuess, aga

Hay Fever.

None

Whopping

"I. BUTTS" on the wrapper.

Croup, Bronchitis and all

Chitis and all de-Throat Lungs and refokey and per-cound busine use of

Bassan of Wild Cherry.

ine unless signed

CLEVELAND BAKING POWDER CO., NEW YORK.



Housebold Dints.

THE BEST EXERCISE.-Walking is the best of exercise, and if spirited, and the arms be allowed to swing freely, it brings into play the muscles of the upper part of the body as well as the lower half. Walking, if well managed, is better in one respect than exercise in a gymnasium, where you get little sun-light, and where you are likely to

very pretty.

S. E. BURWELL, of Fingall, Ont., writes : Last autumn I was suffering from a severe cold which settled on my tungs and produced a distribution of the second of the second sec lief, and performed a perfect cure in a short time.

TIN PLATES.—Never put away food on tin plates. Fully one-half the cases of poison from the use of canned goods is because the article was left or put back into the can after using. China, earthenware and glass are the only receptacles for "left overs."

ASTHMA DE CAPTE ASTEN AND KEEP the flour barrel raised a few inches from the floor, so that the air may circulate underneath and prevent dampness. SALESMEN WANTED AT ONOE.--A SALESMEN our goods by any by good men to sell manufacturers in our Has in the work of the shole and real into. We are the inrect manufacturers in our Has in the work of the init of the set the inrect manufacturers in our Has in the work of the init of the set the inrect manufacturers in our Has in the work of the init of the set the inrect manufacturers in our Has in the work of the init of the set the inrect manufacturers of the set of the

SAVE YOUR DOCTOR'S BILL When DR. WISTAR'S BASAM OF WILD CHERRY will curroughs, colds, bleed-ing at the lungs and arrest the fell destroyer, Consumption, it does more than most physicians can do. The use of a single bottle will satisfy the incredulous that they need look no further or the required aid.

SPONGE GINGERBREAD.-One cup sour milk, one cup molasses, one-half cup butter, one cup brown sugar, two eggs, two teaspoons ginger, one of soda and flour enough to thicken.

BISCUIT .- Sift with one quart flour three teaspoonsful Cleveland's Superior three teaspoonsful Cleveland's Superior Baking Powder and one-half teaspoonful salt. Rub into flour storthing (butter and lard mixed) the fize of an egg and mix together with compared weet milk to make a soft dough. Rol out quickly in sheets nearly one inch thick; cut the desired size. crowd close together the desired size, crowd close together in the pan and bake twenty minutes. Knead as little as possible.

For Abuse of Acohol Use Horsfold's this Phosphate. Da W. E. **Starty**, Milchell, Dak., ays: "It has proven almost a pecific for this disorder with checks the vomit-ing, restores the appetite, and, at the mentione allows the test firm of the start of same time, allays the tear of impending dissolution, that is so common to heavy drinkers.'

SYRUP.-Excellent syrup that will pass for maple can be made by taking pass for maple can be made by taking one pound maple sugar, three pounds granulated sugar; add one quart of water and boil gently till it thickens, attorn 200 Commencial development in the second former of Paget Sound Soun test by setting off the fire; if a crust of sugar does not form on the top it is about right.

Hay Fover. The microscope has proved that these dis-eases are contagions, and that they are due to the presence of living parasites in the lining membrane of the upper air paragrees and en-tachian tubes. The eminent cointists—Tyn-dail, Huxley and Beale—endorse this, and these authorities cannot be disputed. The regular method of treating these diseases is to "pply an irritant remedy weekly and even itally, thus keeping the delicate membrane in a constant state of irritation, accompanied by violent aneexing, allowing it no chance to heal and as a natural consequence of such treat-ment not one permanent cure has even been recorded. It is an absolute fact that these dis-eases cannot be cured by an application male oftener than once in two weeks, for the mem-brane must get a chance to heal before any ap-plication is repeated. It is now seven years ince Mr. Dison discovered the parasite in a tarth and formulated hit new treatment, and since then his remedy has become a house-hold word in every country where the English language is spoken. Cures effected by hun even years ago are cures still, there having been no return of the discess. So high are inces the discess. So high are inces then discovers the parament in discover a spotent discover a house-hold word in every country where the English language is spoken. Cures still, there having been no return of the discess. So high are inces the discess. No high are inces of which they know nothing—by emidles the results of the application of which hey are equally incoract. Mr. Dixon's remedy i applied only once in two weeks, and from ure in the most aggravatid cases. N.B.—For tarthal troubles peculiar to females this rem-dy is a specific. Mr. Dixon sends a pamphlet isocribing his new treatment on the receipt of en cents in stamps. The address is A. H. iron & Son, 303 King Street West, Toronto, anda.—Scientific American. Eufferents from catarrhal troubles should care-full, r. ad the abwa DESERVING OF CONFIDENCE.---No aticle so richly the series the entire con-fidence of the Community as BROWN'S BRONCHIAL Transfer the well-known remedy for course and throat troubles. "They are excellent for the relief of However er the the pro-

Hoarseness or Sore Throat. They are exceedingly effective." — Christian World, London, Eng.

BAKED ONIONS.-This vegetable is excellent whenscalded and baked whole. Sprinkle with a little salt and crumbs of bread. Again, onions may be scalloped in a buttered dish with alternate layers of bread crumbs, the whole moistened with new milk.

To Cook A CHICKEN.-Cut open through the breast and boil till nearly e, then lay in a drippin

[JANUARY Ist, 180



light, and where you are likely to breathe dust and impure air. SNOW DROPS.—One cup of butter, two cups of sugar, whites of five eggs, one small cup of milk, three full cups of prepared flower, flavour with vanilla aud nutmeg; bake in small round tims. Those in the shape of fluted shells are very pretty. every form of skin and blood disease, from pimples to scrofula.

Sold everywhere. Price, CUTICURA, 75C.; SOAP 13C.; RESOLVENT, SI.5O. Prepared by the POTTES DEUG A'D CHEMICAL C.J., Boston, Mass.

Pimples, blackheads, chapped and oily TE skin prevented by CUTICURA SOAP.

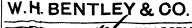
Dull Aches, Pains, and Weaknesses instantly relieved by the CUTICURA ANTI - PAIN PLASTER, the only pain-killing plaster. 306-

AMERICAN GA YONGE ST. Opposite Gould)

Cheap backs and cheap postage are blessing to any people. Our orders by mail for books last week were 106, and up to the Friday morning of this week they exceed 200 books. The books sent out by mail, including postage (1c. for 4 oz.), did not exceed one-half the usual price.

A large consignment of the Revised Version of the New Testament, in large clear type, splendidly bound, 39c.; publisher's price, \$1.50. We have some left of Dr. Talmage's popalar work, "Around the Table," 59c.; and "Kings of Fortune," 59c. These books can only be had after this lot is gone by subscription at \$2.50 per volume. The Elsie Books, 44c., and Pansy Books, 24c., are the excitement for the moment. Come while they last, as the sunnim in the Dominion is limited.

Booklets, 25,000 Christmas and New Year's Cards, 10c., 15c., 17c., 1905 worth 25c., 35c., 40c. and 500 respectively. No such display was ever seen here before, and at these prices the poor can afford to brighten their homes.



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Coughs, Allen's Lung Balsam was introduced to the public after its merits for the positive cut of such diseases had been fully tested. Invictes expectoration and causes the Lung id throw off the phlegm or mucus; changes the secretions and purifies the blood; heals the irritated parts; gives strength to the diges-tive organs; brings the liver to its proper effect that it is warranted to break up the most distance on or

Allen's

Eufferers from catarrhal troubles should care-

effect that it is warranted to break up the most distressing oc ugh in a few hours' time, if not of too long standing. It contains no opium ' 1 any form and is warranted to be perfectly harmless to the most delicate child. There is no real necessity for so many deaths by consumption when Allen's Lung Balsam wi pre-vent it if only taken in time. For Consumption, and all diseases that lead to it, si ch as Coughs, neglected Colds, Bronchitis, Asthma and all diseases of the Lungs, AL' EN'S LUNG BALSAM is the Great Modern Remedy. For Croup and Whooping Cough it is almost a specific. It is an old standard

remedy, and sold universally at 50 cents and \$1.00 per bottle. The 25-cent bottles are put out to answer the constant call for a Good and Low-Priced COUGH CURE. Lung Balsam you have not tried the Balsam, call for a Tf 25-cent bottle to test it.

and bake. It has the relish of one broiled and there is no waste.

EXPENSIVE ECONOMY is practised when people buy cheap baking powder. The baking the cheap est, and Imperial Cream Tarter Deking Powder is the best. Sold by al grocers.

WALNUT CANDY .- Two cups sugar and one-half cup of water; boi until thick; flavour with extract of lemon; stir in one cup of walnut mea and turn into a large flat dish; whe cold cut in squares.

TO MAKE PASTRY BROWN .---- Sweet milk rubbed on the surface of any pas try, before baking, such as biscuit gems, short-cakes, or even pastry for fruit pies, will make them brown nicely and give them a flaky appearance.

DR. HARVEY'S SOUTHERN Ran PINE for cought and cold is the most reliable and perfect your medicine in the market. For sale everywhere,

