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SEED GRAIN AND POTATO DISTRIBUTION

By instructions of the Hon. Minister of Agriculture a free distribution of superior sorts of grain and potatoes will be made during the coming winter and spring to Canadian farmers. The samples will consist of spring wheat (about 5 lbs.), white oats (about 4 lbs.), barley (about 5 lbs.), and field peas (about 5 lbs.). These will be sent out from Ottawa.

A distribution of potatoes (in 3 lbs. samples) will be carried on from several of the Experimental Farms, the Central Farm at Ottawa supplying only the Provinces of Ontario and Quebec.

Each application must be separate and must be signed by the applicant. Only one sample of grain and one of potatoes can be sent to each farm. If both samples are asked for in the same letter, only one will be sent. Applications on any kind of printed form cannot be accepted.

The destruction by fire of the cereal building at Ottawa, which contained grain-cleaning machinery and a large stock of seed grain for distribution, may make it necessary to curtail the distribution to a certain extent. We shall fill as many as possible of the applications which conform to the rules, but requests received after the end of December will probably be too late. Samples cannot be sent in response to applications (no matter when received) which fail to state clearly the needs of the applicant, his experiences in crop-raising, and the character of the soil on which he intends to sow the seed.

All applications for grain (and applications from the Provinces of Ontario and Quebec for potatoes) should be addressed to the Dominion Cerealists, Central Experimental Farm, Ottawa. Such applications require no postage. If otherwise addressed, delay and disappointment may occur.

Applications for potatoes from farmers in any other province should be addressed (postage prepaid) to the Superintendent of the nearest branch Experimental Farm in that province.

COOKING APPLES

The following recipes are supplied by the British Columbia government and coming from an apple country should be good.

Clarified Apples

Make a syrup of 2 cups of sugar and 1 cup of water. Pare, core and cut into sixths 6 large, tart apples. Cook a few at a time in the syrup until clear, remove and drain; add the rind and juice of ½ lemon to the syrup, boil until thick, remove the lemon rind and pour over the apples.

Afterthought

One pint of nice apple sauce, sweetened to taste, stir in the yolks of 2 eggs, well beaten. Bake for 15 minutes. Cover with a meringue made of 2 well beaten whites and ½ cup of powdered sugar. Return to the oven and brown.

Apple Balls with a Mixture of Fruit

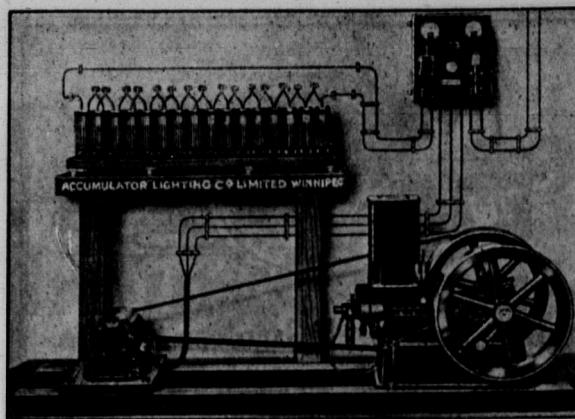
Peel large apples, with a potato scoop cut out small balls, dropping them into water with a little vinegar added to keep them white. Prepare a mixture of grape fruit pulp, pineapple and banana, and put into glasses; add a few of the apple balls; pour over all the juice left from the fruit which has been boiled down with sugar; cool and serve at once, or the apples may turn brown.

Apple Balls Served in Syrup

Prepare the apple balls as above; prepare a rich sugar syrup; color with a little pink color paste and drop in the balls, cook slowly until the balls are softened, pile in glasses and add a little syrup to each glass. Serve cold.

Brown Betty

One cup of bread crumbs, 8 sliced apples, ½ cup of molasses, ½ cup of cold water; butter a baking dish, put a layer of crumbs, then a layer of apples, sprinkle with cinnamon and sugar and dot with bits of butter; repeat until the dish is full; insert a knife in several places and pour in the water and molasses. Set in a pan of hot water and bake for forty-five minutes. Serve hot with cream or hard sauce.



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