ed in Baltiof anger, she vou were on as I can merica I can The boy was the same year wn in a bark a few lines asking for ast she has the day of end. Captain

m among the Captain, to and the ry M. Stanif they wer ley would be the Langham nown into the describes the II. 'Are you answered, ' want voi do you offer ? Did mes Gordon ome and two them is sep La Place ro to New rds Take

to the Span that is, that be wholly by about ress by the they had Sir George esperate and een unavailof Utrecht. sait. Wring cloths out of the inquid as hot as possible, and spread over the part affected. It acts like a charm. Change the cloths as soon as cold till the pain is all gone; then cover the place with a soft, dry covering till personner in cover the cover the place with a soft, dry covering till personner to the cover the place with a soft dry covering till personner to the cover the place with a soft dry covering till personner to the cover the place with a soft dry covering till personner to the cover the place with a soft dry covering till personner to the cover the place with a soft dry covering till personner to the cover the place with a soft dry covering till personner to the part affects of the cover the part affects of the cover the part affects of the part affects o gone; then cover the place with a soft, dry covering till perspiration is over to pre-vent taking cold. Rheumatism can often be relieved by application, to the painful parts, of cloths wet in a weak solution of sal soda water. If there is inflammation was cut off. ons were in the joints, the cure is quick. The wash vas anchored CHILDRENS' HAIR.—The hair of child. o from eight ren should never be plaited, braided, twisting cannon.

November value on it except simply pure water, and up from eight even this not until the scalp is cleaned. The hair should be kept short and should nstructed always be combed leisurely and for some aways be comped leisurely and for some considerable time, at least every morning, and neither brush nor comb ought to be allowed to pass against the direction of the hair growth. And if at times any falling off is observed, and it is desirable to arrest an army of eiging it by s menaced fort by de-garrison was it sooner than more cleanliness and im-proved health would do it, one of the most discharging accessible washes is boiling water poured on tea leaves, which have already been used and allowed to stand twelve hours, then put it in a bottle. It should be of

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BRITISH COLUMBIA.

The grain harvest is reported bountiful from all sections. The hay crop is also

Forest fires were burning on all sides in the New Westminster district when the

Messrs. Ewen & Wise, of New West-

Strawberry.

minster, had a sturgeon at their cannery which weighed 1,000 pounds. The fish was a little over 11 feet long, and measured between 7 and 8 feet round the thickest between 7 and of feet Found the thickess part of the body.

The salaries of the local civil service, as well as Ministers, have been cut down.

Mr. Speaker receives the munificent income of \$250 and the Clerk of the House Rosebery's Edinburgh Bristol cup #500. Ministers get \$3,000 per annum, without sessional allowance. Victoria is making rapid progress. The Colonist gives a list of over fifty buildings erected during the past twelve months, or in course of erection. It also enumerates a number of improvements being made. It, however, warns mechanics in the Eastern Provinces and the neighbouring States however, warns mechanics in the Eastern Provinces and the neighbouring States against flocking to Victoria, as, it says, the labour market is now over supplied, and to this fact is partly attributable the activity among builders, wages being unusually low.

The Church Review, of New York, on Angust 3rd announced that his Holiness Pope Leo XIII., in the late consistory, held July 16th. appointed Mgr. Charles John Seghers, Bishop of Vancouver Island, a deputy coadjutor with future succession of Mgr. Francis Norbert Blanchet, Archbishop of Oregen city. Also, Mgr. Wm.

that they that the dooked ould meet bishop of Oregon city. Also, Mgr. Wm. Henry Elder, Bishop of Natchez, as deputy coadjutor with future succession of Mgr. Joseph Sadoc Allemany, Archbishop of San Francisco. to his own Dr. Fowler's Extract of Wild

Strawberry.

This preparation stands peerless as a remedy for all summer complaints. Have you diarrheea? It will positively cure you. Have you cholera morbus? It will positively cure you. Have you colic or cramps in the stomach? It will positively cure you. Is your stomach sour? It will positively cure you. Are you going on a sea voyage? Be sure and take a bottle of the Strawberry in your haversack, for use in sea-sickness, vomiting, and other irritations of the stomach and bowels; it will positively cure you. Every one speaks highly of it. "I have no heaitsmey in recommending Dr. Fowler's Extract of Wild Strawberry a fair trial."

A Society a reward and bowels; it will positively cure you. Every one speaks highly of it. "I have no heaitsmey in recommending Dr. Fowler's Extract of Wild Strawberry a fair trial."

CARMAN M. GOULD, M.D., Castleton. "Dr. Fowler's Extract of Wild Strawberry with confidence."—Judge S. S. Prok, Minden. "My customers bear high testimony to the virtues of Dr. Fowler's Extract of Wild Strawberry."—T. STEVENSON, Orangeville.



SPRAINS. - Between the bones of the anti-SPRAINS.—Between the bones of the ankle and the wrist there are muscles. When by accident they are drawn out of their places what we call sprain is produced. When one is aware that he has suffered this species of derangement, the first thing to do is to keep the part injured perfectly still, and by no means to use it in the least. The muscles left to themselves will return to their places gradually. Hops steeped in vinegar and applied hot to the injured part will quiet the anguish and restore wholeness. But still more important the wholeness. But still more important than

any application is perfect quiet.

A CURE FOR SMALL-POX AND SCARLET FEVER.—Sulphate of zinc, one grain; fox-glove, (digitalis,) one grain; half a tea-spoonful of sugar; mix with two tablespoonfuls of water; when thoroughly mixed add four ounces of water. Take a spoonful every hour. Either disease wil appear in twelve hours. For a child smaller doses, according to age. A cor-respondent of the Stockton (Cal.) Herald claims to have personally know of hundreds of cases of the successful use of this receipt for small-pox, and says that it will prevent or cure the disease though the pitting be filling. It is harmless if taken by a well person.

well person.

To Absorb the Bad Air.—In cases of small-pox, scarlet fever, or other fever, onions sliced and kept in the room will absorb the bad air; the fever will soon disappear; they must be changed very often.

Treatment of DIPHTHERIA.—"I wish the magnet to physicians in treating disappear. to suggest to physicians, in treating diph-theria, to use internally a very weak solu-tion of carbolic acid, and for the throat or fauces a solution of hydrochloricacid, about the strength of strong cider vinegar. I

the strength of strong cider vinegar. I dave treated every case successfully so far with the above named remedies. Croup is relieved instantly with acid solution. As far as my experience goes, the last named remedy stops all morbid development in the throat as surely as the hoe will stop the strong day. Apply the strength of the strong day. pig-weeds on a hot, sunny day. Apply it to the throat with a brush or sponge, or use as a gargle."—Dr. Bachelder, in Jour-

DYSPERSIA. — A simple and effectual remedy for dyspepsia is to abstain from drinking immediately before and during meals, and for an hour afterward. Also, ase no milk in either tea or coffee. To CURE CHILBLAINS. - To one ounce of

sene oil add one grain of morphine good also for burns. UNHEALTHY GUMS.—Unhealty gums are very common. A lotion made from the fol. UNHEALTHY GUMS.—Unhealty gums are very common. A lotion made from the following receipt will be found valuable in restoring them to a healthy condition: Carbolic acid, 20 drops; spirits of wine, two drams; distilled water, six ounces. Use first a soft toothbrush with water, after which pour on a second toothbrush, slightly damped, a little of the above lotion. After using this for a short time the gums become less tender, and the impurity of the breath, which is commonly caused by badteeth, will be removed.—Dental Science.

TEA LEAVES FOR POULTICES,—An eminent medical man in India strongly recommends poultices of tea leaves, moistened with hot water, as preferable to other reme.

ment medical man in India strongly recommends poultices of tea leaves, moistened with hot water, as preferable to other remedies in the first stages of bruises and scalds.

Neuralgia and Rheumatism.—A very simple relief for neuralgia is to boil a small handful of lobelia in half a pint of water till the strength is out of the herb, then is strain it off and add a teaspoonful of fine salt. Wring cloths out of the liquid as hot as possible, and spread over the part affected. It acts like a charm. Change







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