

Children's Department.

Personal Influence.

Every human life is a force in this world. On every side our influence pours perpetually. If our lives are true and good, this influence is a blessing to other lives. Let us not set going any influence which we shall ever want to have gathered up and buried with us. When we think of our personal influence, perpetual, pervading and immortal, we can but cry out: "Who is sufficient for these things!" How can we command this outflow from our lives, that it shall always be blessed? Let us be faithful in all duties, in all obligations, and responsibilities, in act, word, disposition, all the days, in whatever makes influence. In no other way can we meet the responsibility of living.

The Forging Spirit.

Molly and Ruth were very good friends. It must be confessed, however, that Molly had a hot temper. It flared out very quickly, and when she was vexed, she did not take time to think. This led to unkind and unfair things, and often she said and did what she was sorry for afterwards.

One day Molly, in a fit of anger, which was provoked by some one else, was very cross and unkind to Ruth, and finally, after saying some very sharp words, ran away from her, on the way home from school, and left her to go home alone, without even a chance to make up.

The next day Molly was very sorry, and, like the honest and true little girl that she was, in spite of her temper, she came to ask Ruth to forgive her.

"I did forgive you, Molly, last night," said Ruth gently, looking as happy as possible over Molly's readiness to make up.

Exhaustion

Horsford's Acid Phosphate.

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Maine says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to

Rumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.
For sale by all druggists.

Price Reduced **\$10** by express.
from \$25 to \$10.25 by registered mail.

Delivered free of duty in Canada.



An Oxygen Home Remedy Without Medicine.

Often Cures Cases
Pronounced "Incurable"

'HOW'?

By its new method of introducing oxygen directly into entire circulation

A CANADIAN REPORT

St. Johns, Que., Canada, Feb. 19, 1905.

NEURALGIA. I have now used the pocket since last August, and cannot speak too highly of its merits. I fully believe it does all you claim for it. My daughter, who has been an invalid for the past three years from spinal trouble, partial paralysis, and neuralgia, and had the best medical advice that St. Johns and Montreal could give, has greatly benefited by the use of this wonderful little instrument; she is now able to walk about and come down stairs alone; she looks forward, and with good reasons too, to a complete restoration to health. I have also tried it on myself for muscular rheumatism, and on others for inflammatory rheumatism, cramps in the stomach, inflamed sore throat, indigestion and other ordinary ailments; in all cases the effects were so convincing that I cannot speak too highly of its curative powers.

PARTIAL PARALYSIS. I have recommended it to a number of my friends, and to my knowledge they all speak highly of its virtues. I consider it invaluable in a family if the directions are faithfully carried out.

RHEUMATISM. Very truly yours,
R. C. MONTGOMERIE

DYSPEPSIA. I have recommended it to a number of my friends, and to my knowledge they all speak highly of its virtues. I consider it invaluable in a family if the directions are faithfully carried out.

Very truly yours,
R. C. MONTGOMERIE

BOOK FREE

Electrolibration Co., 1122 Broadway,
NEW YORK CITY

"You were ever so good. What made you forgive me so soon?" asked penitent Molly.

"I couldn't be happy till I did," was the answer. "When I came to say 'Forgive us our debts as we forgive our debtors,' I couldn't say it till I felt right, and so I forgave you then, without waiting."

Ruth had the forgiving spirit. It was Molly's part to be sorry and ask pardon, and then Ruth could tell her that the pardon was granted, but the forgiving spirit does not wait. This is the spirit of the Lord's prayer, and He will give it to those who truly wish it.

Blood is Life.

It is the medium which carries to every nerve, muscle, organ and fibre its nourishment and strength. If the blood is pure, rich and healthy you will be well; if impure, disease will soon overtake you. Hood's Sarsaparilla has power to keep you in health by making your blood rich and pure.

—Hood's Pills are easy to take, easy to operate. Cure indigestion, biliousness. 25 cents.

Uncle Phil's Story.

"Tell us a story," said Rob and Archie, running to their uncle.

"What about?" said Uncle Phil, as Rob climbed on his right knee and Archie on his left.

"Oh, about something that happened to you," said Rob.

"Something when you were a boy," said Archie.

"Well, once when I was a little boy," said Uncle Phil, "I asked my mother to let Roy and me go and play by the river."

"Was Roy your brother?" asked Rob.

"No; but he was fond of playing with me. My mother said yes; so off we went, and we had some good fun together."

"After a while I took a piece of wood for a boat and sailed it along the bank. At last it got into deep water, and I could not reach it with a stick, so I told Roy to go and get it for me."

"He almost always did as I told him, but this time he did not. I began to scold him, and he ran toward home."

"Then I grew angry. I picked up a stone and threw it at him as hard as I could. Just then Roy turned his head, and the stone struck him right over the eye."

"O uncle!" cried Rob, "Yes it made him stagger. He gave a little cry, and lay down on the ground. But I was still angry with him. I did not go to him, but took off my shoes and waded into the water for my boat."

"But the water was deeper than I thought, and I was soon carried away by the strong current. I screamed as it carried me down the stream, but there were no men near to help me. But as I went down under the deep water, some one took hold of me and dragged me toward the shore; and when I was safe on the bank I saw it was Roy who had saved my life."

"Good fellow! Was he your cousin?" asked Rob.

"No," replied Uncle Phil.

"What did you say to him?" asked Archie.

"I put my arms around his neck and cried, and asked him to forgive me."

"What did he say?" asked Rob.

"He said, 'Bow-wow-wow.'"

"Why, who was Roy, uncle?" asked Archie, in great surprise.

"He was my dog," said Uncle Phil, "the best dog I ever saw. He taught me a lesson that day, did he not, boys? And I hope my story may teach you the same lesson."

—Catarrh is a constitutional disease and requires a constitutional remedy like Hood's Sarsaparilla, which purifies the blood.

Merit

Made and Merit Maintains the confidence of the people in Hood's Sarsaparilla. If a medicine cures you when sick; if it makes wonderful cures everywhere, then beyond all question that medicine possesses merit.

Made

That is just the truth about Hood's Sarsaparilla. We know it possesses merit because it cures, not once or twice or a hundred times, but in thousands and thousands of cases. We know it cures, absolutely, permanently, when all others fail to do any good whatever. We repeat

Hood's Sarsaparilla

Is the best — in fact the One True Blood Purifier.

Hood's Pills cure nausea, indigestion, biliousness. 25 cents.

We wish we could make everybody believe that promptness is prevention; that there should be no delay when you are losing flesh and when you are pale, especially if a cough be present. The continued use of Scott's Emulsion in the early stages of lung affections does prevent the development of Consumption. Your doctor will tell you this is true and we state it without wishing to make any false claims or false promises. Free book tells more on the subject.

SCOTT & BOWNE, Belleville, Ont.

Use the Soft Pedal.

"Why, what's the matter, dear?" Nelly's eyes were troubled and her voice almost tearful as she softly shut the lid of the piano and answered her mother's question.

"Papa can't stand my practicing, you know, mamma! 'Course I know he's writing his sermon, and it is a nuisance; but however can I get my scales, if I don't practice them?"

"Oh, dear child, is that all!" returned the mother uncovering the

Walter Baker & Co., Limited.

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on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their Premium No. 1 Chocolate is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A.

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