

### AILING WOMEN OF MIDDLE AGE

Mrs. Doucette Tells of her Dressing Symptoms During Change of Life and How She Found Relief.

Belleville, Nova Scotia, Can.—“Three years ago I was suffering badly with what the doctors called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me.”—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dizziness, nervousness, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.

If you want special advice write to Lydia E. Pinkham Medicine Co. (containing) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

### Guide-Advocate

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HARRIS & CO. PROPRIETORS

### Guide-Advocate

WATFORD, NOVEMBER 13, 1914.

#### NOTE AND COMMENT

The Patriotic Fund is not a charity, but the payment of a debt owed by those home to those in the fields. The duty is plain.—Glencoe Transcript.

But for the war the human voice would be thrown across the Atlantic Ocean by wireless this month, according to a statement made by one of Marconi's lieutenants, who has perfected the wireless telephone instrument just adopted for use in the Italian navy.

It is reported in a Paris paper that 30 per cent of the British losses in the present war are caused by taking a bath and shaving in the morning. Even when the enemy opens fire they finish their toilet before returning it. Such calmness and attention to early habits must win in the end.

The Canadian Government has passed an order-in-council which will have a far-reaching effect on imported labor. Immigration officers have been instructed to refuse admittance, including settlers, coming from the United States, who have not been American citizens for ten years.

Every Woman... WINDSOR SUPPLY CO., Windsor, Ont.

years. This ought to effectively check the flood of foreigners who will try to flock here through the States during and after the war.

What have we to gain if we win? That we have nothing material to gain, no colonies which we covet, no possessions of any sort that we desire, is the final proof that the war has not been provoked by us. No nation would deliberately go out of its way to wage so hazardous and costly a struggle when there is no prize for victory.

The Providence (Rhode Island) Journal says:—William of Germany and his people have an account to square with God that no sophistry can wipe out. For they have willfully, and in their mad passion for conquest, turned a fair land into a shambles, taken a peaceable little nation by the throat, torn it into bleeding fragments and crushed its little heart beneath their iron tread.

There are six vacancies in the Senate to be filled. Five of these are in Ontario, the deaths having occurred during the past year of Senators Sir Geo. Ross, Cox, Coffey, Wm. Gibson and McMillan, and the sixth is in British Columbia, owing to the retirement of Senator McDonald. Another important vacancy to be filled is that created on the Railway Commission by the retirement of Dr. Mills, on the expiry of his term of office.

The federal department of labor has established a children's bureau to teach parents how to care for children and has just issued a booklet on "Parental Culture," which is for free distribution. For some time Canada has been paying considerable attention to the improvement of hogs, chickens, and live stock, as well as teaching us how to raise pumpkins and potatoes, and it is encouraging to find attention now being turned toward improving the human race.

As Germany and France have been the chief source of supply for seeds of roots and garden crops, and as war operations will cut off this supply the Canadian Government has adopted a policy of paying cash subsidies for seeds produced in the Dominion. For the seed of mangel or sugar beets the subsidy will be 3c a pound; turnip seeds, 4c; carrots, 7c; garden beets, 10c; parsnips, 7c; radish, 9c; cabbage, 25c; tomatoes, 50c; onions, 25c; celery, 40c; lettuce 25c; cucumbers 20c; muskmelon, 20c.

Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

BEUK'S WEEKLY

Beck's Weekly, edited by Edward Beck, the man who employed the Burns Detective Agents to unearth graft in the Quebec Legislature, and published in Montreal, is a unique publication and one that is growing in favor throughout the country. While devoted, primarily, to the promotion of honesty in the administration of public affairs, it is by no means obsessed of one idea, but is made up every week of clever cartoons and pictures, stories, humorous sketches and a department of intelligent if somewhat caustic comment on Canadian affairs.

Dr. Morse's Indian Root Pills are just the right medicine for the children. When they are constipated—when their kidneys are out of order—when over-indulgence in some favorite food gives them indigestion—Dr. Morse's Indian Root Pills will quickly and surely put them right.

Keep the Children Well

### We and Our Neighbors

In these days of stress, the following from Collier's Weekly makes good reading.

As the war wages on and we find ourselves pinched by it, we can and do thank God for good neighbors. The most wonderful thing in North America life is that for four or five thousand miles our frontier is Canada's frontier, and not only is there no fort upon it, but there is no place where anyone in either nation wants a fort. They are a people one is glad to have next door, the Canadians. Sometimes a Taft or a Clark says something that makes us blush for him; but the nice thing about these people is, they understand what a loose tongue is and pay very little attention to it. A good deal used to be said about annexing Canada, and once in a while a man comes back from there so full of admiration that he wants to annex the United States to Canada instantly; but most of us feel—and we sincerely hope Canada can share the feeling—that just such neighbors is the best thing for both of us. We have the same problems in the main, and we are glad to have Canada show how she thinks they should be worked out. We have a good deal of common property in the lakes and rivers which lie between our shore and hers. It is a really beautiful thing to think of—in the war-worn autumn of 1914—that we have never had a serious difference about this common property. This is a good time to vow that we never will. Our Lady of the Snows is not so cold as her title might lead one to think. She is distinctly our sort—and we hope she won't mind our saying so. The frontier is an imaginary line only. Thoughts are the true bond of friendship. Let us draw closer and closer to Canada in thought. Let us seek, nationally and individually, to foster the relations which make us thank God for Canada as a neighbor.

### A Rating Beyond the Stars

“There are many people who receive more credit for what they do than they deserve, and many who do not receive as much as they deserve,” was an utterance recently heard in a wayside place. The speaker, continuing, said:—“The human is too often unjust in estimating service by not taking into consideration the element of sacrifice.” John D. Rockefeller, worth \$200,000,000, makes a princely donation to a great college and the world of humanity applauds, no one for a moment pausing to consider how and from whence came those millions and of how much of sacrifice was involved in the giving.

A washer woman, strong in the christian faith, comes out from a humble habitation, enters a little church around the corner and, when the missionary basket is passed up, puts in a dollar, but there is no applause. There is a great congregation assembled on a dedicatory occasion, through the crucible sacrifice, built a great church, but there is a deficiency. Then there comes a voice, “I will give—if you people stand a little more squeezing,” or words to that effect. The squeezing is done, and the man who makes no sacrifice has his name heralded in terms of high-sounding praise. Those who have been brought to the sacrificial altar are overlooked. Their service is given no rating, at least not by the cashish throng who are strangers to grace. But there is a rating beyond the stars. There is the being of sacrifice, who leaned over the altar in weariness, will hold the edge against all comers for recognition. Forsooth it shall be said by an exalted authority:—“While they of the codfish guild, down yonder, once upon a time overzeal you and froze you out of your own, which you had through sacrifice builded, it can't be done here.”

### Dr. Morse's Indian Root Pills

A Wisconsin inventor has patented a device which provides a water along over snow or ice as he presses his toes down against the runners.

### Miller's Worm Powders

Miller's Worm Powders never fail. They immediately attack the worms and expel them from the system. They are complete in themselves, not only as a worm destroyer, but as a highly beneficial medicine for children, correcting weak digestion and restoring the debilitated system to healthfulness, without which the growth of the child will be retarded and its constitution weakened.

### LINES IN THE FACE Make Women Look Old

and they show the effect of unnatural sufferings—of headaches, back-aches, dizziness, hot flashes, pains in lower limbs, pains everywhere.

### Dr. Pierce's Favorite Prescription

The Vegetable Remedy for Women that relieves nervous exhaustion and irritability and removes other distressing symptoms due to a disturbed condition. For over forty years it has been used with more than satisfaction by the young, middle-aged and the elderly—by wives, mothers and daughters. You will find it of great benefit. Sold by Medicine Dealers in liquid or tablet form, or send Dr. V. M. Pierce, Buffalo, N. Y., 50 one-cent stamps for trial box by mail.

DR. PIERCE'S PLEASANT PELLETS Relieve constipation, regulate the liver, and bowels. Easy to take as candy.

### FALL SUPPLIES YOU WILL SOON NEED

Washing Machines, \$4.25 to \$10.00; Wringers, \$3.00 to \$4.50; Food Choppers, \$1.00 to \$1.50; Chopping Bowls and Knives; Sherwin-Williams' Paints, Varnishes and Floorwax; Blankets, 75c. to \$3.00; Halters, 65c. to \$1.65; Lanterns, 75c. to 1.15; Cow Chains, 15c. to 30c.; Stanchions, 10c.; Stable Brooms, 75c.; Guns, 5.00 to 25.00; Rifles, 3.00 to 15.00; Ammunition; Razors, 25c. to 5.00; Pocket Cutlery at any price; Glass in all sizes at old prices.

### THE N. B. HOWDEN EST.

### TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

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CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

### Nothing But the Best

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents For MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., and all kinds of repairs.

Our Prices are right, as low as is consistent with reliable goods

### HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

A Wisconsin inventor has patented a device which provides a water along over snow or ice as he presses his toes down against the runners.

Of German invention is a camera small enough to be carried by a pigeon which takes photographs automatically as a bird flies with it over a place of which information is desired.

For quick destruction of buildings and for blasting intrusions rapidly a new military explosive has been invented, huddled like dynamite, but with greater safety and more effect.

900 DROPS CASTORIA Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS CHILDREN Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

### COLD WE

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