

When your Color Fades

When a girl—or a woman—finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after slight exertion, or under the least excitement, it means that she is suffering from anæmia—thin, watery blood. Headache and backache frequently accompany this condition, and nervousness is often present.

The remedy for this condition is to build up the blood, and for this purpose there is no medicine can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy. The only other treatment needed is plenty of sunlight, moderate exercise and good plain food. The girl or woman who gives this treatment a fair trial will soon find herself enjoying perfect health.

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Co., Brockville, Ont.

Where Are Our Old Records.

In the United States there are many hundreds of organizations formed to collect and preserve the country's old records from which only township, county and state histories and genealogical records can be written. Some of these institutions are very wealthy and employ a large staff of clerks. England and other European countries possess official bodies to carry on this work. Joe Howe used to say that the degree of civilization any community had reached could be measured by the attention paid to preserving its records.

The descendants in a hundred years to come may want to shake up their forebears to ask them why they allowed the records of the early settlement of Nova Scotia to be burnt up, scattered or destroyed. Probably nine tenths of the documents that cast a light on our township and county history, in the history of our educational, religious or industrial progress have disappeared.

Parliament has created the Archives department to collect and preserve all existing documents, books or records bearing on old time events and make them available to students and writers of history. A branch office has been established at Halifax under the direction of Mr. W. C. Milner. All persons possessing old files or copies of local newspapers, or session or municipal books of record, old letters or other documents of a public character cannot do better than communicate with Mr. W. C. Milner Archives Department, Halifax.

The Admiralty Court of England has awarded Larder Brothers, of Halifax, \$86.48 as remuneration for salvage services for saving steamer Archeene, ashore in June 1916, at Miquelon. She was towed off and taken into St. Pierre. The action was taken for all three steamers engaged—Bridgewater, Capt. Larder; Sable I., Capt. Murley, and Portia, Cape. Kean.

An interesting story has recently been published about an Australian soldier, Thomas Skeyhill, who was blinded by a shell explosion at Gallipoli, and whose sight has been restored by a simple operation at Washington, D. C. Skeyhill has been delivering addresses throughout the States in behalf of the third Liberty loan. A physical examination a few days ago revealed a slight dislocation of one of the vertebrae at the head of his spinal column. An adjustment was made, with the result that his sight was immediately restored. It was explained by physicians that the displaced vertebra had impaired certain nerve functions indispensable to sight.

Distinguished Service Order

This Decoration is one of the most distinguished and coveted honours awarded by the King for conspicuous military service. It is scantily bestowed and given only to officers and is as highly prized by a General as by an Officer of a much lower rank.

Kings County has two men whose military achievements in the world's war have been of a character to merit this honour. We name them in their order in point of time of bestowal and give the recommendation by the Commander in Chief on which they were conferred.

Major Barry Wentworth Roscoe received the Order in 1917. The following is the official report of the valorous services performed by him which gained him the distinction.

On New Year's day 1917 Major Roscoe was decorated by the King with the Distinguished Service Order, the following being the recommendation:—"At Maple Cope, June 2nd, 1916 for the brave and efficient manner in which he led his men through enemy barrage fire to Maple Cope and arriving there, for the splendid leadership displayed by him in the position of his men at the east end of the Cope, which position he maintained till wounded and from which position overwhelming numbers of the enemy were unable to dislodge his men, although extremely heavy casualties were suffered."

Lieut. Col. Allison Hart Borden was decorated by the King with the Order on the first day of January A. D. 1918. The following is the official statement of the brave and resourceful operation which was followed by the honour he has had bestowed on him.

"Lieut. Col. Allison Hart Borden by personal reconnaissance in the face of great danger from machine gun and rifle fire, obtained sufficient information to deal with an unexpected situation caused by the enemy's counter-attack and with complete disregard of his own safety made a tour of the line. His example to the battalion was magnificent." While differing in character each service appears to have had such conspicuous merit in it as to mark these young men for the high distinction conferred.

TREMONT

Miss Mildred Welton, of New York, arrived home on the 6th, inst., to spend her vacation.

Mr. and Mrs. Calvin Baker and son Percy enjoyed an auto trip to Yarmouth to visit her brother.

Mrs. Laura Rudolf, of Lunenburg, is visiting her parents, Mr. and Mrs. E. Messinger.

Miss Violet Rice who has been teaching in Digby Co., is home for vacation season.

Mrs. W. E. Saunders who has been visiting friends in Middleton has returned home.

Miss Aggie Gordon spent a few days at the Sanatorium last week.

Timothy Wilson visited his cousin John Wilson recently.

Ptes. Lloyd Ward and Grant Woodbury are home for a few days.

Miss Jennie Welton, recently returned from Boston.

Pte. Grant Woodbury is recovering from an attack of measles.

Kington Village

Mrs. Kate Borden, of Cambridge, recently spent a few days at the home of her cousin Mr. H. D. Woodbury.

The Misses Maud and Mable Walker have moved back to the Village and are occupying their old home.

Mrs. Phoebe Woodbury accompanied Mr. and Mrs. David Lungille of Middleton on an auto trip to Bridgewater.

Mrs. John Palmer and daughter Frances are spending the week at the home of Mr. Outhett Palmer of Wilmot.

Mrs. Wm. Neily and Mrs. Watson Neily, of Greenwood, were the guests of Mrs. Joseph Gordon last week.

The funeral of the infant son of Mr. and Mrs. Howard Spinney aged one month was held from the home

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All Druggists and Stores—50c.

on Wednesday the 3rd, inst. Pastor S. A. MacDougall, of Nictaux officiated.

Mrs. H. D. Woodbury is visiting her sister Mrs. (Dr.) Crocker of Middleton.

Mrs. Roland Ford is spending a few days at Tremont with Mrs. Ellard Cunningham.

A reception was held at the parsonage on Friday evening to welcome Rev. and Mrs. Bosse. A very pleasant evening was spent. Rev. E. H. Howe and Deacon C. W. Neily gave the addresses of welcome which were replied to by Pastor Bosse and his wife in a very appropriate manner.

Rev. Mr. and Mrs. Hudson, of Annapolis Royal, were in the Village last week.

Mrs. Tucker, of Greenwood, and Miss Gladys Durland, of New Germany, were visiting friends here and in Meadowvale on the 9th, inst.

Miss Kesboro Dolliver, of Tremont spent a few days last week with her friend Miss Julia Shaw.

New Ross

Our fields and gardens are looking beautiful since these last copious showers.

The frost struck our beans making more work.

Mrs. Hutchinson has the finest piece of cabbage, every one stops to survey and comment as they passed. She raised a fine lot of plants this spring and was able to supply a good many of her neighbors with the same.

Our roads are being well used by traffic and pleasure seekers, people who have ever been in New Ross seem to be very desirous of visiting it again, it is a resting place for the traveller.

Dr. Lavers left on Wednesday to attend the Medical Association therefore was not in attendance at the church meeting.

The "Patriots" will hold a Genereux Sociable in Forester's Hall on the evening of Aug. 7th., the second anniversary of the Centennial of New Ross. The proceeds are for a patriotic purpose.

A church meeting took place on Wednesday evening. Tho the weather was unpropitious yet a goodly number were in attendance, ladies and gentlemen. We noticed the two wardens Messrs. Capt. W. E. Larder and Urias Keddy had much to say in the matter before the meeting.

The mails seem to be carrying pretty full bags.

It is Time to Spray Potatoes

By

G. E. SANDERS

Dominion Entomological Laboratory Annapolis Royal N. C.

The U. S. Government report is out which shows that the State of Maine has only 112,000 acres of potatoes this year, a falling off of 36,000 acres from last year. The decrease in the New Brunswick acreage is about the same. There is not a state in all New England that has more potatoes planted than last year.

If there is a full bumper crop there will probably be enough potatoes to go around. If we have as much blight as last year it is hard to say how short the

crop will be or how high the price will be, but it seems probable that with average blight conditions, the crop will be short and the price high.

The tests in the Annapolis Royal School plot last year showed that the unsprayed plot gave 75 bushels per acre, while the plot that was sprayed gave at the rate of 221 bushels per acre. At St. Annes College at Church Point, the plot sprayed under the direction of Father LeChantoux gave 300 bushels per acre while the unsprayed portion of the field yielded at the rate of 150 bushels per acre. Tests at various experimental stations over a period of years show an average increase of from not less than 90 and running to nearly 100 bushels per acre, due to spraying.

Bordeaux made according to the 4-4-40 formula to which any of the common poisons may be added with safety, is the standard potato spray. Bordeaux may be applied in any way so long as every portion of the plant is wet. The best method of application is of course the traction sprayer and the next probably the power sprayer and the spray gun. A hand or barrel sprayer or even a knapsack sprayer will do good work if one takes enough time or if one has no other means of applying spray a common garden watering can or bucket and whisk broom may be used. The idea is to wet every portion of the plant thoroughly by one mean or another. Apply the first spray if possible before July 20th and repeat every two weeks until frost.

In one field last season the sprayed plants remained green for 40 days longer than the unsprayed. The increased yield in that case was slightly over 200 bushels per acre. Every day a field is kept green it grows and stores about 5 bushels of potato tubers per acre. Three days growth will pay for all of the material and labour for spraying five times.

No one can afford to neglect spraying their potatoes this year.

Minard's Liniment used by Physicians.

Toronto Globe: There is a special point in the quaint and touching "grace before meat" now being reported to American audience by Gypsy Smith. It is that of a little girl who folded her hands before her not over-laden plate and said reverently: "Thank God and the British navy for this meal."

Every 10c Packet of WILSON'S FLY PADS

WILL KILL MORE FLIES THAN \$8.00 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Druggists, Grocers and General Stores.

No one can tell the future, but we are disclosing no secret when we say that if the United States Battle-ship line should ever range up against the enemy, he will be treated at the longest ranges to a storm of fire which, in rapidity, accuracy, and the uncanny way in which it clings to its ever-shifting objective will be a most uncomfortable surprise to the enemy, asserts the scientific America. For it is a fact that the methods of mounting, fire control, etc., which have been adopted and perfected in the United States navy have raised our target practise to a point of accuracy, even at the longest ranges, which has never been reached in our own or, probably, in any other navy.

Guard Baby's Health In The Summer

The summer months are the most dangerous to children. The complaints of that season, which are cholera infantum, colic, diarrhoea and dysentery come on so quickly that often a little life is beyond aid before the mother realizes he is ill. The mother must be on her guard to prevent these troubles, or if they do come on suddenly to cure them. No other medicine is of such aid to mothers during hot weather as is Baby's Own Tablets. They regulate the stomach and bowels and are absolutely safe. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams, Medicine Co., Brockville, Ont.

Housekeeper Wanted

A splendid home with good wages is offered a competent middle-aged housekeeper. Family of three, all modern conveniences, short distance from Halifax. Good wages and considerate treatment. Apply at once stating wages to

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