In Our Optical —Department—

You can always get the newest and best in

OPTICAL GOODS

At very moderate prices.

John S. Barnard

Optician. 194 Dundas Street. yt

Do You Know

That you can buy any 10c cigar for 5c every day in the week at any one of TAYLOR'S FIVE CUT-RATE DRUG STORES?

WHOLESALE AND RETAIL

FLORAL BERRY BOWL
Real Cut Glass, 8-inch size, $4.25.

CUT GLASS WATER JUG.
3-pint size, floral design, extra heavy, $4.50.
Light weight, $3.25.

W. J. Wray & Co.
234 DUNDAS ST.

Save Your Eyes!

Upon them your whole happiness and success depends! Have them examined by

THE OPTICIAN
398 RICHMOND STREET.
"We Know How."

B. A. MITCHELLS
DRUG STORE for
Straw Hat Dyes
IN ALL SHADES.
114 DUNDAS STREET. ty

EXTRA SPECIAL

Gold-Filled Spectacles and Eyeglasses fitted, free examination, for $1.00 per pair.

C. H. WARD & CO.
Diamond Merchants and Jewelers.
386 RICHMOND ST. PHONE 1084

We mine our own Coal and sell direct to you.

LARGE PEA COAL, $5.85 A TON.
We guarantee this coal to have the value of nut in the range and heater. Saves you $1.25 per ton.

WEGNER CLOTHING CO.
Wholesale and Retail Dealers in Overalls, Sweater Coats, Gloves, Mittens and Raincoats.
London's Largest High-Class Workingmen's Outfitters.
Exclusive Manufacturers' Agents for the Best Canadian and American Makes of Overalls.
371 TALBOT ST., OPP. MARKET.
Open Evenings—Phone 1849.

COAL

Genuine Plymouth Anthracite, from individual mines. Prompt delivery. Prices on application. Phone 2694.
JAS. H. HERRICK, AGENT. ywt

DR. S. R. MOORE
DENTIST.
Removed to Suite 15-16 and 1, London Loan Building, corner Dundas and Park avenue. ywt

What good are all the beautiful flowers and fields, lakes and rivers if you do not see all the beauty they possess?

Glasses fitted now, by us, will correct that slight error of eyesight and give you every detail sharp and clear.

C. H. Trebilcock
Optician. 116 Dundas St.
Formerly With Tait Optical Co.
b

The London Loan and Savings Company

allows
4% ON DEPOSITS
5% ON DEBENTURES
Safety Deposit Boxes and goods room spaces to rent.
Corner Dundas and Clarence Sts. ywt

An Idea

Is the most potent and the most powerful force in the world today. Get the idea into your head that you can buy DIAMONDS in just as large a quantity and at just as low prices as any individual needs can possibly demand.

RIGHT HERE IN LONDON
YOUNG'S
DIAMOND MERCHANTS,
London. East London.

JOHNSTON BROS.
XXX BREAD
The Best

If you live anywhere in London you can get our bread by calling a wagon or telephoning your order to the bakery. We deliver everywhere in the city.

JOHNSTON BROS.
PHONE 944. ywt

Quality Is Economy

DOES CAIRNCROSS FINISH YOUR FILMS ?

It doesn't pay to let anyone else develop for you.
"PERFECT PICTURES" cost no more.

Cairncross'
Drugs and Photo Supplies.
216 Dundas St. Phone 880.
30u-xt

Hamilton's Ale and Porter

Cannot be excelled. It's a favorite drink with many, and will suit you if you try it.

FOREST HORSE SHOW A SPLENDID SUCCESS

[Special to The Advertiser.]

FOREST, April 30. — The Forest Spring Stallion and Horse Show was a decided success. The weather was ideal, and the exhibit excellent. There were 26 entries, including some of the finest horses in Western Ontario. Gate receipts were $45; entry fees $26.

Prize-winners are as follows:

Clydesdale stallion — 1, Hernunlis, owned by Brandon Bros.; 2, Dunure Gulf Stream, owned by Brandon Bros.

Clydesdale stallion, three years or under—1, Ravenscraig, owned by Brandon Bros.; 2, Sir Baron Wallace, owned by A. Watson & Son.

Percheron stallion—1, Harbier, owned by David Shannon.

Carriage stallion—1, Winona Jubilee, owned by A. Watson & Son; 2, Guelph Performer, owned by D. A. Graham.

Roadster stallion—1, Vincent Forbes, owned by Dr. J. H. Pickering; 2, Young Baron Gale, owned by Fred Wilson.

Heady draught team—1, A. Watson & Son; 2, Wm. Mathews.

Agricultural team—1, A. Watson & Son.; 2, Wesley Mathews.

Heavy draught brood mare—1 and 2, A. Watson & Son.

Agricultural brood mare—1 and 2, A. Watson & Son.

Single driver roadster—1, Dr. J. H. Pickering; 2, E. Pierce.

Filly agricultural—1, A. Watson & Son; 2, Wesley Mathews.

Best mare on grounds—A. Watson & Son.

Judge—Dr. Reid, of Georgetown.

INGERSOLL METHODISTS ACTIVE.

[Special to The Advertiser.]

INGERSOLL, April 30.—At the annual meeting of the Methodist Sunday School, reports showed the following grants made during the year: $68 to the Missionary Fund; $10 to the General Sunday School Fund, and $5 to the local Fund. The total increase during the year was $629.

The following officers were elected: Superintendent, C. E. Rogers; assistant superintendents, Roy Russell and Mr. Shales; secretary, R. Rogerson; treasurer, J. E. Hargan; secretary of Home Department, Mrs. Barratt; cradle roll, Mrs. Alderson and Mrs. Bonesteel; pianist, Miss Caddy; auditors, Messrs. W. Surplis and Roy Russell.

During the erection of the new Sunday School building half of the Sunday School will meet in the church at 10 a.m. and the remainder in the afternoon at 2:45 p.m. Next Sunday there will be an open session of the Sunday School in the church, when there will be addresses by Mr. Moyer and Mr. Walley on the current topic.

Methodist Mission Circle.

At the annual meeting of the Mission Circle of the Methodist Church, held at the home of Mrs. F. N. Horton, officers as follows were elected: Honorary president, Mrs. Stoneman; president, Miss Lottie Mitchell; first vice-president, Miss Lela Kerr; second vice-president, Miss LaBelle Handford; secretary, Miss Hazel Mitchell; corresponding secretary, Miss Birdie Uren; treasurer, Miss Edna Banbury; pianist, Miss Ruth Murray; convener of social committee, Mrs. Horton; superintendent of mite boxes, Miss Ruth Murray; superintendent of Christian stewardship, Miss Leola Sudworth; superintendent of literature, Miss Louise Tanner.

NO ALUM!

Strong's Baking Powder

contains no alum. Use it and safeguard your family against the evil results of alum powders.

Cream Tartar is made from grapes.

STRONG'S Baking Powder

is made from Cream Tartar—from grapes.

30c lb.
15c half-pound—8c quarter-pound.

CUT PRICES
IN DRUGS AND MEDICINES EVERY DAY.

STRONG'S Drug Store
184 DUNDAS ST., LONDON, ONT. xt

MOTHERS ENTERTAIN

Teaching Staff of Chesley Avenue School at Informal Reception.

Chesley Avenue School assembly rooms were the scene last evening of a very enjoyable gathering, when the Mothers' Club of the school entertained the teaching staff at an informal reception. Quite a large number of the fathers and mothers of the district were present, besides the teachers and their friends. The first part of the evening was occupied by a very excellent program, in which the following took part: Vocal solos, Mrs. Cook and Mr. James Gay; vocal duet, Mesdames Barr and Collier; readings, Mrs. Barrows, Mrs. Pellow; piano duet, Miss Wigham and Miss Powe. All were accorded hearty applause from the audience. A brief address of welcome was extended to the guests by E. E. Gibb, principal of the school.

At the conclusion of the program, partners were secured for lunch by means of numbered slips, and an enjoyable social hour followed. Refreshments were served on small tables decorated with yellow and white. Mrs. McLean, president of the Mothers' Club, occupied the chair during the program, and paid a warm tribute to the teachers of the school and their faithful efforts for the pupils in their care.

Voice of the People

Answers Thoroughbred Canadian.

To the Editor of The Advertiser:

I would ask you in the name of a good citizen of London to publish the following in answer to the "Thoroughbred Canadian" protest in last night's Advertiser, who claims that he has been out of work since October 4, 1914. I maintain that there must be something radically wrong with him, or he'd have had a job long ago. Replying to his statement that he could not get a job on the Egerton street sewer, and that there were only ten white men working there; might I point out that a "Thorough Canadian" is not white, and that the foreigenrs are just as white, are also men who will stick at nothing, and work at all classes of work at all times to make an honest living. And why should the "Thorough Canadian," because he cannot find work to suit him, wish to do the other fellow out of the job which formerly he spurned?

Let a man be honest to himself and family, and he will be sure of work because he's a man, a term I could not call our supposed "Thorough Canadian."

Thanking you, Mr. Editor, I remain,
A LABORER, A CITIZEN, AND A TAXPAYER, A FOREIGNER, YET A CANADIAN.
London, April 29.

GREAT MOBILIZATION OF TURKISH TROOPS

Every Available Man in European Side Called to Colors.

[Canadian Press.]

London, May 1.—"Extensive mobilization arrangements were put in force throughout European Turkey today, owing undoubtedly to the operations of the Allies in the Gulf of Saros," says the Times Sofia correspondent, telegraphing Thursday.

"All the remaining available men," the correspondent adds, "including even the newly arrived refugees, have been summoned to the colors. A great concentration of troops is taking place at Keshan (26 miles north of Gallipoli) and heavy guns also have been sent southward. It seems doubtful, however, whether arms and ammunition can be provided for the new levies."

DITCH COMPLAINED OF NEAR FILTERING TANKS

Kincardine Situation Could Be Remedied Now.

[Special to The Advertiser.]

KINCARDINE, April 30.—It is felt that the ditch crossing the street east of the powerhouse should be attended to in good weather and not left until too late in the fall. Every effort should me made in time to check any sewage from entering the filtering tanks, which cannot be said to be immune from this filth when ditches are running full.

The "Burt Barnes", a three-masted schooner of the Graham brothers, is being reloaded with lumber for Sarnia, which was unloaded here last fall owing to stress of weather, and will son be ready for its destination.

EXETER W. M. S. ANNUAL.

EXETER, April 30.—The W. M. S. of the James' Street Methodist Church met Thursday afternoon and elected officers as follows: President, Mrs. C. Hooper; first vice-president, Mrs. W. Bissett; second vice-president, Mrs. C. B. Snell; recording secretary, Mrs. Will Johns; treasurer, Mrs. E. Roncliff; corresponding secretary, Mrs. Ball; superintendent of Christian stewardship, Mrs. B. Johnston; delegate to the convention which will be held in London in May, Mrs. Thomas Harvey; alternative, Mrs. C. Hooper.

CARD OF THANKS.

Mrs. Neil Cooper and family wish to thank their many friends for their kind sympathy and beautiful floral tributes during their recent sad bereavement. b

73 INITIATES WALK THE BURNING SANDS TO PLEASE FEZMEN

Nearly 700 Turn Out For the Spring Ceremonial—Kiltie Band a Feature.

GREETING FROM ENGLAND

Members With 18th Battn. Cable Good Wishes—Presentations a Feature.

Nearly seven hundred Mystic Shriners, including visitors from patrols from as far west and east as Regina and Montreal, as well as from Toronto, Buffalo, Detroit and other parts of the United States, made merry at the Masonic Hall last evening on the occasion of the annual spring ceremonial of Mocha Temple.

Seventy-Three Initiates Walk Sands.

Seventy-three initiates were made to walk the hot sands, ride the camel and the goat, and otherwise disport themselves for the edification and delight of the sophisticated, and the ceremonial session was followed by more fun in the form of a vaudeville entertainment, after which the guests were given a banquet by the members of the local patrol.

A feature of the evening was the fancy drill performed by the Moslem Temple of Detroit. These men, in their elaborate red and black robes, went through the most complicated manoeuvres and convolutions with a precision and skill which trained soldiers could not have surpassed, if they could have equalled.

Greetings From England.

Three members of the Mocha Temple who at present are in Folkestone, England, with the 18th Battalion, sent cabled greetings. They were Capt. Sale, of Goderich, Pte. Bradshaw, of Stratford, and Major Milligan, of London. The temple cabled wishes for their speedy recovery to Nobles J. L. Youngs, Stratford, and J. E. McLurg, Sault Ste. Marie, members of the first Canadian contingent, who were mentioned in recent dispatches as having been wounded.

Arrangements had been made to present watches to four of the Mocha Temple Shriners at present serving in Canada with the second contingent—Major C. H. Reason, London, Capt. Dr. R. Hillier, Leamington, both of the 7th C. M. R., and Capts. J. M. McRae, Galt, and R. J. Aitken, Sault Ste. Marie, of the 34th Battalion—but as military duties prevented their being present, the watches will be forwarded to them.

Presented With Watch.

Noble H. W. Lind, who last year refused the office of potentate, on the ground that new duties took him away from the city to Toronto, was presented with a magnificent gold watch set with diamonds, and a single ruby, in the form of the crescent and scimitar, which are the emblems of the temple.

The ceremonial was preceded in the afternoon by a business session, at which upwards of three hundred Shriners of Mocha were present. Almost every train into the city during the forenoon brought its quota of visitors, who were met by the pipers' band of the local patrol and escorted in state to the Masonic Temple. Bands accompanied the St. Marys contingent as well as the Detroit visitors.

The banquet was timed to commence at 11:30, but the midnight hour had almost struck before the guests sat down, and the eastern sky was beginning to grow light before the gathering broke up, and the tired but happy funmakers went their various ways.

Fruit-growers will find John Sharman, representative of E. D. Smith, nursery stock, etc., at Darch & Hunter Seed Company, Market entrance. Thursdays and Saturdays. ywt

OXFORD TIES FOR WOMEN are not a side issue in this store. We sell so many each summer that the very large assortment we carry is fully justified. We have them in all sizes, styles and leathers, and at prices to please every purse.

THE J. P. COOK CO. LIMITED
"The Store that Serves You Best"
167 DUNDAS ST Annex 398 RICHMOND ST

WE ARE RECEIVING
Nice Scranton Coal
Daily, and can save you money by burning our coal.
Heaman & Son
YORK AND BURWELL STS.
Phone 312. ywt

NOTICE
Eggett & Co.
Plumbers, Hotwater and Steam Heating.
NEW ADDRESS:
336 Ridout St. ywt

SIXTEEN HUNDRED HOOFS BEAT TATTOO

7th C. M. R., 400 Strong, Swing Along Dundas Street —Travel 32 Miles.

The sweetest tattoo the ears of a lover of good horses and good men ever heard, beat upon the asphalt of Dundas street last night.

The 7th C. M. R., in command of Lieut.-Col Ibbetson Leonard, and about 400 strong, came along the principal street just as dusk was setting in. They had ridden 32 miles during the day, but from the dash and spirit of the horses and the easy seats of the men, it could never have been told.

400 on Parade.

Sixteen hundred iron shoes sung a prancing rhythmical song on the pavement, and 400 hands guided probably the finest collection of equine soldiery that ever went through London.

The horses of the C.M.R. like the men, have spirit, and there are no mean ones among them. They were full of visions of their four quarts, no doubt, and anxious to appear at their very best. Most of them kept straight along, heads and ears up, manes tossing, but there were a few high-spirited chaps who broke ranks. One pretty little bay reared and overbalanced in front of the city hall. His rider was on his feet when the horse went down and was in the saddle when he went up.

All Good Riders.

A street car passing sent heads snapping all down the line, and there were switchings of rumps and a little buck jumping. But the riders all had good "seats." They all seemed to fit their saddles. What prettier picture than 400 good riders on 400 good mounts?

London was very pleased—that part of it which was fortunate to be out at the time, to get a glimpse of such a sight and hear that inimitable music. The men and horses of the corps are a credit to their officers and themselves.

HURON AND ERIE ACT RECEIVES ROYAL ASSENT

Increase of Capital to Ten Millions Approved.

The royal assent has been given at both Ottawa and Toronto to the special acts of Parliament governing the Huron and Erie.

The chief powers granted by this legislation were sought in the belief that the termination of the great war will bring to Canada a marked increase in growth and prosperity. To be prepared for this expansion the directors secured the right, with the shareholders' approval, to increase the capital stock of the company up to ten million dollars, and to issue debentures for any term from one to thirty years.

The name of the company was changed to "The Huron and Erie Mortgage Corporation," this change being made out of deference to the prejudice which exists in England against the name "Loan and Savings Company." The old name did not convey a correct impression of the high type of business conducted by the Huron and Erie, its investments being mainly upon the security of first mortgages. No funds whatever are loaned upon any form of personal security.

Following the provisions of the bank act, the right was granted to convert the stock of the company into one hundred dollar shares, the par value of each fully paid share being at present fifty dollars. This change when adopted will prevent confusion and put the company's stock in line with that of practically all the chartered banks.

DR. A. W. CHASE'S CATARRH POWDER 25c.
is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops dropings in the throat and permanently cures Catarrh and Hay Fever. 25c. a box; blower free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Limited, Toronto.

$3.00 — $5.00
A Specialist's Examination
OF YOUR EYES AND A PAIR OF
Brown Quality Glasses
IN GUARANTEED GOLD-FILLED MOUNTS.
Our specialists have had from ten to seventeen years' experience in prescribing glasses for the most difficult cases of visual defect.
CONSULT US ABOUT YOUR EYES.
THE BROWN OPTICAL CO.
EYESIGHT SPECIALISTS.
223 Dundas St.—Near Clarence.
Phone 1877. Evenings by Appointment. b

FOR ICED TEA

During the hot summer days you cannot beat it. The delicate and perfect blending of the tender young leaves of the tea plant assures you that

GRAND MOGUL

"Is Pure Tea"

And the IDEAL DRINK for Summer

It's healthy, too. Ask your physician, or better still, ask your grocer. If he has your interests at heart he'll tell you GRAND MOGUL IS THE BEST.

AT ALL STORES, IN WAXED, AIRPROOF, DUST-PROOF PACKAGES.

30c, 40c, 50c, 60c the Pound
b

AUTO'S LONELY JOYRIDE

Car Goes For Little Run All By Itself.

An automobile belonging to a Dundas street real estate dealer ran away yesterday afternoon. The owner had left it with the engine running, standing in front of a restaurant, and a passing street car jarred the mechanism, so that the clutch was thrown in, and the car started off with no one in it down Richmond street. A number of people who saw the auto going along wondered where the driver was, but no one tried to stop the car until it reached the corner of King and Richmond streets, when a youth from another car, taking in the situation, climbed into the seat, and shut off the power. The car was unhurt, and was claimed by its surprised owner a few minutes later.

Rowat's COFFEE Pleases people who are particular. 50c Per Pound.
T. A. ROWAT & CO.
250 Dundas St. Phones 3051-3052.

A Task Worth While

The pleasure of seeing the figures in your passbook show a steadily increasing balance, aided by Huron and Erie compound interest at

3½%

per annum, makes the saving of money an easy task.

If you have as yet no passbook with us, why not call in tomorrow with whatever cash you can spare?

We invite you to regularly deposit a portion of your salary each payday.

It pays to own a Huron and Erie passbook.

The Huron & Erie Mortgage Corporation
Incorporated 1864.
Main Branch - - 442 Richmond Street, London
Market Branch - - 4-5 Market Square, London
T. G. MEREDITH, K. C., President. HUME CRONYN, General Manager

ROSS', Limited

SPECIAL CLEARING : : SALE : :

Tuesday Morning, May 4th

FOR 1½ HOURS ONLY, FROM 9 SHARP TO 10:30

THE FOLLOWING REMARKABLE BARGAINS WILL BE OFFERED:

25 **White Lawn Embroidered Dresses, sizes** 14, 16, 18 and 36. Regular $3.50 to $5.00, now only **79c**
14 **Linen and Racquet Cloth Dresses,** sizes 14, 16, 18 and 36. Regular $2.75 to $9.00, now **$1.49**
15 **Flowered Crepe Dresses,** sizes 16 to 38. Regular $5.00 to $6.75, now **$2.49**
6 **White Voile Dresses, sizes** 16 to 40. Regular $7.50 to $12.75, now **$3.79**
17 **Ratine Dresses,** assorted colors and styles, sizes 16 to 38. Regular $9.00 to $13.75, now **$3.75**
1 **Navy Messaline Silk Dress,** size 36. Regular $15.75, now **$5.79**
1 **Brown Shot Silk Dress,** size 36. Regular $21.50, now **$6.79**
4 **Silk Dresses,** colors reseda, green, copenhagen, sand, etc. Size 16, 36, 40. Regular $13.75 to $18.00, now..... **$4.98**
1 **Alice Blue Silk Dress,** size 38. Regular $23.50, now **$9.98**
3 **Silk Dresses,** sand, Copenhagen and brown. Sizes 16 to 38. Regular $12.75 to $15.00, now **$2.98**
8 **White Repp Wash Shirts.** Regular $1.00 to $1.50, now **49c**
Special Line of House Dresses, assorted colors and sizes. Only ..... **98c to $1.50**
10 **Grey Tweed Skirts,** special values. Regular $4.75, now **$1.98**
1 **Brown Skirt.** Regular $7.50, now **$2.98**
1 **Tan Check Skirt.** Regular $6.75, now **$2.98**
3 **Cream Serge Skirts.** Regular $4.75, now..... **$1.98**
1 **Black Satin Skirt.** Regular $15.00, now..... **$6.75**
1 **Green Plaid Skirt.** Regular $6.75, now..... **$3.98**
1 **Black Worsted Skirt.** Regular $8.75, now..... **$3.98**
1 **Black Crepe Skirt.** Regular $7.50, now..... **$5.50**
1 **Black Poplin Skirt.** Regular $10.00, now..... **$7.50**
1 **Black Serge Skirt.** Regular $5.00, now..... **$3.50**
1 **Black Serge Skirt.** Regular $6.75, now..... **$3.98**
2 **Black Pongee Silk Coats,** sizes 36, 38. Regular $22.50, now **$3.75**
1 **Black Taffeta Silk Coat,** size 36. Regular $18.00, now **$5.75**
3 **Black Taffeta Silk Coats,** sizes 36 and 38. Regular $10.50 and $15.00, now **$2.75**
2 **Natural Shantung Silk Coats,** size 34. Regular $10.50, now **$3.98**
3 **Copenhagen Shantung Coats,** size 36. Regular $15.00 to $25.00, now **$3.98**
1 **Grey Shantung Coat,** size 36. Regular $12.75, now **$2.75**
1 **Rose Shantung Coat,** size 34. Regular $25.00, now **$2.75**
7 **Linen Duster Coats,** sizes 32, 34 and 36. Regular $6.00 to $7.50, now **$1.98**
3 **Cream Serge Coats, sizes** 18, 34 and 36. Regular $11.00 to $16.50, now **$2.75**
7 **Short Covert Coats,** sizes 34, 36 and 38. Regular $10.50, now **$1.00**
16 **Cloth Coats,** assorted sizes; colors grey, green, navy and black. Regular $14.00 to $20.00, now..... **$1.98**
11 **Silk Crepe Blouses,** all sizes, in black, navy and white. Regular $5.00 to $7.50, now only **$2.98**
10 **Silk Crepe Blouses,** colors black and navy. Regular $5.50 to $7.00, now only **$1.98**
27 **Voile Blouses,** all sizes. Regular $3.98 to $5.00, now **$1.98**
Several Voile Blouses, assorted, only..... **98c**
72 **White Crepe and Lawn Blouses,** all sizes, low neck and short sleeves. Regular $1.00, now..... **49c**
8 **White Linen Blouses,** sizes 34, 40 and 42, low neck, short sleeves. Regular $1.00, now **49c**
12 **Sailor Blouses.** Regular $1.25, now **49c**
13 **Waists,** assorted, white, cream and black. Sizes 34, 36 and 38. Regular $3.50 to $8.00, now..... **$1.98**
4 **Shantung Blouses,** sizes 40 and 42. Regular $1.98, now **98c**
Several lines in Neckwear. Very special values, **5c, 10c, 19c**

Parnell's Homemade Bread

Bread That Is Made Like the Bread That Is Made At Home.

You should eat more bread at every meal.

Why?

Because it is the cheapest food that you can buy. Not only that, but it is the most healthful, most filling and the best recipe for good health.

Parnell's Bread is made scientifically. Every method we use there is a reason for so doing.

First of all we sift and blend our flour in order to get all the dirt out of it. Then it is thoroughly mixed with huge mixers, then allowed to remain for a period of time in order to permit the fermentation to proceed. Then automatically divided and handled, thence it goes into the large steam ovens.

Just think how 'Parnell's Bread' is made. Come to our factory and see for yourself.

Eat PARNELL'S BREAD At Every Meal