

NERVOUS, DYSPEPTIC WOMEN

Made Well and Strong By Pe-ru-na.

Diseased Nerves Are Directly Traceable to Poor Digestion—Poor Digestion Is Traceable Directly to Catarrh.



Miss Nettie Niemann

Miss Hattie Grace

MISS NETTIE NIEMANN, White Mound, Wis., writes:

"I have been afflicted since childhood with a most unpleasant catarrh of the head. Nothing I did seemed to cure me, and when I caught a cold my troubles increased. While visiting a friend I learned the real value of Pe-ru-na. I had often heard it praised, but never paid serious attention to it. My friend, however, had been cured of catarrh by Pe-ru-na and I decided to use it faithfully and await results. I am glad to say that my greatest expectations were realized and I was surprised to find how readily I was cured and how speedily. Within a month all the catarrh was out of my system and I have not been troubled a particle since. I do recommend Pe-ru-na for catarrh."—Miss Nettie Niemann.

Catarrh of the head is liable to spread to other organs. It is the direct cause of many severe stomach derangements. Catarrh of the stomach and nervousness go hand in hand. Nervousness is a vague term which covers all of those ailments which result from a bloodless condition of the nerve centers. Systemic catarrh is very frequently the cause of this condition. Every mucous membrane in the body is slightly deranged by systemic catarrh. This leads to a complete demoralization of the digestive

"Since Early Womanhood I Was Fretful, Nervous and Irritable—Pe-ru-na Made Me Well."

Miss Hattie Grace, 24 West Forty-sixth street, N. Y., writes:

"Pe-ru-na has changed me from a fretful, nervous woman into a healthy and happy one. Nothing seems to worry and fret me any more. Since early womanhood I suffered with bearing-down pains and nervousness. I was thin and worried, but Pe-ru-na restored me. Those who knew me before cannot understand the change, but I can sum it up in the blessed word, Pe-ru-na."—Hattie Grace.

and assimilative organs, and a bloodless condition of the nerve centers. Nervousness is the result; fretfulness, irritability, worry, complaining—all of these mental conditions result from starved nerve centers. The only cure is to remove the catarrhal condition of the mucous membrane. Pe-ru-na is the remedy that will do this. Pe-ru-na is not a nerve tonic, a quieting medicine, Pe-ru-na cures just the condition—catarrh.

The more nervous one takes for nervousness the more nervous he is. There is always a cure for nervousness. This cure should be discovered and remedied. Nerves are unexcitable and meters are unknown. Commodities are everything; life is nothing.

ASIATIC LIVES CHEAPLY HELD

As Shown by News of the Day From Canton.

Difference Between the Oriental and Occidental Ideas of Existence.

The cheapness of Asiatic life is the impressive fact in connection with the news of the day in this more populous of Chinese cities. There is a terrible famine raging in the West River district, but nobody seems greatly disturbed. Two Chinese villages near here went to war with each other a few days ago, killing off a part of the population, but the imperial government of the Son of Heaven does not seem to care so long as its own authority and revenues are not curtailed. This contrast between the cheap life of Asia with the valued life of America accounts for most of the irreconcilable conflict between the orient and the occident.

The California labor unionists want to kill out the Cantonese Chinaman because he values his hours, which are the measure of his life, too lightly, and he in turn wants to tear up the steel rails wherever capitalists of the west, even world success in laying them, be the lever of an engine, to accomplish too much, to go too far, to carry too many passengers. In America the real economy is to save time; in Asia time is a thing that is not counted, and need be little more regarded than the water that runs through a faucet where the city supply never gives out.

NEVER KNEW THE LUXURY OF A MOTHER'S BREAST.—Mr. H. Lockwood, Bellevue, avenue, Toronto, Ont., for the benefit of infants who cannot be nursed at breast, writes as follows: "I desire to substantiate what is said about Lactated Food. Our little baby is one year old, and if ever a child looked the picture of health and contentment, our dear little pet girl does; and she owes it all to your Lactated Food. She has never known the luxury of a mother's breast. For the first three weeks of her existence she was at a loss to know what to give her, as she could keep nothing on her stomach. A kind friend suggested your Food, and from that time to the present we have constantly used it, and desire to thank you for your life giving food. I cannot speak too highly of it." At all drug stores.

Ayer's Hair Vigor
Your gray hair shows you should use it—unless you like to look old!—J. C. Ayer & Co., Lowell, Mass.

NEAR-BY JOTTINGS

Though correspondents' names are not published, they should always sign their letters.

ALVINSTON.

Alvinston, Sept. 11.—Miss Kate McLachlan, of Detroit, was the guest of Mrs. Kate McLachlan, Elm street, last week.

Mr. and Mrs. T. A. G. Gordon spent Saturday and Monday with Strathroy friends in getting in their crop.

Miss Eccles, of the public school staff, spent Sunday with friends in Watford.

Mrs. H. S. Baker and Master Harry Chalk are visiting friends in Aylmer this week.

Work has begun on the Baptist Church to repair it, owing to the fire which destroyed the entire inside in August. Services are being held in the church hall until the church is reopened.

Peaches and plums are very plentiful in this vicinity, and are selling at 50 cents per bushel, and peaches at 10 cents. Owing to the recent heavy rains the owners in this locality have great difficulty in getting in their crop, and it is feared a great deal of it will be entirely lost.

Mrs. Emma McLachlan, of the public school staff, spent Sunday and Monday with friends in Glen Rae.

Miss Addams, of Detroit, accompanied by Mrs. Scott, are guests of their sister, Mrs. G. Nesworthy.

The Epworth League services on Sunday evening will be in charge of the W. C. T. U. The programme will be "Narcotics."

Mr. H. H. Smith is in Toronto this week attending the fair.

Mrs. D. McCallum returned home last week, after spending some time in the hospital.

The infant son of Mr. and Mrs. Bowles was born last week.

The friends of the late Mr. McKendall and Mr. Munro, who were killed by their engine through the bridge over the river, are planning to erect a monument.

Miss Mary Humphries, Warwick village, is attending the high school here, living with Mrs. Tanner, Simcoe street.

Miss Jean Aitken visited her aunt, Mrs. Rose Reid, of the Globe Hotel, Prescott, Ill., in visiting at her home here.

Mrs. E. B. Horne has returned from an extended visit to friends in Winnipeg.

Miss Maggie Bunn, who has been in Detroit for the last two months, returned home Monday.

Mrs. E. Beatty, Toronto, is the guest of Mrs. M. R. Clark, who has been in Detroit for the last two months, returned home Monday.

Mrs. M. R. Clark returned home Thursday after spending a few days with friends in Toronto.

Mrs. A. Mitchell is visiting her sons in Oshawa.

Mrs. George Ross and children, St. Catharines, are visiting at the home of Mrs. George Howard, Main street.

Bothwell, Sept. 11.—Quite a number of Bothwell people took in the Toronto Exhibition this week and report great crowds.

Miss Bell Lake left for Detroit on Monday to resume her work at the millinery parlors there.

Mrs. W. H. Avery is visiting her sister, Mrs. E. B. Horne, in Toronto.

Jerome Moore and daughter Eva, of Detroit, spent a few days in town visiting old friends.

Mrs. L. A. Jones and wife of Chatham, were the guests of Mr. and Mrs. Thomas Gurd for a few days this week.

Dr. Graham was called to Lebo on Sunday last to attend his brother, Dr. P. L. Graham, who is very ill.

Miss Lena Jones and Miss Amy Campbell left on Monday last to take a six months' course in the Forest City Business College, London.

The new grandiose walk that has just been completed has a fine great view to the improvement of the town.

Mrs. A. Blair, who has been visiting friends in Strathroy for the past month, returned to her home on Tuesday.

WEST LORNE.

West Lorne, Sept. 11.—A happy event was solemnized here on Wednesday at the home of the bride's parents, Mr. and Mrs. Henry Hill, when their daughter, Miss Mary, one of our most estimable young ladies, was united in the holy bond of matrimony to Mr. Charles H. Gilliam, a prominent young business man, of Cleveland, by Rev. S. P. Irwin, at 1:30 o'clock in the forenoon. The bride becomingly wore a beautiful gray silk dress, trimmed with pink, and the table at which the ceremony was performed, was decorated with pink and white flowers. The ceremony was performed with the usual pomp and circumstance, and was attended by many guests. The bride and groom were both very happy, and the ceremony was a most successful one.

The fact that "Salada" Ceylon Teas (black, mixed or green) have continued to grow in popular favor year in and year out, from that extremely modest beginning, the sale now reaches the enormous output of 11,000,000 packets annually, and this in the face of the keenest competition, for like every other new and successful venture, hundreds of competitors have sprung into existence, copying our every move and idea, save the quality of our specialty, and this no firm equals, and that the public are fully alive to the fact is evidenced by their preference.

Lorne Stock Farm had an exhibit at

CHARM OF THE THIRD

By M. Louise Cummins

Miss Henway sat perched on a low ledge of rock, her small nose tilted very much in the air, her clasped hands encircling her knees.

At her feet Stanford lay on the warm sand, resting one elbow on the farthest extremity of her sea-pedestal, as though hardly daring to claim even that in common with her.

From under her long lashes she stole one or two glances at him and smiled covertly. She liked the square, clean-shaven jaws and strong mouth. Yet there was scant liking in the look she turned to him.

"Well, I must say," she accused, "you are not highly entertaining. Your best friend could hardly call you garrulous this afternoon."

Stanford was absently following the flight of a sea-bird. Its course brought his eyes round to a point where they almost met hers, but not quite. For a moment she waited, watching his face. "Did your mother tell you not to speak to me, little boy?"

She had leaped forward, the saucy, dancing eyes challenging his. The corners of his strong mouth began to twitch. The reluctant smile in his eyes covered a look so hurt that for a moment something clutched at the girl's heart.

"What's the use of talking when I always seem to say the wrong thing?" His tone was despondent.

"Oh, you don't always say it."

"Do it, then."

Mass Henway drew up her small figure and turned to him with much dignity.

"I wonder," she said slowly, "that you dare mention that."

"Look here"—Stanford raised himself suddenly and looked at her with wrathful eyes. "I want you to distinctly understand that I have no desire whatever to put my arm around you, merely did it to save you a ducking, that's all."

"Oh!"

Another pair of eyes now followed the seagull's flight, their blue darkened to indigo. The bird screamed shrilly as though she felt their anger an ill-omen.

Presently, Miss Henway arose, moved to the vast pit. The voice of "I think I shall go home," she said frigidly.

Stanford sprang to his feet.

"No, thank you," she waved him aside with one hand, "I prefer to go alone."

The path led through a sweet tangle of wild roses and berry blossoms. Beyond lay the golf links, and further still the row of pretty summer villas. Looking down at his pocket, he had trodden it often during these summer months. But today, in the absorption of a picture of different scenes, in all of which he was abjectly at her feet, those same members wandered from the beaten track.

She was aware she was standing near one of the many granite quarries which studded the coast.

She almost forgot her quarrel with Stanford. The immensity of it averted her and involuntarily she repeated the words which she had heard him say: "You'd better stand back, miss; there's going to be a blast."

The Scotch foreman roused her, and she turned to see what he meant. "You'd better stand back, miss; there's going to be a blast."

Lois withdrew to a safe distance, but when the roar of the explosion had echoed itself into silence and the "cape breeze" cleared the air of gunpowder, as if drawn by a spell, she turned to see what he meant.

The momentous thing, tingling of hammer on stone had commenced. Five workmen, their faces bronzed and their hair raised, gazed blue eyes to look curiously at the

blast.

Stanford was in the village on Tuesday evening. He has bought the electric light for his new house, and moved it to St. Joseph.

Mr. John Willis, who at one time was partner with Mr. Shepherd in buying hogs for the city, died of sickness and great suffering, passed away on Sunday at his home in Rodgerville. He was a member of the Masonic lodge, and his funeral was held on Tuesday.

A number of our young men went to Exeter on Monday and saw the Clinton lacrosse team defeat the home team by a score of 7 to 1.

Miss Ida Hotham, of Mitchell, who was once organist in our Methodist Church, visited friends here and lectured the congregations with her two solos. On Sunday evening the large congregations were edified with Rev. Dr. Wren's discourse, and his future is predicted for this minister.

Mr. J. Foot, a theological student from near Brucefield, preached in the Cornhill Presbyterian Church on Sunday, the regularly quarterly Presbyterian meeting on Tuesday. He was ordained to be ordained at the Presbyterian College, Montreal. Mr. R. Buchanan, R. A., is visiting his father, and will occupy the pulpit next Sunday. His many friends are much pleased to see him.

Mr. F. Welford, of the Molsons Bank, spent Sunday and Monday in London.

Following are some of those who journeyed to Toronto for the summer: Miss H. Sutherland.

Garnet Culmore seems to be unfortunate. He broke his leg this summer and was able to be around on crutches when he fell and broke it again.

M. D. Urquhart expects to have the additional and improvements to his oatmeal mill finished this week. He has some large orders to fill.

A daughter to Mr. and Mrs. Corney Cook was born on the 7th inst.

Wesley Yungblut started to go to Cornwall, Ont. on Tuesday.

Miss Mattie Ellis is attending the Normal school at London.

The sixth convention of the Huron County W. C. T. U. was held in Zurich on Tuesday and Wednesday, Aug. 25th and 26th. Mrs. E. P. Paulin of Deshwood, was re-elected president.

Mrs. G. Acheson, the provincial secretary, of Guelph, was elected vice-president. Rev. R. Hobbs, of Strathroy, was the principle speaker at the evening meeting on Tuesday.

Mr. T. Murdoch disposed of his paper King Stanford on Monday; it was taken to near Lucknow.

Our Veiling and Fancy Department.

Fine Gauze Veilings, large chenille spot. These goods have been sold as high as 40c yard, our sale price for these veils is 10c yard. See them in our window.

Our big sale Baldwin's and Saxony Yarns continues until all is sold. Take advantage of our cut prices we are selling it. Don't come too late.

See our window for special lines in Fiancette Embroidery. Price tickets are on.

Handkerchief Department.

Ladies' very fine White Lawn Handkerchiefs, initial, regular 15c, sale price 8c each.

Ladies' Fine Embroidered Handkerchiefs, worth 20c and 25c, sale price 12½c and 15c each.

Ladies' Fine White Lawn Hemstitched Handkerchiefs, 6 for 25c.

Special line of Ladies' Wrist Bags, in gray only, nice size, only 25c each.

Big sale of Silk Ribbon Velvets, satin back. Very fine goods, good colorings, wide width, 5c and 7c yard.

Colored Crochet Silk Balls. We are clearing out all our Crochet Silk at 3c ball.

Special line Fancy Wool Knitted Shawls in black and fancy, regular \$1 and \$1 25, sale price 50c and 75c each.

Cream Honeycomb Shawls—special value 50c, 75c, \$1 and \$1 25 each.

Hosiery Department.

CUT PRICES.

Ladies' Ribbed Cashmere Hose, black only, regular 25c, sale price 19c pair.

Heavy Ribbed Cashmere Hose, sizes 8½, 9, 9½, regular 35c, sale price 25c pair.

Big Ribbon Sale now going on. See our window for ribbons and prices.

Astrachan and Eiderdown TO CLEAR.

Cream Ripple Eiderdown, double fold, regular \$1, sale price 69c yard.

Single fold Eiderdown, in gray only, regular 40c, sale price 25c yard.

Astrachan, double fold, in black and cream, regular \$1 25, sale price 75c yard.

Whiskard's Three Busy Stores

228, 230 AND 232 DUNDAS STREET.

It's Economy to Trade at the "Three Busy Stores" During Our Sale.

Every yard of goods, every garment and every article that is offered here thoroughly good, and the best to be had, AND THE PRICE IS FAR BELOW the regular value of the goods we offer you, during our REDUCING STOCK SALE.

Look at These Prices in Our Linen Department.

Heavy English Butcher Dinen, worth 20c and 25c, sale price 12½c and 15c yard.

Knotted Fringe 5 O'Clock Damask Table Covers, were 69c, sale price 39c each.

Linen Sideboard Drapes. Extra values during our sale—25c, 39c, 45c and 47c each.

Huck Linen Towels, large size, hemmed ends, 12½c each.

Special value in Toweling, at 4c, 5c, 6c, 7c yard.

Special line of Turkish Towels, large size, at 12½c each.

Ladies' Underwear Department.

Ladies' Black Undervests, short sleeves, regular 25c, sale price 15c each.

Ladies' Fancy Sleeveless Vests, regular 25c, now 19c each.

Ladies' Unbleached Vests, regular 15c, sale price 10c each.

Children's Fleeced Lined Corset Waists, all sizes, only 25c each.

Ladies' Long Sleeve White Vests, regular 35c, sale price 25c each.

Our Veiling and Fancy Department.

Fine Gauze Veilings, large chenille spot. These goods have been sold as high as 40c yard, our sale price for these veils is 10c yard. See them in our window.

Our big sale Baldwin's and Saxony Yarns continues until all is sold. Take advantage of our cut prices we are selling it. Don't come too late.

See our window for special lines in Fiancette Embroidery. Price tickets are on.

Handkerchief Department.

Ladies' very fine White Lawn Handkerchiefs, initial, regular 15c, sale price 8c each.

Ladies' Fine Embroidered Handkerchiefs, worth 20c and 25c, sale price 12½c and 15c each.

Ladies' Fine White Lawn Hemstitched Handkerchiefs, 6 for 25c.

Special line of Ladies' Wrist Bags, in gray only, nice size, only 25c each.

Big sale of Silk Ribbon Velvets, satin back. Very fine goods, good colorings, wide width, 5c and 7c yard.

Colored Crochet Silk Balls. We are clearing out all our Crochet Silk at 3c ball.

Special line Fancy Wool Knitted Shawls in black and fancy, regular \$1 and \$1 25, sale price 50c and 75c each.

Cream Honeycomb Shawls—special value 50c, 75c, \$1 and \$1 25 each.

Hosiery Department.

CUT PRICES.

Ladies' Ribbed Cashmere Hose, black only, regular 25c, sale price 19c pair.

Heavy Ribbed Cashmere Hose, sizes 8½, 9, 9½, regular 35c, sale price 25c pair.

Big Ribbon Sale now going on. See our window for ribbons and prices.

Astrachan and Eiderdown TO CLEAR.

Cream Ripple Eiderdown, double fold, regular \$1, sale price 69c yard.

Single fold Eiderdown, in gray only, regular 40c, sale price 25c yard.

Astrachan, double fold, in black and cream, regular \$1 25, sale price 75c yard.